

Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, fill me with your joy.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds hide me.

Do not let me be separated from you.

From the evil enemy defend me.

In the hour of my death call me.

And bid me to come to you.

That with your saints I may praise you

For ever and ever.