

Helping the Distressed Clinician by Identifying and Treating Burnout

By Jonathan E. Prousky, ND, MSc, MA, RP
Professor, Chief Naturopathic Medical Officer
Canadian College of Naturopathic Medicine

Complete References

Many of the listed references are review articles, so many of the primary references were not directly cited in this article.

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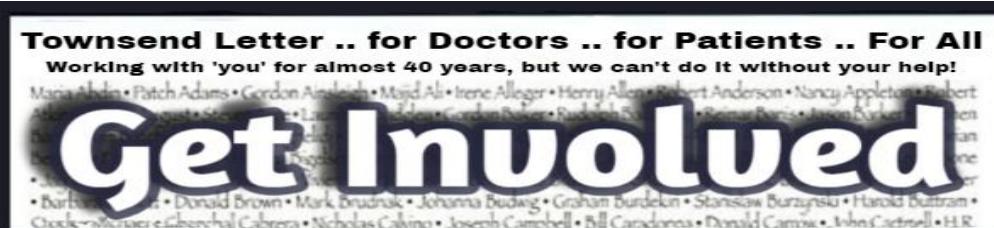
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Burnout Assessment Links

1. **Burnout Self-Test (informal assessment tool; free):** https://www.mindtools.com/pages/article/newTCS_08.htm
2. **Maslach Burnout Inventory (MBI; license required):** <https://www.mindgarden.com/117-maslach-burnout-inventory-mbi>
3. **Oldenburg Burnout Inventory (OLBI; free):** <https://www.mdapp.co/oldenburg-burnout-inventory-olbi-calculator-606/>



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