



# DECEMBER

Seasons Greeting!

Reflecting on the past year, we want to express our deepest gratitude to all the caregivers who have dedicated their time, energy, and compassion to making a difference in the lives of those they care for. Your unwavering commitment is the true spirit of the season.

As we look forward to the new year and all that it brings, let's reflect on our collective achievements and set intentions for the future. Each act of care, no matter how small, has the power to create a ripple effect of positivity within our caregiving community and beyond. Together, we can continue to make a positive impact and create a supportive and caring environment for all.

Thank you for your dedication, and here's to making a difference in the lives of those we serve.

Wishing you a season filled with warmth, joy, and the company of loved ones!

Your PPRS Admin Staff

# December 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1. World AIDS Day 🦋	
3. International Day of Persons with Disabilities	4. National Cookie Day 🍪	5. World Soil Day 🌱	6. <u>Saint Nicholas Day</u> 🎅	7. Hanukkah 🕯️ (7-15)	8. National Brownie Day 🍪	9. Christmas Card Day 📬
10. Human Rights Day	11. International Mountain Day 🏔️	12. International Universal Health Coverage Day 🏥		14. <u>National Free Shipping Day</u> 📦	15. Ugly Christmas Sweater Day 🧶	
17. National Maple Syrup Day 🍁	18. Bake Cookies Day 🍪		20. International Human Solidarity Day	21. Winter Starts ❄️		23. <u>Super Saturday</u> 🛒
24. Christmas Eve 🎄	25. Christmas Day 🎁	26. Kwanzaa 🕯️ (26 Dec - 1 Jan)		28. National Call a Friend Day 📞		
31. New Year's Eve 🎆						

[Grab your reader’s attention with a great quote from the document or use this space to emphasize a key point. To place this text box anywhere on the page, just drag it.]



**Healthy Snacks  
Can Be Fun!**





[December Coloring Pages - Best Coloring Pages For Kids](https://www.bestcoloringpagesforkids.com/wp-content/uploads/2018/10/Frosty-December-Coloring-Pages.jpg)

<https://www.bestcoloringpagesforkids.com/wp-content/uploads/2018/10/Frosty-December-Coloring-Pages.jpg>





### Five Little Gingerbread Men

*Hand-drawn illustration of five gingerbread men holding hands in a line.*

One little gingerbread man, lonely and blue.  
Met another lonely friend, then there were two.

Two little gingerbread men, happy as could be.  
Found one hiding and that made three.

Three little gingerbread men running to the store.  
There they bought another and that made four.

Four little gingerbread men feeling so alive.  
Rounded up another and then there were five.

Five little gingerbread men having lots of fun.  
Better get back home now that dinner is done.

© Ekzonabilities







the **BEST** way  
to spread  
**Christmas**  
**Cheer**  
is **SINGING**  
**LOUD** FOR ALL  
to **HEAR**  
~buddy the elf





<p>Who hides in the bakery at Christmas?</p> <p><i>A mince spy!</i></p>  	<p>What is the best Christmas present in the world?</p> <p><i>A broken drum – you can't beat it!</i></p>  
<p>Who delivers presents to baby sharks at Christmas?</p>  <p><i>Santa Jaws!.</i></p> 	<p>How many presents can Santa fit in an empty sack?</p> <p><i>Only one, after that it's not empty any more!</i></p>  
<p>What carol is heard in the desert?</p> <p><i>Camel ye faithful</i></p>  	<p>What did one snowman say to the other snowman?</p> <p><i>Can you smell carrot?</i></p>  
<p>What do you sing at a snowman's birthday party?</p> <p><i>Freeze a jolly good fellow!</i></p>  	<p>Who gives puppies Christmas presents?</p> <p><i>Santa Paws</i></p>  





Bailey M.	2nd		
Ciera H.	3rd	Tina M.	13th
Riley G.	4th	Newlene L.	15th
Katherine G.	5th	Jasmine B.	19th
Aaron M.	5th	Jacob H.	19th
Samantha T.	6th	Myeesha V.	19th
Kacey W.	7th	Amy B.	20th
Oyuky R.	8th	Liam Q.	22nd
Thomas B.	9th	Yvonne D.	27th
Benjamin R.	9th	Dayvon A.	30th
		Calley T.	31st





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**1 Year**

Jennifer B.  
Ben B.  
Shari C.  
Laticia L.

**2 Years**

Nicci J.

**3 Years**

Faith F.  
Tiffany H.

**4 Years**

Hallie K.  
Dena V.

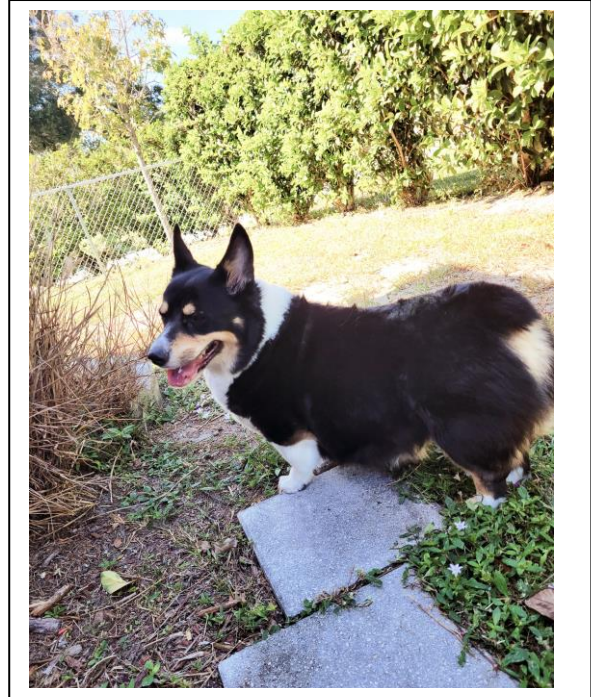
## Jessica's Corgi Corner

Danny is doing ok. He has been having a problem with his sight. Cataracts! He is still going to the park.

Providers just 2 things from me. Make sure you are logging into and out of the Sandata system if you need to. Also thank you for all you do!

Have a fantastic Holiday!!

~Jessica



Shout out:

Benjamin Pressnall

&

Jazzamine Jeske

You both always go above and beyond! Thank you for always following company policy. We appreciate all that you do!



## From The Admin Team

Just a reminder that ECP (Emergency Control Procedure i.e. physical holds) like holding a client's arms down, pinning them down, holding their arms behind their back, wrapping your arms around a client to restrict their movement, etc is against company policy. The ONLY acceptable reason to do an ECP is to protect against loss of life or limb. Use coping skills like deep breathing, blowing bubbles, giving space, taking a break, or any other coping skill to de-escalate a situation. If a client is trying to be aggressive with you, try to put distance and/or furniture between you and the client to protect both of you. Call 911 if you feel you cannot get the situation under control, and it is dangerous for you or the client. If you use an ECP, you must contact admin immediately to inform us and file an incident report immediately after the shift. If you have any questions, please feel free to contact the Compliance Team. You can also review the training in the staff portal.

Thank you,  
 Jaime McCament Compliance Officer  
[j.mccament@pikespeakrespiteservices.com](mailto:j.mccament@pikespeakrespiteservices.com)

### PPRS Facebook Page

For the most up to date news and Events  
 like our Facebook Page  
<https://www.facebook.com/PikesPeakRespiteServices>

### PPRS NEWSFLASH GROUP

Join our Facebook News flash Group to fill  
 your schedule!  
<https://www.facebook.com/groups/156823936506856>

We love to see you!  
 Stop by our office and say hi!

**If you know of any events that would be of interest to our Providers and Families  
 Let us know!!!**

PPRS is always on the lookout for things for our Providers and Families to do.

We keep a close eye on upcoming events in the areas we serve.

Many times we find out about events a few days or a week before they happen, and always post them to our Facebook Page!

Please like and share our Facebook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

<https://www.coloradosprings.com/events/#/>

<https://www.pueblo.us/2801/Events>

<https://www.denver.org/events/>

<https://www.fcgov.com/events/>

<https://www.peakradar.com/categories/free-events/>

<https://www.visitcos.com/events/>

<https://ppld.librarymarket.com/>

<http://pueblolibrary.libnet.info/events?et=Kits2Go>

<https://www.denver.org/events/free-events/>

<https://www.larimer.gov/events>

<https://poudrelibraries.evanced.info/signup/>

**El Paso**

<b>Paws to Read</b>	<p><b>Where:</b> 832 Village Center Drive  <b>When:</b> Every Wednesday 3:30 PM – 4:30 PM  <b>What:</b> Children may practice reading skills by reading to a Canine Good Citizen dog.  <b>Cost:</b> Free Admission</p>
<b>Festival of Lights Parade</b>	<p><b>Where:</b> Downtown Colorado Springs  <b>When:</b> Saturday, Dec 9<sup>th</sup>, 5:30pm  <b>What:</b> Parade of Lights  <b>Cost:</b> Free Admission</p>
<b>Family Star Party</b>	<p><b>Where:</b> Meadows Park Community Center  <b>When:</b> Friday, Dec. 15<sup>th</sup> at 5:30pm -7:30pm  <b>What:</b> <b>Family Star Party provides a safe, outdoor learning environment for the whole family connecting attendees to the wonders of the universe.</b></p> <p><b>Meadows Park Community Center recreational assistants will host:</b></p> <ul style="list-style-type: none"> <li>• Minute to Win It games</li> <li>• Letters to Santa station</li> <li>• Free holiday family photos</li> </ul>



	<ul style="list-style-type: none"> <li>• Coloring and craft station</li> <li>• Grab-and-go s'mores</li> </ul> <p><b>NORAD Tracks Santa will be joining!</b></p> <p><b>Cookies and hot chocolate provided</b></p> <p><b>Cost:</b> Free Admission</p>
<p><b>Downtown Holiday Character Stroll</b></p>	<p><b>Where:</b> Acacia Park, Downtown Colorado Springs  <b>When:</b> Saturday, Dec. 16<sup>th</sup> at 11:00am  <b>What:</b> You may just bump into Elsa, Anna, Santa, the Grinch or Buddy the Elf!</p> <p>Plus, the Dickens Carolers will be providing a holiday soundtrack for the day from 2-4 p.m.</p> <p>Meet us at the Acacia Park Playground from 11-11:15 a.m. for photo opps before we start strolling.</p> <p>Need a warm up?</p> <p>Between 11 a.m. and 1 p.m the first 150 people who stop in Solar Roast Coffee on the corner of Tejon and Bijou Streets who say "CHEERFUL TING STROLL" get one free medium hot beverage: hot cocoa, drip coffee, eggnog latte or tea!  Sponsored by Ting.</p> <p><b>Cost:</b> Free Admission</p>
<p><b>Home Depot Kids Workshop</b></p>	<p><b>Where:</b> All Home Depot Locations – see local store for most accurate information  <b>When:</b> 1<sup>st</sup> Saturday of every month 9am-12 noon  <b>What:</b> Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.</p> <p><b>Cost:</b> Free Admission</p>

**Pueblo**

<p><b>Make a Gingerbread House</b></p>	<p><b>Where:</b> Greenhorn Valley  <b>When:</b> Friday, Dec. 8<sup>th</sup>, 11:00am-1:00pm  <b>What:</b> Make a gingerbread house, supplies provided.  <b>Cost:</b> Free Admission</p>
<p><b>Home Depot Kids Workshop</b></p>	<p><b>Where:</b> All Home Depot Locations – see local store for most accurate information  <b>When:</b> 1<sup>st</sup> Saturday of every month 9am-12 noon  <b>What:</b> Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.</p> <p><b>Cost:</b> Free Admission</p>

<p><b>Scavenger Hunt</b></p>	<p><b>Where:</b> Greenhorn Valley  <b>When:</b> Wednesday's  <b>What:</b> Find all the pictures and receive a prize  <b>Cost:</b> Free Admission</p>

Denver Metro

<p><b>Santa's Wonderland</b></p>	<p><b>Where:</b> Bass Pro Shop and Cabela's  <b>When:</b> Thru December 24th  <b>What:</b> Kids can get a <b>FREE</b> 4x6 photo taken with Santa, printed while customers wait, as well as a <b>FREE</b> custom digital video to share on social media.                  In addition, kids can mail their letter to Santa, receive free giveaways, enjoy games and bring home <b>FREE</b> holiday crafts.  <b>Cost:</b> Free Admission                  Make Your Reservations Online  <b>Reservations are a MUST!</b></p>
<p><b>Free Day at the Denver Art Museum</b></p>	<p><b>Where:</b> Denver Art Museum: 100 W. 14<sup>th</sup> Ave. Pkwy. Denver, CO 80204  <b>When:</b> 4/11/2023, 4/30/2023, 5/9/2023, 5/14/2023, 6/13/2023, 7/11/2023, 7/30/2023, 8/8/2023, 9/9/2023, 9/12/2023, 10/10/2023, 11/4/2023, 11/14/2023, 12/12/2023  <b>What:</b> Engage with art, explore onsite activities, and experience exhibitions on view all while enjoying free admission! Advance ticket reservations are encouraged.  <b>Cost:</b> Free</p>
<p><b>Hammonds Factory Candy Tour</b></p>	<p><b>Where:</b> Hammond's Candies                  5735 Washington St, Denver CO 80216  <b>When:</b> Recurring weekly on Monday, Tuesday, Wednesday, Thursday, Friday, Saturday  <b>What:</b> Bring your curiosity and your sweet tooth for a complimentary tour of our factory. Thousands of kids and kids at heart visit us every year to watch as their favorite treats are pulled, twisted, shaped and packaged by hand</p>
<p><b>Mining Museum of Earth Science</b></p>	<p><b>Where:</b> Mines Museum of Earth Science                  1310 Maple St., Golden, 303-273-3815  <b>When:</b> Open Monday to Saturday, 9 a.m. to 4 p.m. Sunday, 1 p.m. to 4 p.m.  <b>What:</b> It has two floors displaying fossils, gemstones, meteorites, minerals and mining artifacts.  <b>Cost:</b> Free Admission</p>
<p><b>U.S. Mint of Denver</b></p>	<p><b>Where:</b> 320 W. Colfax Ave., Denver  <b>When:</b> Guided tours are offered at 8 a.m., 9:30 a.m., 12:30 p.m., 2 p.m. and 3:30 p.m. Monday through Thursday</p>



	<p><b>What :</b> FREE tours show every step in the process of turning dull, blank metal slugs into shiny pocket change.  <b>Cost:</b> Free Admission</p>
<p><b>Home Depot Kids Workshop</b></p>	<p><b>Where:</b> All Home Depot Locations – see local store for most accurate information  <b>When:</b> 1<sup>st</sup> Saturday of every month 9am-12 noon</p> <p><b>What:</b> Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.  <b>Cost:</b> Free Admission</p>

Larimer County

<p><b>Candy Cane Hunt</b></p>	<p><b>Where:</b> Poudre River Public Library  <b>When:</b> Monday, December 11 - Wednesday, December 27,</p> <p><b>What:</b> Santa's elves have hidden 12 candy canes in the library. Find all 12 hidden candy canes and receive a surprise! See a staff member for your game sheet and to pick up your surprise. All ages are welcome to play!  <b>Cost:</b> Free Admission</p>
<p><b>Tiny Trekkers</b></p>	<p><b>Where:</b> Lions Open Space                  2425 N. Overland Trail                  Laporte, CO 80535  <b>When:</b>  <b>What:</b> Bring your 2–5-year-old for a morning filled with nature exploration, stories, and connection with our amazing natural world. A parent or guardian must accompany the child for this program. Registration is required but the program is free. Please call Natural Resources main desk at (970) 619-4564 or 4570 the night before or day of program to cancel or inquire about availability.  <b>Cost:</b> Free Admission</p>

Teller

<p><b>Victor Parade of Lights</b></p>	<p><b>Where:</b> City of Victor, 500 Victor Avenue  <b>When:</b> The Parade of Lights will be followed by the Christmas Party in the Plaza and the Victor Elks Jingle Bell Ball family friendly events!</p> <p>Line up begins at 5:30 pm Friday, December 8th in front of City Hall in Victor.</p> <p>The parade starts at 6:00 pm.</p> <p><b>What:</b> Parade of Lights  <b>Cost:</b> Free</p>
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<b>Parks and Recreation Family Fun Festival</b>	<b>Where:</b> Greenhorn Valley <b>When:</b> <b>What:</b> Every Friday morning, families are invited to the library for crafts, games, or another activity. All ages welcome, guardian participation is recommended. Supplies are provided but are limited. <b>Cost:</b> Free Admission
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