



The Lookout - Spring 2020 - [MountTam.org](http://MountTam.org)

## Spring Greetings | Community Action From Home Creative SIP | Hikers Beware!

Hello Neighbors,

On behalf of the Board of Directors at the Muir Woods Park Community Association,  
**Welcome Spring!**

Probably no time in recent history has the warm sun felt so good, the vistas seemed more dramatic and the flowers been more fragrant.

At the same time, we can't freely enjoy the season, and there are many of us who are struggling in ways too numerous to list.

With this issue of The Lookout, we will try to share some ideas to help mitigate these strange times. If you know of a person or family in need, if you are able, perhaps purchase an InstaCart gift card for their use. Also, please consider reaching out to your neighbors, friends and loved ones. It's amazing how good it will make you and the recipient feel. The MWPCA set up a **Neighbor to Neighbor phone tree** last month. Contact us at [MWPCA@MountTam.org](mailto:MWPCA@MountTam.org) and we'll put you in touch whether you'd like to make **OR** receive a call.

Our best and keep well,

**The MWPCA Board of Directors**

### How To Be Creative With The Kids at Home



Alex and Apryl Uncapher have two lovely young daughters (Nara and Reya) who have been keeping themselves busy these days with school, trampolining and baking (among other things). As a surprise, Mom & Dad set up a real Drive-In Theatre for the girls, using their VW van as a comfy lounge, and a movie screen made from a sheet while they all watched **Dr. Doolittle!** Send us your creative activities to [MWPCA@MountTam.org](mailto:MWPCA@MountTam.org).

## Trail Management With Care - Don't Get Hurt & Dispose of Responsibly



**Wild Blackberries** are a source of pain and pleasure. They are invasive and need to be controlled or removed very carefully (after enjoying some sweet fruit).



**Scotch Broom** is a non-native plant that is not only a source of overgrowth, but highly inflammable. People love to pull it after the rains, but make sure to bring it back to your green can!



Social distancing on our hikes is responsible, but make sure you don't find yourself hopping into a bed of **Poison Oak!** Study the leaves so that you can avoid this plant and its terrible effects.



The Mill Valley Market, locally owned by the Canepa Family, were greeted back from a short Easter break by this lovely sign.

### Trails...What's Allowed & What Isn't

The Marin Sheriff's Office has released the latest guidelines for park and trail access in Marin County. Parking near trailheads is being strictly enforced. [Please find their guidelines here.](#)

### Four Corners Striping Coming Soon

Look for a press release from the Department of Public Works outlining the project starting as early as next week.



### Have You Sent In Your Membership Dues? Our New Roof!!

Please remember to send in your dues using the envelope we sent last month, or [via PayPal](#). New member applications and links for paying dues may be found on our website [MountTam.org](http://MountTam.org). We've just completed putting a wonderful new roof on the clubhouse at a significant cost. Our only source of revenue is rentals, which have been paused. Your dues and donations are much appreciated.

## **Volunteer From the Safety of Your Home**

Do you have a little extra time on your hands and would rather not leave your home to help those in need? Here are some great organizations who make that possible:

### **Catchafire**

Matching professionally-skilled volunteers with nonprofits and social enterprises. Volunteers can help with all kinds of work, from finance and operations, technology, program management, marketing and more.

### **Career Village**

CareerVillage is a community where high school students can receive free personalized career advice from real-life professionals. CareerVillage focuses on low-income communities where the need is greatest.

### **Center For Volunteer & Non-Profit Leadership**

This organization offers both on-site and distance volunteer opportunities specific to Covid-19.



### **Family ElderCare**

Volunteer to talk to the elderly on the phone or even run a virtual Bingo game through the Lifetime Connections Without Walls program! This is a great way to connect with people living in isolation.

## **Available Services and Emergency Contacts**

While not complete, below please find a list of services available at this time for emergencies and services for items that can be delivered to your home. Often these delivery services require membership or fees. Also listed are our local emergency agencies. Remember, **911** is always the best number to dial in an emergency.

### **EMERGENCY & COUNTY SERVICES:**

- 911
- [Marin County Sheriff](#)
- [Marin county Health & Human Services](#)
- [Marin County Fire Department](#)
- [Mental Health Services](#)
- [Aging & Adult Assistance](#)
- [Food Resources](#)

### **DELIVERY SERVICES:**

- **Amazon Prime (Membership Required)**
- **Whole Foods delivery via Amazon Prime**
- **InstaCart**
- **Safeway.com**
- **Good Eggs**
- **FarmFreshToYou**
- **TaskRabbit (Various services)**
- **Caviar and Uber Eats**
- **Meals on Wheels**



**Due to restrictions from the County of Marin, the MWPCA will not be accepting**



rental requests nor will be planning  
Community Events until further notice.  
Please contact the MWPCA at  
[MWPCA@MountTam.org](mailto:MWPCA@MountTam.org) with any  
questions.  
Stay Well!

