

# Lake Norfolk Olympic Tri - Women

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	*ERIKA SETZLER	CONWAY, AR	ATHLETE	834	02:42:30.35		mph	F	25	378884
	Swim >	0:17:07.730	(0:17:07.730)							
	T1 >	0:00:57.989	(0:18:05.719)							
	Bike >	1:22:08.683	(1:40:14.402)							
	T2 >	0:01:09.112	(1:41:23.514)							
	Run >	1:01:06.844	(2:42:30.358)							
2	SARA FORHETZ	OZARK, MO	ATHLETE	804	03:09:08.33		mph	F	35	XB639GHBQG
	Swim >	0:22:52.632	(0:22:52.632)							
	T1 >	0:02:13.573	(0:25:06.205)							
	Bike >	1:28:40.716	(1:53:46.921)							
	T2 >	0:01:49.935	(1:55:36.856)							
	Run >	1:13:31.477	(3:09:08.333)							
3	*SARAH ROSS	HOT SPRINGS, AR	ATHLETE	832	03:11:58.16		mph	F	25	2100047143
	Swim >	0:20:10.421	(0:20:10.421)							
	T1 >	0:02:18.503	(0:22:28.924)							
	Bike >	1:25:53.440	(1:48:22.364)							
	T2 >	0:01:25.639	(1:49:48.003)							
	Run >	1:22:10.158	(3:11:58.161)							
4	CARRIE JACKSON	JUNCTION CITY, AR	ATHLETE	808	03:19:47.19		mph	F	39	2100238307
	Swim >	0:27:58.485	(0:27:58.485)							
	T1 >	0:01:54.623	(0:29:53.108)							
	Bike >	1:34:38.262	(2:04:31.370)							
	T2 >	0:01:58.171	(2:06:29.541)							
	Run >	1:13:17.649	(3:19:47.190)							
5	ALLYSON HUNTER	SOUTHLAKE, TX	ATHLETE	806	03:22:48.23		mph	F	27	FHY67W4XZS
	Swim >	0:22:52.695	(0:22:52.695)							
	T1 >	0:01:33.289	(0:24:25.984)							
	Bike >	1:36:37.508	(2:01:03.492)							
	T2 >	0:01:51.192	(2:02:54.684)							
	Run >	1:19:53.549	(3:22:48.233)							
6	*CLARA VIDO	EL DORADO, AR	ATHLETE	836	03:24:47.34		mph	F	26	2100251409
	Swim >	0:17:57.531	(0:17:57.531)							
	T1 >	0:00:56.029	(0:18:53.560)							
	Bike >	1:42:21.718	(2:01:15.278)							
	T2 >	0:01:46.385	(2:03:01.663)							
	Run >	1:21:45.679	(3:24:47.342)							
7	KATHIE CHEEK	WALLS, MS	ATHLETE	801	03:31:24.04		mph	F	44	2100274215
	Swim >	0:22:08.481	(0:22:08.481)							
	T1 >	0:03:06.373	(0:25:14.854)							
	Bike >	1:37:51.088	(2:03:05.942)							
	T2 >	0:01:40.284	(2:04:46.226)							
	Run >	1:26:37.822	(3:31:24.048)							
8	REBECCA MARTIN	MOUNTAIN HOME, AR	ATHLETE	812	03:42:56.31		mph	F	41	7VRRFDFABJ
	Swim >	0:27:24.365	(0:27:24.365)							
	T1 >	0:02:01.961	(0:29:26.326)							
	Bike >	1:30:11.639	(1:59:37.965)							
	T2 >	0:02:59.864	(2:02:37.829)							
	Run >	1:40:18.484	(3:42:56.313)							
9	*PAULA RAWLINGS	COLUMBIA, MO	ATHLETE	831	03:46:30.60		mph	F	53	2065092940
	Swim >	0:23:02.825	(0:23:02.825)							
	T1 >	0:01:42.183	(0:24:45.008)							
	Bike >	1:54:28.328	(2:19:13.336)							
	T2 >	0:01:21.152	(2:20:34.488)							
	Run >	1:25:56.114	(3:46:30.602)							
10	*AUDREY CALKINS	MEMPHIS, TN	ATHLETE	826	03:58:11.55		mph	F	32	2100211351
	Swim >	0:18:19.324	(0:18:19.324)							
	T1 >	0:03:03.560	(0:21:22.884)							
	Bike >	1:53:09.802	(2:14:32.686)							
	T2 >	0:02:08.101	(2:16:40.787)							
	Run >	1:41:30.766	(3:58:11.553)							
11	JAN SCHMESKI	MOUNTAIN HOME, AR	ATHLETE	821	04:03:05.51		mph	F	57	2100272387
	Swim >	0:28:40.615	(0:28:40.615)							
	T1 >	0:01:54.286	(0:30:34.901)							
	Bike >	1:50:53.957	(2:21:28.858)							
	T2 >	0:03:05.313	(2:24:34.171)							
	Run >	1:38:31.342	(4:03:05.513)							
12	DEBBIE WRIGHT	BENTON, AR	ATHLETE	825	04:08:15.97		mph	F	48	2100279066
	Swim >	0:26:52.200	(0:26:52.200)							
	T1 >	0:01:53.276	(0:28:45.476)							
	Bike >	1:48:22.048	(2:17:07.524)							
	T2 >	0:02:11.353	(2:19:18.877)							
	Run >	1:48:57.096	(4:08:15.973)							

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Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
13	ANNE MACE	MOUNTAIN HOME, AR	ATHLETE	811	04:16:23.05		mph	F	48	EJJ84YEQBY
	Swim >	0:28:00.985	(0:28:00.985)							
	T1 >	0:05:16.019	(0:33:17.004)							
	Bike >	1:52:56.845	(2:26:13.849)							
	T2 >	0:03:10.701	(2:29:24.550)							
	Run >	1:46:58.504	(4:16:23.054)							