

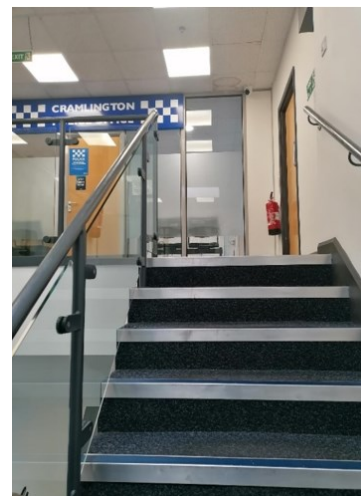


## Visiting AIM at Manor Walks Community Rooms

**Address:** Manor Walks Community Rooms, Manor Walks Shopping Centre, Cramlington, NE23 6YB



Use the stairway to the left of Newcastle Building Society



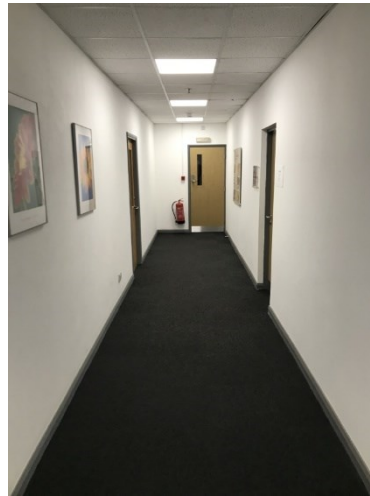
Autism In Mind are commissioned by NHS North East and North Cumbria ICB to provide psychoeducation and preventative support to autistic adults.



If you are attending an **appointment**, we will meet you at reception.



If you are attending **Me, Myself and Autism**, the room is located along the corridor.



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### Free Parking

South Mall Car Park (Vue Cinema)

Postcode: NE23 6UL

### By Taxi

Manor Walks has a taxi drop off and pick up point located in the East Car Park, adjacent to Sainsbury's, or at the West Car Park, outside Asda.

### By Bus

There are a number of bus routes throughout Cramlington, for detailed timetables and up to date information please visit Arriva or Go North East. For impartial travel advice contact Traveline on 08712 002233.

### By Train

Manor Walks is situated 5 minutes walk away from Cramlington Railway Station. A regular rail service operates from all parts of the country as it is located on the main East Coast line. For all timetable details telephone 08457 484950 or search National Rail for further information.

If you need any further support regarding your visit, please do not hesitate to get in touch with us by telephone 0191 5700047 or email [contact@autisminmind.com](mailto:contact@autisminmind.com)