

Upcoming Events/Announcements

If you know of someone who has become homebound or who has moved to a care center, please let us know and we will include them in our caring ministries. We love our whole church family and want to ensure that everyone is included, remembered, and loved.

The **missions for May** include 1) recognizing Canyon Lake Elementary School teachers and staff with a breakfast, and 2) supporting Passages, a program for women making the transition from incarceration, homelessness, treatment centers, and trafficking. The women are growing and harvesting a vegetable garden and creating a few flower beds. Please help support these impactful community outreach missions!

Register for Camp! You can find the registration link at www.dakcamps.org. Canyon Lake UMC provides scholarships that pay 50% of the cost for each of our campers, **so remember to use our church code (580181CA)** when you register in order to activate your discount. If you need help signing up, please let Erin or Matthew know.

Westside Preschool & Daycare is looking for a cook.

Experience working with food is preferred but not mandatory. Duties also include shopping for groceries and washing dishes. Call Jen at 605-342-7474 if you are interested in knowing more.

Adopt a Spot (Outdoor Edition): Some of the outdoor areas of our church need some TLC, and we are looking for individuals, families, or groups to Adopt a Spot. Projects may include weeding flower beds, staining furniture, occasional watering, etc. Contact Sandra at (605) 415-0414 for more information.

Calendar Items & Events

May 19: Fellowship Event at Storm Mountain -Time TBD

May 19: Last Sunday School/Graduate Recognition/Teacher Appreciation

May 26: Beginning of Summer Worship Hours



For the week of
May 5, 2024

**Canyon Lake
United Methodist Church
Rapid City, SD**

The Power of the Psalms

The Book of Psalms was the ancient Jewish version of our hymnal. The psalms were not spoken as much as sung. There is a huge variety of themes throughout the book. Compare Psalms to our worship songs. There are songs of joy, of sorrow, of meditation, of grief, of invitation, of celebration... and so much more. If someone were to walk up to you and sing or even just say the two words "Amazing grace...", you would immediately know the song and maybe even wind up singing it the whole day. The same is true for this book. Psalms is the largest book in the Bible. It contains the largest individual chapters. It is a crucial worship resource that changed (and continues to change) the lives of countless generations down through the millennia.

Prayer: From Psalm 23 - The Lord is my shepherd, I shall not want for anything. You, O God, make me lie down in green pastures. You lead me beside still waters. You, O God, restore my soul. You lead me in paths of righteousness for your own name's sake. Even though I walk through the darkest valley, I will fear no evil, because you are with me. Your rod and your staff comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil. My cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord... forever. Amen.

Monday 5.6 "A Crucifixion Psalm" Psalm 22

Verse 1: "My God, my God, why have you forsaken me?" These are the words Jesus spoke on the cross. He was not speaking his own words. He was speaking the words of a song that moved him to the depths of his soul in the heart of his deepest pain and trouble. Today is a long reading, but read the entire psalm. You will recognize other elements of the crucifixion. Mark them or write them down. This psalm is incredibly important in our Christian journey. (Especially look at verses 6-8, 11, 14-15, 16-18.) Notice how powerfully the words move from absolute disaster in the beginning to celebration at the end.

Tuesday 5.7 "We Cry Out to God" Psalm 30

Many psalms hold two ideas in tension: I am lost and hurting; God is faithful and is with me. It is possible to experience both the dark and the light, for each outlines the other. "God, where are you?" is met with "God is always here." How have you experienced this?

Wednesday 5.8 "Trusting God" Psalm 34

Psalm 34 shows David's heart as he faked being out of his mind in order to hide his true identity from others. Despite the outward roles you play for others to see, what is in your heart? Does your heart trust and praise God, or is it turned inward upon yourself?

Thursday 5.9 "Waiting Patiently" Psalm 40

In humility, we are told to wait patiently (one of the most difficult things of all to do!). What verses do you find to be most powerful? Why? How do they affect you?

Friday 5.10 "As the Deer" Psalm 42

Read the psalm, but then I invite you to go online and find the song "As the Deer." The psalms were not just

used for singing thousands of years ago. They are used all the time today. Listen!

Saturday 5.11 "A Psalm Prayer" Psalm 46

After reading through the psalm, take some time to pray using verse 10 "Be still and know that I am God." Speak each word/phrase and then breathe slowly before speaking the next phrase: Be... Be still... Be still and know... Be still and know that I am... Be still and know that I am God... Be still and know that I am... Be still and know... Be still... Be... Amen.

Sermon Notes
