

## BUS TRIP TO PRINCE RUPERT

Tilly has booked the bus for a trip to Prince Rupert for Seniors' Week Wednesday, June 6th. For more information call Tilly at 632-6728 or see or call her at the Centre 632-3405.

## APRIL SOUP AND SANDWICH LUNCHEON AND EASTER TEA

This was a great afternoon with 90 people attending as well as the staff. Thank you to all the volunteers who worked very hard to make this occasion a big success. Special thanks to the members for the delicious soup, cupcakes, and hot cross buns.

The Easter Tea presentation was done by the Craft Group. Table Decorations, raffle tickets, as well as door prizes were supplied by this very busy group. Thank you to all for a great job well done. A big thank you to the ladies for the wonderful hat presentation. Good ideas and lots of work.

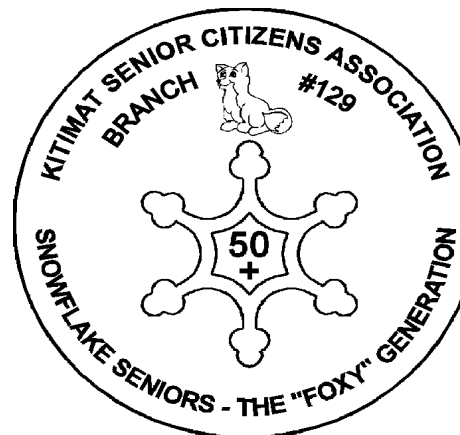
We had some lucky winners in the hat parade:

First - Linda Riley  
Second - Eylene Craven  
Third - Alice Andrews

Thank you to the three judges - Honorable Mayor Phillip Germuth, Mary-Ellen Proctor (LNG C) and Sgt. Graham Morgan (RCMP).

Winners of the Raffle were Judy Scott and Linda Partington.

The Senior Centre would like to thank you all for your support.



# April NEWSLETTER

**KITIMAT SENIOR CITIZENS ASSOCIATION  
BRANCH # 129**

658 Columbia V8C 1V5

**Phone:** (250) 632-3405

**E-mail:** kitsca@citywest.ca

**Website:** www.kitimat seniors.com

## MONTHLY MEMBERSHIP MEETING

**Our April membership  
meeting will be held  
Thursday, April 12, 2018  
at 1:00 pm.**

***Two free tickets will be  
given away for the***



### 2018 Kitimat Seniors' Centre Executive

Tilly Bachmann—President.....	250 632-6728
Barbara Knapton—1st Vice President....	250 632-4393
Sharron Keller—2nd Vice President.....	250 632-4589
Barb Thomas—Treasurer.....	250 632-2500
Gillian Mullins—Secretary.....	778 631-2270
John Tymchyshyn—Director.....	250 632-7497
Janice Bienias—Director.....	250 632-4552
Richard Krickan—Director.....	250 632-7813

# Upcoming Events

## NEWS FROM YOUR CENTRE

There was a great turnout of 28 people to our St. Patrick's potluck dinner with lots of delicious home-made food and baking. A good time was had by all and a thank you is extended to all who attended and to Sharon Keller for organizing this event.

Twenty four people had a great time attending the dinner theatre in Terrace. There was lots of laughter and good food. Thanks to all who came out for this fun filled evening.

I am sad to announce that we have lost our programmer but we are in the process of hiring a replacement and hope we will be hiring someone soon. We would like to thank Tracy for her service which was much appreciated. We wish her well. In the meantime everything is running smoothly.

Thank you. President Tilly

Entertainment caller Terry Dillabough has said goodbye until the fall. If anyone is interested to call for us (Ladies or Gentlemen) please contact Tilly. Entertainment is our main income and we need this revenue. Thank you to all our members and please think about this job.

We will be voting on the three proposals being put forward for presentation at the Annual General Meeting. Copies have been forwarded to members by email and they can also be viewed at the Center.

Diane Dessureault is available to help you with preparation of your income taxes. Call the centre to submit your name and phone number and an appointment will be arranged.

Please note that the "Driftwood Trees" event advertised in the Kitimat Leisure Services Guide, which was to have taken place on April 24, has been cancelled and will be replaced with the "Age Friendly Presentation."

## Chili Cook Off

Join us for a fun afternoon at our 5th Annual Chili Cook Off. Members get to judge who has the best chili in town and prizes will be awarded for the best dressed cowboy and cowgirl. All proceeds will go to the Canadian Cancer Society.  
Tuesday, April 17 and 12 p.m. Cost is \$7.  
Payable in advance at the Seniors Centre.



## Age-Friendly Assessment Presentation

Date: April 24th

Time: 1 - 3 p.m.

Where: The Senior Centre

Join us for this presentation on the upcoming 2018 Kitimat Age-Friendly Assessment. After the presentation you will have a chance to win free prizes!

## Sick & Visiting

**Please remember to phone Carol Paul if you know of someone sick or in need of a visit at 250-632-5628.**



Card and flowers were taken to Maria Calado following her knee replacement.

An anniversary card was given to Frank and Dina Da Silveira on the occasion of their 50th wedding anniversary.

A card was given to Ian Scott following his unfortunate incident at the Marina.

Card and fruit basket to Louis Gallant following his illness.

Brought card and flowers to Marion Amado in hospital.

Brought tulips to Eileen Rowlett.

A sympathy card was given to Maria Pacheco who recently lost her husband and a sandwich tray was provided by the Seniors

## Committee Members Contact List

<b>Bridge</b>	Richard Krickan	<b>Hosting the Centre</b>	Barb Knapton
<b>Carpet Bowling</b>	Ray Foster	<b>Membership</b>	Helen O'Neill
<b>Choir &amp; Ukulele</b>	Fran Hrynkiw	<b>Newsletter</b>	Sheila Reeves
<b>Computer Users</b>	Helen O'Neill	<b>Pancake Breakfast</b>	Tilly Bachmann Betty Jankauskas
<b>Crafts &amp; Bazaar</b>	Shari Burrows	<b>Pickle Ball</b>	Theresa Mildenberger
<b>Cribbage</b>	Michael Middleton	<b>Potluck &amp; Socials</b>	Anne Ferguson
<b>Cycling Group</b>	Kathy Walker	<b>Publicity</b>	Jean Nidd
<b>Entertainment</b>	Tilly Bachmann	<b>Purchasing</b>	Tilly Bachmann
<b>Exercise Chair Yoga</b>	Frank Da Silveira	<b>Recycling</b>	Grant Macdermid Cans—Sharron Keller
<b>Floor Curling</b>	Gene Dielschneider	<b>Senior Counselor</b>	<b>VACANT</b>
<b>Line Dancing</b>	Aileen Ponter	<b>Sick &amp; Visiting</b>	Carol Paul
<b>Mahjong</b>	Barb Knapton	<b>Sueca</b>	Evaristo Cabral
<b>Maintenance</b>	Earl Keller & Bill Whitty	<b>Whist</b>	Tilly Bachmann

## Community Committee Representatives

<b>BC Community Response Network</b>	Lois Marleau & Kathy Walker
<b>Kitimat Advisory Housing Committee</b>	Sandy Knowles & Helen O'Neill
<b>Kitimat Hospital Advocacy Group</b>	Helen O'Neill
<b>Age Friendly Community Committee</b>	

Check out the Kitimat Leisure Services Guide for information on some events being planned for the next few months:

Understanding Osteoarthritis                      Seniors Golf Day

Let's Ride the Bus                                      BBQ Lunch

Celebrating Seniors Week June 3-9

Monthly Soup & Sandwich Luncheons (usually with a guest speaker).

Each month we plan to provide some information to the community regarding activities which take place at the Seniors' Center or at neighbouring Riverlodge. Newcomers are always welcome and Kitimat residents 50+ can participate in an activity three times before they are required to become a member of the Association. Membership is \$25.00 per year and gives you the opportunity of becoming involved in a variety of activities. A nominal participation fee is charged for some activities.

### CARPET BOWLING-Contact Ray Foster 250-639-5370



Carpet bowling is played indoors on a green felt carpet 30' x 6' of approved material. There are two teams per carpet and 2 to 4 players per team. The object of the game is for each team to get their ball closest to the jack, which is a small white ball that has been rolled to the opposite end of the carpet. The team with the most points at the end of 8 ends wins the game. Explanation and demo on how to play will be done when you come. We play every Tuesday and Thursday from 1:30 to 3:30. Come and join us—we have lots of fun!


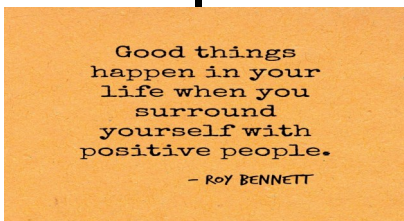

### CRAFTS AND BAZAAR-Contact Shari Burrows 250-632-7389



The Snowflake Senior Centre hosts a weekly craft get together on Wednesday afternoons from 1 to 3. This gathering is now in its 20+ year with approximately 10 regular attendees. The group is open to any Senior Centre Member who enjoys a social afternoon of fun and creative activities. No specific talent is required. We all offer our expertise in areas we feel comfortable. Knitting, card making, rock painting, seasonal table decorations are just some of the activities that keep us busy. We end the afternoon with tea or coffee and interesting and entertaining conversation. No two weeks are alike.

We also receive requests for decorations for seasonal events such as Christmas Tea and Bazaar, Robbie Burns Dinner, Oktoberfest, and July 1st parade to name a few. We accept all requests (big or small) as a welcoming challenge to our creative minds. Come on out and be pleasantly surprised by the amount of fun and laughter the experience can be. For more information contact Shari Burrows at the above phone number. **ALL ARE WELCOME.**

# A p r i l 2 0 1 8

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	7 am Tai Chi <b>10 - 10:30 "Cop of Coffee"</b> 11 am Exercise 12:15 Sueca 1 pm Cribbage 7 pm Bridge	7 am Tai Chi 9 am Pickle Ball 12:15 Sueca 1:30pm Carpet Bowling 1:30pm Sing Along Grp 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 9 am Pickleball 11 am Chair Yoga 12:15 Sueca 1 pm Mahjong / Crafts 1 pm Floor Curling 7 pm Whist	7 am Tai Chi 9 am Pickle Ball 12:15 Sueca 1:30pm Carpet Bowling 1 pm Ukulele Group 1:30pm Knitting Group 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 10:30am Line Dancing 11 am Exercise 12:15pm Sueca	
8	9	10	11	12	13	14
	7 am Tai Chi 11 am Exercise 12:15 Sueca 1 pm Cribbage 7 pm Bridge	7 am Tai Chi 9 am Pickle Ball 12:15 Sueca 1:30pm Carpet Bowling 1:30pm Sing Along Grp 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 9 am Pickleball 11 am Chair Yoga 12:15 Sueca 1 pm Mahjong / Crafts 1 pm Floor Curling 7 pm Whist	7 am Tai Chi 9 am Pickle Ball <b>1 pm MEMBERSHIP MTG</b> 2 pm Ukulele Group 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 10:30am Line Dancing 11 am Exercise 12:15 Sueca 1:30 Computer Users	
15	16	17	18	19	20	21
	7 am Tai Chi 11 am Exercise 12:15 Sueca 1 pm Book Club 1 pm Cribbage 7 pm Bridge	7 am Tai Chi 9 am Pickle Ball <b>12:00 Chili Cook Off</b> <b>Register &amp; Pay in advance</b> 1:30pm Carpet Bowling 1:30pm Sing Along Grp 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 9 am Pickleball 11 am Chair Yoga 12:15 Sueca 1 pm Mahjong / Crafts 1 pm Floor Curling 7 pm Whist	7 am Tai Chi 9 am Pickle Ball 12:15 Sueca 1 pm Ukulele Group 1:30pm Carpet Bowling 1:30 Knitting Group 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 10:30am Line Dancing 11 am Exercise 12:15 Sueca	
22	23	24	25	26	27	28
	7 am Tai Chi 11 am Exercise 12:15 Sueca 1 pm Cribbage 7 pm Bridge	7am Tai Chi 9 am Pickle Ball <b>Age friendly meeting 1-3</b> 1:30pm Carpet Bowling 1:30pm Sing Along Grp 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 9 am Pickleball 11 am Chair Yoga 12:15 Sueca 1 pm Mahjong / Crafts 1 pm Floor Curling 7 pm Whist	7 am Tai Chi 9 am Pickle Ball 12:15 Sueca 1:30pm Carpet Bowling 1 pm Ukulele Group 6 pm Entertainment	7 am Tai Chi 8:30am Table Tennis 10:30am Line Dancing 11 am Exercise 12:15 Sueca	
29	30					
	7 am Tai Chi 11 am Exercise 12:15 Sueca 1 pm Cribbage 7 pm Bridge					