

Malankara World

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MORNING PRAYER

Leader: In the name of the Father and of the Son and of the Holy Spirit, one true God.

People: Glory be to Him; and may His grace and mercy be upon us forever. Amen

Leader: Holy, Holy, Holy, Lord God Almighty, by whose glory, the heaven and the earth are, filled; Hosanna in the highest

People: Blessed is He who has come, and is to come in the name of the Lord; glory be to Him in the highest.

QUAMO

Leader: Holy art Thou, O God,

People: Holy art Thou Almighty;
Holy art Thou, Immortal,
+Crucified for us, have mercy on us;

Leader: Lord, have mercy upon us,

People: Lord, be kind and have mercy, Lord, accept our prayers and worship and have mercy on us.

Leader: Glory be to Thee, O God,

People: Glory be to Thee, O creator, Glory be to Thee, O Christ, the King who does pity sinners, Thy servants. Berek-more

LORDS PRAYER (St. Matt. 6:9-13)

Leader: Our Father, who art in Heaven,

People: Hallowed be Thy name. Thy Kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. Let us not into temptation, but deliver us from the evil one; for Thine is the Kingdom, the Power and the glory forever and ever. Amen

Leader: Hail Mary, full of grace,

People: Our Lord is with Thee. Blessed art Thou among women, and blessed is the fruit of thy womb, our Lord, Jesus Christ. O Virgin Saint Mary, O Mother of God, pray for us sinners, now and at all times, and at the hour of our death. Amen

Psalms 63

O God, You are my God and I will wait for You.

Like a dry and thirsty land longing for water, my spirit thirsts for You and my body longs for You.

I truly looked up to You, to behold Your power and glory.

Because Your loving-kindness is better than life, my lips shall praise You.

Thus I will praise You while I am alive and I will raise my hands in Your name.

My soul shall be satisfied as with marrow and fat and my mouth shall sing Your glory with joyful lips.

I remember You as I lie on my bed. All night long, I think of You and meditate.

Because You have been my help, I will be protected under the shadow of Your wings.

My soul follows You and Your right hand keeps me safe.

Those that seek to destroy my soul shall go into the depths of the earth.

They shall fall by the sword and their bodies eaten by wolves. But the king shall rejoice in God.

Everyone that swears by him shall be glorified. But the mouth of the liars shall be shut.

To you belongs praise, O God. *Barekhor*.

Enyono

O heavenly King, in the morning I come in Your presence and bow before Your throne. Pardon all the sins that I committed against you.

Gracious and compassionate Lord, I plead and long for your mercy. Pardon all the sins that I committed against you.

The one who is light and lives in light, make me worthy of Your light that does not succumb to darkness. *Barekhamor.*

I praise the Lord whose name is being glorified in the heaven above by the heavenly beings and by the people on the earth. Amen.

Psalms 113

Praise the Lord, the creator of light. Praise Him, you servants of the Lord. Praise the name of the Lord.

May the name of the Lord be blessed from the beginning and for ever.

From the rising of the sun to its setting great is the name of the Lord.

The Lord is high above all nations, and His glory is above the heavens.

Who is like the Lord, our God? He dwells in the heights above and yet He looks upon the depths.

He raises up the poor from the dust and make them sit with princes. He makes the barren women to be a joyful mother of children and he grants her a home.

To you belongs praise, O God. *Barekhamor.*

From Psalms 148, 149, 150

Praise Him all His angels. Praise Him all His heavenly armies.

By His word everything was made, for He commanded and they were created. He set them in their places for ever and gave them a law which shall not pass away.

Praise the Lord, all mountains and hills, all fruit trees and cedars, all bees and cattle, all creeping things and birds that fly.

For His name alone is exalted, His glory is on earth and in heaven. He also exalts the horn of His people, all His saints; even of the children of Israel, a people of His own.

Let them praise His name with tambourines and drums, and sing to Him with their harps. The Lord is delighted in His people. He gives salvation to the poor.

His saints have the honor, with a two-edged sword in their hands, to execute vengeance upon the heathen and bring punishments upon the people, to bind their kings with chains, and their nobles with fetters of iron and to execute upon them the written judgment.

Praise Him for His powerful deeds. Praise Him for His infinite greatness. Praise Him with the sound of horn. Praise Him with the sound of the flute and harp.

Praise the Lord, all you nations. Praise Him all you peoples. For great is His goodness toward us. Truly, He is the Lord for ever.

To you belongs praise, O God. *Barekhamor.*

Eqbo

God help us. The whirls and waves of sins that we committed are encircling us. You be the port of peace for us that we may not sink in the sea of sins. We are waiting to repent. As You extended Your hand to Peter⁶, extend Your hand to us and help us. *Stomen ...*

Qolo

O Christ, our Lord, You offered Yourself as a pleasing incense before God the Father. Because of You, we may be a pleasing incense before God. Though our prayers and offerings are abominable and foul smelling, touch and purify us with Your holy hand which cleansed the lepers to make our prayers and offerings sweet smelling fragrances. *Barekhamor.*

For the Intercession of Mother of God

God our Lord, by Your presence You jolted Mount Zion. While You were bearing the heights and the depths, You willed that Virgin Mary conceive You without marriage and bring You forth beyond

description. May Your mother's name be glorified and help us by her prayers.

For the Intercession of Saints

Martyrs! pray for us that He may have mercy on us by His grace and save us from the punishment of the last day. Pray for us that we may be made worthy to see you when you receive the victorious crowns.

For the Intercession of the Patron Saint

St. (Name), those who are in distress seek your help. May your prayer be a fortress and refuge for us. By your prayers, may our petitions be granted, sick people be healed and those who are being tempted by satan be liberated.

For Repentance

O God, You do not deny Your mercy to the sinners who call upon You. By Your compassion spare us from punishments and the rods of wrath. To praise You for Your mercy, grant us joyful months and prosperous years. By glorious sign of Your cross guard us from the evil.

Lord, may we not be silent from praising you and withdrawn from glorifying You. Lord, do not judge us according to Your righteousness. We confess that we are sinners. If You judge us according to our sins; we cannot hope eternal life and cannot plead before You and shall inherit fiery-hell. Therefore, according to Your mercy pardon and forgive our sins.

Lord, when You judge us, let our sins not conceal us. When the righteous garb in glory, may we not be naked at the judgment. We confess that we have fallen in sin, extend Your hand unto us that we may stand again. O compassionate One, who opens the door to all those who repent, have mercy on us as You forgave the thief on Cross at Your side.

For the Departed

Lord, grant peace and good memory to our departed fathers and brothers. Include them in the company of saints and in their ranks. When you sit at the throne for judgment and to separate the righteous from the evil, may they receive Your compassion. When

You appear in Your grace, may they stand on Your right side. *Moryo rahem `a lay noo `adarayn.*

Concluding Prayer

Lord, it is good to give thanks to You and to sing praise to Your exalted name, to proclaim Your goodness in the morning and Your faithfulness in the night. Lord, hear my voice in the morning. May I be seen ready before You in the morning.

Lord, have compassion on Your people. Lord, pardon and forgive all our sins. Holy One, let Your right hand overshadow us and Your name heal our weaknesses.

Prayer of the Sixth Hour (NOON)

Introductory Prayer: See Page 1

Qolo

O! holy Mother, do not discontinue your supplication for us. Intercede for us that your only begotten son may have compassion on us. Barekhamor.

O God, the Lord of all, by the prayers and supplications of the prophets who loved You and Your disciples who preached Your gospel, may peace reign among the four quarters of the earth. Men olam...

Lord, both worlds are at Your command. Protect the living by Your cross. By Your grace pardon the sins of all those who have passed away with hope in You. *Moryo rahem `a lay noo `adarayn.*

Bo`ootho

Lord, by the prayers of Your Mother and all saints, sanctify us and our departed ones.

Let Virgin Mary's memory be a blessing for us. May her prayers be a fortress for our souls.

Apostles, martyrs, disciples and saints! Pray for us that He may grant us mercy.

Lord, sprinkle the dew of joy on the face of our departed fathers and brothers who have passed away with hope in You.

Lord, by the prayers of Your mother and saints sanctify us and our departed.

Man`ito (of *Mor Severius, Patriarch of Antioch, AD 460-538*)

By the prayers of Your Mother who brought forth you and that of all saints;

I will adore You O King, my Lord, the only begotten son, the word of the heavenly father, who are immortal, who by Your grace came for the life and salvation of all mankind, and did become incarnate of the holy and glorious Virgin Mary, Mother of God, who did become man, being God without change, and who was Crucified for us.

O Christ, our Lord, who by Your death did trample our death and destroy it, who is one among the Holy Trinity and are worshipped and glorified in the unity of Your Father and Your living Holy Spirit, have mercy upon us.

Nicene Creed: See page

THE EVENING PRAYER

Prayer of Ninth Hour

Introductory Prayer: See Page 1

QOLO

Praise be to You O God, who gives life to the dead. Praise be to You O God, who grants resurrection to the entombed. We praise You and glorify Your Father who did send you and the Holy Spirit. Barekmore.

O Lord, one of Trinity, who by Your own will stayed in the tomb for three days, give resurrection to our departed ones, for they were saved by Your precious blood. Moriyo rahee melain noo-adarain

BOVOOSO

O! Merciful Lord, renew Your creation on the day of resurrection.

O! Lord, grant rest and comfort to our beloved departed ones who have lived and died with hope in You.

O! Lord grant rest to our faithful departed in the bosom of Abraham, Isaac and Jacob.

May the souls and bodies together cry aloud and say: glory be to the one who has come and is to come to resurrect the departed. Amen.

QUAMO

Leader: Holy art Thou, O God: (See Page 1)

EVENING PSALMS

(Psalms 141,142,119:105-112, 117)

I call upon you, Lord; hear me! Give heed to my words-and answer me.

Let my prayer be like incense in your sight, my uplifted hands be like an evening sacrifice. Lord, set a guard at my mouth, a sentry at the door of my lips, that my heart may not turn to evil matter and indulge in the deeds of wickedness.

Let me not sit at the table of the wicked. Let the righteous man teach me, let him reprove me, but the oil of the wicked shall not anoint my head, my prayer is against their evil deeds. When their judges are thrown down in stony places, they shall hear my words; for they are sweet.

Their bones are scattered at the mouth of the grave like the plow that breaks the earth. I lift up my eyes to you, Lord. I put my trust in you, do not leave, my soul destitute.

Keep me away from the hands of the proud who have laid snares for me. Let the wicked fall into their own traps, while I go unharmed.

While my soul was in agony, I cried unto the Lord with my voice; with all my voice I made supplication. I poured out my affliction before Him, I told Him all my troubles. When my spirit was overwhelmed within me, then You know my path.

They have hidden snares for me in the way I have to walk. I looked to the right, but there was no one who knew me; no one cared for my soul. I cried unto You, O Lord! I said, You are my refuge and my portion in the land of the living.

Attend to my supplication; for I am in distress. Deliver me from my persecutors, for they are stronger than me. Lead me forth from prison that I may praise your name. The righteous shall wait for me because You will answer me.

Your word is a lamp to my feet and a light for my path. I have sworn and have determined to keep your holy decrees. I am made to be low, Lord. Give me life according to Your word. Lord, be pleased with the words of my lips and teach me Your decrees.

My life is always in Your hands; I do not forget Your laws. The wicked have set traps for me, but I have not strayed from your commands. I treasure up Your testimonies. Truly they are the joy of my heart. Incline my heart to keep Your commands, in truth, forever.

Praise the Lord, all you nations. Praise Him, all you people. Great is His goodness for us. Truly, the Lord's goodness is forever.

To you belongs the praise, O God. Barekhmore.

INTRODUCTORY PRAYER

O Lord, listen to our prayers with mercy and answer them with compassion. God accept, and be pleased in, our worships and prayers and be gracious to us Sthoumen kalos, Kurielaison

PRAYER FOR THE OFFERING OF INCENSE

Lord, let our prayers be like pleasing incense before you. Let it rise to the highest like an offering of fragrance. As you are pleased in the offer of incense accept our worships, prayers, supplications and praises without counting our unworthiness, and grant our petition. Barekmore.

FOR THE INTERCESSION OF ST. MARY

O Virgin Mother! Shield us from all menace that confront us and forbid from us the whirls and tides of this world. O Mother! since you have acceptance in the presence of God, pray that your intercession grant us forgiveness and mercy, heal the sick, bring relief to the afflicted and the return of those who are away to us peacefully

FOR THE INTERCESSION OF SAINTS

Martyrs! As in the time of deluge, when the righteous Noah protected the beasts that entered with him in the ark, let your intercession protect us from the tides and whirls that encircle this world.

FOR THE INTERCESSION OF PATRON SAINT

(St. John!) your grace has astonished the heavenly beings. Your glorious name is praised on earth among us. Your good deeds have been counted worthy by your Lord Jesus Christ, and He has revered and upheld your memory. May your prayers be a refuge to us.

PRAYER OF REPENTANCE

O God, the lover of those who are unblemished and upright, grant us perfection in our hearts. Remove from us all evil and malicious thoughts. O Lord, open to us Your merciful door, as you did to the thief. Accept our repentance as you had accepted the penance of the tax collector and the sinful woman. O Lord, You are merciful and pleased with those who turn to You in repentance as You graciously

pardoned Peter who came to you after he had denied you. Lord cleanse us from our sins and follies.

O Lord! we, the sinful, are sad about your dispassionate last judgment. When the great books of account are opened and our sins are read, let your grace strengthen us and let your mercy help us. Let our sins be pardoned. O Lord! we acknowledge our sins, have mercy on us.

FOR THE FAITHFUL DEPARTED

Lord! Grant good remembrance to the faithful departed who have received Your atoning body and blood. Lord Jesus Christ, when You come gloriously with the company of angels, let our departed ones stand before you with praises. Moriyo rahae melain noo-adarain

Lord Jesus Christ, do not close the door of Your mercy on our faces. Lord, we confess that we are sinners, have mercy upon us.

O Lord, Your love made you descend from Your place to us that by Your death, our death was abolished; have mercy upon us.

Leader: Holy art Thou, O God; ...(*see page 1*)

BED TIME PRAYER

O Lord! teach us all Your commandments. By Your grace help us to live according to them. O God set guards to the open doors of our senses that the treasury of Your grace may not be detained from us. Barekmore.

O holy God, Your Holiness is adored by all saints. O Lord, cleanse our thoughts and make us worthy to glorify Your name like the seraphim who proclaim and glorify Your holiness. Moriyo rahae melain nooadarain.

SUPPLICATION

O Lord, accept our worship and have mercy upon us

Grant us compassion, mercy and forgiveness from your holy treasury.

O Lord, our deeds make You angry; but you never desire to be angry. You are Merciful and Your tranquility is never disturbed.

Though our sins are abundant, they are like a drop of mud in Your ocean of mercy. A drop of mud cannot soil the ocean.

O God who listens to prayers and grants supplications, be pleased in, our prayers and grant our petitions in Your mercy.

THE HYMN OF MOR EPHRAEM THE SYRIAN

Lord have mercy upon us
Kindly accept our prayers
Grant us mercy, redemption
From Thy treasury above.

Let me Lord before Thee stand,
Wakeful my watch I'd keep,
Should I fall to slumber's hand,
Guard me from my sinful sleep.

If I do wrong while awake
Mercifully absolve me;
If I err in my sleep
In mercy, grant redemption.

By Thy cross of submission
Grant me, Lord, a restful sleep,
Forbid vain and evil dreams
O my Lord., from Thy servant.

Through the night conduct me, Lord,
Peaceful sleep give Thou to me,
Wroth and foul-thoughts O Lord
May not govern me at all.

O Lord, Thy servant I am
Guard my body while I sleep
Keep Thy bright angel's guard
O my Lord, by my side.

Christ Thy life-abiding
 Holy body that I ate
 Keep away from my heart
 Evil desires that destroy.

While I sleep in this night
 May Thy holy blood guard me
 Be Thou always-redeemer
 For I am Th-ine image.

Thy hand shaped me, O Lord
 Shadow me with Thy right hand
 Let Thy mercy be a fortress
 Shielding me- all around.

While my body silent lies,
 May Thy power keep vigil;
 Let my sleep in Thy presence
 Be- like the rising incense.

Thy mother who did bear Thee
 By her prayers for me Lord
 Let not evil touch my bed,
 While I slumber in this night.

By Thy pleasing sacrifice
 That absolved me from my distress
 Forbid from me the wicked one
 That keeps tro-ubling me.

By Thy kindness O my Lord
 Thy promise in me fulfilled
 By Thy holy cross, O Lord
 Protect my li-fe perfect.

O Thou who-pleased in me
 Feeble and sinful servant I am
 May I praise Thy mercy,
 When I wake up from my sleep.

May Thy servant know Thy will
 In Thy true-loving kindness
 Grant me O Lord Thy mercy
 So that I may walk with thee.

Jesus Christ, O my Lord
 Grant to us Thy servants
 An evening filled with peace
 And a night of graceful sleep.

True light Thou art O Lord
 Praise we thy bright glory
 We children of Thy light
 Praise Thee for evermore.

O savior of mankind
 Thy servants praise Thy mercy
 As we do in this world
 May it be in heav'n above.

Praise to Thee, O my Lord
 Praise to Thee, O my savior
 Praise a thousand thousand fold
 Praise we Thou O Jesus Christ.

Thou who does receive our prayers
 Thou who grants supplications
 Heed Thy servants' prayers
 Kindly grant our petitions.

Kurielaison, Kurielaison, Kurielaison

PSALMS 91, 121

Barekhmore, Those who dwell in the secret place of the most high,
 whoever abides under the shadow of the Almighty.

Barekhmore, I will say of the Lord, He is my refuge and my fortress:
 my God; in Him will I trust.

For He shall deliver you from the snare of stumbling, and from idle
 talk.

He shall cover you with His feathers, and under His wings you will be safe: His truth shall be your armor.

You shall not be afraid of the terror by night; nor of the arrow that flies by the day; nor for the plague that travels in the darkness; nor for the destruction of the wind in the noon.

A thousand shall fall at your side and ten thousand at your right hand.

But they shall not come near you; only with your eyes you shall behold and see the reward of the wicked.

Because You are my Lord, my refuge, who has made His habitation in the most high.

No evil shall come near you; no plague shall come near your dwelling.

For He shall give His angels charge over you, to keep you in all your ways.

For they shall bear you up in their bands so that your foot shall not dash against a stone.

You shall tread upon the lion and adder; and you shall trample the young lion and the dragon.

Because he has sought Me, I will deliver him and strengthen him; he shall call upon me because he has known My name.

I will answer him and I will be with him in trouble. I will strengthen him and honor him.

I will satisfy him with long life and show him my salvation.

I will lift up my eyes to the mountains, from where comes my helper?

My help comes from the Lord, who made heaven and earth

He will not let your foot to tremble; he who keeps you will not slumber.

Behold, he that keeps Israel shall neither slumber nor sleep.

The Lord is your keeper; the Lord shall overshadow you with His

right hand.

The sun shall not smite you by day, nor the moon by night.

The Lord shall preserve you from all evil; he shall preserve your soul.

The Lord shall preserve your going and coming from henceforth and forever more.

To you belongs the praise, O God. Barekhmore.

PRAYER OF MOR SEVARIUS (AD 460-538)

Halleluiah, Halleluiah, Halleluiah, Men'olam vadhamol olam ol meenamen

O Lord, who sits in the shadow of the most high protect us under the wings of your mercy, and have compassion upon us.

O Lord who hearkens to all by Your grace listen to the supplication of Your servants.

O glorious King, our savior give us peaceful evenings and sinless nights

We set our eyes unto you; forgive our debts and sins and be merciful to us in this world and in the world to come.

O Lord, may Your loving kindness shelter us and let your mercy guard us. May your cross protect us from the evil one and his legion.

Let Your right hand unveil us all through the days of our lives.

Let Your peace reign among us. Grant hope and salvation to all the souls who make supplication unto you.

By the prayers of St. Mary, who gave birth to you, and of all your saints; O God, forgive our debts and have mercy upon us.

PRAISE OF THE CHERUBIM (Ezekiel 3:12)

Leader: + Blessed be the glory of the Lord, from His Place forever.

People: Holy and glorious Trinity, have mercy upon us. (3 Times)

Leader: You are Holy and glorious forever.

People: You are Holy and glorious forever. You are Holy and your name is blessed forever.

Leader: Glory to You, our Lord

People: Glory to You, our Lord. Glory to You, our hope forever. Barekhmore.

Leader: Our Father who art in heaven

People: Hallowed be Thy name. Thy Kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. Let us not into temptation, but deliver us from the evil one; for Thine is the Kingdom, the Power and the glory forever and ever. Amen.

THE NICENE CREED (325 AD)

Leader: We believe in one true God

The Father Almighty; maker of heaven and earth, and of all things visible and invisible: And in one Lord, Jesus Christ, the only-begotten Son of God; begotten of the Father before all worlds; Light of Light, very God of very God; begotten, not made; being of the same substance with the Father; and by whom all things were made:

+ WHO FOR US MEN, AND FOR OUR SALVATION, CAME DOWN FROM HEAVEN

+ AND WAS INCARNATE OF THE HOLY VIRGIN MARY, MOTHER OF GOD, BY THE HOLY GHOST, AND BECAME MAN;

+ AND WAS CRUCIFIED FOR US IN THE DAYS OF PONTIUS PILATE, AND SUFFERED, AND DIED, AND WAS BURIED:

And the third day rose according to His will; and ascended into Heaven, and sat on the right hand of His Father; and shall come again in His great glory, to judge both the living and the dead; whose Kingdom shall have no end:

And in the one living Holy Spirit, the life-giving Lord of all, who proceeds from the Father; and who with the Father and the Son is worshipped and glorified; who spoke through the Prophets and Apostles:

And in the One, Holy, Catholic and Apostolic Church; and we confess one Baptism for the remission of sins; and look for the resurrection of the dead, and the new life in the world to come Amen, Barekhmore.

Sthoumenkalos: Kurielison, Kurielison Kurielison

Lord have mercy upon us, Lord be kind and have mercy, Lord answer us and have mercy upon us.

Glory be to You, Our Lord Glory be to You, Our Lord; Glory to You, our hope forever. Barekhmore

Leader: Our Father who art in heaven....

Leader: Hail Mary...