

# KHAIRUN-NISA EYE HOSPITAL

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## FREE EYE SCREENING AND TREATMENT CAMP Mahira General Hospital, Sohrab Goth



### Background

### The Organizer

Free Eye Screening and Treatment Camp was organized by the Khairunnisa Eye Hospital, a Project of K&N's Foundation with the collaboration of Mahira General Hospital.

## The Location and Community

On 24th July, 2023, the camp took place in Sohrab Goth, a less privileged area which is around 30km from the main city. The majority of the population speaks Pashto and there is a small Sindhi-speaking minority. Majority of the population work as laborers.



## Statistics from the camp

The segment below is a comprehensive outline of the facts and figures obtained from the camp; A total of 110 people (90 Adults and 20 children) were screened for different eye disorders and treated by our well-qualified optometrists. Patients identified in the need of different surgeries were referred to Khairunnisa Eye Hospital.

| Patients Screened |            |
|-------------------|------------|
| Male              | 64         |
| Female            | 46         |
| <b>Total</b>      | <b>110</b> |

The ophthalmic team identified 98% people in the community, who were suffering from any form of eye disease or in need of spectacle. The findings ranged between the following:

- Cataract
- Presbyopia
- Pterygium
- Retinal Pathology
- Squint

Approximately **46 near glasses** were provided on the spot. And **22 distance vision glasses** were provided by Khairunnisa Eye hospital later on.

| Glasses prescribed for |           |
|------------------------|-----------|
| Presbyopic             | 46        |
| Hyperopic              | 9         |
| Myopic                 | 13        |
| <b>Total</b>           | <b>68</b> |

**20 Patients were referred to Khairunnisa Eye Hospital for a Surgery;**

| Patients referred to the hospital |           |
|-----------------------------------|-----------|
| Cataract                          | 05        |
| Pterygium                         | 02        |
| Conjunctivitis                    | 10        |
| Squint                            | 01        |
| Amblyopic                         | 02        |
| <b>Total</b>                      | <b>20</b> |

**Strengths:**

- Excellent community mobilization as showcased by the massive patient turn-out.
- Adequate medical supplies, especially the essential drugs
- Adequate financial and manpower support from all key stakeholders.
- A receptive community.
- Clean facility with proper waste disposal procedures.
- Effective patient-PEC practitioner communications due to the provision of effective translators
- Comfortable Patients waiting area

**Weakness:**

- Teamwork can be improved between stakeholders.
- Women influx was less than that of men because of cultural barriers.
- Children influx was less than Adults because of a lack of awareness.
- Ineffective client feedback system.
- Flowing queues.
- Lack of a proper referral system.

**Conclusions and Recommendations**

Free Eye screening and Camp was a great success, reaching a less privileged community than ever before and treating a significant number of people.

1. Considering the need, a regular clinic for Eye patients is required at the facility.
2. There is a need for a proper Awareness campaign in the area to avail medical facilities.