How to Help Us...

Give https://my.eftplus.com/app/giving/arko6375237

Gift From Wish List

Wish List (arkoflovef.com)

Foundation





Volunteers Needed **Contact Cynthia Satterwhite Resource Support Coordinator**

Contact Us...

Ark of Love Skills Training & Activity Center 117 Bracey Hill Drive Hayneville, AL 36040 334.563.7775 The Connect with Us...



Website Arkoflovef.com

Email aolstac@yahoo.com

Skills Training & Activity Center (A.O.L.S.T.A.C)

The

"WORKING TO TURN disABILITIES INTO FULL POTENTIAL ABILITIES"

Day Habilitation Programs Changing Lives for adults with Intellectual and Developmental Disabilities In Lowndes County, Alabama

Anthony Satterwhite Executive Director Qualified Developmental Disability Professional QDDP

> **Cynthia Satterwhite Resource Support Coordinator**

Ronisha Coleman Certified Training Specialist

Malorye Coleman Funding & Recruitment Specialist

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is pr ed from discriminating on the ous creed, disability, age, political beliefs, or reprisal or ret



STAFF

History...



Mission...

Our mission is to Serve, Provide, and Support individuals with intellectual and developmental disabilities: Serve: (Support individuals with disabilities physically, emotionally and spiritually, help them find self-worth and abilities, teach basic life and social skills, job and financial training and more) Provide: (quality care for medical and behavioral needs, opportunities for meaningful employment, an independent and abundant life, a place they can call home, Love, acceptance, value and friendship) for and Support: (advocate for the rights of individuals with disabilities, help society understand disabilities and how they can help, support individuals in making their dreams a reality).

Ark of Love Skills Training and Activity Center (AOLSTAC) is a 501(c)(3) non-profit organization that provides a full range of services to people with intellectual and developmental disabilities (IDD). We were founded in 2005 by the late Reverend Larry G. Townsend and his beautiful wife Dr. Mildred Townsend.

Our mission holds to the philosophy that intellectually disabled individuals can become productive and interdependent members of society if provided adequate support. They deserve respect, dignity and inclusion and the right to control their own life and to make their own decisions. Our goal is to help them understand they have the same basic legal, civil, and human rights as other citizens. Their rights should never be limited or restricted which is why they need accommodation, protection, and support!

As a Home and Community Based Service (HCBS) provider, we are required to provide "person-centered" active support and services which is designed to assist individuals with intellectual disability to develop skills and independence in functional life areas. AOLSTAC provides training in a variety of skills needed for our clients to become more independent and integrated in their home and communities. We focus on personal care, leadership, individualized training, small groups training, social skills, independent living, current events, arts and craft, exercise, rights, mobility & safety, and leisure games.





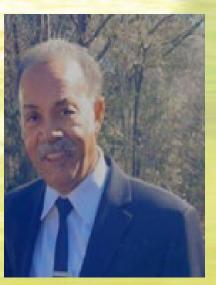


Money Management "How To Pay For Your Meals/Items"





when we are all all all all all all all all We are here to enable people with intellectual and developmental disabilities to enjoy all of the vast opportunities they possibly can to become more fully integrated into the community. Without your support—whether through volunteering your time or donating your resources—we wouldn't be able to achieve these goals.







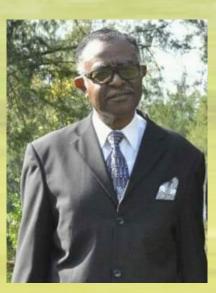
Joe Bell President

Kelvin Lawrence Vice President

At AOLSTAC, we are motivated by the following beliefs:

- contributing and engaged members of their families and communities.
- and contribute to the world around them.
- community.
- We believe our direct support staff is the foundation of our work.

Board Members...



Willie B. Hill Treasurer

Our Beliefs...

• We believe adults with intellectual and developmental disabilities can be

• We believe that with the right placement and support, people with intellectual and developmental disabilities can work in meaningful jobs, earn competitive wages,

• We believe community is meant for every person, regardless of their ability, and every person should be afforded the opportunity to live, learn, and work in their

Day Habilitation Programs

The first step to community integration for adults with intellectual & developmental disabilities are person-centered plans which give each participant choices, control, and independence over their daily activities. It's through our day habilitation program that the adults with disabilities gain the skills they need to gain independent living skills and employment.

The adult day program at AOLSTAC in Lowndes County offers these opportunities to the people we support all with a respectful and attentive care. AOLSTAC day habilitation services help participants be a part of their community and have access to and enjoy the opportunities around them. These programs help participants develop the necessary skills to pursue their goals and interests.

When appropriate, these programs also address personal care and daily living support residents need to be able to live more independently at home. These functional life skills help many of our participants learn to live on their own or with less support at home.

While there is no "typical day" at AOLSTAC—each person's day is designed based on his/her individual needs and interests—each day brings new experiences and opportunities for growth, independence, and integration.

AOLSTAC provides training in a variety of skills needed for our clients to become more independent and integrated in their home and communities. Weekly activities in our day habilitation program may include:

- Exercise
- Arts & Craft
- Individualized skills training
- Independent Living Skills
- Personal Care Skills
- Computer Training
- Current Events
- Social Skills
- Leadership skills
- Rights, mobility & safety

- House Cleaning
- Character Training
- Rights
- Choices
- Transportation
- Money Management
- Job Readiness
- Soft Skills
- Safety
- Leisure games



Community Helper "Post Office - Hayneville"



Shopping "How to Make Small Purchases"

Arts & Craft "Holidays, Special Days"















AOLSTAC day habilitation provides several activities for participants, and most focus on socialization and life or employment skills. Participants are given the freedom to explore things that are interesting to them while receiving support from caring caregivers. It is a safe environment but also an environment focused on building skills for independent living.

We provide a safe and nurturing environment to support the social, physical, and healthy needs for our intellectual disabled adults.

AOLSTAC adult day habilitation program operate Monday through Friday from 9 a.m. until 2 p.m.(CST) in the educational wing at Mt. Moriah Baptist Church #2 in Mosses, Alabama. In advance, we will provide the day(s) the center will be closed due to holidays, inclement weather, etc. Our program also offers daily hot meals, nutritional snacks and free transportation provided with Medicaid waiver approval.

Currently, every other Friday of the week, we provide our clients education, experience, and exposure to the broader community by transporting them to different sites of their choice for a community outing. AOLSTAC has given some clients exposure to the outside surrounding communities by transporting them to events such as Mardi Gras and USS Alabama Battleship in Mobile, Alabama; Battle of the Bands, Atlanta Aquarium, M.L.K. Center, Dave and Busters all in Atlanta, GA; Alabama National Fair, Montgomery Biscuits Baseball Games, Rosa Park Museum, Bama Lanes Bowling, and Legacy Museum all in Montgomery, AL; Magic City Classic Parade in Birmingham, AL. We are working diligently to broaden their knowledge and experiences even more.

For more information on the day hab program we offer at AOLSTAC, please email the Executive Director, Anthony Satterwhite at <u>aolstac@yahoo.com</u>, visit our website at arkoflovef.com, or follow us on Facebook at Aol Stac!



Transportation "How to Access The Community"











Community Outings *"Educate, Exposure, Experience"*

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370







Leisure Time "Fun & Fellowship"

50

























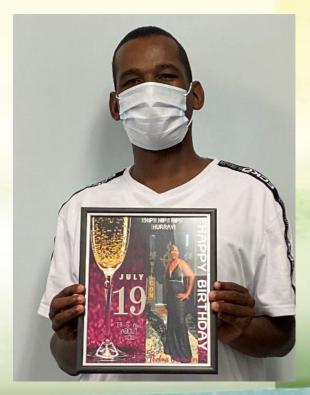
Technology "Computer Training"

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Pla

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Education "History & Current Events"











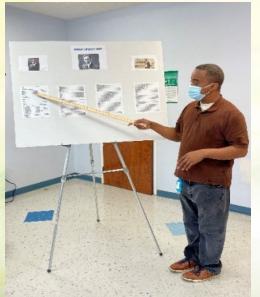
















Community Interaction "Skills"





Community Interaction "Making T-shirts with Mrs. Cheeseboro" (Lowndes County Teacher)

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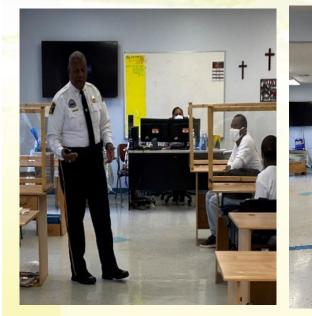
















Community Interaction "Leadership Skills"- Lowndes County Sheriff West

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Community Interaction *"Fire Safety" (E.M.S. Gary White – Hayneville AL)*

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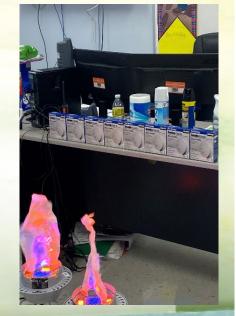
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Daily Living Skills "Learning How To Wash & Clean"

