



# Health and Healing in the Bible

Part 1



# The Power of the Lord Present to Heal

## Luke 5:17-25 (NKJV)

*Now it happened on a certain day, **AS HE WAS TEACHING**, that there were **PHARISEES and TEACHERS OF THE LAW** sitting by, who had come out of every town of Galilee, Judea, and Jerusalem. **And the power of the Lord was present to heal THEM.** <sup>18</sup> Then behold, men brought on a bed a man who was paralyzed, whom they sought to bring in and lay before Him. <sup>19</sup> And when they could not find how they might bring him in, because of the crowd, they went up on the housetop and let him down with his bed through the tiling into the midst before Jesus.*

<sup>20</sup> ***When He saw their FAITH**, He said to him, “Man, your sins are forgiven you.”*

<sup>21</sup> ***And the scribes and the Pharisees began to REASON**, saying, “Who is this who speaks blasphemies? Who can forgive sins but God alone?”*

<sup>22</sup> *But when Jesus perceived their thoughts, He answered and said to them, “Why are you reasoning in your hearts? <sup>23</sup> Which is easier, to say, ‘Your sins are forgiven you,’ or to say, ‘Rise up and walk’? <sup>24</sup> But that you may know that the Son of Man has power on earth to forgive sins”—He said to the man who was paralyzed, “I say to you, arise, take up your bed, and go to your house.”*

<sup>25</sup> *Immediately he rose up before them, took up what he had been lying on, and departed to his own house, glorifying God.*



# The Power of the Lord Present to Heal

**Luke 5:17-25 (NKJV)**

- ◆ **The Power of the Lord was present to heal THEM.**
- ◆ **Who?**
- ◆ **Everyone who was there, but specifically the Pharisees and doctors of the law**
- ◆ **As far as we know, only one person got healed.**
- ◆ **Not one of the religious leaders got healed even though the power of the Lord was available to heal them.**
- ◆ **One group of people was reasoning and fault finding.**
- ◆ **The other group was believing.**
- ◆ **Don't allow human reason to rob you from receiving.**



# Do You Want to Believe?

## Mark 9:17-27 (NKJV)

*Then one of the crowd answered and said, “Teacher, I brought You my son, who has a mute spirit. <sup>21</sup> So He asked his father, “How long has this been happening to him?” And he said, “From childhood. <sup>22</sup> And often he has thrown him both into the fire and into the water to destroy him. But if **You can do anything**, have compassion on us and help us.” <sup>23</sup> Jesus said to him, “**If you can believe**, all things are possible to him who believes.” <sup>24</sup> Immediately the father of the child cried out and said with tears, “**Lord, I believe; help my unbelief!**”*

*“I do believe; help [me overcome] my unbelief.” (AMP)*

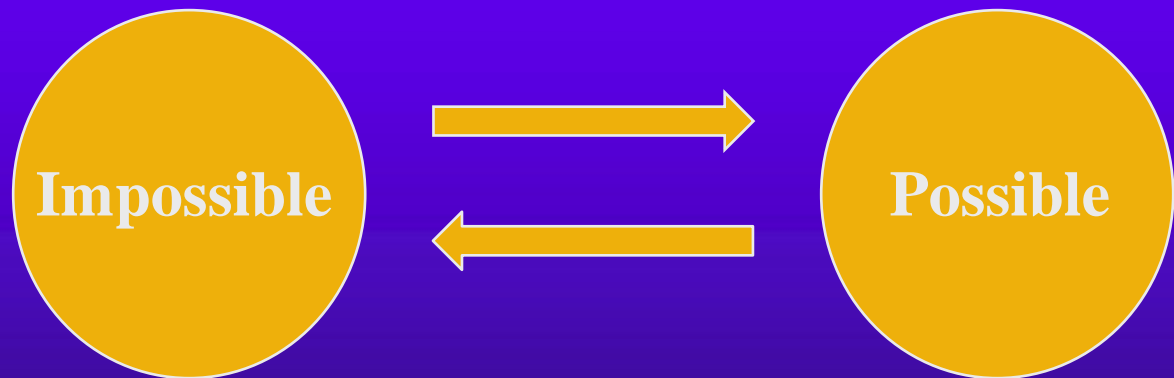
- ◆ The religious leaders didn't want to believe and received nothing even though the power was present to heal them.
- ◆ This man was struggling to believe but wanted to believe and got exactly what he came for.

# How Powerful Are Your Beliefs?

**Mark 9:23 (NKJV)**

*“...all things are possible to him who believes.”*

**Everything is either Possible or Impossible.**



- ◆ Your Beliefs can make the Impossible Possible.
- ◆ Your Beliefs can make the Possible Impossible.
- ◆ Your Beliefs are your greatest asset OR your greatest hindrance to your health and healing.



# How Powerful Are Your Beliefs?

**May 6, 1954**

- ◆ Roger Bannister ran the first four-minute mile.
- ◆ For all of human history (thousands of years) this was believed to be a physical impossibility.
- ◆ Bannister's record lasted only 46 days.
- ◆ What changed?....Beliefs
- ◆ The "four-minute barrier" has since been broken by over 1,400 male athletes, and is now the standard of all male professional middle distance runners.
- ◆ In the years since, the mile record has been lowered by almost 17 seconds.



# How Powerful Are Your Beliefs?

## The Placebo Effect

A placebo is a substance or treatment which is designed to have no therapeutic value. A placebo is anything that seems to be a "real" medical treatment -- but isn't. It could be a pill, a shot, or some other type of "fake" treatment. What all placebos have in common is that they do not contain an active substance meant to affect health.

Studies show that placebos can have an effect on conditions such as:  
Depression, Pain, Sleep Disorders, Irritable Bowel Syndrome, Menopause

- ◆ Your beliefs are so powerful you can be healed believing something that isn't even true.
- ◆ Your beliefs can make something that isn't real, reality for you.



# How Powerful Are Your Beliefs?

## Bible Examples of Beliefs Making the Impossible Possible

- ◆ Peter walked on water (**Matthew 14:25-31**)
- ◆ Elijah declared no rain for 3 and a half years (**1 Kings 17:1**) (**James 5:17**)
- ◆ An axe head floated (**2 Kings 6:5-7**)
- ◆ The sun stood still (**Joshua 10:13**)
- ◆ Time was reversed (the sun dial turned back 10 degrees) (**Isaiah 38:8**)
- ◆ The Red Sea parted (they walked across on dry land) (**Exodus 14:21-29**)
- ◆ Thousands were fed with a few fish and a few loaves of bread (**Mark 6:30-39**)





# How Powerful Are Your Beliefs?

## Mark 6:1-6 (NKJV)

*Then He went out from there and came to His own country, and His disciples followed Him. And when the Sabbath had come, He began to teach in the synagogue. And many hearing Him were astonished, saying, “Where did this Man get these things? And what wisdom is this which is given to Him, that such **mighty works** are performed by His hands! Is this not the carpenter, the Son of Mary, and brother of James, Joses, Judas, and Simon? And are not His sisters here with us?” So they were offended at Him.*

*But Jesus said to them, “A prophet is not without honor except in his own country, among his own relatives, and in his own house.” Now He **COULD do no mighty work there**, except that He laid His hands on a few sick people and healed them. And He marveled because of their **unbelief**. Then He went about the villages in a circuit, **teaching**.*

- ◆ Their Beliefs (Unbelief) made the Possible Impossible.
- ◆ Your Beliefs are so powerful they can overpower the power of God.
- ◆ The same power that created the universe can be rendered powerless by your Beliefs.



# The Limitation of Your Faith

**Mark 1:40 (NKJV)**

*Now a leper came to Him, imploring Him, kneeling down to Him and saying to Him, “IF You are WILLING, You CAN make me clean.”*

- ◆ Is this man ready to receive his healing?
- ◆ Why not?
- ◆ He still has a question about the will of God.
- ◆ Your faith is limited to your knowledge of the will of God.
- ◆ Faith can only begin AFTER the will of God is known.



# The Limitation of Your Faith

**Mark 1:40-42 (NKJV)**

*Now a leper came to Him, imploring Him, kneeling down to Him and saying to Him, “IF You are willing, You CAN make me clean.” Then Jesus, moved with compassion, stretched out His hand and touched him, and said to him, “I AM WILLING; be cleansed.” As soon as He had spoken, immediately the leprosy left him, and he was cleansed.*

- ◆ His question about the will of God had to be answered before he could believe and receive his healing.
- ◆ He had to be 100% certain this was the will of God.
- ◆ Your faith is limited to your knowledge of the will of God.
- ◆ Faith can only begin AFTER the will of God is known.



# The Limitation of Your Faith

## Matthew 14:25-28 (NKJV)

*Now in the fourth watch of the night Jesus went to them, walking on the sea. <sup>26</sup> And when the disciples saw Him walking on the sea, they were troubled, saying, “It is a ghost!” And they cried out for fear. <sup>27</sup> But immediately Jesus spoke to them, saying, “Be of good cheer! It is I; do not be afraid.” <sup>28</sup> And Peter answered Him and said, “Lord, **IF** it is You, command me to come to You on the water.”*

- ◆ His question about the will of God had to be answered before he could walk on water.
- ◆ He had to be 100% certain this was the will of God.
- ◆ Your faith is limited to your knowledge of the will of God.
- ◆ Faith can only begin **AFTER** the will of God is known.



# The Limitation of Your Faith

## Matthew 14:29-31 (NKJV)

*So He said, “Come.” And when Peter had come down out of the boat, he walked on the water to go to Jesus.*

- ◆ Once Jesus answered his question he walked on water.
- ◆ He had to be 100% certain this was the will of God.
- ◆ Your faith is limited to your knowledge of the will of God.
- ◆ Faith can only begin AFTER the will of God is known.



# Asking, Seeking, Knocking

## **Matthew 7:7 (NKJV)**

*Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.*

## **James 1:6-7 (KJV)**

*But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. <sup>7</sup> For let not that man think that he shall receive any thing of the Lord.*

- ◆ You are not ready to ASK in Faith if you still have questions about the will of God. You must be 100% certain
- ◆ So before you can ASK in Faith, you must SEEK.
- ◆ Both the leper and Peter had to SEEK to find answers to their questions before their faith could be activated.



# How to Recognize Faith

## Hebrews 11:6 (NKJV)

*But without faith it is impossible to please Him, for he who comes to God **MUST** believe that **HE IS**, and that He is a **REWARDER** of those who diligently **SEEK** Him.*

- ◆ Faith **MUST** believe that God Is
- ◆ And that He is a **REWARDER** of those who diligently **SEEK** Him....not those who beg or “Pray Hard”.
- ◆ Faith is **NOT** Praying Hard or Saying, “*Please God.*”
- ◆ Faith isn’t trying to talk God into it or twist His arm.
- ◆ Before you can **ASK** in Faith, you must **SEEK** until you are certain of the will of God.
- ◆ Faith already knows the will of God before asking and therefore never says, “*IF IT BE THY WILL.*”



# How Faith Comes

The Leper *“If You WILL, You Can...”* (Mark 1:40)

**Mark 1:41-42 (KJV)**

*And Jesus, moved with compassion, put forth his hand, and touched him, and saith unto him, I WILL; be thou clean.*

*<sup>42</sup> And as soon as he had spoken, immediately the leprosy departed from him, and he was cleansed.*

- ◆ How did the leper become certain of the will of God?
- ◆ Two Words, **“I Will...”**
- ◆ The moment he heard those two words he was healed.
- ◆ The words changed his belief, and his belief made it possible.





# How Faith Comes

**Peter** *“IF it is You, Command me to come..”* (Mt. 14:28)

## **Matthew 14:29**

*So He said, “Come.” And when Peter had come down out of the boat, he walked on the water to go to Jesus.*

- ◆ How did Peter become certain of the will of God?
- ◆ One Word, **“COME...”**
- ◆ The moment he heard that word he walked on water.
- ◆ His belief changed, and his belief made the impossible possible.



# How Faith Comes

## **Romans 10:17**

*So then faith comes by hearing, and hearing by the Word of God.*

- ◆ How did the Leper and Peter become certain of the will of God?
- ◆ By Hearing the Word of God.
- ◆ Jesus only said what the Father said.
- ◆ He only spoke the Words of God. (**John 14:10**)
- ◆ The Will of God is revealed through the Word of God.
- ◆ Your knowledge of the Will of God is limited to your knowledge of the Word of God.



# The Ultimate Authority

## Matthew 4:1-11 (NKJV)

*Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.  
2 And when He had fasted forty days and forty nights, afterward He was hungry.  
3 Now when the tempter came to Him, he said, “If You are the Son of God, command that these stones become bread.” 4 But He answered and said, “**IT IS WRITTEN**, ‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’” 5 Then the devil took Him up into the holy city, set Him on the pinnacle of the temple, 6 and said to Him, “If You are the Son of God, throw Yourself down. For it is written: ‘He shall give His angels charge over you,’ and, ‘In their hands they shall bear you up, Lest you dash your foot against a stone.’” 7 Jesus said to him, “**IT IS WRITTEN** again, ‘You shall not tempt the LORD your God.’” 8 Again, the devil took Him up on an exceedingly high mountain, and showed Him all the kingdoms of the world and their glory. 9 And he said to Him, “All these things I will give You if You will fall down and worship me.” 10 Then Jesus said to him, “Away with you, Satan! For **IT IS WRITTEN**, ‘You shall worship the LORD your God, and Him only you shall serve.’” 11 Then the devil left Him, and behold, angels came and ministered to Him.*



# The Ultimate Authority

- ◆ Why did Jesus (the Son of God) say “*It is Written?*”
- ◆ The Ultimate Authority of the will of God is the WRITTEN Word of God.
- ◆ This is the Word of God that He has seen fit to Document.
- ◆ This is even higher authority than the words that the leper and Peter heard directly from the mouth of Jesus.
- ◆ What is a last Will and Testament?
- ◆ A written will is a legal document and is the ultimate authority representing a person’s will.
- ◆ God’s written Word is the documented Will of God.
- ◆ It is the Official Document and the Ultimate Authority.
- ◆ Find out what is written concerning your situation.



# The Ultimate Authority

## Psalm 138:2 (NKJV)

*I will worship toward Your holy temple, And praise Your name For Your lovingkindness and Your truth; For You have magnified Your Word above all Your name.*

- ◆ God has magnified His Word above His Name.
- ◆ If we can take God's name in vain we can take God's Word in vain.
- ◆ In Vain - Not give something proper respect, take lightly
- ◆ Refusing to believe what God has said is calling God a liar.
- ◆ Many are quick to say what they do or do not believe about the Bible without diligently seeking for more insight or understanding or having studied for themselves.



# The Ultimate Authority

◆ WSIT?

What

Scripture

Is

That?



# The Enemy of Your Faith

## Matthew 14:29-31 (NKJV)

*So He said, “Come.” And when Peter had come down out of the boat, he walked on the water to go to Jesus. <sup>30</sup> But when he **SAW that the wind was boisterous, he was AFRAID**; and beginning to sink he cried out, saying, “Lord, save me!” <sup>31</sup> And immediately Jesus stretched out His hand and caught him, and said to him, “**O you of little faith, why did you DOUBT?**”*

- ◆ Faith came instantly when Peter heard the Word of God.
- ◆ Faith vanished instantly, and Fear and Doubt came, when he saw the wind and waves (circumstantial evidence).
- ◆ He began to sink in the center of the perfect will of God .
- ◆ Was it the will of God for him to sink? (Jesus scolded him)
- ◆ What changed? God’s Will? – Peter’s Beliefs changed.
- ◆ The impossible became possible then became impossible.



# The Enemy of Your Faith

## 2 Corinthians 5:7 (NKJV)

*For we walk by faith, not by sight.*

- ◆ Walking by Faith means NOT walking by sight.
- ◆ Walking by Sight means NOT walking by faith.
- ◆ You cannot do both at the same time.
- ◆ Faith requires NO circumstantial evidence.
- ◆ When Peter walked by Faith the impossible became possible.
- ◆ When he walked by sight the possible became impossible.
- ◆ As quickly as faith comes, faith can go.
- ◆ So what is the solution?





# Feeding Your Faith

**Romans 10:17 (NKJV)**

*So then faith comes by hearing, and hearing by the word of God.*

- ◆ Faith comes by Hearing, not just by having heard
- ◆ “I’ve heard that before.”
- ◆ “I already know that.”
- ◆ Not just by knowing, but by continually hearing
- ◆ Faith can come and faith can go (instantly) (Remember Peter)
- ◆ Our Faith must be Fed consistently.
- ◆ We must feed our spirit just like we feed our body.



# Feeding Your Faith

## John 8:31-32 (KJV)

*Then said Jesus to those Jews which believed on him, **If ye CONTINUE IN MY WORD**, then are ye my disciples indeed; <sup>32</sup> And ye shall know the truth, and the truth shall make you free.*

- ◆ IF you CONTINUE feeding your faith with the Word of God, THEN you shall know the Truth and THEN (and ONLY THEN) the truth will make you free.

## John 17: 17 (KJV)

*Sanctify them through thy truth: **thy word is truth.***

- ◆ The Written Word of God is THE TRUTH by which all other truths and facts must be measured.
- ◆ If healing can come by believing a lie (placebo) how much more by believing THE TRUTH?



# Feeding Your Faith

**John 15:7: (KJV)**

*If ye abide in me, and **my words abide in you**, ye shall ask what **YE WILL**, and it shall be done unto you.*

- ◆ Why?
- ◆ The written Word of God reveals the Will of God.
- ◆ If God's Words abide in you, you will ALWAYS know the Will of God BEFORE you ask.
- ◆ You will always receive because you will always ask IN FAITH.
- ◆ Because you are continually Feeding Your Faith with the Word of God



# God's Medicine

## Psalm 107:20 (NKJV)

*He sent His Word and Healed them, And delivered them from their destructions.*

## Exodus 15:26

*for I am the Lord that Healeth thee.* (This was the Word he sent above)

## Mark 6:5-6 (KJV)

*And he could there do no mighty work, save that he laid his hands upon a few sick folk, and healed them.<sup>6</sup> And he marvelled because of their unbelief. And he went round about the villages, **Teaching.***

- ◆ Why? Teaching is the cure for unbelief (faith comes by hearing God's Word.)
- ◆ And there is Healing Power in God's Word.
- ◆ God's Word is God's Medicine.



# God's Prescription for Divine Health (Taking God's Medicine)

**Proverbs 4:20-22(NKJV)**

*My son, give attention to my words; Incline your ear to my sayings.<sup>21</sup> Do not let them depart from your eyes; Keep them in the midst of your heart;<sup>22</sup> For They are life to those who find them, And health to all their flesh.*

- ◆ Give attention to God's Words.
- ◆ Incline your ear (listening to God's Word audibly).
- ◆ Do not let them depart from your eyes (the Written Word).
- ◆ Keep them in your heart. (Peter didn't keep it. We Keep it by refusing to give attention to circumstantial evidence.)
- ◆ They (God's Words) are Health to all your Flesh.
- ◆ This is how we feed our faith for health and healing.
- ◆ Take God's Word like medicine because it is.



# Starving Your Doubts

## 2 Corinthians 4:18 (NKJV)

*while we do not **look at** the things which are **seen**, but at the things which are **not seen**. For the things which are seen are temporary, but the things which are not seen are eternal.*

- ◆ In addition to Feeding Your Faith, you must also Starve Your Doubts.
- ◆ How? By refusing to look at things which are seen
- ◆ How can we LOOK AT things which are NOT SEEN?
- ◆ Not with our natural eyes
- ◆ With our spiritual eyes, the eyes of Faith
- ◆ The Written Word of God is more real than all that we can see (detect with our physical senses.)



# Your Faith Is the Evidence

## Hebrews 11:1(NKJV)

*Now faith is the substance of things hoped for, **the evidence of things NOT SEEN.***

*Now faith is the **assurance (title deed, confirmation)** of things hoped for (**divinely guaranteed**), and the evidence of things not seen [the conviction of their reality—faith comprehends as fact what cannot be experienced by the physical senses]. (AMP)*

- ◆ All the Evidence you need is the Written Word of God.
- ◆ Our Faith is anchored on the “IT IS WRITTEN” of God.
- ◆ The Written Word of God trumps all circumstantial evidence. You DO NOT need a confirmation.
- ◆ The Written Word of God trumps all opinions, all sermons, all preachers, all prophecies, and all experiences.



# Summary

- ◆ As Jesus was teaching the power of the Lord was present to heal the Pharisees and Doctors of the Law. (**Luke 5**)
- ◆ Their reasoning and fault finding kept them from receiving.
- ◆ They did not want to believe.
- ◆ The man whose son had the mute spirit wanted to believe and asked for help to overcome his unbelief. (**Mark 9**)
- ◆ He got exactly what he came for.
- ◆ All things are possible to those who believe (**Mark 9:23**)
- ◆ Your beliefs make the impossible possible or the possible impossible.
- ◆ The 4 minute mile, the Placebo effect, Bible examples.





# Summary

- ◆ Jesus Could do no mighty works because of unbelief. **(Mark 6)**
- ◆ Your Faith is limited to your knowledge of God's will.
- ◆ Faith can only begin **AFTER** the will of God is known. (The leper and Peter) **(Mark 1, Matthew 14)**
- ◆ Your knowledge of the will of God is limited to your knowledge of the Word of God.
- ◆ When you ask you must ask in Faith. **(James 1)**
- ◆ Before you can Ask in Faith, you must Seek. **(Matthew 7)**
- ◆ Faith comes by hearing God's Word. **(Romans 10:17)**
- ◆ **IT IS WRITTEN** is the Ultimate Authority **(Matthew 4)**



# Summary

- ◆ God has magnified His Word above His Name  
(**Psalm 138:2**)
- ◆ WSIT? What Scripture Is That?
- ◆ The enemy of your faith is walking by sight.  
(**2 Corinthians 5:7**)
- ◆ We must continually Feed our Faith with the Word of God.  
(**Romans 10:17**)
- ◆ God's Word is Truth and by continuing in the Word we will know the truth and the truth will make us free.  
(**John 8, John 17**)
- ◆ IF God's Words abide in you, you can ask what YOU WILL and it shall be done. (**John 15:7**)



# Summary

- ◆ God sent His Word and Healed them (God's Medicine) (**Psalm 107:20**) (**Exodus 15:26**)
- ◆ When Jesus couldn't do any mighty works he went around teaching...which is the cure for unbelief. (**Mark 6**)
- ◆ God's prescription for Divine Health – Giving attention to God's Word (ears, eyes, heart) (**Proverbs 4:20-22**)
- ◆ Starving Your Doubts (by refusing to give attention to the circumstantial evidence) (**2 Corinthians 4:18**)
- ◆ Your Faith is the evidence, assurance, title deed, confirmation of things NOT SEEN. (**Hebrews 11:1**)