

Health and Healing in the Bible

Lesson 5: Releasing The Healing Power Of God

Three prophetic words since our last meeting

“Many people believe that they believe when they really don’t. The moment someone believes (that they receive) the power begins to flow.” (Friday, June 18th)

“Believing that something is true is NOT the same as believing that you receive. Believing that something is true simply puts it in the realm of possibility. It does not necessarily release any power to flow.” (Saturday, July 10th)

“Believing it’s true that you have \$100,000 in your bank account is NOT the same as making a withdrawal. And you wouldn’t call your bank to release the money to you. You would simply make a legal demand upon the supply that is already there.” (Friday, July 16th)

Today we will learn how to release our faith to make a legal demand upon God’s grace (provision and finished works.)

And it came to pass on a certain day, as he was teaching, that there were Pharisees and doctors of the law sitting by, which were come out of every town of Galilee, and Judaea, and Jerusalem: and the power of the Lord was present to heal them. (Luke 5:17)

Today, as I am teaching, the Power of the Lord is Present to Heal...

Anyone and Everyone,
Of Anything and Everything,
Right Here,
Right Now.

When is it going to happen?

The moment you believe that you receive...

The moment that you TAKE IT.

Today we will see that one of the greatest tricks of the enemy is to get you to think and say, **“I believe God is GOING TO heal me.”**

What you are really saying is, **“I believe that (at some point in the future) God is going to release His healing power to flow into my body.”**

WSIT? What Scripture Is That?

Not only is there no scripture for this belief, it is actually a lie. So while the belief is real, it is not faith because Faith only comes by hearing the Word of God (**Romans 10:17**)

²²And behold, one of the rulers of the synagogue came, Jairus by name. And when he saw Him, he fell at His feet ²³and begged Him earnestly, SAYING, “My little daughter lies at the point of death. Come and lay Your hands on her, that she may be healed, and SHE WILL LIVE.”

²⁴So Jesus went with him, and a great multitude followed Him and thronged Him. ²⁵Now a certain woman had a flow of blood for twelve years, ²⁶and had suffered many things from many physicians. She had spent all that she had and was no better, but rather grew worse. ²⁷When she heard about Jesus, she came behind Him in the crowd and touched His garment. ²⁸For SHE SAID, “If only I may touch His clothes, I shall be made well.” ²⁹Immediately the fountain of

her blood was dried up, and she felt in her body that she was healed of the affliction. ³⁰And Jesus, immediately knowing in Himself that **power** had gone out of Him, turned around in the crowd and said, **“Who touched My clothes?”** ³¹But His disciples said to Him, “You see the multitude thronging You, and You say, ‘Who touched Me?’” ³²And He looked around to see her who had done this thing. ³³But the woman, fearing and trembling, knowing what had happened to her, came and fell down before Him and told Him the whole truth. ³⁴And He said to her, **“Daughter, your faith has made you well. Go in peace, and be healed of your affliction.”**
(Mark 5:22-34 NKJV)

The healing power of God was present with (upon) Jesus.

How God anointed Jesus of Nazareth with the Holy Ghost AND WITH POWER: who went about doing good, and HEALING ALL that were oppressed of the devil; for God was with him.
(Acts 10:38)

Who released the healing power of God (in the passage above, in Mark chapter 5?)
God (the Father?)

Jesus?

Jesus didn't even know who touched him. (v.30) **“Who touched My clothes?”**

Jesus didn't know the power had been released until AFTER she had already received her healing.

Jesus had absolutely NOTHING to do with releasing the Healing Power of God to the woman with the issue of blood.

He told us plainly who released the Healing Power of God... **“your faith has made you well.”**
Her faith could not have made her well without the Healing Power...

But, the Healing Power could not have made her well IF her faith had not released it.

Many Christians are waiting for God to release His Healing Power. This is evidenced by their words, **“I believe God is GOING TO heal me.”**

There is nothing left for God to do.

His part was finished from the foundation of the world. **(Revelation 13:8, Hebrews 4:3, John 19:28, 30)**

God does NOT need to release His Healing Power because His Power is already present to Heal. Healing has already been provided for all. **(Galatians 3:13, Deuteronomy 28:15-61, Isaiah 53:4-5, Matthew 8:16-17, 1 Peter 2:24)**

Asking God to release His healing power is like calling the electric company (the power plant) and asking them to come turn on your light switch.

Who released the healing power of God? The Woman.

How did she release the power? With her faith. (v.34) **“Your faith has made you well.”**

How did she release her faith? With her words. (v.28) **For SHE SAID, “If only I may touch His clothes, I shall be made well.”**

Many believers are waiting for God to release His Healing power.

This is evidenced by the words “God is GOING TO Heal me.”

These people may believe God Can, and possibly believe God Will, but they do not yet understand and believe that God Already Has. They do not yet understand that Healing is a Finished Work and there is nothing left for God to do about their healing. They do not yet understand that WE must release and receive the Healing Power of God.

³⁵While He was still speaking, some came from the ruler of the synagogue's house who said, "Your daughter is dead. Why trouble the Teacher any further?"³⁶As soon as Jesus heard the WORD that was spoken, He said to the ruler of the synagogue, "Do not be afraid; ONLY BELIEVE." (Mark 5:22-36 NKJV)

v.36) Only believe.....Believe WHAT?

Believe what he said in **verse 23...** *"come and lay thy hands on her, that she may be healed; and SHE SHALL LIVE.*

v. 36...*"as soon as Jesus heard the word that was spoken, He said...do not be afraid, only believe."*

My paraphrase...Don't be afraid (of their words) only believe (your words.)

Faith comes by hearing words (the Word of God.) **(Romans 10:17)**

Evidently Fear also comes by hearing words. (words that contradict the Word of God.)

Death and life are in the power of the tongue: (Proverbs 18:21)

Words can bring death or life! (CEV)

Your words are so powerful that they will kill or give life, (TPT)

There is that speaketh like the piercings of a sword: but the tongue of the wise is HEALTH. (Proverbs 12:18)

Pleasant words are as an honeycomb, sweet to the soul, and HEALTH to the bones. (Proverbs 16:24)

The power of the tongue is Spoken Words (backed by a belief...positive or negative)

Words are seeds, seeds are containers, and they contain the ability (a blueprint) to produce after their own kind.

And the apostles said to the Lord, "Increase our faith." ⁶So the Lord said, "If you have faith as a mustard SEED, you can SAY to this mulberry tree, 'Be pulled up by the roots and be planted in the sea,' and it would obey you. (Luke 17:5-6 NKJV)

In Mark chapter 11 Jesus cursed a fig tree (by speaking words to it.) The next morning Peter was astonished that the fig tree had already withered and died. Here is what Jesus said.

Have faith in God. (Mark 11:22)

Many translations, including the Young's Literal, translate the verse as follows.

Have the faith OF God (Mark 11:22)

In other words, “Have the God-Kind of faith.”

OR... “Have the SAME KIND of faith that God has.”

What kind of faith does God have?

And God SAID, Let there be light: and there was light. (Genesis 1:3)

*For verily I say unto you, That **whosoever** shall SAY unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things **WHICH HE SAITH** shall come to pass; he shall have **WHATSOEVER HE SAITH**.
(Mark 11:23)*

*But the righteousness of faith **SPEAKS IN THIS WAY**, “Do not say in your heart, ‘Who will ascend into heaven?’ ” (that is, to bring Christ down from above) ⁷ or, “ ‘Who will descend into the abyss?’ ” (that is, to bring Christ up from the dead). But **WHAT DOES IT SAY?** “**THE WORD IS NEAR YOU**, in your mouth and in your heart” (that is, **the WORD OF FAITH** which we preach):⁹ that if you **confess with your mouth** the Lord Jesus and **believe in your heart** that God has raised Him from the dead, you will be saved. ¹⁰For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.
(Romans 10:6-10 NKJV)*

*We having the same **spirit of faith**, according as it is written, I believed, and therefore have I spoken; we also **believe, and therefore SPEAK**; (2 Corinthians 4:13)*

*In the Scriptures it says, “**I spoke because I had faith.**” We have that same kind of faith. So we speak (2 Corinthians 4:13 CEV)*

The Spirit of Faith is Believing and Speaking what you Believe.

Why? Faith is released by speaking words. (Words that contain Faith)

In the previous lesson we learned that **Jesus has already redeemed us (purchased our freedom) from the curse of the law** which includes every sickness that will ever exist.
(Galatians 3:13, Deuteronomy chapter 28)

What should we do with this information?

*Let the redeemed of the LORD SAY SO, Whom He has redeemed from the hand of the enemy,
(Psalm 107:2)*

We release our faith in God’s Promises, God’s Principles, and God’s Finished Works by SPEAKING IT. We say ONLY what God says. We speak God’s Word.

²⁵For a woman whose young daughter had an unclean spirit heard about Him, and she came and fell at His feet.²⁶The woman was a Greek, a Syro-Phoenician by birth, and she kept asking Him to cast the demon out of her daughter.²⁷But Jesus said to her, “Let the children be filled first, for it is not good to take the children’s bread and throw it to the little dogs.” ²⁸**And she answered and SAID** to Him, “Yes, Lord, yet even the little dogs under the table eat from the children’s crumbs.” ²⁹Then He said to her, “**FOR THIS SAYING** go your way; the demon has gone out of your daughter.” (Mark 7:25-29 NKJV) (See Matthew chapter 15:22-28)

O woman, great is thy FAITH... (Matthew 15:28)

How did Jesus recognize great faith? By her words.

What caused the demon to leave her daughter?

Her words which were evidence of her faith..... **“For this SAYING...”**

Her faith was released by her words and her faith released the Healing (delivering) Power of God.

*⁵Now when Jesus had entered Capernaum, a centurion came to Him, pleading with Him, ⁶saying, “Lord, my servant is lying at home paralyzed, dreadfully tormented.” ⁷And Jesus said to him, “I will come and heal him.” ⁸The centurion answered and said, “Lord, I am not worthy that You should come under my roof. But **ONLY SPEAK A WORD**, and my servant will be healed. ⁹For I also am a man under authority, having soldiers under me. And I say to this one, ‘Go,’ and he goes; and to another, ‘Come,’ and he comes; and to my servant, ‘Do this,’ and he does it.” ¹⁰**When Jesus HEARD it, He marveled, and said to those who followed, “Assuredly, I say to you, I have not found such great faith, not even in Israel! (Matthew 8:5-10 NKJV)***

How did Jesus recognize GREAT FAITH?

By the words the man spoke

Faith is released through words.

*Now a certain man was sick, Lazarus of Bethany, the town of Mary and her sister Martha. ²It was that Mary who anointed the Lord with fragrant oil and wiped His feet with her hair, whose brother Lazarus was sick. ³Therefore the sisters sent to Him, saying, “Lord, behold, he whom You love is sick.” ⁴When Jesus heard that, He said, **“THIS SICKNESS IS NOT UNTO DEATH....” (John 11:1-4)***

*Then they took away the stone from the place where the **dead man** was lying. And Jesus lifted up His eyes and said, **“FATHER, I THANK YOU THAT YOU HAVE HEARD ME.”** ⁴²And I know that You always hear Me, but **because of the people who are standing by I said this**, that they may believe that You sent Me.” ⁴³Now when He had said these things, He cried with a loud voice, “Lazarus, come forth!” ⁴⁴And he who had died came out bound hand and foot with graveclothes, and his face was wrapped with a cloth. Jesus said to them, “Loose him, and let him go.” (John 11:41-44 NKJV)*

Your tongue is the rudder of your life!

*For we all stumble in many things. **If anyone does not stumble in word, he is a perfect man**, able also to bridle the whole body. ³Indeed, we put bits in horses’ mouths that they may obey us, and we turn their whole body. ⁴**Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires.** ⁵Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles! ⁶And the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell. (James 3:2-6 NKJV)*