

Straight Talk

A publication of Fairview Riverside AA
U of M Medical Center

Meeting
Listings
Inside

Visit us online
<http://www.aafairviewriverside.org/>

May - June 2019

PLEASE POST ON BULLETIN BOARD

"We Will Be Amazed"



**GOPHER STATE
ROUNDUP XLVI
MAY 24, 25 and 26, 2019**



Activities and Accommodations at:
DoubleTree by Hilton Hotel,
Highway 100 & 494, Bloomington, MN

MEETINGS • SPEAKERS • FELLOWSHIP • HOSPITALITY ROOMS • A.A. FILMS

REGISTRATION – \$20.00 Contribution (ages 13 & over)

Visit www.gopherstateroundup.org for registration

Guaranteed Special Room Rates

Register early for the best rate. Details at
www.gopherstateroundup.org

or directly with DoubleTree by Hilton at 800-222-8733.
Mention Gopher State Roundup for special rate.

Gopher State Roundup is a special A.A. conference
with Al-Anon participation.

Gopher State Roundup is self-supporting.
No contributions from A.A. groups are used to pay
for this event.

Expenses such as hotel fees, travel & lodging for
the speakers, and printed material are paid through
registration fees.

No baskets are passed during this event.

SPEAKERS

FRIDAY, MAY 24

7:30 PM Terri K., A.A., Woodville, OH
10:00 PM Adam T., A.A., Los Angeles, CA

SATURDAY, MAY 25

9:30 AM Jenny P., Al-Anon, Eureka Springs, AR
11:30 AM Richard B., A.A., Quebec, Canada
2:00 PM Aaron J., Al-Anon, Charlotte, NC
4:00 PM Pat N., A.A., Minneapolis, MN
(Long-timer presentation)

7:30 PM Joe C., A.A., Palm Coast FL
10:00 PM Tiffany H., A.A., Indio, CA

SUNDAY, MAY 26

10:00 AM Ralph W., A.A., Los Angeles, CA

ASL interpretation is provided for the meetings listed above.

CDs are available in the Grand Ballroom foyer.

2018

**Roundup attendance
7,080**

Why should I stay at
the hotel for the round-
up?

- Enjoy 70+ Hospitality Suites many with FREE food and beverages!
- Park once when you arrive and stop worrying about finding a parking spot for the rest of the weekend!
- Experience the entire weekend: Don't miss any of the AA and Al-Anon speakers; Check out an Alternative Language Meeting;
- Visit the AA archives; Stay up late with our Room to Grow Meetings.
- Take a little down time at the Roundup without missing the ballroom speakers... watch on closed circuit TV from the privacy of your hotel room!

**AA at Fairview Riverside
Hospitality Suite 115**

Great Fellowship + Conference Speakers on TV + Snacks

"I AM RESPONSIBLE FOR MY OWN SOBRIETY"

Chapter 5

How it Works

“Rarely¹ have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being **honest** with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous **honesty**. “ page 58

“Nothing counted but thoroughness and **honesty**.” page 65

Honesty – The First Step In Sobriety

Honesty does not come easy to everyone. There are many people who prefer to keep certain things quiet. Maybe it is because we were taught from a young age to always “keep up appearances”. Maybe we have learned through the years that it is best to put on a “mask” in front of family and friends in order to “appear” well-adjusted and happy. I was raised to believe this was the way to live. However, choosing to keep secrets can cause real harm. Honesty, it turns out, is the way to go if we are to have a sense of peace within.

Alcoholism and other addictions can truly hamper a person’s life to the point of bankruptcy – not just financially but physically, mentally, and spiritually as well. The first step to correcting this situation is to get honest and admit that there is a real problem. There is a phrase in the Big Book of Alcoholics Anonymous (Chapter 5) which refers to alcohol as “cunning, baffling, and powerful”. If you or anyone you know suffers from an addiction of any kind, then you know that these words are true. You may not understand why you or a friend or a loved one is acting the way they are, but if they are caught up in the insanity of addiction, there may not be any logical explanation for the behavior being exhibited.

Getting honest may be very difficult for an alcoholic or an addict. It may mean we have to give up our substance of choice. If we are truly addicted, this is not an exciting prospect. Fear sets in and we may not be able to imagine life with or without our alcohol or drugs. This could bring on a feeling of hopelessness and despair; not knowing where to turn can be terrifying. *Turn to the Big Book’s Chapter 5.*



01-12-12 | BY TIM STODDART SOBERNATION

Visit us online ... <http://www.aafairviewriverside.org/>

Join us for a
Speaker Meeting

Brennan Center
East Building
Sunday @ 7:15pm

AA
Sunday
Night



The General Meeting on
Sunday nights @ 7:15pm
If interested in helping out,
please contact us at
feedback@aafairviewriverside.org

12-step Opportunities



Fairview Riverside AA – U of M Medical Center

To keep the program, we must give it away!

General Meeting – Sunday speakers –
7:15pm – Brennan Center – East Building

AA Wing Meeting – Saturdays – 6:30pm –
5th Floor Treatment Center – Cafeteria

Fairview Riverside – U of M Detox Center – Sundays – 8:30pm

Annual Gopher State Round Up – AA Hospitality Suite 115—Memorial Day Weekend - May 2019

For more information, please email
Fairview Riverside Board of Trustees
at

feedback@aafairviewriverside.org

Visit us online

<http://www.aafairviewriverside.org/>

Ultimately, **honesty** is the key to taking the first steps to recovery. It may seem scary and it may seem impossible, but it is the best way to get the help needed to turn one's life around. I know of many wonderful people who felt hopeless and lost before they got sober. They always tell me the same thing – once they admitted complete defeat (Twelve Steps, Twelve Traditions) they were able to start recovering from the despair they felt every day. There are many methods to getting sober, but starting with the principle of **honesty** makes for a great beginning.

Additional Meetings at U of M Medical Center

DAY	GROUP	TIME	LOCATION
			ACA ACOA
Monday	10	8:00pm	North Bldg—NG22
Tuesday	4	9:00pm	North Bldg—NG22
			Al-Anon
Monday	36	7:00pm	North Bldg—NG23
Tuesday	33	7:00pm	Bethany Lutheran Church Franklin Ave @ 25th Ave CA
Wednesday		8:30pm	West Bldg—Floor 5 #541 GA
Sunday		7:00pm	East Bldg—MB114 NA
Friday		8:00pm	East Bldg—Brennan Cen. OA
Monday		4:45pm	East Bldg—MB114 WA
Wednesday		11:30am	(Workaholics Anonymous) East Bldg-Dining Rm E
Thursday		8:00pm	Opiates Anonymous (Closed Meeting—Alumni) West Bldg—Floor 5 #557

7th Tradition

Every AA Group Ought To Be Fully Self-Supporting

Your contributions support:

- AA Meeting Rooms' monthly rent stipend
- *Straight Talk* Newsletter
- Gopher State Hospitality Suite
- General Meeting & 12 step supplies/medallions
- GSO & AA service organizations
- AA at Fairview Riverside website

That's why
we pass the
envelop!



Drop Box
located in the
West Building
Room F537

U of M Medical Center Fairview Meeting Listings

AA (Alcoholics Anonymous)

Day	Group/Squad	Time	Location
Monday	3	5:30pm	East Bldg - MB114 (Dining Room F)
	43	7pm	North Bldg/Ground Level NG48
Tuesday	57/36	1pm	West Bldg - Fifth Floor F571
	62	7pm	Bethany Lutheran Church—Franklin Avenue @ 25th Avenue
Wednesday	20	7pm	West Bldg - 5th Floor F541
Friday	70	8:30pm	North Bldg/Ground Level-NG42
Saturday	1	8pm	East Bldg/Brennan Center
Sunday	47	5:30pm	East Bldg—MB114 (Dining Room F)
	General Meeting	7:15pm	East Bldg/Brennan Center
	2	8:30pm	East Bldg /Brennan Center

Trustees 2nd Sunday each month 6:15pm East Bldg/Brennan Center lobby

Visit our new Facebook page—**StraightTalk Society**
<https://www.facebook.com/groups/371595779928822/>

On another note... Please elect a new trustee for your AA squad/group and have them attend the next trustees meeting. The trustees meet on the second Sunday of the month in the Brennan Center lobby in the East Building at 6:15pm.

Monthly Treasurer's & Secretary's Reports on
website

Visit us online

<http://www.aafairviewriverside.org/>



Trustees

Bruce M. – Sq. 62
 Lynn – Sq. 1
 AJ W.- General Meeting
 Jim M. – Sq. 70
 Kyle W.
 Grant - Sq. 2
 Jim W.- Sq. 3
 Karl K. - Sq. 57

Looking for Reps from:
Sq. 20 Sq. 43 Sq. 47

Please send a representative from your Squad!

People who don't go to meetings aren't there to see what happens to people who don't go to meetings.

• Is your group not listed? Is it listed incorrectly?

Please leave a note with any changes or your writing submission in:

AA group #70 mailbox—located in the West Building — Room F537