

LAKEWOOD RANCH

plastic surgery



Before treatment instructions...

Avoid sun exposure, use of tanning beds, tanning lotions, and/or spray tan applications for 4 weeks prior to treatment. You must not have a tan, sunburn, or self-tanner on the treatment area at the time of your treatment.

Please disclose all medications, supplements, and health history to your practitioner during your consult. Some medications and conditions may make your skin more sensitive to light, affect healing, or increase your risk of bruising. Avoid Aspirin, Advil, Motrin, Ibuprofen, Fish Oils, Vitamin E, and other blood-thinning medications or supplements for 5-7 days before your treatment. If you are on a prescribed blood thinner or photosensitive medication, please notify your practitioner during your consult. You may use Arnica montana oral pellets a few days prior to and after treatment to help reduce possible bruising and swelling.

Avoid waxing, bleaching, tweezing, or the use of hair removal creams in the treatment area.

Please discontinue any topical products containing active ingredients 3-5 days prior to treatment, such as Retinol (Retin-A, Tretinoin, Vitamin A), Glycolic Acid, Salicylic Acid, AHAs (Alpha-hydroxy acids), LHAs (Lipo hydroxy acids) and Benzoyl Peroxide.

Just use a gentle cleanser, moisturizer, and sun protection.

If you have been treated for acne with Accutane, you may not have this procedure for at least 1 year after discontinuing Accutane.

If you are pregnant, you may not have this treatment.

Avoid dermal filler and neurotoxin injections 1 month prior to and after the procedure.

Aftercare is important to prevent complications. Detailed instructions will be provided on how to care for your skin immediately after treatment. You will need to use a gentle cleanser, moisturizer, and mineral sunblock. Recommended products are available for purchase at the office. It is important to discuss a skincare regimen with your practitioner for optimal results.

Last but not least, prepare yourself for radiant skin!

Please call our office with any questions or concerns.

941-500-3350