

RESOURCES

National Center for Victims of Violent Crimes victimsofcrime.org, (202) 467-8700, info@victimsofcrime.org, help victims of crime rebuild their lives.

Mountain Community Resources Free shower, laundry, and locker services, counseling, food bank, and public benefits enrollment assistance, 6134 Highway 9, Felton, drop-in hours Mon & Th 9am-4:30pm (closed 12-1pm), Tues and Wed 9am-3pm (closed 12-1pm), by appointment Mon-Fri 9am-4pm, (831) 335-6600

DOMESTIC VIOLENCE

Walnut Ave. Family & Women's Center Domestic violence support for families & people of all genders, 303 Walnut Ave., (831) 426-3062, 24 hr (866) 269-2559

Monarch Services 24hr. Domestic Violence & Rape Hotline (888) 900-4232

Community Solutions 24-hr domestic violence / sexual assault / human trafficking hotline & shelter referrals 877-363-7238

LEGAL

Tenant Sanctuary Info/counseling about tenant rights. 703 Pacific Ave: Mon 3-6pm, Wed 4-6pm & 7-8pm, Fri 10am-2pm. 1740 17th Ave (Live Oak Community Resource Center): Wed 10:30am-2:30 pm. (831) 200-0740, info@tenantsanctuary.org

Main Jail (831) 454-7800

Public Defender (831) 429-1311 (831) 466-6078

Court Date Textline (831) 208-5170 (text case number)

California Rural Legal Assistance (831) 724-2253

Senior Legal Services (831) 426-8824

Tenants Together Rights Hotline (888) 495-8020

Community Bridges Eviction Defense Collaborative (831) 288-2148

STUDENT RESOURCES

Cabrillo Students rowest@cabrillo.edu **UCSC Students** (831) 459-4446, deanofstudents@ucsc.edu, crisis line (831) 459-2628 **UCSC Care** Domestic violence, sexual harassment, etc. support, (831) 502-2273, care@ucsc.edu **UCSC The Cove** (above OPERS East Field next to Cowell's Provost's House) Harm reduction, recovery meetings & peer-to-peer support, M-F 10am-5pm, jbru@ucsc.edu

MEALS/FOOD

Valley Churches United, 9400 Highway 9, Ben Lomond, Food pantry for SLV, Scotts Valley & Bonny Doon residents Tu, W & Th 9-11:45am, Food pantry for seniors (62+) 1st & 3rd Friday of every month 9-11am, (831) 336-8258 **Felton Presbyterian Church**, 6090 Highway 9, Felton, Coffee, donuts & lunch Tuesdays 10am-12pm, (831) 335-6900 **San Agustin Catholic Church**, 257 Glenwood Dr, Scotts Valley, Food pantry Wednesdays 11am-2pm, (831) 438-3633 **Mountain Community Resources**, 6134 Highway 9, Felton, Food pantry Thursdays 10:30-11:30am, (831) 335-6600 **St. John's Catholic Church**, 120 Russell Ave (at Highway 9), Felton, To-go lunch Thursdays 11am-1pm **St. Philip's Episcopal Church**, 5271 Scotts Valley Dr, Scotts Valley, Food pantry Thursdays 5-6:30pm, (831) 438-4360 **GateWay Bible Church**, 5000 Granite Creek Rd, Scotts Valley| Food pantry Fridays 5-6pm, (831) 438-0646 **Ss Peter & Paul Orthodox Church**, 9980 Highway 9, Ben Lomond, Lunch last Sunday of every month 2-3pm (to-go also available), (831) 336-2228

Redwood Christian Center, 6869 Highway 9, Felton, Free lunch Sunday June 25, Aug 27, Oct 22, Nov 12 & Dec 10 12:15-2pm, (831) 335-5307

Grey Bears Healthy Food Program, Weekly bag of produce & staples for seniors (55+) to be picked up in Boulder Creek, Ben Lomond, Felton, or Scotts Valley, Delivery available for disabled seniors (50+), \$30 annual fee, scholarships available, (831) 479-1055, greypears.org/online-membership-form/

Meals on Wheels, Meal delivery for seniors (60+), \$2.50 requested donation per meal, (831) 464-3180, ext. 100, communitybridges.org/mealsonwheels

Highlands Park Senior Center, 8500 Highway 9, Ben Lomond, Lunch for seniors (60+) weekdays 12-1pm, (831) 336-5366

Santa Cruz Farmers' Markets, 120 Russell Ave, Felton (Tuesdays 1:30-5:30pm, May-Oct), 5060 Scotts Valley Dr, Scotts Valley (Saturdays 9am-1pm, May-third Sat in Nov) CalFresh (SNAP) Market Match program doubles or triples EBT dollars

Teen Kitchen Project, Meal delivery for critically & chronically ill people, Low cost & free programs, Call for eligibility M 11am-4pm, Tu 11am-4pm, W 12-5pm & Su 10am-6:30pm, (831) 316-4540, ext. 1, teenkitchenproject.org/become-a-client/

MEDICAL

SC Mountain Health Center Primary care (Medi-Cal accepted), 9500 Central Ave, Ben Lomond, M 12-5pm, Tu & W 8am-1pm, Th 8am-5pm, F 8am-1pm, (831) 427-3500

Homeless Persons Health Project Free Medical Care, 115 Coral St., (831) 454-2080, Mon, Wed 8-5pm; Tues, Thur 1-5pm; Fri 8-3pm After hours for ESTABLISHED PATIENTS ONLY (831) 454-5146

Emeline Primary Care/Urgent Care 1080 Emeline Ave M-F 9-5 (831) 454-4100

Doctors on Duty 615 Ocean St. M-F 8-6, Sat-Sun 8-4 (831) 425-7991, 6800 Soquel Dr. M-F 8-4 (831) 662-3611

COVID Vaccine appointments (833) 422-4255

Rides to Medi-Cal appointments (831) 430-5577

Dientes Dental 1830 Commercial Way: (831) 464-5409, 302 Riverside Ave: (831) 464-5411, 1500 Capitola Rd: (831) 276-7010

Planned Parenthood SCZ (831) 426-5550 119 Pacific Ave Ste 200

Dominican Hospital (831) 462-7700

SC Veterinary Street Outreach (check facebook page) scanimalshelter.org/healthy-pets-for-all

MENTAL HEALTH & SUBSTANCE USE

Harm Reduction Coalition (831) 769-4700 text or call anytime

Suicide Prevention Talkline 1-877-ONE-LIFE, 1 (877) 663-5433 Crisis Textline 741-741

LGBTQ+ Youth Crisis Line 1-866-488-7386, or text "start" to 678-678

NAMI (831) 427-8020/(831) 205-7074 (español)

Mobile Emergency Response Team 800-952-2335 8am-5pm

ACCESS Team Assessments and referrals to mental health services, (831) 454-4170/(800) 952-2335, available 24/7

SC Mountain Health Center Behavioral health (Medi-Cal accepted), NARCAN, 9500 Central Ave, Ben Lomond, M 12-5pm, Tu & W 8am-1pm, Th 8am-5pm, F 8am-1pm, (831) 427-3500