



MAY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Mon - Fri. at 12:00 PM			9:00 Gentle Yoga 1 10:30 Cribbage 1:00 Senior Swingers	9:00 Quilts R'Us 2 10:30 Age in Motion I 1:00 Book Club	9:00 Computer Help 3 10:00 Bowling @ YL 10:30 Age in Motion - II 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 6 10:30 Bowling @ YL 10:30 Age in Motion - II 1:15 Chair Yoga New time 2:15 Super Sr. Dance	10:30 Age in Motion - I 7 12:30 Games 12:45 TD BANK SCAM PRESENTATION 1:00 Bridge 2:00 Movie: <i>Shirley</i>	9:00 Gentle Yoga 8 10:30 Cribbage 1:00 Senior Swingers	9:00 Quilts R'Us 9 10:30 Age in Motion I 1:00 FAMILY STORY POEM 2:00 SUPER SENIORS MTG 	9:00 Computer Help 10 10:00 Bowling @ YL 10:30 Age in Motion - II 1:15 Bingo 	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 13 10:30 Bowling @ YL 10:30 Age in Motion - II 1:15 Chair Yoga New time 1:00 Card Making 2:15 Super Sr. Dance	10:30 Age in Motion - I 14 12:30 Games 1:00 Bridge 2:00 Movie: <i>Damsel</i>	9:00 Gentle Yoga 15 10:30 Cribbage 1:00 Senior Swingers	10:30 Age in Motion I 16 10:00 CVAH SOCIAL 12:00 TRIVIA 	9:00 Computer Help 17 10:00 Bowling @ YL 10:30 Age in Motion - II 1:00 Jewelry Making 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	9:00 Kripalu Yoga 20 10:30 Bowling @ YL 10:30 Age in Motion - II 1:15 Chair Yoga New Time 1:00 Card Making 2:15 Super Sr. Dance	10:30 Age in Motion - I 21 12:30 Games 1:00 Bridge 2:00 Movie: <i>Road House</i>	9:00 Gentle Yoga 22 10:30 Cribbage 1:00 Senior Swingers	10:30 Age in Motion I 23 1:00 KCO CONCERT and FAREWELL TO MARY 	9:00 Computer Help 24 10:00 Bowling @ YL 10:30 Age in Motion - II 1:15 Bingo	10:30 Age in Motion - I (ZOOM from home)
	 CENTER CLOSED	10:30 Age in Motion - I 28 12:30 Games 1:00 Bridge 2:00 Movie: <i>Rebel Moon</i>	9:00 Gentle Yoga 29 10:30 Cribbage 1:00 Senior Swingers	9:00 Quilts R'Us 30 10:30 Age in Motion I 12:30 CVAH Outreach Mtg 1:00 KCO CONCERT 2:00 MAY BIRTHDAY PARTY	9:00 Computer Help 31 10:00 Bowling @ YL 10:30 Age in Motion - II 1:00 Jewelry Making 1:15 Bingo	