

EMDR Certification Application



emdria
EMDR International Association

CREATING GLOBAL HEALING, HEALTH & HOPE

Application Fees

- EMDRIA Full Member | \$150 US Dollars (non-refundable)
- Non-EMDRIA Member | \$350 US Dollars (non-refundable)

Certification fees are separate from EMDRIA Membership dues. If you're not a current member, [Join Now](#) to receive the discounted rate.



Are You Eligible?

Mental health clinicians who are fully licensed to engage in private, independent practice and have completed an EMDRIA Approved EMDR Training, in its entirety, are eligible to apply for the EMDR Certification credential through EMDRIA.

Application Criteria

1. EMDR International Association Approved EMDR Training
2. License/Certification
3. Notarized Statement of Practice and EMDR Experience
4. 20 Hours of Consultation by an EMDR Consultant in EMDR
5. EMDR Consultant Letter(s) of Recommendation for EMDR Certification
6. Letters of Recommendation Regarding Professional Practice
7. 12 Hours of EMDRIA Credits
8. EMDR International Association Policies Agreement

[Check out our EMDR Certification FAQ page here!](#)



Let's get started!



Requirement #1

EMDRIA Approved EMDR Training

You will need to provide a copy of your final completion certificate from your EMDRIA Approved EMDR Training program.



Key Items We Are Looking For

- Your first and last name
- The final completion date
- The name of the EMDRIA Approved EMDR Training Provider



What Certificate?

We are looking for the final completion certificate issued by the EMDRIA Approved Training Provider directly, **not** the CE certificate from your training.



Helpful Tip

What completion date are we referring to? We need to see the date you completed your EMDR Training in its entirety. This means you completed all hours, including the 10 consultation hours.



Requirement #2

License/Certification

You will need to provide a copy of your current license to practice independently as a mental health professional in the state or province where you practice.



Key Items We Are Looking For

- Your first and last name
- Your credential (LCSW, LMFT, LPC)
- Your license number
- The current expiration date



Full Licensure

You can start completing the requirements for EMDR Certification while working towards obtaining your full licensure. You just wouldn't be able to submit your application until you are fully licensed.



Helpful Tip

Does your state no longer mail a printed copy of your license?

We will accept screenshots of your current mental health license from your state's licensing website.



Notarized Statement of Practice and EMDR Experience

January 1, 2022

EMDRIA Credential Team:

I certify that I have at least two years of experience in my field of license and I have conducted at least 50 EMDR therapy sessions with at least 25 clients. This statement is to fulfill a requirement for the EMDR Certification application.

Sincerely,

Sally Mae



A notary public or other officer completing this certificate verifies only the identity of the Individual who signed the document to which this certificate is attached, and not the truthfulness, accuracy, or validity of the document

Subscribed and sworn to (or affirmed) before me on this ____ day of ____, 20__, __

(1) _____ (and(2) _____),

proved to me on the basis of satisfactory evidence to be the person(s) who appeared before me.



Place Notary Seal and/or Stamp Above



Signature of Notary Public

You will need to provide a notarized document that includes the two statements below or similar wording.



Two Statements

- I have at least two years experience in my field of license.
- I have conducted at least 50 EMDR therapy sessions with at least 25 clients.

Helpful Tip

Looking for locations that provide notaries? Common places are banks, courthouses, and public libraries. You can also go through an online notary option.



What's Required?

We do not require video or case notes from sessions to show proof of the two statements. Instead, the notary is verification that you have attested these statements to be true.



20 Hours of Consultation by an EMDR Consultant for EMDR

January 1, 2022

EMDRIA Credential Team:

Please accept this letter of recommendation and endorsement for Sally Mae's application for EMDR Certification.

I have provided 10 hours of individual consultation and 10 hours of group consultation with Sally. These hours were completed between 04/01/2021 - 12/31/2021.

Sally Mae has demonstrated excellent knowledge of the 8 phase protocol, proficiency and fidelity to the standard EMDR therapy and an awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client.

I recommend Sally Mae, LCSW, for EMDR Certification with no hesitation.

If you have any questions, please feel free to reach me at (000) 000-0000 or info@email.com.

Sincerely,



Gabriel Muse, LMHC, LPC
EMDR Certified Therapist
EMDR Consultant

Key Items We Are Looking For

- Your first and last name
- Your EMDR Consultant's name
- Total number of consultation hours received
- Total number of consultation hours that were designated as individual and group hours
- The timeframe the consultation hours were obtained



Consultation Packet

Be sure to review the Consultation Packet and become familiar with the consultation process.



Helpful Tip

The 20 consultation hours can be completed in-person, online, or over the phone, and can be completed with an EMDR Consultant that doesn't reside in your state or province. Find an EMDR Consultant [here!](#)



EMDR Consultant Letter(s) of Recommendation

January 1, 2022

EMDRIA Credential Team:

Please accept this letter of recommendation and endorsement for Sally Mae's application for EMDR Certification.

I have provided 10 hours of individual consultation and 10 hours of group consultation with Sally. These hours were completed between 04/01/2021 - 12/31/2021.

Sally Mae has demonstrated excellent knowledge of the 8 phase protocol, proficiency and fidelity to the standard EMDR therapy and an awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client.

I recommend Sally Mae, LCSW, for EMDR Certification with no hesitation.

If you have any questions, please feel free to reach me at (000) 000-0000 or info@email.com.

Sincerely,



Gabriel Muse, LMHC, LPC
EMDR Certified Therapist
EMDR Consultant

Key Items We Are Looking For

- Your first and last name
- Your EMDR Consultant's name
- Feedback from your EMDR Consultant regarding your sessions and use of EMDR with clients
- An evaluation statement from your EMDR Consultant recommending you for EMDR Certification



Helpful Tip

The documentation of the completed consultation hours, the feedback, and the recommendation from the EMDR Consultant can be combined into one document.

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Recommendation?

Letters from EMDR Consultants-in-Training do not meet this requirement. Letters must be from an EMDR Consultant.



Letters of Recommendation Regarding Professional Practice

January 1, 2022

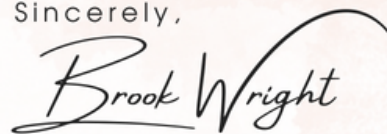
EMDRIA Credential Team:

This letter is to provide a recommendation for Sally Mae towards her EMDR Certification application. I am confident that she will make an excellent contribution to the EMDR network.

I have worked with Sally for over three years, and throughout this time she has demonstrated a solid conceptualization of the model and successful implementation with her clients. She continues to learn and apply advance techniques with her complex cases.

I recommend Sally Mae, LCSW, for EMDR Certification with no hesitation. In the time I have known her, she has practiced with integrity and has excellent clinical insight and judgement.

Sincerely,

A handwritten signature in black ink that reads "Brook Wright". The signature is written in a cursive style with a large, sweeping flourish over the "t" in "Wright".

Brook Wright, LCSW

Key Items We Are Looking For

- Your first and last name
- The name of your peer/colleague
- Details about your professional utilization of EMDR, ethics in practice, and professional character
- That you provided two peer letters



Who Counts?

Letters from EMDR Consultants and EMDR Consultants-in-Training do not count as peer letters.



Helpful Tip

Peer letters can be from old colleagues, a mentor, current coworkers, or even a fellow trainee from your EMDR Training. If they can't speak to your utilization of EMDR, we ask that they refer to your professional character and ethics in practice.



Requirement #7

12 Hours of EMDRIA Credits

You will need to provide a certificate of completion for at least 12 EMDRIA Credits (continuing education in EMDR)



Key Items We Are Looking For

- Your first and last name
- The completion date
- EMDRIA Program number
- The number of EMDRIA Credits the workshop is approved for



Timeframe

EMDRIA Credits are specifically awarded to advanced EMDR workshops and are not awarded for the EMDR Training. Only EMDRIA Credit workshops that are obtained after you completed the EMDR Training may be used towards this requirement.

Helpful Tip



If you're searching for an EMDRIA Credit workshop, there are lots of upcoming live webinars & in-person workshops taking place, & our [EMDR Education calendar](#) is updated with new events on an almost daily basis. There are over 250 [Distance Learning Courses](#) that offer EMDRIA Credit in addition to our [EMDRIA OnDemand Education](#).



EMDRIA Policies Agreement

By submitting the EMDR Certification application, you attest that you agree to adhere to the EMDRIA Policies.

EMDR International Association Policies

[Home](#) / [About EMDRIA](#) / [EMDR International Association Policies](#)

EMDR International Association Members, EMDR Certified Therapists, EMDR Consultants, EMDR International Association Credit Providers, and EMDR Training Providers must adhere to the following policies as a condition of membership and approval.

Professional Code of Conduct

Introduction

The EMDR International Association (EMDRIA) has adopted a Professional Code of Conduct in order to assure the highest standards of excellence and integrity in EMDR. By adopting this Code, EMDR International Association creates guidelines to establish and uphold standards of practice, training, certification, and research. All members of EMDR International Association, as a condition of membership, subscribe to the Code of Conduct.

Code of Conduct

1. Members of EMDR International Association shall observe the professional and ethical standards of their respective clinical professions. If members are not licensed or accountable to a particular discipline's code of ethics, or if their Code of Ethics does not address the concern at hand, then the American Psychological Association (APA) Code of Ethics (APA Ethical Principles of Psychologists and Code of Conduct, January 1, 2017) shall apply.
2. Members shall continue to be in good standing with the professional organization with which they are affiliated and regulatory board (e.g., state or provincial licensure board or Ministry of Health) in their jurisdiction and have no confirmed findings of illegal, unprofessional or unethical conduct. Members shall report within 30 days to EMDR International Association any problems and authorize EMDR International Association to contact the appropriate licensing boards.
3. Members shall adhere to the code of ethics of their respective professional organizations.

[To view all of EMDRIA Policies, please click here!](#)

Ready to Submit Your Application?

- All applications must be submitted through our online portal, located on our website [here](#).
- You will upload all requirements and pay the application fee online.



Approval Process?

The approval process is typically 3-5 weeks. We will reach out via email when your application has been approved!



Helpful Tip

If you are unsure about any of the requirements or have any questions, please email us at info@emdria.org and we will be happy to help!





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