Breakfast/Snack Bars

Namaste Bars- Grain free, organic coconut flour based , dried fruits and nuts (df)

6 for \$7.50; 12 for \$15.00

Banana ChocoYUM Bars- Almond flour based, qf oats, fresh bananas and dairy free chocolate chips (v)

6 for \$7.50; 12 for \$12.00

Apple Fritters-Vanilla Iced or rolled in Cinnamon & Sugar

12 for \$14.00

Cake Donuts- Vanilla glazed; Chocolate glazed; Powdered Sugar; or Cinnamon & Sugar

6 for \$9.00; 12 for \$16.00

Cinnamon Rolls - Gluten-free not guilt-free! 4 for \$7.75

Jam Bellied Scones-Raspberry, Organic Strawberry, Organic Passion fruit Mango Orange or Blackberry center 6 for \$12.00

<u>Muffins-</u> Features Amaranth flour , gf oat bran , and organic yogurt

Flavors: Pumpkin Spice Pecan, Blueberry Chia, Banana Chocolate Chip,

Orange scented Cranberry Walnut, Lemon Poppy Seed, Apricot Strawberry,

Apple Cinnamon and Cherry Acai 6 for \$13.50; 12 for \$26.00

Flourless Brownie (made with organic garbanzo beans)(df) 6 for \$13.50; 12 for \$26.00

Pumpkin Spice- Sweetened only with organic dates (v) 6 for \$13.50; 12 for \$26.00

Dessert Bars

Shortbread - Organic Strawberry, Organic Mango Orange Passion fruit, Raspberry or Lemon \$15.00 for 9 Bars

Pumpkin Chocolate Chip Squares – Moist and cake like (v) \$16.75 for 9 Bars

Pumpkin Cranberry Squares – Moist and cake like (v) \$16.75 for 9 Bars

Junk in the Trunk Krispy Treat— Organic Brown rice "krispies" with organic peanut butter, homemade caramel, toasted pecans, gf pretzels and chocolate 6 for \$13.75; 12 for \$27.00

I Want S'more Please Brownie– *Campfire in a brownie! Graham cracker crust, melty chocolate middle, toasted marshmallow on top* 6 for \$12.50; 12 for \$25.00

(df) = dairy-free

(v) = vegan



Dessert Bars—Continued

Salted Caramel Blondie- Caramel, Buttery goodness with a touch of sea salt 6 for \$8.75; 12 for \$17.50

Peanut Butter Chocolate Bars-Moist, shortbread texture with a swirl of

organic peanut butter and chocolate 6 for \$8.75; 12 for \$17.50

Oatmeal Turtle Bars – Caramel, Pecans, Chocolate, GF Oats...YUM! 6 for \$8.75; 12 for \$17.50

Vegan Double Dark Chocolate Brownies (v)- chocolate overload! 9 for \$15.00

Chickpea Tahini Blondies – GF Oat flour, organic chickpeas with homemade tahini, moist and cake like 9 for \$12.00

Breads

Artisan Rolls- Dried Heirloom Tomato and Basil or Asiago Italian Herb 4 for \$5.75

Focaccia- Plain or Italian \$5.00 each (df)

Buttermilk bread \$8.75 a loaf

Dinner rolls 6 for \$6.75; 12 for \$13.00

Hamburger/Deli buns 6 for \$8.75

(df) = dairy-free

(v) = vegan





Cookies

Cowboy-Ground gf Oats, chocolate chips and walnuts

Cowgirl-Ground gf Oats, and chocolate chips

Jack's – Dark cocoa base with milk chocolate, bittersweet chocolate and white chocolate chips. A chocolate connoisseur's dream!

Sugar- Plain or frosted

Snickerdoodles- Classic recipe rolled in cinnamon and sugar

Oatmeal Raisin-GF Oats with organic raisins

Grain-free Double Ginger-Almond meal, organic coconut flour, organic coconut sugar and freshly ground ginger

Pumpkin Chocolate Chip

Coconut, Cranberry, White Chocolate Macarons

Trail Mix Cookies—GF Oats, organic chia seeds, sunflower seeds, dried cranberries and chocolate chips

6 for \$10.00; 12 for \$16.00

Pies

*9" Fruit –Flavors: Apple, Cherry, Blueberry, Blackberry, Raspberry and Strawberry Rhubarb \$16.50

5" Individual Fruit \$9.75

9" Salted Caramel-Chocolate Pecan \$24.00

5" Individual Salted Caramel-Chocolate Pecan \$12.75

*Please Note: Raspberry, Blackberry and Strawberry Rhubarb are available during berry season (end of June to end of August). We are more than happy to bake them out of season but may need to adjust the price to accommodate the out-of-season fruit prices.

<u>Galettes</u>

French for freeform pastry or crust. Rustic in appearance, with beauty that is unique to each one created. The crust is lightly dusted with organic sugar for an extra bit of sweetness.

Flavors: Blueberry Honey-Lavender, Apple Cinnamon, Cherry Vanilla, Raspberry Cardamom and Strawberry Rhubarb Cinnamon \$12.75 Each



(v) = vegan





Cupcakes

Double Dog Dare Ya– Dark chocolate cake, with a hint of espresso, topped with chocolate ganache

The Razmataz– *Vanilla cake topped with raspberry buttercream (made with organic raspberries)*

The Poconut— Coconut cake, filled with pineapple buttercream, topped with coconut buttercream and a sprinkle of toasted, raw, organic coconut

Keep It Simple- Vanilla cake with vanilla bean buttercream frosting

Somethin' Pumpkin - Pumpkin spice cake with maple pumpkin spice buttercream

Java Joe– Espresso cake with a twist of vanilla bean and coffee buttercream, drizzled with caramel and topped with a dark chocolate dipped, organic coffee bean

Pucker Up Baby- Lemon cake topped with lemon buttercream

Chunky Monkey– Banana cake topped with peanut butter buttercream (made with organic peanut butter), a dark chocolate drizzle and a bittersweet chocolate chip

The Canadian Bunny- Carrot cake (made with organic carrots) with toasted pecans topped with maple buttercream

The Salty Dog– Dark chocolate cake, with a hint of espresso, topped with a caramel buttercream, a drizzle of hand made caramel and a smattering of sea salt

Summer's Here—Lemon cake topped with raspberry buttercream (made with organic raspberries)

Winter's Coming– Chocolate peppermint cake topped with chocolate ganache, white chocolate peppermint buttercream and a sprinkle of peppermint candy

The Ciao Bella— Browned butter cake topped with strawberry balsamic buttercream with a drizzle of strawberry balsamic reduction

6 for \$13.50; 12 for \$27.00

Mini Cupcakes 12 for \$12.00; 24 for \$24.00





Cake Batter **Frostings Available Sizes** Chocolate Ganache Carrot/Spice Two layer 6 inch Caramel **Dark Chocolate** Two layer 8 inch Coconut Chocolate Two layer 10 inch Coconut Lemon Two layer 12 inch Lemon Raspberry Vanilla bean Vanilla Maple Pumpkin Spice

Espresso Peanut butter

Banana White Chocolate Peppermint

Maple Pumpkin Spice

Coffee

Not seeing what you like? I will be happy to create a customized gluten-free confection tailored to your specific tastes!

All cakes are special order, please call for pricing!



