



# Marissa Liana Nutrition

Whether you're seeking help with weight loss, digestive health, sports nutrition, or disease prevention, each client is individually evaluated by a professional Holistic Nutritionist and provided with a well-researched and comprehensive plan they can follow for the rest of their lives. Whether you're looking for nutritious recipes, or you need professional guidance in order to address a specific health issue.

**MARISSA LIANA IS READY TO HELP YOU REACH YOUR DIETARY GOALS TODAY.**  
 www.marissaliana.com ~ Instagram: @marissaliana ~ email: is.marissaliana.cnp@gmail.com

**Marissa Liana, CNP, BHSC Kin**

*Become Rooted In the Realm of Health that Mother Nature Intended*

## CANADA DROPS FROM THE TOP IN COUNTRY REPUTATION SURVEY

Declines in perceptions of government, economy & environment drop Canada to seventh place

Canada has lost the title of the world's most reputable country, according to the world's largest survey of country reputations, with declines in perceptions of the nation's government, economy and environment.

After six years in first or second place, Canada has fallen to seventh in the Reputation Institute's annual Country RepTrak® rankings, based on more than 58,000 individual ratings among the general public in the G8 economies.

Sweden tops this year's rankings, followed by Finland, Switzerland, Norway, New Zealand and Australia.

"Since reputation has a huge economic impact, so do changes in the perceptions of potential visitors and investors," said Daniel Tisch, President and CEO of Argyle Public Relationships, one of Canada's foremost reputation management experts. "After celebrating the top ranking on our 150th birthday in 2017, we've seen a dip in international perceptions of our government, economy and environment. While Canada remains widely respected and

admired, this is a wake-up call that we can never take our global reputation for granted." Canada: Still among the leaders, but down in all categories Canada's overall score declined by 3.5 points, from 82.8 to 79.2, with the largest drop (2.9 points) in perceptions of its government.

"Canada's reputation is still strong, but the drop correlates with a decline in perceptions of effective government and a lessening of the belief that Canada has an advanced economy that can compete on a global scale," said Stephen Hahn-Griffiths, Chief Reputation Officer at the

Reputation Institute. "Not only did the reputation of Canada fall among the general population who reside in other leading economies, but it also fell amongst Canadians."

The economic impact of country reputation is significant, with each one-point increase in country reputation score correlating with a 0.9% annual increase in the number of tourists per capita and a 0.3% rise in export rates.

The study also revealed that underlying feelings of geopolitical tension, nationalism, and social unrest have resulted in an overall decline in country reputation and support worldwide.

USA: Strong scores for business, weak scores for government

For Canada's American neighbours, the news is mixed: the U.S. has strong scores for its well-known brands (79.9), technological advancement (77.7) and natural beauty (77.6), but weak perceptions of its ethics, transparency and corruption levels (49.6), effectiveness of its government (49.8) and efficiency (51.6). While overall U.S. reputation has rebounded slightly in the last year (1.7 points), the nation's reputation is down significantly (7.7 points) since President Trump's election, with a seven-point drop among Americans themselves.

**Who's on top?**  
 With almost universally excellent reputation scores,

Sweden is seen as the world's most ethical country, with high transparency and low corruption, as well as the country with the most progressive social and economic policies. Right behind Sweden, Finland is the highest climber, rising from #7 to #2.

The top 10 most reputable countries in 2018 are:

- Sweden
- Finland
- Switzerland

- Norway
- New Zealand
- Australia
- Canada
- Japan
- Denmark
- Netherlands

To access the full list of the most reputable countries please visit:  
[https://www.reputationinstitute.com/2018\\_country\\_rep-trak](https://www.reputationinstitute.com/2018_country_rep-trak)

**"Where Quality and Service Come First!"**

**AUSTIN SMITH**  
 CARPET & UPHOLSTERY CLEANING COMPANY

**"Where Quality and Service Come First"**

**Furniture, Loose Rugs  
 Wall to Wall Carpet!**

Durham's **ONLY Rug Cleaning Plant**

**Pick-Up & Delivery Available!**  
*Serving Oshawa and Durham Since 1959*

**174 Mary Street N**  
 (Just South of Adelaide)

**SPECIALIZING IN CLEANING OF ORIENTAL RUGS**

**905-576-6222**

### Municipal Solutions

**Development Services and Project Management**

What we do:

- Development approval and permit expedition
- Planning Services: from Official Plan Amendments/Rezoning to Planning Justification Reports
- Engineering Services
- Architectural Services: Commercial/Industrial and Residential drawings
- Minor Variance/Land Severance
- Building Permits: BCIN Qualified

"We cut through the red tape so you don't have too!"  
 For more information please visit us at [www.municipal-solutions.ca](http://www.municipal-solutions.ca) or Call (905)441-0791

# GRAND RE-OPENING SALE

0% Financing Available

[www.hyattfurniture.ca](http://www.hyattfurniture.ca)  
 NO PAYMENT FOR 1 YEAR  
 \*see instore for details

<p><b>MATTRESS &amp; BOX INCLUDED</b></p> <p><b>CHOICE OF COLOR</b></p> <p>All 8 Pcs. <b>BEDROOM SET</b>                  Bed, Dresser, Mirror, 2 Nite Tables, Double Mattress &amp; box with Frame  <b>From \$598</b>                  Reg. \$798</p>	<p><b>Super Special</b></p> <p>All 2 pcs <b>Comfort Design Sofa, Love Seat</b>  <b>From \$998</b>                  Reg. \$1298</p>	<p><b>CHOICE OF COLOR</b></p> <p>All 6 Pcs <b>Designer Bedroom Set</b>                  Dresser, Mirror, Chest, 2 Night Table, Queen Headboard  <b>From \$698</b>                  Reg. \$1198</p>	<p>All 7 pcs <b>Solid Wood Table &amp; 6 Chairs</b>  <b>From \$498</b>                  Reg. \$798</p>	<p><b>10 SETS PER STORE</b></p> <p>All 7 pcs <b>Sleigh Bedroom Set</b>  <b>From \$798</b>                  Reg. \$1198</p>	<p>All 2 pcs <b>Sectional Sofa</b>                  Fabric, Black Leatherette  <b>From \$498</b>                  Reg. \$798</p>		
<p>All 2 Pcs <b>Sectional Sofa Bed</b>                  Reversible Storage Chaise                  Grey, Brown, Red  <b>\$698</b>                  Reg. \$998</p>	<p>All 7 pcs <b>Glass Top Dinette</b>                  Table + 6 Chairs  <b>\$398</b>                  Reg. \$798</p>	<p>All 3 pcs <b>Sectional Sofa</b>                  Table + 6 Chairs  <b>\$698</b>                  Reg. \$998</p>	<p><b>LIMITED QUANTITY</b></p> <p><b>Elegant Pub Dining Set</b>                  Table + 6 Chairs  <b>From \$998</b>                  Reg. \$1698</p>	<p><b>CHEST &amp; EXTRA NIGHT TABLE AVAILABLE</b></p> <p><b>Modern Designer Bedroom Set</b>                  Dresser, Mirror, Queen Bed, 1 Night Table  <b>Now Only \$1398</b></p>	<p><b>LIMITED QUANTITY</b></p> <p>2 Pcs <b>Recliner Sofa Set</b>                  Sofa, Love Seat  <b>From \$998</b>                  Reg. \$1698</p>		
<p><b>LIMITED QUANTITY</b></p> <p><b>Sectional Sofa Bed</b>  <b>From \$498</b></p>	<p><b>FROM \$398</b>                  Reg. \$498</p> <p><b>CHOICE OF COLOR</b></p> <p><b>ALL 6 PCS BEDROOM</b>                  DRESSER, MIRROR, HI/BOARD, CHEST, 2 NI-TABLE</p>	<p><b>Super Special</b></p> <p><b>WOOD/METAL SINGLE BED</b>                  Double Bed: \$168  <b>From \$128</b>                  Reg. \$168</p>	<p><b>FROM \$268</b>                  Reg. \$398</p> <p><b>METAL BUNK BED</b>                  (WHITE/BLACK)</p>	<p><b>10 SETS PER STORE</b></p> <p><b>FROM \$198</b>                  Reg. \$368</p> <p><b>ALSO SINGLE &amp; DOUBLE</b></p> <p><b>ELEGANT PU BED</b>                  (QUEEN BED)</p>	<p><b>FROM \$298</b>                  Reg. \$498</p> <p><b>MARBLE FINISH DINETTE</b>                  TABLE + 4 CHAIRS</p>	<p><b>Super Special</b></p> <p><b>FROM \$498</b>                  Reg. \$798</p> <p><b>CHOICE OF COLOR</b></p> <p><b>SOFA, LOVESEAT, CHAIR</b>                  ALL 3 PCS</p>	<p><b>SPECIAL BUY</b>  <b>FROM \$98</b></p> <p><b>LARGE DESK W/ FILE CABINET</b></p>

**HYATT FURNITURE CLUB**  
 1810 Midland Ave. Scarborough  
 (416) 298-1168 (Midland & Ellesmere)  
Present this flyer for the sale price. Not applicable on previous purchase.

**STORE HOURS**  
 Mon. - Fri. 10 am - 8 pm  
 Sat. 10 am - 6 pm  
 Sun. 11 am - 5 pm

Hwy. 401	
Ellesmere Rd.	
Kennedy Rd.	HYATT FURNITURE CLUB
Midland Ave.	
Brimley Rd.	