



Flight Feathers Ballet 2024 Dance Intensives for Pointe Level Intermediate/Advanced Students!

These intensives are an opportunity for upper level pointe students to continue building and advancing their pointe/ballet technique over the summer. Offerings include daily technique and strengthening classes, work on classical variations, opportunities to learn from diverse guest instructors, and informative sessions to help elevate your dancers' health and wellness. Keep up the progress and momentum your dancer has been building with their hard work! We also are offering intensives with focuses on other dance styles!

Cost of **one week** of Swan Lake Camp: \$159

Cost of **two weeks** of Swan Lake Camp (includes show participation): \$343

Cost of Dancer's Health and Wellness Camp: \$237

Cost of Teen Hip Hop Boot Camp: \$159

Cost of Contemporary as Digital Arts: \$237

Discount for **2** camps: **10% off**

Discount for **3** camps: **15% off**

Early Bird Discount (Ends Feb 27th) : **Additional 10% off**

Swan Lake Dances and Summer Showcase: (Ballet & Pointe)
Monday 7/8 ~ Thursday 7/11 at 6:30pm - 8:30pm Monday 7/15 ~ Thursday 7/18 at 6:30pm - 8:30pm
<i>- Students will learn and refine variations and group dances from the Swan Lake Ballet. They will have the option of doing one week or two weeks, with the second week ending in an outdoor performance showcase. This week will challenge students and help grow their artistry.</i>
Dancers' Health and Wellness Camp: (Ballet & Conditioning)
Monday 8/5 ~ Thursday 8/8 at 4:30pm - 7:30pm
<i>- This camp will teach general concepts for building health and wellness as a dancer. We will work on strength conditioning, injury prevention exercises, flexibility, and overall well being. The week will provide guest teachers and speakers that will provide insight on student's overall longevity in dance and beyond.</i>
Teen Hip Hop & Jazz Funk Boot Camp: (Hip Hop & Jazz)
Monday 7/29 ~ Thursday 8/1 at 5:00pm - 7:00pm
<i>- Hip Hop students will have a chance to improve their Hip Hop technique and movement in this intense four day boot camp! Break a sweat while learning fun choreography and building strength and endurance!</i>
Contemporary as Digital Arts: (Contemporary)
Monday 8/12 ~ Thursday 8/15 at 5:00pm - 8:00pm
<i>- Students will learn beautiful and poetic choreography while improving their contemporary movement and technique in this intensive. The week will culminate with filming the choreography on the final day.</i>