

# JOSHIAH

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*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

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**Joshiah:** ... as you so graciously create this space and this time for us to have the opportunity to enter into and to share in your reality; for us to enter into your vibrational level. And, once again, we express our gratitude for these opportunities that you present to us.

Now, we continuously suggest that should you choose to express the intent, there are a multitude of entities that accompany us into this sacred space you have created. Those entities are grateful for the opportunity to interact and exchange with you telepathically on what we have termed the silent level. And so, should you choose to express the intent, we assure you that that interaction most certainly will and does occur.

Now, as is our custom, we would ask you for a moment's silence to allow for the entities that would be with us to enter into this room. As well, we ask you to express the intent for a further thinning of the veil, for there are many more that anxiously await the opportunity to enter into and to share with you in your reality. We would also use that moment of silence in order to balance and enhance the energy within this space, and to fine-tune our connection with our friend (*the channel*). So if you would, we would ask for a moment's silence please.

(Pause)

Well now, well, it is indeed a rather unique assembly of entities that we have with us this afternoon. For you see, as each of you who are new to our interaction attend one of our meetings, you bring with you a group of entities that are anxiously awaiting this opportunity to interact with you and to share with you in your vibrational level. Now, of course it's not necessary that you have to attend this type of an interaction in order for you to communicate, in order for you to have contact with those entities, but nonetheless, many of you believe that it's necessary. And as you hold the beliefs, so you create the reality to support the belief. So you have much more success when you enter into a group like this where there is a rather common theme, a rather common intent, to allow for these entities to interact and to share and to exchange with you.

However, again, it's most certainly not necessary for you to have to attend this type of session or this type of an activity in order for you to experience that exchange

and in order for you to benefit from that exchange of information with those entities that exist outside of your vibrational level, outside of your reality. Indeed, while you are in your altered states of consciousness, while you are in your dream states or your meditative states, you most certainly do interact with those entities on an ongoing basis. It is however, within your consciousness (*conscious state*) that you have the difficulty in believing that you have within you the capacity for that interaction and so this type of group session where there is that common intent helps to intensify the energy and the entities that are within this sacred space that you have created. And you consequently experience what seems to be a much more successful transference of that information.

Again, we suggest there is an exchange of information at that silent level, should you choose to express the intent and to allow for that interaction to occur. For, again, entities that exist outside of your vibrational level cannot enter into your vibrational level, cannot interfere in the creation and in the activities within your vibrational level because of your choice to establish and maintain the veil. That energy, which is similar to an electromagnetic type of field, prevents outside interference in your vibrational level, and allows you to create this reality without any type of interference. However, when you express the intent to allow for that interaction to occur on what we have termed the silent level, then there is a transference of information that occurs which is much more accurate, much more complete, than the transference of information that you hear through the limited use of a vocabulary as we attempt to express ourselves through our friend Elias (*the channel*).

Now, at times you may feel that you have not experienced much of an exchange of information at that silent level. However, we assure you that at various levels of your consciousness or your subconsciousness, so to speak, you most certainly are experiencing and have the opportunity to experience that interaction. And the results of that interaction may not be felt until what seems to you to be some time hence in this rather imaginary time frame you exist in. Those results of the interactions may come into your consciousness level in the forms of intuition or synchronicities that seem to magically happen in your everyday world. They are as a result of your expressing

the intent and of allowing other entities to interact and to exchange with you.

Now, because of the energy that exists within this place, within this sacred place that you have created this afternoon, we would suggest there is a very strong possibility that you may have interference once again with your recording system. You see, we do not always have control over your apparatus. At times it is your energy and it is the energy of the entities that exist and come into this sacred space that cause the interaction with your recording system that results in nothing being recorded in the form of words on your magnetic strips. However, what is recorded is the energy that is present within this place and which is disrupting, and from your perspective, at times even destroying the ability of your recording system to operate properly. However, once again we suggest that that's not entirely within our control. We simply suggest that because of the number of new entities from your vibrational level that are with us this afternoon, that indeed entities from the other side of the veil are also new and are also welcoming this opportunity to interact with and to exchange with each of you. Whether you choose that interaction or not is up to you.

Now, there's another rather interesting phenomena that occurs and we have suggested it to you many times before. And that is that those entities who interact with you are sharing with you information that you have within yourselves. You see, within this vibrational level there is a rather common belief held among many of the entities that exist within your vibrational level, that entities that are on the outside of your vibrational level somehow have access to information that you do not have access to. And we would suggest that that simply is not true. Indeed, you have the access to information that we do not have access to.

You see, you exist within a vibrational level that restricts access to others by the maintenance of the veil. And by restricting that access of others into your vibrational level, you also restrict others from outside of your vibrational level to the access of the information you have within this vibrational level, that is contained within each and every one of you. And so, many times the information we express and the information you receive on this exchange at the silent level is an exchange of information which you hold within yourself, which you desire to bring forth into your consciousness in order to assist you on this transformation into the new age and into the new energy, in order to assist you in understanding and becoming competent at consciously creating your reality. So, again, many times that silent message is a reflection back to you of information that is contained within you.

You see, the entities that enter into this sacred space that you have created come to interact with you, most certainly, but they come to learn from you. They don't come to teach you. They don't come with information

that you don't have access to, but rather they come to learn from you, to learn from the information that you contain, which they do not have access to unless you grant the permission, unless you express the intent and give the choice. So these entities that wish to interact with you most certainly are anxious to learn from you. They are anxious to share in the experiences and the feelings that you experience in this reality, and in return they offer you that feeling of unending support and unconditional love. They help you to understand that at some level within your consciousness you are a Piece of God and you are responsible for the creation of this reality and you create this reality from a position of love. They help you to understand you have the opportunity to experience that love and to bring it into a state of your consciousness where you have the opportunity to appreciate it and apply it to yourselves and your everyday creations; and to understand that you are a Piece of God and you are indeed capable of the self-love that's necessary in order for you to create the reality that you desire.

Now, we've spoken to you many times of beliefs, how beliefs precede your reality. First you hold the belief, then you create the reality to support the belief. It doesn't work the other way around, although at times within your vibrational level, because of your creating and erecting the veil, it somehow seems that way. It seems that an event occurs and from that event, you begin to believe. However, we suggest that it's the other way around. First you believe, and then from the belief, you create the event to support the belief system. So it becomes critical that you understand what your beliefs are. If you wish to change your reality, if you wish to create the reality you desire, if you wish to alter your reality, then you must alter your beliefs.

Now, that becomes a rather difficult concept at times. For you see, as we have suggested, you bring belief systems into this incarnational period that are belief systems you have developed and formed in other incarnational periods, or in your between incarnational periods, [at that time when you are between existing within this consciousness, within this reality.] You see, when you are between incarnation states—we hesitate to use the term die, because you can't die, you never really die, but you enter into between incarnation states—during that period you still have not entirely left this particular vibrational level that you exist at. At that time, you still exist within, to a certain extent, the limitations of a veil that restricts your understanding of who and what you truly are. And at that time, you had the opportunity to form belief systems to bring into the incarnational period in order to assist you to create realities that you desire in order to experience the feelings that you desire.

Now, it gets rather complicated in trying to express to you how it truly happens, because you believe in a linear time frame. You believe there was a time when

things began and there's a time when they end; there's a time when this life began and when it will end, and there's break in between when you are in the between incarnation periods, and then again you have a beginning of the next lifetime. However, all of those particular lifetimes and the between incarnation states, all of this reality, exists within the now. And so it becomes a very difficult concept to attempt to explain to you what the now is and how those belief systems that you feel you have brought in from the in between incarnation states, that you have brought into this lifetime, are indeed belief systems that are occurring simultaneously with the experiences you have within this incarnational period, with the experiences you have when you are between incarnations, and with the experiences you are having in all the other incarnations that are occurring simultaneously. So when we suggest to you that it's possible for you express the intent to allow for the old contracts and for the karma to fall away, if you hold those belief systems, you can now allow them to dissipate. You can step outside of that belief system.

We're saying those terms and we're using those words in order to fit into your understanding. You see, it all occurs in the now. And as it all occurs in the now, when you express the intent and you fully believe you have within you the capacity to allow for those belief systems to fall away, then you are altering the realities of all of the incarnation periods and all of the between incarnation periods, simultaneously. So it seems like the belief systems are falling away, and it becomes very difficult to get a grasp on what that belief system is because you begin to alter all of the realities. Again, that becomes a very difficult concept for you to understand and for you to believe that you can affect the past or you can affect the future.

The future, of course, seems to be much easier for you to understand because, in your linear time frame, you believe that it hasn't happened yet. And if it hasn't happened yet, then you can change it, you can alter it. Now, up to this time, you have had within what you feel are your past incarnations, the ability to predict the future. You see, some of your so-called prophets, some of those who had the ability to see into your future, understood that at that time the future was set, so to speak. And so they could predict the future, and predict it quite accurately.

At times, the future did not turn out to be exactly what the prophets said it was. Or at times, the prophet would use analogies in order to present an idea of what could be termed as your future. As they began to predict your future, and in many instances quite accurately predicted your future into centuries ahead in your linear time frame, they were not always absolutely accurate in the various circumstances surrounding those predictions. However, it's rather interesting if you were to think into your past and if you were to read certain historians' accounts of events that happened within

your past, you will find that they all vary. You'll find that none of them are absolutely the same. Even when you are attempting to explain your past or give an account of your past, you'll find that those accounts vary from individual to individual, just as the predictions of the future vary from individual to individual.

Now, another rather interesting concept to consider is that if you understand you can alter the future and if you understand that some of the predictions of what was occurring in the future were not completely accurate or were not entirely the same, then perhaps you could understand that in your past the accounts are not entirely accurate or not entirely the same; and it's as easy to alter your past as it is to alter your future.

So when you express the intent to allow for those belief systems, which you feel you have brought into this incarnation period, to fall away, in a sense you are altering your belief system, period. And that belief system is having an effect on all of the incarnations that you are experiencing. So it becomes very difficult for you to get a grasp of what the belief is. It becomes very difficult for you when you awaken from your dreams and you feel that somehow you have had this inspiration but you can't quite recall what it is. Yet you know that it's going to have a rather profound impact on your life, and suddenly your life begins to unfold in a much different manner than what it has in your past. But in a sense you have changed the entire reality that you are experiencing—the past, the present, the future, and the between incarnation stages.

When you're in that dream state, at times you get a glimpse of what the now is. At that time, you have the opportunity to understand that many years can flash by you in an instant. You can be involved in an activity which you understand is from your past, and yet suddenly you're in the present or even in the future, and it's all in the blink of an eye. Because, you see, it's all simultaneous, and you get the opportunity then to get a glimpse of what the now is.

You see, there are two particular belief systems which you have established within the veil which make it very difficult for you to understand how your overall creation works. One of those beliefs is that there is a linear time frame, that there is a beginning and there is an end. The second belief is that there is space, that you are somehow separated from the other vibrational levels by a huge amount of space. And that also simply is not true. You are separated by a vibrational level; you exist within the same time and the same space.

When you begin to hold that concept of the now, when you begin to understand how all of your incarnations are affected by the choices and the decisions and the belief systems that you hold, it becomes much easier for you to understand that there is no such thing as what you would term death within your reality. You do not die, you alter states of consciousness. Now, you may sit here and say, "Well, that's not entirely true

because entities that I interact with within this particular vibrational level most certainly have died.” Again, we suggest that is because of your belief system in a linear time frame and your inability to get a grasp of the now and to understand that all of the realities that you experience are occurring at the same time.

You exist within this linear time frame that you have established in order to allow legitimacy to this reality, in order to intensify the feelings that you are experiencing within this reality. However, when you are in certain states of your consciousness, at times you most certainly understand that this reality is very illusionary, that it's not real, that it's the least real of all the realities that you exist in. However, when you are in your conscious state, most certainly it feels real. And it's rather ironic that the more that you believe it's real, the harder it is for you to alter it.

Now, there's a paradox that enters into that kind of thinking, and that is, “Well, if this isn't real, then why are we doing it? If this is all illusionary, then why do we put ourselves through all of this suffering? What's the purpose?” Well, the purpose is that you chose to enter into this vibrational level for the purposes of creating realities without the understanding of who and what you are. Then, as you create that reality, you have the opportunity to experience a range of feelings that is not possible when you understand that you are the ones responsible for the creation of your reality, that you are a Piece of God. Because of your maintenance of the veil, you have the opportunity to experience that much broader range of feelings.

So, most certainly when you exist within this linear time frame, you can experience the death of someone and you can experience all of the accompanying emotions and feelings that come with that response. However, we assure you that, at some level, you continue to interact with that entity. At some level you understand there is no such thing as death, but rather simply an altering of this reality you exist within. And at some level you continue to interact with and to share with those entities that you feel have left this vibrational level.

You see, it's rather interesting that for the most part, those entities have not really left your vibrational level. They still exist within the context of the limitations of a veil. We're not suggesting that they can't leave this vibrational reality if they so choose, but the majority of entities do not choose that. Rather, they choose to reincarnate to continue within this experience. You see, while at times this may seem like a rather harsh type of environment that you exist in, nonetheless it is on the leading edge of creation. There does not exist anywhere within all of creation a duplicate to this reality you are experiencing. Nowhere within all of creation is there any other vibrational level that exists within the limitations of the veil and limits the interaction from

interference of entities that exist outside of your vibrational level.

So this is a rather unique situation that you have created and that you are interacting in. And for the most part, you choose to stay within this vibrational level. Even if you choose to die, as you express it, you simply alter your consciousness and you have not entirely left this vibrational level. However, most certainly, when you are in what you feel [as] those between incarnation periods you are much more aware of who and what you are.

Again, it becomes a rather difficult concept to explain to you that all of that occurs simultaneously. So there is no separation between who and what you are. There is no separation between you and your higher self. It's not something you have to go find. It's something that you choose to restrict your understanding of by the strong maintenance of the veil. You are that Piece of God. It's not something that's separate from you that you have to go searching for. It exists within each and every cell of your being. That higher self is who and what you are. It's not separate from you at all. That portion of you which exists between incarnation states is who and what you are. It's not separate from you. It interacts with you, and you with it, on a continual basis to continue to create this reality that you desire and that you are experiencing. So you never really die.

If you never really die, then the next question is, “Well, why don't we live forever?” And that's a very good question, why you don't live forever. You see, when you existed in the Lemurian periods, when you understood what the now was, there was no time limit upon your existence within this vibrational level in the consciousness state. It was possible for you to come and leave quite readily from this consciousness and understand that you indeed had a portion of you which existed outside of this consciousness. Then you entered into the Atlantean periods—what we would call the end of the Lemurian periods and the pre-Atlantean period. At that time you began to exist within this vibrational level, within this consciousness, and within what you would call a human form, for very extended periods of time, up to within what your linear time frame now would refer to as a thousand years. It was quite common at that time for you to exist between five hundred and a thousand years. However, you chose to put restrictions upon the time limit that you existed within this consciousness. And you did it for what seemed to you, from the consciousness level, a very legitimate reason. And that is, each time you reincarnate you have the opportunity to come in with what you may refer to as a clean slate.

Now, of course you don't forget everything that occurred in your other vibrational levels. Most certainly not. You don't forget what occurred when you are in your other incarnational periods, but you seem like you do. It's much easier to forget. You see, when you are a

young entity, when you are first born within this vibrational level, you have within you a very conscious understanding of who and what you are. At that time you remember what it was like to be between incarnations. However, you have chosen to establish a rate of growth where you proceed beyond that understanding, and you forget. And you begin to think that this whole incarnational period is brand new. You have the opportunity, presumably, to experience events and occurrences that you have never experienced before, and it all seems brand new.

So you progress through your childhood and through your adolescence, experiencing all these brand new things that you've done thousands of times before. But, nonetheless, this time they seem brand new—that's how well you hide from the memory of who and what you truly are. You have the choice again to experience those feelings, those intense feelings. It's rather ironic that you experience, within your current vibrational level, what you may refer to as a first love, for example, and when that ends it has a crushing effect upon your reality. You feel like it's all come to an end. You feel like it's just been greatest catastrophe that's ever happened to you; and within this incarnational period, it is. You just don't remember that you've already done that many, many times before, and it's not really new at all. So it continues through all of your experiences that are your first times. And they're not really your first times, but they are the first time that you can remember.

So it became, within your understanding, much more pertinent to shorten your lifetimes in order for you to leave this particular incarnational period and then to reincarnate and experience all of those things again, rather than having to—what you felt within your consciousness—exist for that five hundred to a thousand years before you had the opportunity to come back into it again. It's like getting on a ride at one of your carnivals, and you ride around and around on a ride and you experience all of the particular phenomena that is possible for you to experience on that ride, and you continue to go around and around, and pretty soon the ride doesn't become all that interesting anymore. So you step outside of that carnival park and lose the memory of the ride, and now you turn around and come back in and get on the ride, and it's all brand new again. You'd forgotten what it was like the first time.

Well, it made much more sense to you to shorten the ride so that as soon as you had experienced the feelings and it began to feel like you knew it all, then you stepped outside of the carnival, forgot, came back in and got on the ride again. And it was all brand new, and you had the capacity to create new realities in order to experience those intense feelings over and over again.

Now, it's not that you had to get something right. You see, so many of your belief systems feel that you reincarnate and you come back cause you can't get it right in order for you to progress. It's not that way at all. You don't have to get anything right. You can't fail. No matter what you do within this vibrational level, we assure you that you cannot fail to return to the vibrational level that you came from. That's one of the stipulations that you put on before you stepped behind the veil, and that is that you cannot fail. So you don't have to progress. You don't have to continue to reincarnate in order to climb some kind of ladder in order to reach some type of ascension so that finally you can stop reincarnating. Not at all. You reincarnate because you choose to, and you could leave this vibrational level at any time that you choose to. But you choose to stay, and you choose to stay for the purposes of experiencing those feelings. And you choose to shorten your lifetime for the purposes of experiencing those feelings in a much more rapid succession.

Now, you're entering into a new energy where [there are] those who are within your reality who are predicting that you have the opportunity to lengthen your life span. Well, most certainly that's true. You see, if you believe that you can live longer, you can live longer. It's that simple. You create your reality through your beliefs. You have but to believe that it's possible, and you shall create the circumstances to support the belief and you shall experience a longer lifetime. Now, perhaps we've oversimplified and suggested that it's simply a matter of holding the belief. But that's not an oversimplification at all. You see, what's difficult is altering the belief. But once you alter the belief, once you truly believe, then you shall alter the reality to support the belief.

Within this vibrational level at this time, you hold the belief that living beyond a hundred years is a very difficult accomplishment. And say as you will, but to believe that it's possible to live for two hundred years, somewhere deep within in you we would suggest that is a very difficult belief for you to hold to the point where it's an absolute. Yet once you do, once you begin to hold that belief as an absolute, you shall begin to create the reality to support the belief. And as you enter into this new age and into this new energy, there are those who are beginning to hold that belief that an extended lifetime is somehow a preferable asset for you to have. They don't want to die. Well, you don't really die, so in all intents it doesn't matter. But, nonetheless, from your consciousness, it seems more desirable for you to live longer, to extend your lifetime, and so that possibility exists most certainly. And as more entities entering into this new age and into this new energy begin to hold that belief, then there is a synchronicity that occurs, and most certainly you begin to extend your lifetimes in order to support the belief system. So all of those are possibilities, most certainly.

But you see, what's important here is not that you're going to live a longer lifetime. Most certainly not. The really important concept to understand is that as you alter your belief system, you have the capacity to alter your reality. That's what's important. That's what you should bring into your understanding. That's the belief system that you would benefit from holding. You are the creators of your reality.

So, many times we suggest to you that there are three simple belief systems that you hold. The first being that you are the one that creates your reality. Accept the responsibility for your reality, and you shall have the opportunity to change it. The second belief system is that you are a Piece of God. The God that you search for exists within you, you are not separate. You are a Piece of God. And the third belief system is that you cannot fail. You cannot fail to return to the vibrational level from which you came. There is no test that you have to pass in order to ascend. You cannot fail. You are an entity who is a Piece of the One, who exists within this vibrational level that you create through your choices and your belief systems, and you have within you the capacity to choose to return to that vibrational level from where you came. Those are the three belief systems that we suggest would be beneficial for you to hold. All of the others you can alter if you wish, or you can reinforce if you wish, depending upon the reality you're experiencing and how well you like the reality that you're experiencing.

Now, some of you may have questions for us and we will break for a few moments and allow you to organize those questions. Once again, we remind you that during our intermission, the energy and the entities that are within this sacred space do not leave. And should you choose to express the intent, that silent interaction, that telepathic communication, will most certainly continue, and we would be most thankful for that opportunity. Now, we would break for a few moments and we will return and we would attempt to answer any questions that you may have for us at that time. And so we leave you, with love and with peace. ❁