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Photo courtesy of the Midtown Association

## 2023 FARMERS' MARKET GUIDE



Fill your basket with farm-fresh finds, local eats and handcrafted goodies at these 13 farmers' markets around the region. Here is our curated guide for your next bountiful trip.

### Denio's Farmers Market & Swap Meet

Grab your walking shoes and a fresh-made corndog (a Denio's specialty for over 60 years), because it's time to hit the market. Grown from its humble 1947 street-corner origins, the Denio's of today—now run by the titular family's third generation—is a year-round 70-acre cornucopia of the tasty, fresh and intriguing, complete with more than 500 booths and a football field-sized produce area. Every weekend, seek out special finds like dragon and star fruit from decades-long Denio's-mainstays The Jacob's Brothers, follow the alluring waft of morsels like barbequed chicken from Bendito Antojo, or settle in for live performances at the Market Plaza stage. Friday through Sunday, year-round. Hours vary. Vineyard Rd. Roseville. 916-782-2704. [deniosmarket.com](http://deniosmarket.com)

### Downtown Farmers' Market at Capitol Mall

If you work in downtown Sacramento, take a break from the office and your brown-bag lunch to visit one of a dozen food trucks and tents—such as Gyro2Go, The Fry Boys and Boba & Bites. Grab a canned cold brew from Burnside Coffee and a deliciously flaky and flavorful ham and cheese croissant from Faria Bakery for a convenient and satisfying mid-morning snack. Cross to the north side of Capitol Mall to peruse local growers' offerings and stock up on oranges, peaches, fruits and nuts from J&J Ramos Farms, summertime cherries from Gotelli Farms, and seasonal vegetables and flowers from Moua Farm. Wednesdays through Sept. 27. 10 a.m.-1 p.m. Capitol Mall. 916-442-8575. [godowntownsac.com](http://godowntownsac.com)

### Davis Farmers Market

The Davis Farmers Market has been lauded as one of the best in the country, and boasts fresh produce like grapes from Capay Canyon Ranch and figs from Winters-based Free Spirit Farms at its Saturday market. For the evening crowd, the Picnic in the Park takes place on Wednesday nights, and includes farm-fresh eats along with a beer and wine garden featuring drinks from Davis breweries and wine from Clarksburg-based winery Heringer Estates. There's also live music through mid-September, and kid-centric activities including a balloon artist, outdoor games and face painting. Saturdays year-round. 8 a.m.-1 p.m. Wednesdays, 4-8 p.m. through mid-Sept. and 3-6 p.m. through mid-May. Davis Central Park. 301 C St. Davis. 530-756-1695. [davisfarmersmarket.org](http://davisfarmersmarket.org)



Photo courtesy of Denio's Farmers Market and Swap Meet



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### El Dorado Hills Town Center Farmers' Market

Peruse the stands of around 50 local produce, craft and snack purveyors at the El Dorado Hills Town Center, such as regional stalwarts Coalwell's Red Shack, which offers a variety of fruits from freestone peaches to Morettini pears. Stop by Thao Farms, a vendor of 33 years, for a selection of vegetables. If your stomach can't wait for you to get home and cook up your market goods, try a taste of the house-made dishes from Gold River-based The Pasta Queen—offering a variety of fresh pastas—or grab a bite and brew from one of the nearby eateries like Selland's Market-Cafe and Aji Japanese Bistro. Sundays through Oct. 29. 8 a.m.-1 p.m. Town Center Blvd. at Latrobe Rd. El Dorado Hills. 530-622-1900. [eldoradofarmersmarket.com](http://eldoradofarmersmarket.com)

### Fountains at Roseville Farmers' Market

Bring the kiddos to this Tuesday market at Fountains at Roseville (outside of Peet's Coffee and Whole Foods), where youngsters can catch a free ride on a miniature locomotive (when weather and crowds permit) and play in the plaza's water fountains. Drop by Dutch Girl Provisions for a delectable sweet treat from the Rocklin-based baker. Grab a cut from Sanford Beef to cook later, or get a bite from purveyors like Han Yu for Taiwanese food or Mi Fiesta for Mexican. Stock up on heirloom tomatoes from Pilz Produce and fresh-picked fruits from Twin Peaks Orchards, with seasonal selections like peaches in the summer and persimmons in the fall. Tuesdays year-round. 8:30 a.m.-1 p.m. Galleria Blvd. and East Roseville Pkwy. Roseville. [placergrown.org](http://placergrown.org) [info@placerefarmersmarket.com](mailto:info@placerefarmersmarket.com)

### The Market at Grass Valley

Go for healthy groceries, stay for indulgent snacks. Stop by the Xiong Family Farms stand for a variety of vegetables, from beets and carrots to eggplant and tomatoes, and grab some seasonal watermelon and a bouquet of flowers from Robertson Family Farm. After you're stocked up, grab a hot meal from Italian Brothers Pizza, a New York-style hot dog or a sweet treat from Nevada City-based Gold Rush Cookie Company. Make it an extra special evening with a stop by Cork 49, which offers wines from around the world, beer and charcuterie boards and hosts live music every Thursday. Thursdays through Oct. 26. 4-7 p.m. Mill St. between Neal and Bank streets. Grass Valley. 530-272-8315. [downtowngrassvalley.com](http://downtowngrassvalley.com)



Photo courtesy of the Midtown Association



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<b>Sunrise Mall Farmers Market</b> Open Year-Round Saturdays, 8 am - 1 pm 6041 Sunrise Blvd Citrus Heights, CA (In front of Sunrise Mall)	<b>Sutter Street Market</b> Open Year-Round Sundays, 9 am - 2 pm 700 Block on Sutter Street Folsom, CA	<b>Historic Folsom Farmers Market</b> Open Year-Round Saturdays, 8 am - 1 pm 915 Sutter Street Folsom, CA (Historic Folsom Plaza)
<b>Mahany Park Farmers Market</b> Open Year-Round Sundays, 9 am - 1 pm 1545 Pleasant Grove Blvd Roseville, CA	<b>Folsom Palladio Farmers Market</b> Open Year-Round Wednesdays, 9 am - 1 pm 260 Palladio Pkwy, Folsom, CA (Whole Foods/Kirkland Shopping Center)	

Visit our website for more event information [ILoveMyFarmersMarket.com](http://ILoveMyFarmersMarket.com)  
For vendor information please email us at [admin@livingsmartmarket.com](mailto:admin@livingsmartmarket.com)

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(916) 371-7000 [sac.centric@hyatt.com](mailto:sac.centric@hyatt.com)

### Historic Folsom Farmers Market

With 80 to 100 sellers opening shop each week, there's something tasty for everyone. Beat the summer heat at this foothills market with strawberries and raspberries from Rodriguez Farms, and pick up some organic veggies for the week. If you want to drink your fruit, sip a handcrafted smoothie (or opt for one of the thicker bowls) from Fruit Frenzie, with flavors like mango, dragon fruit and strawberry-banana. Grab a meaty morsel from local favorite Hensleigh Healthy Beef, whose grass-fed cows graze a parcel near Elder Creek and Bradshaw Road, or Alaskan flash-frozen fish from Roseville-based Fresh-Way Fish. And if you're hungry for lunch, grab a fresh pie from Robert's Pizza Oven. Saturdays year-round. 8 a.m.-1 p.m. Historic Folsom Plaza. 915 Sutter St. Folsom. 916-484-7000. [historicfolsom.org](http://historicfolsom.org)

### Midtown Farmers Market

This Saturday market staple stays hopping all year with around 200 purveyors—from farmstands by Golden Acorn Farm, Jacob's Farm and flower growers Contreras Farm to booths of bites from dozens of vendors like the VolksWaffle. Shop vintage clothes, handmade jewelry, kitchen items and much more in the boutique sections of the market. Local musical acts perform each week in Market Square (20th and K Streets), and each second Saturday features more musicians in a different part of the market. Take the youngsters to visit the Market Square for kids' activities like Jenga, cornhole and sidewalk chalk every week. Saturdays year-round. 8 a.m.-1 p.m. March through Oct. and 9 a.m.-1 p.m. Nov. through Feb. 20th St. between J and Capitol, and K St. between 19th and 21st streets. 916-442-1500. [exploremidtown.org](http://exploremidtown.org)

### Oak Park Farmers Market

After a sabbatical in 2022, the popular Oak Park Farmers Market is bouncing back with help from a \$500,000 grant. Roughly 2,000 people flocked to the market's reopening in June, shopping for favorites like RHJ Organics' mouth-watering strawberries. Visitors can pick up fruits and veggies from Six O'Clock Farm, or a loaf of locally made organic sourdough from Andy.Bakes.Bread., one of the market's newest vendors. Catch

cooking demonstrations by local chefs each second Saturday of the month—a return of some of the market's popular educational programming. Saturdays through mid-Nov. 9 a.m.-1 p.m. McClatchy Park. 3500 5th Ave. 916-704-2843. [opbd.org](http://opbd.org)

### Old Town Auburn Farmers' Market

Soak up the sun or an occasional set from local musicians as you fill your bag with organic produce like greens and melons from Natural Trading Company, or a diverse range of veggies from Oaksides Farms, based in Loomis. Look for Bella Familia Wood Fired Pizza and its mobile kitchen trailer slinging fresh pizzas based on family recipes that often incorporate market-sourced ingredients. Saturdays year-round. 8 a.m.-12 p.m. Old Town Courthouse. 150 Auburn Folsom Rd. Auburn. [placergrown.org](mailto:placergrown.org) [info@placergrowersmarket.com](mailto:info@placergrowersmarket.com)

### Sacramento Central Farmers' Market

While shopping under Highway 50, which served as the canvas for one of Sacramento's largest murals, *Bright Underbelly*, you just might spot local top chefs like Randall Selland, who frequents this year-round market. With roughly 75 growers, ranchers and producers, you can get the bulk of your shopping done for the week at this bustling market, which recently returned to downtown Sacramento after temporarily relocating to Arden Fair mall in 2021. The area's oldest farmers' market has been a mecca for Sacramento foodies since 1980. Sundays year-round. 8 a.m.-12 p.m. Between 6th and 8th streets and X and W streets. 916-688-0100. [marketlocations.com](http://marketlocations.com)

### Sunrise Farmers' Market

Hop off the Gold Line at Sunrise Station on a Saturday morning to reach the only regional farmers' market directly accessible by light rail. Traverse the roughly 25 vendors doling out local products like Bari-ani Olive Oil's balsamic vinegar (which is crafted with cabernet and zinfandel grapes from Yolo County) and olive oils, or Winters Fruit Tree's roasted nuts in varieties ranging from cheddar jalapeño almonds to chili lime pistachios, and specialty spreads like salted crunchy almond butter and cocoa nut butter. Saturdays year-round. 8 a.m.-12

p.m. Sunrise Light Rail Station. Folsom and Sunrise Blvd. Rancho Cordova. 916-688-0100. [marketlocations.com](http://marketlocations.com)

### Woodland Farmers Market

Visit this market for your weekly produce supply and you may leave with something extra. Pick up a rustic herbed loaf or satisfy your sweet tooth with a cookie from local bakery Eat Em's Eats. Stop by the El Rey Chile Company booth for their popular fire-roasted Hatch New Mexico green chile, and

shop their line of salsas and seasonings. With one market purchase from any vendor, you're entered into the weekly raffle for a basket of farmers' market goods. Give your brain a snack at the Woodland Public Library, where kids can settle into story time every Saturday morning. Let your tots load up on nutritious foods at the kids' market—a free, biweekly event that shows little ones how to "shop" for fruits and veggies. Saturdays through Sept. 26, roughly. 9 a.m.-12 p.m. Woodland Public Library. 250 First St. Woodland. 530-666-2626. [thewoodlandfarmersmarket.org](http://thewoodlandfarmersmarket.org)

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