



FALL 2023 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

MONDAY

No Class Nov 6

[Royal Oak Recreation](#)

(248) 246-3180

Keller Elementary

1505 N Campbell Rd, Royal Oak

Sep 11 – Dec 4

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

12 weeks

Yang Family Tai Chi Chuan – *Beginners 1 (Brian)*

Yang Family Tai Chi Chuan 49 Hand Form

Push Hands – *Beginners Basic Circles & Continuing with All Circles*

TUESDAY

[Oak Park Recreation](#)

(248) 691-7577

Oak Park Recreation

14300 Oak Park Blvd, Oak Park

Sep 5 – Oct 24

Nov 7 – Dec 12

11:15 am – 12:00 pm

8 weeks

6 weeks

Yang Family Tai Chi Chuan Hand Form – *Continuing*

WEDNESDAY

No Class Nov 22

[Bloomfield Township Senior Services](#)

(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

Sep 6 – Oct 25

Nov 1 – Dec 20

10:30 – 11:15 am

8 weeks

7 weeks

Yang Family Tai Chi Chuan Hand Form – *No Beginners*

THURSDAY

No Class Nov 23

[Royal Oak Senior Community Center](#)

(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Sep 14 – Dec 7

9:15 – 10:00 am

12 weeks

Chen Style Tai Chi Chuan Hand Form – *Beginners & Continuing*

[Royal Oak Recreation](#)

(248) 246-3180

Keller Elementary Gym

1505 N Campbell Rd, Royal Oak

Sep 14 – Dec 7

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

12 weeks

Yang Family Tai Chi – *Beginners 2 (Brian)*

Silk Reeling and Chen Style Laojia Yilu - *Continuing*

Single Fan

SATURDAY

No class Nov 25

[West Bloomfield Parks & Recreation](#)

(248) 451-1900

Drake Sports Park

6801 Drake Rd, West Bloomfield

Sep 23 – Oct 28

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

6 weeks

Yang Family Tai Chi Chuan – *Beginners, Section 1*

Yang Family Tai Chi Chuan Hand Form – *Sections 1-2*

Yang Family Tai Chi Chuan Push Hands & Saber – *Basic Circles*

Nov 4 – Dec 16

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

6 weeks

Yang Family Tai Chi Chuan – *Beginners, Section 2*

Yang Family Tai Chi Chuan Hand Form – *Continuing, Sections 1-2*

Yang Family Tai Chi Push Hands & Saber – *Cont., All Circles*

YANG FAMILY TAI CHI RANKING EVENT – LEVELS 1 – 5

Date Saturday, November 11, 2023

Submission deadline October 11, 2023

Time 2 – 5 pm

Location: Royal Oak Senior Community Center
3500 Marais Ave, Royal Oak

Updated 08-13