HELLO,

BEFORE AND AFTER OUR SESSIONS, WE WILL OBVIOUSLY BE FOLLOWING SFA GUIDELINES, IN CLEANING EQUIPMENT

ALL COACHES HAVE TAKEN COURSES WHICH ALLOW US TO TAKE UP THE ROLE OF A **COVID CO-ORDINATOR**.

WE WILL ASK ALL PARENTS AND PLAYERS TO HELP US BY ALSO FOLLOWING THE GUIDELINES SET OUT BY THE SFA.

OVER THE NEXT FEW PAGES YOU WILL FIND THE GUIDELINES FOR PARENTS AND PLAYERS, SET OUT BY THE SFA, WHICH WILL NEED TO BE READ AND SIGNED.

PLEASE BE AWARE THAT WE WILL BE PUTTING EVERYONE WHO ATTENDS HEALTH FIRST. WE WILL BE IMPLEMENTING A NON-CONTACT TEMPERATURE SCREENING BEFORE ALL SESSIONS FOR PLAYERS. THIS IS A GUIDELINE WE ARE COPYING FROM OUR PARTNER CLUB.

WE RECOGNISE THAT TIMES ARE HARD FOR ALL BUT PLEASE RESPECT US AT SESSIONS AND FOLLOW GUIDELINES WHEN YOU ARRIVE.

REGISTERING THAT YOUR CHILD HAS BEEN DROPPED OFF AND COLLECTED WILL STILL BE REQUIRED. THIS WILL BE DONE BY SENDING A TEXT MESSAGE TO **07774026116** (THIS NUMBER ONLY RECEIVES TEXTS, NON-REGISTRATION TEXTS, CALLS OR VOICEMAILS WILL NOT BE ANSWERED)

THE DROPPING OFF TEXT MUST INCLUDE:

* CHILDS NAME
* PARENT/GUARDIAN NAME
* NAME OF PERSON DROPPING CHILD OFF IF DIFFERENT THAN ABOVE
* NAME OF PERSON PICKING UP IF DIFFERENT THAN ABOVE
* TIME

THE PICKING UP TEXT MUST INCLUDE:

* CHILDS NAME
* NAME OF PERSON COLLECTING (IF THIS CHANGES FROM PREVIOUS INFORMATION WE MUST BE INFORMED)
* TIME

TEXTS CAN ONLY BE RECEIVED 5 MINS BEFORE SESSION BEGINS AND ENDS. KIDS MUST BE REGISTERED EACH DAY OUR THEY WILL NOT BE IN A POSITION TO TAKE PART IN THE SESSIONS.

BOOKING FORM AT THE END **MUST** BE FILLED IN AND RETURNED NO LATER THAN 48HRS BEFORE A SESSION BEGINS. WE CAN ACCEPT A SCANNED COPY OUR A PHOTO. THESE MUST INCLUDE ALL OF THE BOOKING FORM

BEST REGARDS

KRIS AND BRIAN

ROLE OF THE PARENT / CARER

PLAN & PREPARE

* DO NOT ATTEND TRAINING if you or anyone from your household should be isolating based on Scottish Government guidelines.

* Talk to your child about attending the holiday programme to help them understand the measures that have been taken to keep them safe.
* Remind your child it is important they focus on having fun. Don’t push too hard and risk injury.
* Ensure your child washes their hands thoroughly before training and arrives ready to train in clean kit.
* Be considerate of others when dropping off and collecting children. Avoid congregating, keep to 2m physical distancing, and avoid touching hard surfaces.
* Ensure your child and coach has your contact number.
* Your child should bring their own water bottle with their name clearly visible.
* Please give your child’s coach plenty notice as to whether your child will attend or be absent from any training session.

* To limit over-crowding, please bring your child to the training session on your own, following your club’s advice on arrival time.

AFTER TRAINING

* Immediately after training, a parent/carer should collect the child as promptly as possible. •
* Ensure you and your child’s hands are sanitized immediately after training. •
* Inform the club immediately should your child start to show symptoms of COVID-19. •
* At this stage, home training and setting individual skill and fitness challenges are vital to maximise development within the limited contact time. Please liaise with your child and the coach to find out what these are. •
* Remind and manage your child, regardless of age, to maintain a 2 metre physical distance from everyone at ALL times before and after their organised training sessions whilst at the facility.

ROLE OF THE PLAYER

PLAN & PREPARE

* If you are feeling unwell, let someone at home know and don’t come to training.

* Wash your hands regularly with soap and water for 20 seconds, including just before you leave for training.
* Come ready to take part in training:

Have clean training kit on

Bring a water bottle that is clearly identifiable as yours - you may want to add your name or initials

Bring your own hand sanitiser.

* Put your belongings in your designated 'Players Area‘ (if applicable).
* Do not enter the pitch before you are asked to do so by your coach

* If you have any questions or concerns about your training, tell your parent/carer who can get any answers you need from your club.
* Regardless of your age you must maintain 2 metre physical distancing from everybody before and after your training session.

DURING TRAINING

* Have fun!
* Always listen to your coaches. They are there to keep you safe and to help you enjoy playing football.
* Do not touch equipment that is not yours. This includes goalposts, cones, markers, poles, hurdles or any other equipment that is used for training.
* Do not touch the footballs with your hands or head. All the activities that your coaches will do will give you lots of time with the ball at your feet.
* If you need to sneeze or cough, do so into a tissue or your elbow and then wash your hands at the hygiene station provided (your coach will be able to tell you where this is).
* When asked to do so by your coach, wash your hands using the ‘Hygiene Station’ provided.
* Remember to have fun!

AFTER TRAINING

* Follow instructions from your coach to leave your training session quickly once you are finished; making sure a parent/carer is there to collect you – do not wander off on your own.
* Please limit your attendance at the football club and only attend for arranged training sessions.
* Apply hand sanitizer.
* Ensure you take all personal belongings and equipment with you at the end of training and do not leave anything at the venue/facility.
* At this stage, home training and setting individual skill and fitness challenges are vital to maximise development within the limited contact time – please speak to your coach to find out what these are.
* Regardless of your age you must to maintain 2 metre physical distancing from everybody before and after your training session.

CHILDS NAME: D.O.B:

PARENTS/GUARDIANS NAMES:

CENTRE NAME:

MEDICAL INFORMATION/ALLERGIES:

**I**n **C**ase of **E**mergency:

NUMBER 1:

NUMBER 2:

(2 numbers must be given)

EMAIL ADDRESS:

DO YOU AGREE FOR PHOTOS OF YOUR CHILD TO APPEAR ON CSC SOCIAL MEDIA SITES? (PLEASE CIRCLE)

YES NO

I give permission for my son/daughter to receive emergency first aid treatment if needed during a session. I have provided all medical information. Where necessary I have provided medical equipment (e.g. Inhalers/EpiPen).

Glasses are worn at the discretion of parents, but Goalkeepers must wear goggles… we advise goggles for training/matches.

Earrings **must** be removed or taped before sessions.

If your ICE number changes for a session, please inform us. Players **must** be registered in and out, unless a letter/email is received, a minimum 48hrs PRIOR to that session.

SIGNED DATE

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* NAME OF PERSON PICKING UP IF DIFFERENT THAN ABOVE
* TIME

THE PICKING UP TEXT MUST INCLUDE:

* CHILDS NAME
* NAME OF PERSON COLLECTING (IF THIS CHANGES FROM PREVIOUS INFORMATION WE MUST BE INFORMED)
* TIME

TEXTS CAN ONLY BE RECEIVED WHEN YOU HAVE ARRIVED FOR THE BEGIN AND END OF EVERY SESSION. KIDS MUST BE REGISTERED EACH DAY OUR THEY WILL NOT BE IN A POSITION TO TAKE PART IN THE SESSIONS.

SIGNED DATE