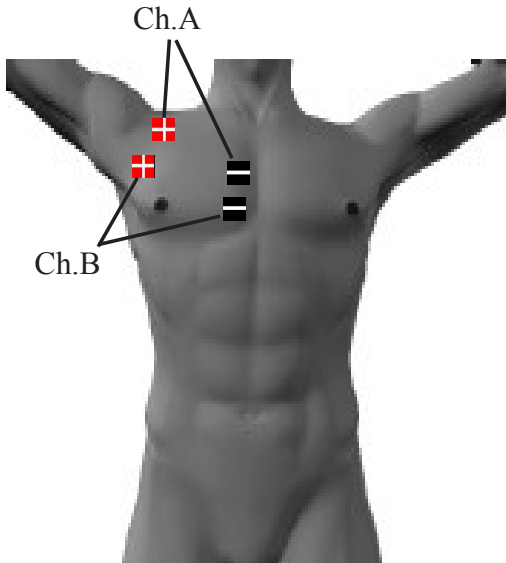
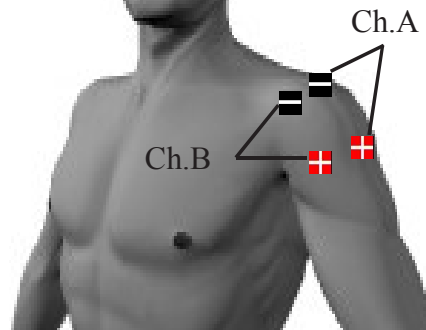


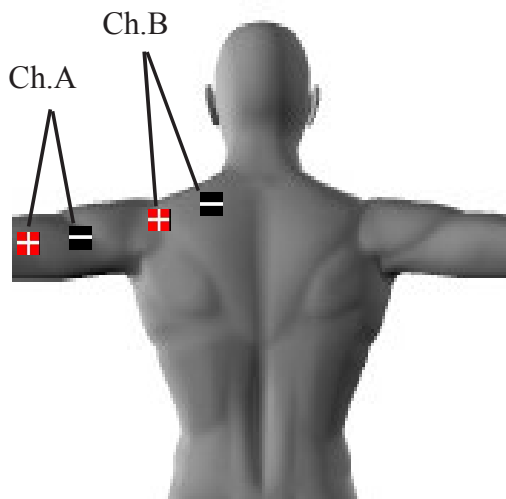
Electrode Placement (EMS)



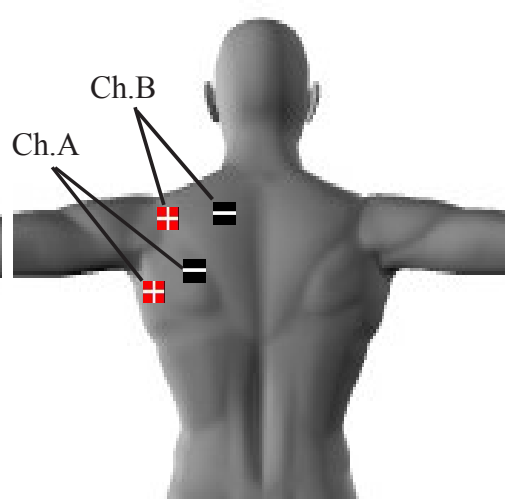
Pectoralis



Deltoids

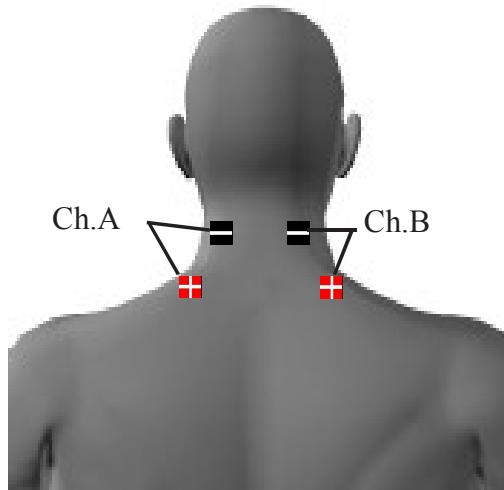


Shoulders

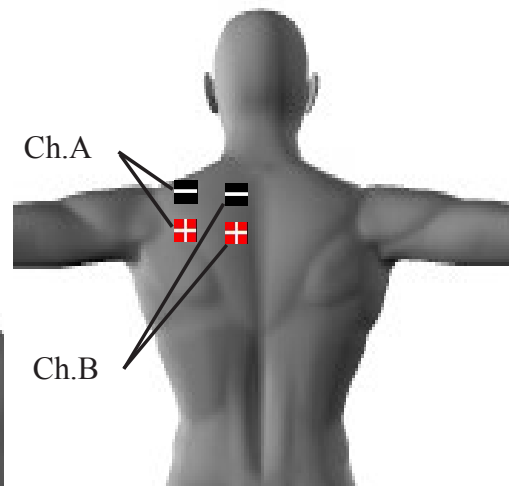


Trapezius

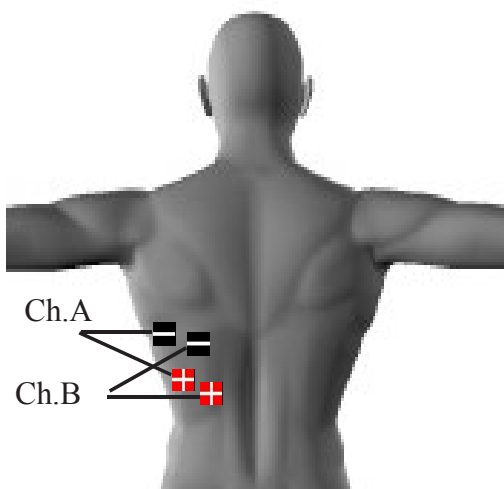
Electrode Placement (EMS)



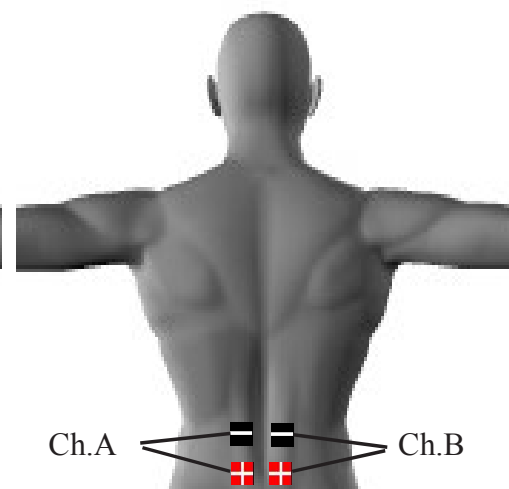
Neck



Upper back

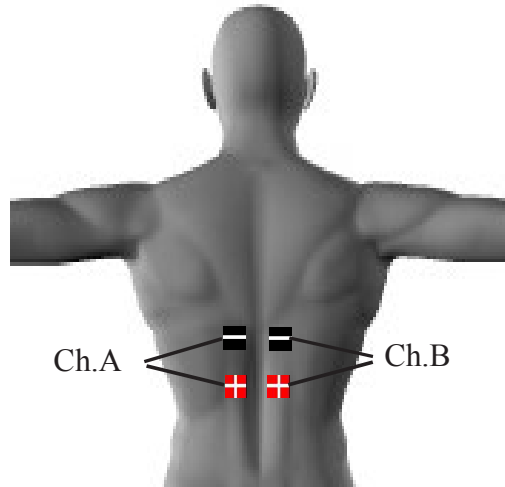


Latissimus dorsi

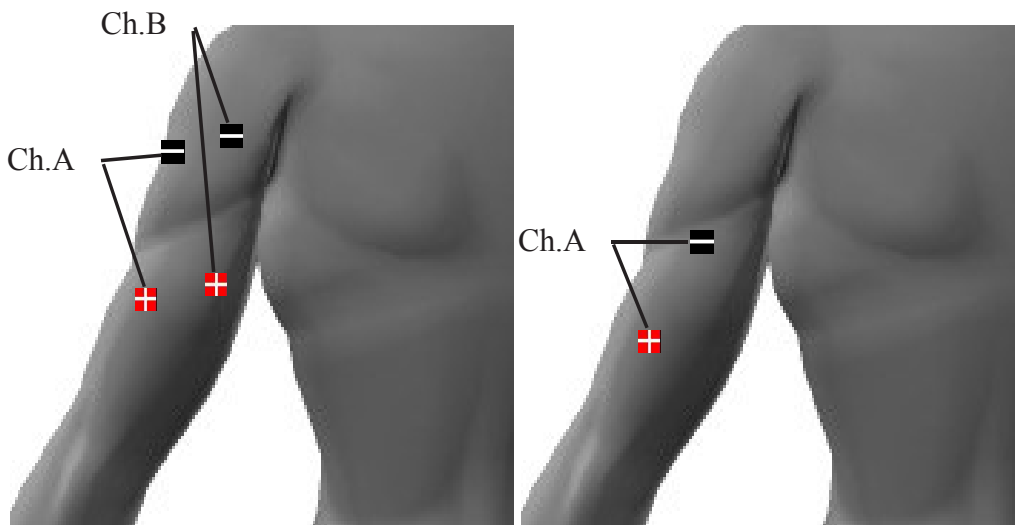


Lower back

Electrode Placement (EMS)



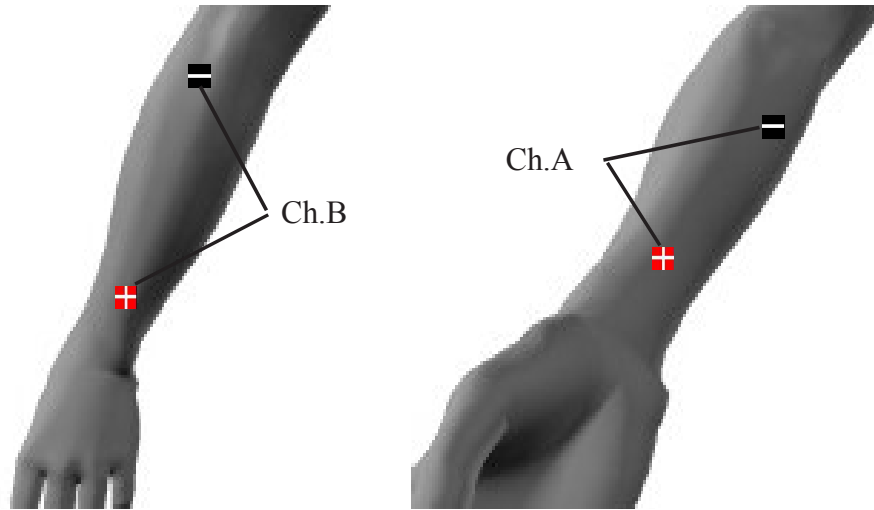
Erector spinalis



Triceps

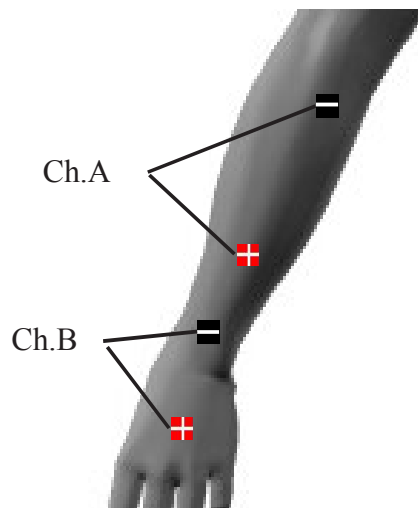
Biceps

Electrode Placement (EMS)



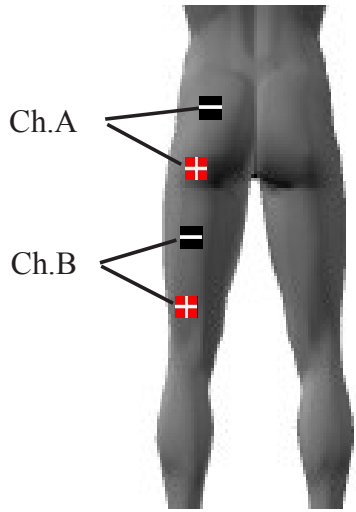
Extensor of the wrist

Flexor of the wrist

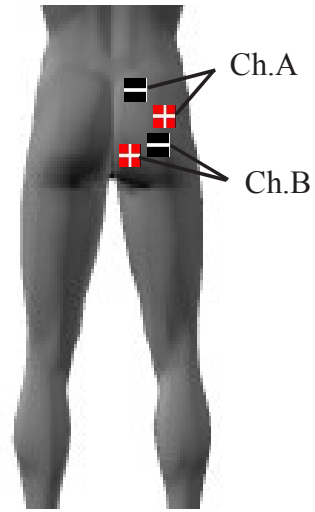


Wrist

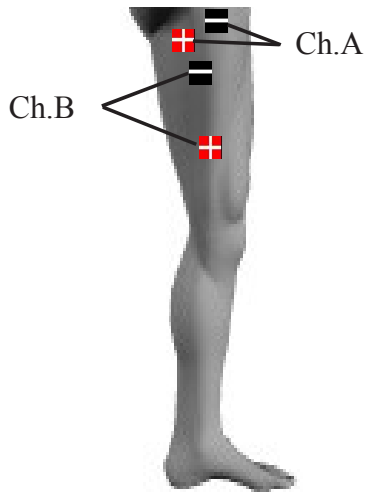
Electrode Placement (EMS)



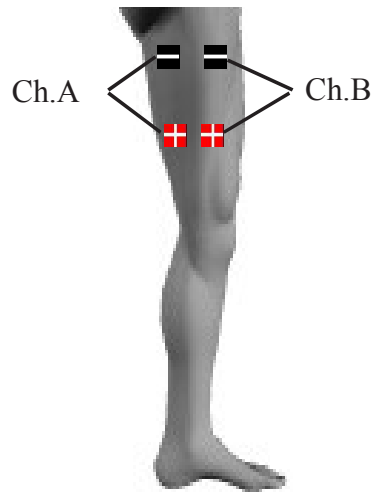
Gluteus & legs



Gluteus

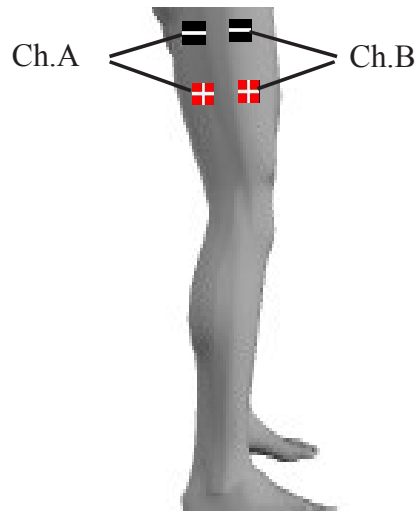


Adductors

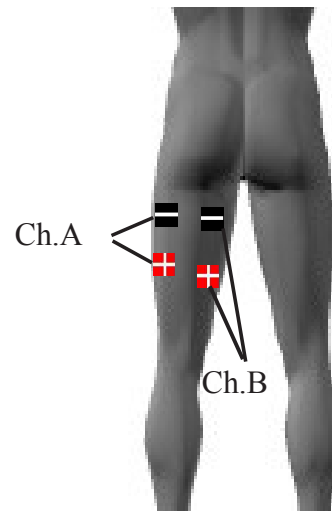


Inner thigh

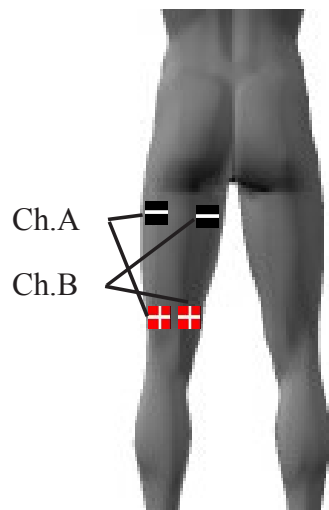
Electrode Placement (EMS)



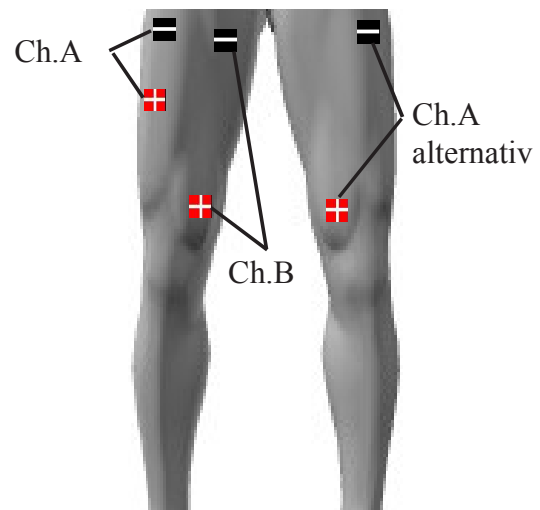
Outside thigh



Femoral biceps

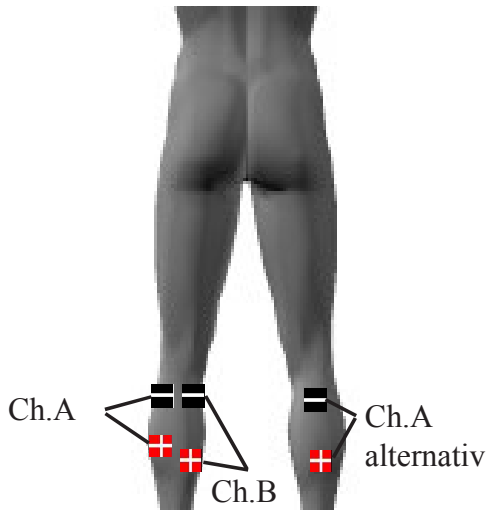


Ham Strings

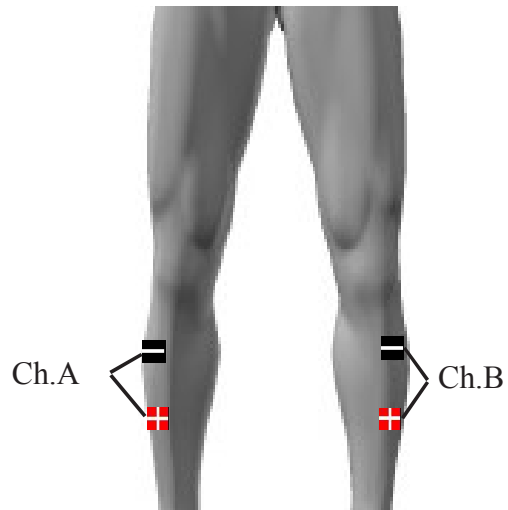


Quadriceps

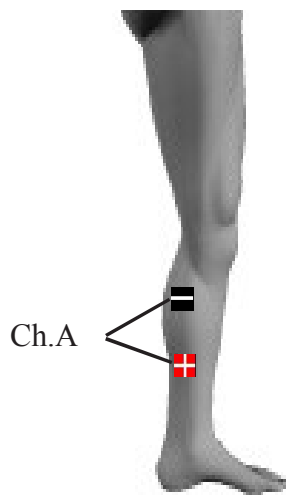
Electrode Placement (EMS)



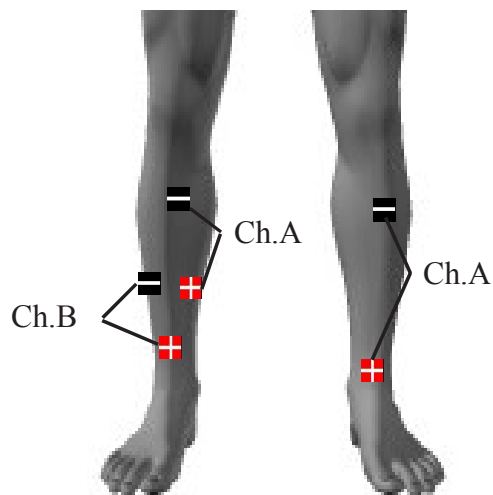
Calve



Tibialis anterior

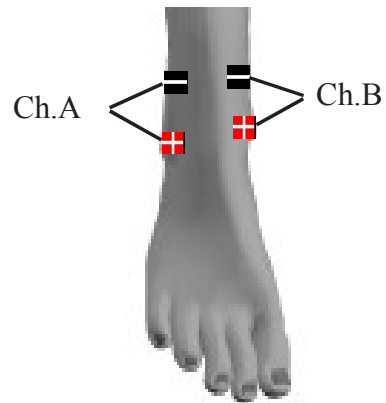


Tibialis posterior

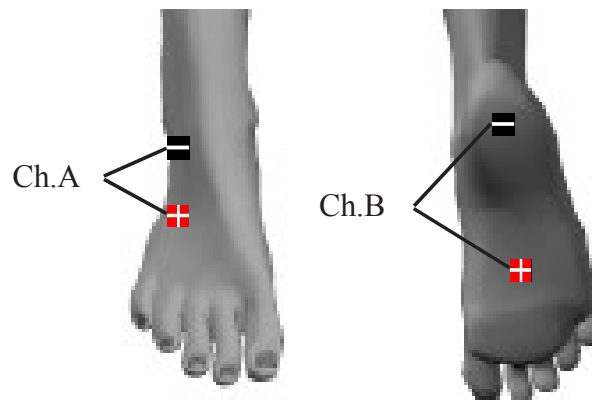


Foot lifter

Electrode Placement (EMS)



Ankles



Metatarsus