

# ELITE SPORTS COACHING

## PARTNER SCHOOL SUPPORT PACKAGES

2018

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### **Services We Offer:**

Extra-Curricular Clubs | Lunchtime Support | PPA Cover | CPD Team Teaching | Intervention Groups & Workshops | School Sports Teams & Sports Days |

### **Our Staff Have The Following:**

DBS Check | Safeguarding Certified | First Aid Qualified | Minimum Level 2 Recognised NGB Qualifications | Placed On The SMBC Coaches Register | Company Insurance

# EXTRA CURRICULAR CLUBS

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This programme is an excellent service for primary schools and **helps with childcare** from **7.45am – 9.00am & 3.00pm – 5.30pm** for working mothers, fathers and carers. Breakfast clubs help with improving behaviour, timekeeping, social skills, respect for others & **preparing them for a full day of learning**. After School clubs are great fun for the children **keeping them active** and **creating opportunities** to participate in other sports.

We can run a selection of clubs throughout the year such as:

- Key Stage 1 Fun Sports Clubs
- Multi Sports
- Football Clubs & Girls Football Clubs
- Dance
- Specific Sports
- School Sports Teams
- Alternative activities including Bench Ball, Dodgeball, Frisbee, Handball, Tri-Golf, Yoga Well-Being sessions and many more...

## Service Linked to Which Key Indicators?

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|----|--|
| 1. | The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school |
| 4. | Broader experience of a range of sports and activities offered to all pupils   |



# LUNCHTIME SUPPORT

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We create an opportunity for children to be **occupied and motivated** during each lunchtime. The team of coaches will work with the school to create a **safe, vibrant and exciting environment at lunchtime** for all children to enjoy. We will provide a **structure to your playground** that will allow all children to play a variety of sports in a safe way in zoned out areas. We can put **measures** in place to make sure that **lunchtimes are an active part of the day for your school**.

We can do this by providing multiple sport stations around the playground and sports field which can include;

- Mini soccer football • Tennis with nets • Kwik Cricket • Dodgeball
- Uni hoc pitches • Badminton with nets • Rounders' (Summer Term)
- Basketball courts/shooting stations • Keep the beat skipping & hula hoops

**One of our schools noticed that incidents and inappropriate behaviour dropped by 72% since we took over their lunchtime provision.**

## Service Linked to Which Key Indicators?

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school



# PPA COVER

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It can be difficult to meet the demands of PPA during a normal school day therefore providing a break within the school day for physical education is where we can give a helping hand.

**There are many more benefits when using Elite Sports Coaching to cover your PPA:**

- Our team will take responsibility for the planning of all lessons
- We will provide all lesson plans to the school that are in line with the National Curriculum.
- We set half termly objectives and plan sessions individually to enhance individual pupil learning.
- We assess all children each term in line with your school's process.
- All our coaches are assessed internally and externally once a term and feedback is provided to the school.
- We are reliable, you'll never be left without a member of staff, we cover sickness with our own team.
- All our staff are experienced in working within schools delivering National Curriculum sessions.



# CPD TEACHER TRAINING

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We know that delivering PE within the primary school sector is something not all teachers feel comfortable doing. This is where Elite Sports Coaching can **help**, provide **solutions** and strive to **improve the delivery** of your physical education programme.

## What we can do:

1. We will offer guidance to a select number of teachers to support them in delivering PE lessons across the whole curriculum.
2. Train teachers to deliver Games & Dance activities to a higher level.
3. Provide session plans and ideas to help deliver a variety of warm up games, technique practices, skill based learning, game related exercises & tactics/awareness.
4. Help teachers develop their knowledge in a range of sports to give all children lots of different experience when playing sport.

### Service Linked to Which Key Indicators?

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport



# INTERVENTION GROUPS & WORKSHOPS

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## Intervention Groups

- Challenging Behavior: Small groups to help develop respect and channeling their energy
- Inactive Children: Evidence based groups that need to lead a healthier & more active lifestyle
- Low Confidence: Small groups to help develop social skills and confidence in a pressure free environment
- Gifted & Talented Groups: Small groups of high achievers who need challenging in a competitive environment

## Team Building

Working in classes or year groups that need to get on better we can run sessions in and out of the classroom to improve working together, linking to the school's core values

## Character & Resilience

In the modern world, there are plenty of ups and downs children must deal with and they will all come across disappointment at some stage, we can use sports as a tool to develop grit, determination, work rate and resilience to overcome these setbacks.



## Healthy Lifestyle Workshops:

We can run workshops for small groups, whole school assemblies and even parents to help develop a better understanding of why leading a healthy lifestyle is so important.

### **Service Linked to Which Key Indicators?**

- 2.** The profile of PE and sport is raised across the school as a tool for whole-school improvement

# FREE SCHOOL TEAM, REWARD DAYS, SPORTS DAYS, FITNESS DAYS

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If you become one of our **Partner Schools** with any of the above services we will provide all year-round FREE support with the following:

1. **FREE - School Teams & Competitions:** School team preparations for all the local competitions, as well as taking them to the tournaments too.
2. **FREE – Reward Days/Xmas & Summer Fairs:** If your school needs any support or just wants some fun activities available as part of your rewards day we are on hand to help.
3. **FREE - Sports Days:** Help with school sports day, so whether you want to stick with your normal school sports day or look at something different our coaches would be on-hand to take care of the whole thing or support.
4. **FREE - Fitness Days:** During healthy eating week, walk to school weeks or any week your school decides to focus on improving lifestyle & fitness we can help by providing activities throughout the day.

## Service Linked to Which Key Indicators?

5. Increased participation in competitive sport



# IMPACT EVIDENCE

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**How do we show what we are delivering works?**

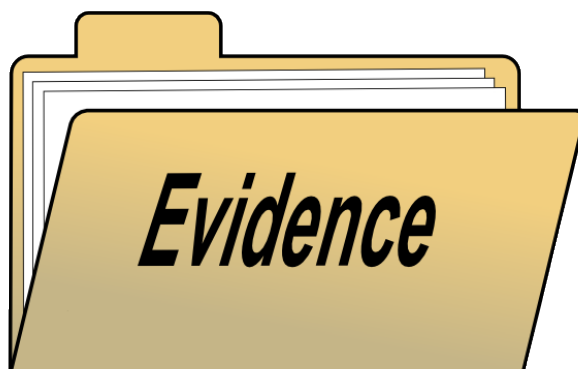
**How can we help your school show OFSTED that you are hitting the 5 key indicators and spending your money correctly?**

**Do you want a provider who does more than just come in & deliver a service?**

Instead of just sending a coach in to lead & deliver any of the above services, the lead coach within your school will compile a folder of evidence to show the impact of your school's sports provision programme.

This will include evidence such as:

- Assessment Tests
- Video Evidence
- Termly Reports
- Analysis Data
- Teachers, Parents & Children Surveys
- The Most Important, Pupils Voice





# SAMPLE TERM PLAN

AUTUMN TERM					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING		CPD Teacher Training		CPD Teacher Training	
LUNCHTIME	Multi Sports Provision & CPD Middy Staff	Multi Sports Provision & CPD Middy Staff	Multi Sports Provision & CPD Middy Staff	Multi Sports Provision & CPD Middy Staff	Multi Sports Provision & CPD Middy Staff
AFTERNOON	Interventions & Workshop	CPD Teacher Training	Interventions & Workshop	CPD Teacher Training	Inter House Competitions
AFTER SCHOOL	Multi Sports KS1	Football All Years	Dance All Years	Yoga & Well Being All Years	Dodgeball/Handball KS2

## 5 KEY INDICATORS:

1.	The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2.	The profile of PE and sport is raised across the school as a tool for whole-school improvement
3.	Increased confidence, knowledge and skills of all staff in teaching PE and sport
4.	Broader experience of a range of sports and activities offered to all pupils
5.	Increased participation in competitive sport

# CONTACT US

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**£180 FULL DAY  
OR £130 FULL  
DAY IF AFTER  
SCHOOL IS  
PARENT PAID**

**£130 HALF DAY  
OR £90 HALF  
DAY IF AFTER  
SCHOOL IS  
PARENT PAID**

**SERVICES CAN  
ALSO BE  
DELIVERED  
INDIVIDUALLY  
NOT AS A HALF OR  
FULL DAY**

Interested in knowing what programme we can create for your school and having a sports provision programme that has a whole school approach?

**Then please get in touch today!**

**E:** [info@elitesportscoaching.com](mailto:info@elitesportscoaching.com)

**T:** Ben Mangan directly on 07773 043240

**elite sports  
COACHING**