



### RAY OF HOPE



2020  
WORLD  
SIGHT  
DAY



### September 2020

Khairun-Nisa Eye Hospital,  
49/4, Dr. Tharani Road, Gujrat Colony,  
Jamshed Town,  
Karachi -74800, Pakistan  
Tel: +92 21 34858588  
Monday - Saturday:9AM – 7PM  
Pakistan Standard Time,  
GMT +5  
Sunday: Off

### Annual Report 2019



FACEBOOK



INSTAGRAM



YOUTUBE



### Khairun'nisa Eye Hospital

Starting with a three room eye clinic, by the grace of God, and never ending support of K&N's Foundation, from 2016 onwards we have been able to create and are managing a well equipped and well staffed eye health care facility by the name of Khairunisa Eye Hospital.

[www.knneh.pk](http://www.knneh.pk)

### School Eye Health Screening Program

School Eye Health, Eyesight screening Program last year, which unfortunately stands suspended for the time being in the backdrop of COVID-19 Pandemic and closure of schools.

### School Eye Health Screening Report

[www.school-health-online.pk/](http://www.school-health-online.pk/)

### Optometry Internship program

Khairun-Nisa Institute of Visual Sciences looks forward to strengthening the provincial health structure by adding value to the existing workforce.

[www.kivs.pk](http://www.kivs.pk)

## SHCC CERTIFICATION

Khairun'nisa Eye Hospital has achieved SHCC Certification for its Quality Care Services.

## ISO CERTIFICATION

Nothing seemed better than to go for the installation of an **ISO 9001 : 2015** Quality Management System and Certification.

## SOCIAL MEDIA PAGES

Khairunisa Eye Hospital has an active Facebook page, Instagram, and launched a new Website that has created a lot of interest and is being liked by many followers. Not only these social media sites give updates about what is happening at Khairun'nisa Eye hospital, but also provide useful tips for maintaining a healthy vision.



FACEBOOK



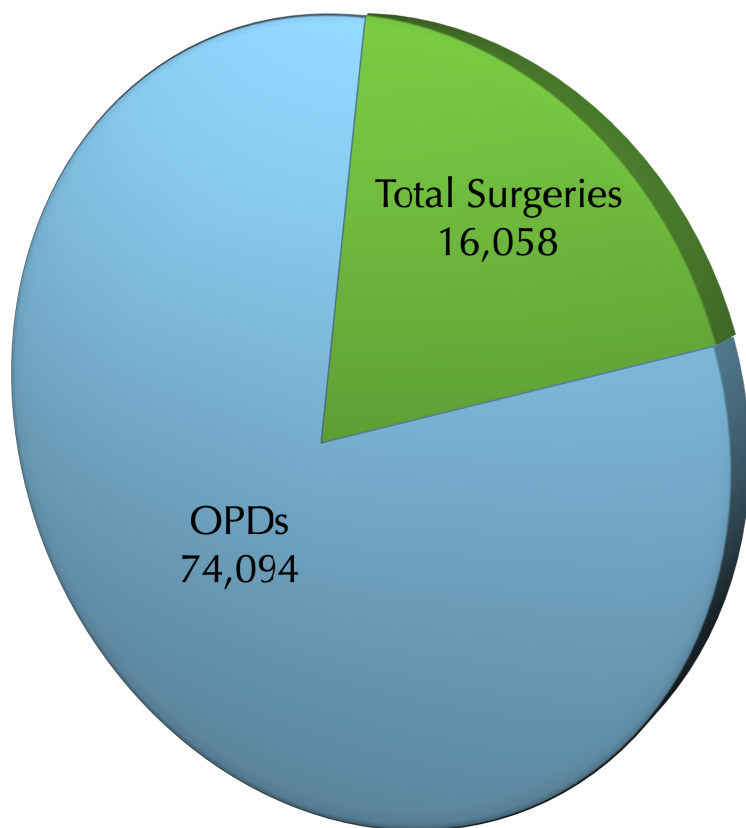
INSTAGRAM



YOUTUBE

## PERFORMANCE DATA

2004 Till 2020



● OPDs      ● Total Surgeries

## HEALTH CARE

Khairun'nisa Eye Hospital is giving useful information to its followers and subscribers and creating Health care videos regarding Eye care, COVID 19, precautions for blind persons and more other helpful videos.

1. How to wear Mask Properly.
2. COVID-19 and Eye Care Tips.
3. Pre-op Instructions.

### NEW MEMBERS OF THE FAMILY



**ZEENAT AZIZ**

Khairunisa Eye Hospital welcomes its new Family member as a Project Coordinator. she is playing her vital role in Optometry Internship Project and School eye health screening program.



**DR. NADIA AYUB**

Joined Khairun'nisa Eye Hospital as a Pharmacist. She has vast experience and has much confident to deal the patients with courtesy.

# Ray Of Hope



52 years old **Muhammad Aslam** who is the sole earner for his family, lives in Baldia Town, Karachi. He has 6 children and he is a street vendor of vegetables. He was in trouble due to his decreased vision and couldn't afford to go to a hospital for treatment, therefore was carrying on with his life with ever increasing difficulties.

Came to know by a word of mouth, about **Khairun'nisa Eye Hospital**, which facilitates those who are financially and visually challenged due to curable and treatable causes.

The very next day, he came to the hospital, consulted **Dr. Sana Motiyar**. He was diagnosed to have cataract in both eyes and was recommended surgeries.

Both eyes were successfully operated upon, one after the other, absolutely free of charge during September 2020. Aslam has ever since returned to his work as a sole bread earner of his family. He prayed from his heart & soul and said "**May Allah give more strength and success to Khairun'nisa Eye Hospital.**"

# **SCHOOL EYE HEALTH SCREENING PROGRAM**



## **THIS IS A PROJECT OF K&n'S FOUNDATION**

To pursue our community outreach programs, we have initiated a School Eye Health Program. We are reaching out to our school going children, by engaging their administrations, creating health awareness, training teachers, providing them the necessary tools. This is aimed at empowering schools to undertake the eyesight screening and enabling them to look after the eye and general health of their children.



School Eye Health, Eyesight Screening Program last year, which unfortunately stands suspended for the time being in the backdrop of COVID-19 Pandemic and closure of schools. Our primary focus are schools located in the underprivileged areas of the metropolis and preferably be working with such organisations running school there. One such organisation we have started working with is The Citizen Foundation.





# Khairun'nisa

INSTITUTE OF VISUAL SCIENCES

## PROJECT DIRECTOR



## ACADEMIC INCHARGE



PROJECT MANAGER



PROJECT COORDINATOR

## OFFICIAL WEBSITE

Khairun'nisa Institute of Visual Sciences is working on its official website which is under construction and we will update not only activities but also progress of Internship Optometrist students and will celebrate their achievements.

[www.kivs.pk](http://www.kivs.pk)

## INTRODUCTION

Human Resource Development program, being organised by the Title of Khairun'nisa Institute of Visual Sciences task which not only retains its utility under the given circumstances, but has increased in demand.

The primary focus in this program is to provide more engaging and hands on patient interactive opportunities those candidates who have under gone executive four years of learning in graduation program.

The project focussed on providing the trainees a platform where they can refresh their theoretical knowledge and enhance their practical skills.

## SCOPE OF PROJECT

The scope of this project is to ensure comprehensive eye care services by providing training opportunities to the qualified optometrists.

After the completion of one year internship duration, Certificate shall be provided by every intern entitled in **"Qualified"** internship certificate with Khairun'nisa Eye hospital Chief Executive Officer and human resources officer's signature.

According to ([www.iapb.org](http://www.iapb.org).)

- 1.2 Billion people need suitable reading glasses to see better.
- Over 146m people are living with Diabetic Retinopathy.
- Cataract, Glaucoma, Refractive Errors, Diabetic Retinopathy are common Eye diseases but the year 2020 has added a new priority to eye health's list, which is COVID19.
- The most common cause of visual impairment and blindness, is uncorrected refractive errors.

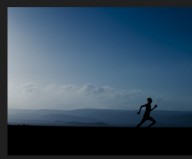




# Eye CARE TIPS


**Be Active**

Regular exercise can delay the onset of Age related Macular degeneration little bit of body text.




**Schedule**

Schedule Eye Exam For Your Whole Family.  
A comprehensive Eye Exam can detect serious problems Like Diabetes before you even know the exists!!




**Wear Sunglasses**

To protect your eyes from sunlight UV rays which can be dangerous




**Rest Your Eyes**

Once every 20 Minutes or every 20 Sec while on your cell phone, Tablet, Laptop to help prevent eye strain.



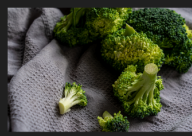
**NO SMOKING!**

Smoking is not good for your health and eyes too .It increases your risk of threatening eye diseases



**Eat Green vegetables and fruits**


This refers to the lightness or darkness in a piece of art. Value creates contrast, and is used to create depth.



**Drink lots of water**

Without enough water, your body can not be able to produce to keep your eyes moist and nourished.





## WSD 2020

Khairun'nisa Institute of Visual Sciences is planning to organise **WORLD SIGHT DAY** on October 8' 2020.

WSD2020 is celebrated to increase an aware<sup>n</sup>ness and to focus global attention on blindness and visual impairment.

## PUBLIC SERVICE MESSAGE VIDEOS

Khairun'nisa Institute of visual sciences has created and shared some videos regarding Eye Health and some tips to protect yourself from COVID-19.

Here is the link:

- **CLEAN YOUR HANDS PROPERLY**
- **COVID-19 & EYE PROTECTION**
- **INFORMATIVE VIDEO FOR BLIND PERSONS**