



Scripps Green Hospital 10666
N Torrey Pines Rd La Jolla,
CA 92037

12/30/2021

To whom it may concern,

I have had the pleasure to work with Mr. Robert Palardy while he served as the infection control specialist at Balboa Nursing and Rehab. We have collaborated very closely together as my role of medical director for the facility and as an attending physician for Scripps Clinic Medical Group in the Division of Geriatric Medicine. Since Mr. Palardy has been working at Balboa Nursing and Rehab, the facility has benefited tremendously from his dedicated services. Mr. Palardy consistently demonstrated and delivered exceptional care and attention to detail managing the very difficult task of mitigating detrimental consequences from the COVID pandemic. Rob was very thorough, diligent, and dependable with his efforts on prevention and formulating action plans for managing complex situations regarding infection control. He has a passion for patient care that translated into exceptional care and also integrated himself into the multidisciplinary care team and he proved to be a vital component in the operations of the facility. Objectively, Covid transmission reduced substantially in the facility since Mr. Palardy started his infection prevention role at Balboa. He also followed best of practice guidelines for antibiotic stewardship and provided frequent education to the nursing staff on adhering to various infection control precautions on the medical floors. It is without reservations that I give my highest recommendation to Mr. Palardy as an infection control director. He has been a tremendous asset to Balboa Nursing and Rehab and I am confident he will continue to deliver exceptional care at any facility that is fortunate to work with him.

Christopher Plaman MD

A handwritten signature in black ink, appearing to read "Chris Plaman", followed by the date "12/30/21".

Medical Director, Balboa Nursing and Rehab
Scripps Clinic Medical Group, La Jolla
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