

Daily Schedule

8-8:30 AM	Wake up routine & Free Play
8:30 -9 AM	Breakfast
9-9:45 AM	Morning Free Play
10:00 AM	Morning Circle
10:15 AM	Whole Group Activity
10:45 AM	Music and Movement
11-12 PM	Free Play/Centers/Small Group
12:00 PM	Outdoor Play
12:45 PM	Afternoon Snack
1-2:50 PM	Nap Time
3:00 PM	Lunch
3:30PM	Indoor/ Outdoor Free Play until pick up



Early arrivals

- All children arriving before 8am will have a morning rest/quiet time.
- Upon arrival your child will remove their shoes and wash/sanitize hands
- Quietly rest or sleep until 8am

Wake up routine

- Wake children
- Sanitize cots
- Fold and store blankets
- Potty break/diapering
- Clothes change (if needed)

Alternating Schedules

Students participate in alternating educational activity schedule as follows:

Mon/Tue/Thurs

- Free Play, Centers and Small Group

Wed/Fri

- Free Play, Centers and Process Art

Diapering/ Potty Time

- Potty Trained children are prompted every 2/2.5 hrs
- Diapering children changed on demand or every 2/2.5 hrs

Evening Schedule

- 5:30PM Indoor/Outdoor Free Play
- 6:15PM Clean Up, wash up for dinner
- 6:30PM Dinner
- 7:15PM Indoor Free Play and Movie
- 8:00PM Late PM Light Snack (optional)
- 8:30PM Bedtime Routine
- 8:45PM Bedtime



MPH Night Watch
24/7 Childcare

Dinner Service

- All children previously scheduled and in care before 6:30pm, will be served dinner.
- Dinner is served family style
- Children will be served home cooked meals from our dinner menu and occasional fast food delivery

Late PM Snack

Children will be offered an optional light snack at 8pm each evening.

Late PM Snack options:

Crackers

String cheese

Fresh or dried fruit

Yogurt

Beverages offered are water or almond milk

Bedtime routine

- Clean up playroom
- Brush teeth
- Potty time/diaper change
- Change into pajamas

Bedtime

- Children sleep on cots, infant/toddlers in portable crib
- Routine child checks with Brightwheel update every 1, 2.5, and 4 hours through the night