

Straight Talk

A publication of Fairview Riverside AA
U of M Medical Center

Meeting
Listings
Inside

Visit us online
<http://www.aafairviewriverside.org/>

January—February 2017

The AA Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self-pity will disappear.

We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away.

Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

*Are these extravagant promises?
We think not.*

They are being fulfilled among us - sometimes quickly, sometimes slowly.

They will always materialize if we work for them.

From the Big Book of Alcoholics Anonymous

The Serenity Prayer

God
the serenity to
things I can

The courage
the things I

And the
know the

grant me
accept the
not change,

to change
can,

wisdom to
difference.



"I ought to go to an AA meeting tonight, but I can't—my wife's sick."

AA World Services

"I AM RESPONSIBLE FOR MY OWN SOBRIETY"

Keep Coming Back!

I was on vacation early in sobriety driving down the US Pacific Coast and hit a meeting at a nice facility right next to the ocean. I knew no one in the room and was sitting quietly at a table watching the room fill with a laughing, animated crowd. Suddenly, I heard yelling erupt at a table next to me. An angry guy was standing over another guy shaking his fist and shouting at him. A couple of AA members got between the two and escorted the yeller to the door. As they opened the door and ushered the yeller out you could have heard a pin drop. All of the laughter and chatter evaporated as we watched a rare occurrence in AA: a member being tossed out of a meeting. One of the bouncers suddenly stopped, returned to the door, opened it and yelled, "Keep coming back!" The roar of laughter that erupted could have been heard across the ocean in Japan. The chatter and light heartedness returned and we had a wonderful meeting.

After the meeting, I noticed several men outside the facility talking with the yeller who seemed to have calmed down. It felt good to be a member of a society that had the ability to handle an explosive situation in such a humorous, fair and graceful manner.

Keep Coming Back!

By Lunchbox From AA Grapevine Forum



This program is so simple:

Help someone else and we get so much more happiness back. Remember, we had our Higher Power (HP) who helped us in "not so good times", the cold weather. I have called quite a few AA friends, who I hadn't talked to all winter. Some were okay and others who were not so fortunate. I do not try to "fix" anyone, but I surely do coax them to come back to meetings, which are so important to me. I make myself available to them, and believe me it works. Yes, I try to carry the message of my HP as He would want me to do. The door opens to those who really want sobriety when we carry the message.

Remember God gave us free will and I like to think that I am part of my HP who expects me to do His will. I have had so many gifts from God I am aware of, that I pray never to give up on my Higher Power. I pray to stay by His side forever. As I have said thousands of times, I know that He is better and higher than my pills and liquor. If I want peace, serenity, and happiness, I try to help others, try to guide them, and try to lead them to their own HP, whatever or whoever it might be for them.

Remember spring is coming, and to me this is such a good feeling. Easter is when He goes up to Heaven. I hope to be in that beautiful place too. Think about opening up Heaven just for today...

with your Higher Power.

By Bee P



Visit us online ... <http://aafairviewriverside.org/>

Join us for a
Speaker Meeting

Brennan Center
East Building
Sunday @ 7:15pm

AA
Sunday
Night



The General Meeting on Sunday nights @ 7:15pm is looking for **Trusted Servants** who will help set up and facilitate this Speakers Meeting. If interested, please contact us at feedback@aafairviewriverside.org

12-step Opportunities



Fairview Riverside AA – U of M Medical Center

To keep the program, we must give it away!

General Meeting – Sunday speakers – 7:15pm
– Brennan Center – East Building

AA Wing Meeting – Saturdays – 6:30pm –
5th Floor Treatment Center – Cafeteria

Fairview Riverside – U of M Detox Center –
Sundays – 8:30pm

Annual Gopher Sate Round Up – AA Hospitality Suite – Memorial Day Weekend (May) - Double Tree Hilton Hotel – Bloomington

For more information, please email Fairview Riverside Board of Trustees at feedback@aafairviewriverside.org

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Thanks & Gratitude to Dave O.

By Lynn S.

We are saying “THANKS” to *Straight Talk* editor, Dave O. The November-December issue was his last time publishing this newsletter. Dave served as editor of the Straight Talk newsletter since the 1980’s. He got help with ideas and articles from other AA members at Riverside and from local printers, but otherwise, did all the planning, layout, and editing himself. Dave’s marvelous use of images, and the overall sharpness and clarity of the entire publication, has made it a one-of-a-kind, world class AA publication.

Dave has attended meetings for decades, starting when the M-Health facility on Riverside was known as St. Mary’s Hospital. Among the groups he has attended is Squad 1, which still meets at 8 p.m. **Saturday** nights in the Brennan Center. Over the years, Dave not only helped others by creating and publishing *Straight Talk*, but he has created a legacy of stories, experience, strength, and hope that has helped his own sobriety as well as that of so many others. *Thank you Dave!* from your fellow AA’s at Fairview Riverside and best wishes as you continue on the “road of Happy Destiny!”



from

Fairview Riverside Board of Trustees

7th Tradition

Every AA Group Ought To Be Fully Self-Supporting

Trustees Financial Report Summary

October 2016

Sq. 1 \$11
Sq. 2 \$32
Sq. 9 \$29
Sq. 20 \$69
Sq. 43 \$16
Sq. 47 \$45
Sq. 57 \$41
Sq. 70 \$23
GM \$87
TOT \$353

Expenses: \$85.91

Closing

Balance: \$2,347.63



U of M Medical Center Fairview Meeting Listings

AA (Alcoholics Anonymous)

Day	Group	Time	Location
Monday	3	5:30pm	East Bldg - Dining Room E
	43	7pm	North Bldg/Ground Level NG48
Tuesday	57/36	1pm	West Bldg - Fifth Floor F571
	62	7pm	Bethany Lutheran Church—Franklin Avenue @ 25th Avenue
	9	8pm	North Bldg/Ground Level NG42
Wednesday	32	5:30pm	East Bldg - MB114 (Dining Room F)
	20	7pm	West Bldg - 5th Floor F541
	71	7:30pm	West Bldg - 5th Floor F572 (signing meeting- American Sign Language only)
Friday	46	7pm	East Bldg-MB114 (Dining Room F)
	70	8:30pm	North Bldg/Ground Level-NG42
Saturday	1	8pm	East Bldg/Brennan Center
Sunday	47	5:30pm	East Bldg-MB114 (Dining Room F)
	General Meeting	7:15pm	East Bldg/Brennan Center
	2	8:30pm	East Bldg /Brennan Center
Trustees			2nd Sunday each month 6:15pm East Bldg/Brennan Center lobby

Monthly Treasurer's & Secretary's Reports on website

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Trustees

Bruce M. – Sq. 62
Lynn – Sq. 1
Stephanie F.-General Meeting
Jim M. – Sq. 70
Brian M. – Sq. 20

Looking for Reps from:
Sq. 2 Sq. 3 Sq. 9 Sq. 32 Sq. 43 Sq. 46
Sq. 47 Sq. 57/36 Sq. 71

Please send a representative from your Squad!

People who don't go to meetings aren't there to see what happens to people who don't go to meetings.

* Is your group not listed? Is it listed incorrectly?

Please leave a note with any changes in AA group #70 mailbox.

Mailboxes are located in the West Building—Room F537