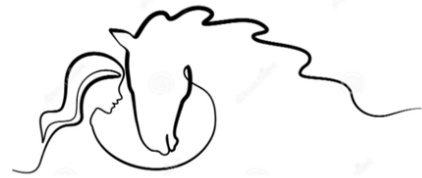


Horse Riding 101





*Wanneroo Riding &
Therapeutic Centre*

Welcome

Wanneroo Riding and Therapeutic Centre is on a peaceful 50 acres site in the back of Wanneroo. It is run by a dedicated team of professionals with a vast array of skills, from qualified riding coaches and equine assisted learning practitioners

It was set up 6 years ago as Wanneroo Riding Centre to promote pleasure riding and the enjoyment of horses, in a safe, friendly, supportive environment.

Horse Riding 101 was developed to teach riders the basics of riding within a fun group program.

If you want to sign up to participate in the 6 week program you will need to sign and return the documents within this registration pack.

Essential documents that must be signed and returned are;

- Student information form
- Contract
- Disclaimer

Please can you complete these and return them to us either via text 0412 922 588 or email wannerooridingcentre@gmail.com.

Warm regards

*The management team
Wanneroo Riding and Therapeutic centre*

Horse Riding 101

This 6 week course is a great introduction to riding with fun, interactive group sessions to allow you to discover the joys of horse riding and learn and practice the basics.

No long term commitment, ideal for younger children who love the idea of riding.

Program schedule

	Horsemanship	Riding Focus
Week 1	Mounting	Position
Week 2	Horse communication & Behaviour	Balance
Week 3	Catching and Leading	Start and Stop
Week 4	Grooming	Steering
Week 5	Tack	Putting it all together – Obstacles and games
Week 6	Basic Anatomy	Intro to Trotting

- This is a 6 week program - You are signing up for the full 6 week course, sessions are run on consecutive weeks and no make-up lessons are available
- Sessions last 45 min and include 15 min of theory and a 30 min ridden session
- Payment is required upfront for the full course and no refunds will be issued once you have signed up

Student Registration Form

This information will be treated in the strictest confidence and will only be shared with your riding coach to enable them to provide you with a better riding experience and keep you safe.

Students Name:

Age:

Riding experience:

Parents Name:

Best contact Number:

Medical Conditions/Disabilities/ Special Requirements:

Please detail any medical conditions, disabilities or special requirements your child may have. This includes anxiety, depression, mobility issues, pain etc.

Previous injuries, surgeries etc. that could impact your ability to ride a horse or would be beneficial for your instructor to know.

Emergency Information

I advise that I Do / Do Not have ambulance cover

Emergency Contact Details

Name:

Contact Number:

Relationship to rider:

Name:

Contact Number:

Relationship to rider:

By signing this form I agree to the best of my knowledge I have disclosed all relevant information that may impact my ability to ride, I will notify staff of any changes and agree to these terms and conditions for the duration of my time riding at Wanneroo Riding Centre.

Guardian Name:

Signature:

Disclaimer

Wanneroo Riding & Therapeutic Centre does everything it can to make horse riding as safe and enjoyable as possible. However horses are prey animals and by their very nature can be unpredictable, therefore there is always the risk of injuries.

We carefully match horse to rider based upon your weight, ability and any medical conditions you disclose, therefore it is essential you are honest with us.

By participating in riding lessons you accept this risk and waive your right to sue Wanneroo Riding & Therapeutic Centre for any injuries sustained whilst learning to ride.

Students Name:

Date:

Conditions of Riding at Wanneroo Riding & Therapeutic Centre;

- I agree to wear suitable clothing, including long pants and enclosed shoes (trainers are fine however short boots with a small heel and solid base are recommended)
- I agree to wear a suitable riding helmet at all times when on the horses (we can provide helmets, however do recommend you purchase your own helmet if you decide to commit to riding)
- Our staff will check your bridle, saddle and stirrups prior to you mounting, however you agree to notify staff if you are in doubt about any of the equipment
- I agree that I have fully disclose any medical conditions, physical or mental disabilities I have that may affect my ability to ride and follow my instructors instructions on this form
- I agree that if I don't feel comfortable undertaking any activities I will notify staff
- I agree that if I am feeling sick or dizzy on the day I ride I will notify staff and they can adjust lesson accordingly
- I agree that I am liable for the cost of an ambulance should I require one as a result of a fall during my lesson
- I agree not to hold Wanneroo Riding & Therapeutic Centre or any of it's staff liable for any injury I sustain whilst riding at the centre
- I agree to follow the instructions of my coach or helper at all times.
- I have informed staff accurately of my riding experience

By signing this form I agree to the best of my knowledge I have disclosed all relevant information that may impact my ability to ride, I will notify staff of any changes and agree to these terms and conditions for the duration of my time riding at Wanneroo Riding Centre.

Guardian Name:

Signature:

Contract

This agreement is for:

Participants name:

Address:

DOB:

To participate in the 6 week Riding 101 Program

Date starting:

Sessions

Thur 3:45 pm

Sat 9 am

By signing up to this program I am agreeing to commit to all 6 weeks of the program and understand that even if I decide to no longer participate there will be no refund of fees paid.

I also understand that this course runs on consecutive weeks and I will not receive any credit or other lessons if I miss out on 1 of the sessions.

I understand that sessions run for 45 min and include 15 min theory and 30 min of ridden activity

Program schedule

	Horsemanship	Riding Focus
Week 1	Mounting	Position
Week 2	Horse communication & Behaviour	Balance
Week 3	Catching and Leading	Start and Stop
Week 4	Grooming	Steering
Week 5	Tack	Putting it all together – Obstacles and games
Week 6	Basic Anatomy	Intro to Trotting

Signatures

Name

Signature

Date