



COVID-19 Safety Acknowledgment -- Liability Waiver and Release of Claims

COVID-19 SAFETY INFORMATION:

While participating in events held or sponsored by A1 Performance Training, LLC, Athlete Depot and affiliates, precautions are taken to reduce the risks of exposure to COVID-19. Because COVID-19 is extremely contagious and is spread mainly from person-to-person contact, A1 Performance Training, LLC and affiliates cannot guarantee that its participants, volunteers, partners, or others in attendance will not become infected with COVID-19.

In light of the ongoing spread of COVID-19, individuals who fall within any of the categories below should not engage in A1 Performance Training, LLC activities. By attending an A1 Performance Training, LLC event, you certify that you do not fall into any of the following categories:

1. Individuals who currently or within the past fourteen (14) days have experienced any symptoms associated with COVID-19, which include fever, cough, and shortness of breath among others;
2. Individuals who believe that they may have been exposed to a confirmed or suspected case of COVID-19 or have been diagnosed with COVID-19 and are not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for their treatment.

DUTY TO SELF-MONITOR:

Participants agree to self-monitor for signs and symptoms of COVID-19 (symptoms typically include fever, cough, and shortness of breath) and, contact A1 Performance Training, LLC if he/she experiences symptoms of COVID-19 within 14 days after participating with A1 Performance Training, LLC.

Waiver and Medical Treatment Authorization

I do hereby give my approval of my child's participation in A1 Performance Training, LLC. I assume all risks and hazards in these activities and transportation to and from these activities. I understand that training may involve contact and serious injury or death. I do hereby release and hold harmless A1 Performance Training, LLC its organizers, owners, staff, sponsors, coaches and all venues utilized. A1 Performance Training, LLC reserves the right to prohibit or expel any parent, coach, player or team from joining or remaining in training sessions for any reason that they deem necessary with no refund provided.

Prevention is key for prohibiting injury. We provide each participant with the necessary safety equipment to help avoid injury. In addition, we ensure that everyone maintains hydration during training sessions. Our goal is to make sure that all participants safely, build and improve their athletic abilities while participating in our activities. In addition, to what we provide, we ask that you assist us in making sure that your child is provided with adequate nutrition. Following the USDA food guidelines, you can ensure to keep your child in prime physical shape. Please limit or eliminate processed foods, sugary foods and caffeinated beverages during our program. We ask that you assist us in this to ensure that we get the maximum achievement from each of our participants.

I do hereby give my permission to any responsible person with A1 Performance Training, LLC in the event of an emergency, if I cannot be contacted by normal efforts, to authorize emergency medical treatment in any area hospital for the child herein named.



ASSUMPTION OF THE RISK. I acknowledge and understand the following:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist;
2. I knowingly and freely assume all such risks related to illness and infectious diseases, such as COVID-19, even if arising from the negligence or fault of the Released Parties; and
3. I hereby knowingly assume the risk of injury, harm and loss associated with the Activity, including any injury, harm and loss caused by the negligence, fault or conduct of any kind on the part of the Released Parties.

Parent Name Printed

Athlete Name

Parent Signature

Date

Parent Email

ATHLETE DEPOT
PERFORMANCE TRAINING SPORTS ACADEMY