

# WHEEL OF LIFE



AN EXTRACT FROM THE  
GOOD LIFE GAME PLAN.

Learn more about living a balanced life in  
**Beyond Possible** - The simple formula for  
living the life you desire.

[www.jenniferemmett.com.au](http://www.jenniferemmett.com.au)



# BALANCING ACT

How balanced is your life? Do you spend most of your time and energy on one or two aspects of your life or do you think about all the aspects of your life?

If you think about who you are or who you want to be in your life, do think you are going to feel fulfilled if you only have one or two parts of your life the way you like it?

On the next page there is a Wheel of Life. Add today's date in the top oval. Use pens or pencils to colour in each section.

Ask yourself is this aspect of my life the way I want it to be?

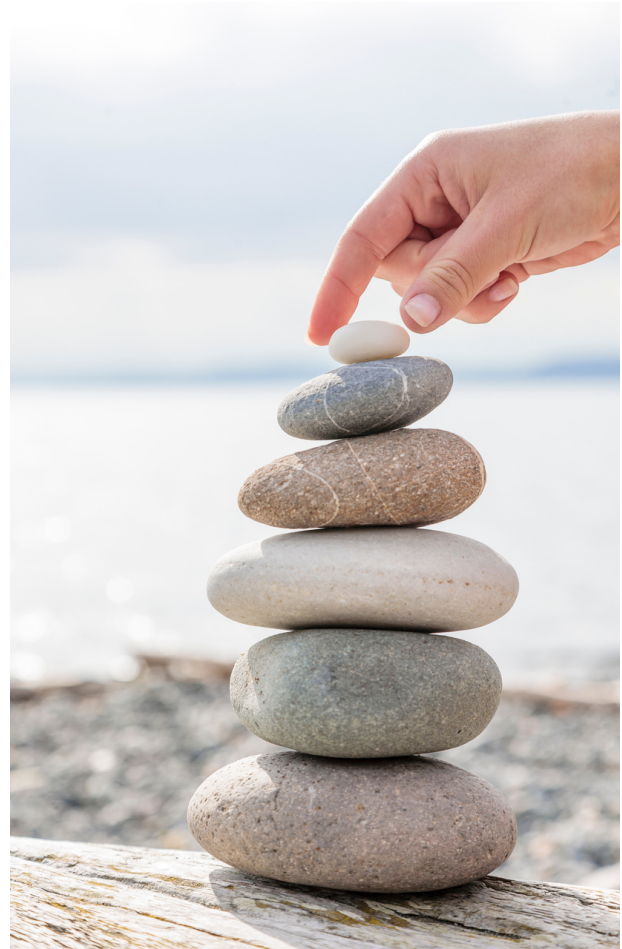
If you are very satisfied with that aspect of your life put more colour in the section.

If you are not as satisfied put less colour.

There is one unnamed section because you may want to use it to consider an aspect of your life that is not already on the wheel.

Don't worry if you complete your Wheel of Life and think that some parts of your life are quite out of balance.

Thank yourself for observing this because now you know the parts of your life you can start changing to make your good life.



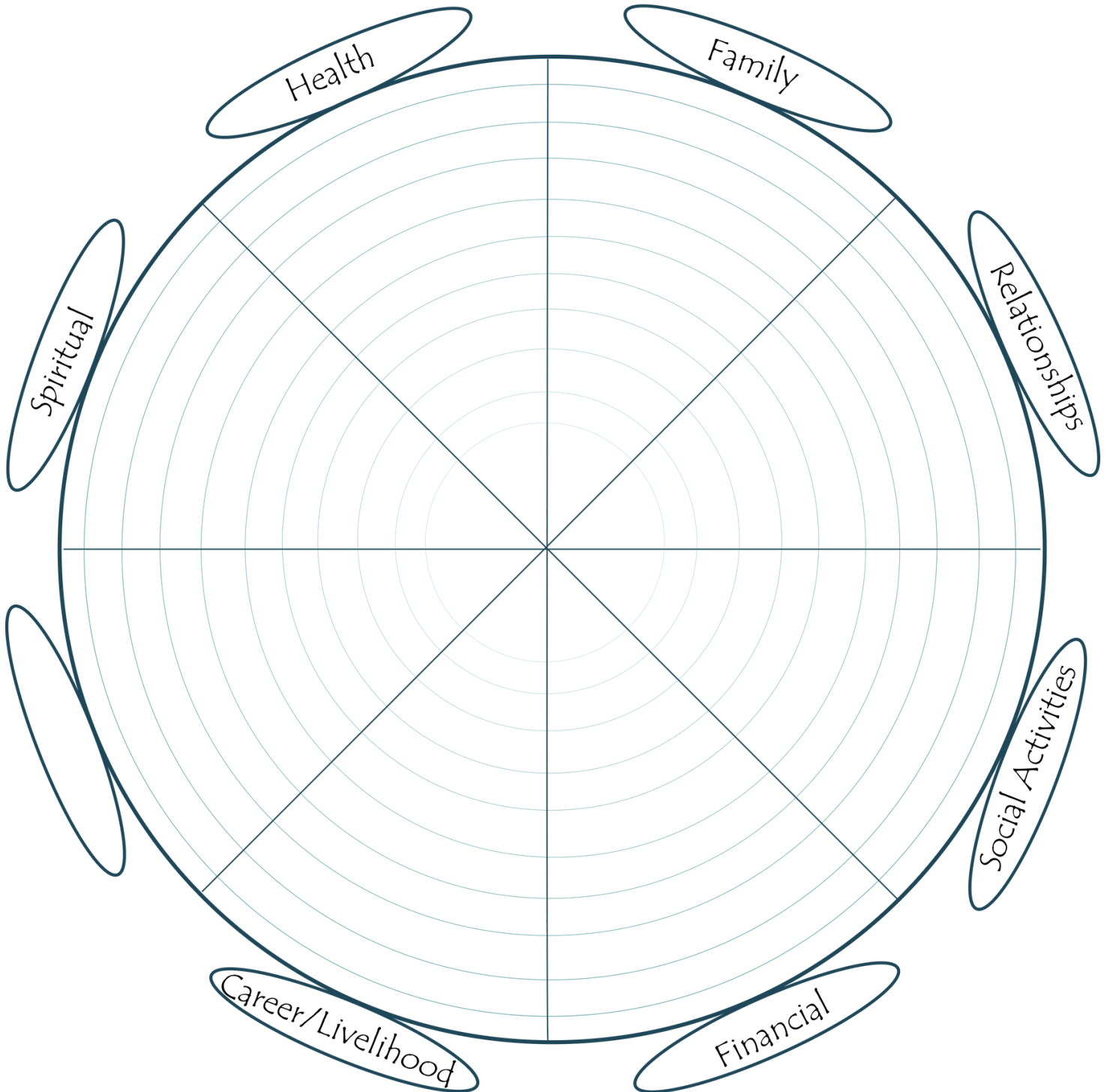
*You can re-do this wheel of life whenever you want to see if things are changing for you.*



# WHEEL OF LIFE

\_\_\_\_\_

Date



# Get more tips and tools

# BEYOND POSSIBLE FUNDAMENTALS



*Jennifer  
Emmett*  
Simple little steps  
Big personal success  
●●●●●



In under 60 minutes, you will have the tips and tools to start creating Your Good Life today.

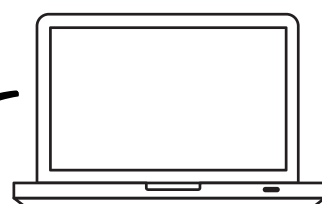
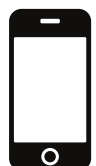
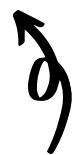
Beyond Possible Fundamentals is a short online course jam-packed with the key messages in the book plus lots of other life-changing information.

**"This course is invaluable!"**

**"I lost count of the number of AHA moments experienced and now find myself repeating these learnings to others in my life."**



You can register on your phone or your computer.



**[bit.ly/bpfundamentals](http://bit.ly/bpfundamentals)**



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