

JOSHIAH

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November 17, 2001

Joshiah: ... once again an honor and a pleasure for us to have this opportunity to be invited into and to interact with you in and to share in your reality in your vibrational level. Now, we ask if you choose to open that area that you would refer to as your heart chakra, and to express the intent, once again if you choose, to allow for a further thinning of the veil to allow for those entities who would be with us to have the opportunity to enter into and to interact with and to share with each of you in your reality.

These entities who would be with us on this evening are quite anxious for the opportunity to interact with you on what we term the silent level, a telepathic type of communication that occurs between that portion which you refer to as your higher self and those entities who would be with us—those entities who come not only from the vibrational level that we exist at, but indeed from other vibrational levels that exist throughout all of what you would refer to as creation. You have but to shift your consciousness ever so slightly, close your eyes if you choose, and express the intent to have that interaction occur, that exchange of information that occurs at the telepathic level.

You see, we interact with you through the use of a vocabulary, and that vocabulary is very limiting in the ability to express with you and to exchange with you emotions, and feelings, and the true concept of communication. So when we ask you if you choose to express that intent for that silent communication to occur, there exists the very strong possibility that you will receive a much more accurate and pertinent exchange of information to each individual. That applies to each of you.

You see, we do not have all of the answers to all of the questions that you have. To feel that we are somehow an entity who has the ability to know all of the answers to your questions is to assume that we are somehow superior. And we are not. There is no entity throughout all of the vibrational levels that is superior to who and what you truly are.

Now, if you choose to open that area of your heart chakra and to express the intent for a further thinning of the veil, we assure you that there are a multitude of entities who are quite anxious for that opportunity to interact in your vibrational level and to share with each

of you. Now, we would request a moment's silence in order to allow for those entities to assemble and for us to adjust the energy within this place and to fine-tune our connection with Elias (*the channel*), and so if you would please allow us that moment's silence.

(Pause)

Well now, thank you once again for allowing us that moment and allowing us the opportunity to adjust the energy and to prepare the information that we are about to exchange with you this evening. It's a rather diverse and interesting group that we have with us this evening, most certainly, and it's a rather interesting activity that you have been participating in throughout your linear time frame at this particular day that you are experiencing. (*There was some channeling at a meditation workshop.*) It is rather interesting that you have spent the last several hours of your linear time frame attempting to alter your consciousness, attempting to alter your reality, and to step into what, for some of you, may seem to be a rather make-believe reality.

Some of you may doubt the images that come to you when you are in that state of relaxation and meditation and altered states of consciousness that you have been in, and you have a tendency to feel that that is indeed just your imagination, that it's an illusionary type of reality that you are experiencing. However, from our perspective, from our particular vibrational level, we would assure you that that reality you experience when you are in that altered state of consciousness is more real than the reality you are experiencing while you are in what you consider to be your conscious state.

You see, you have established a vibrational level where you have set in place electromagnetic types of energy that we refer to as the veil, that limits your understanding of who and what you truly are, and when you alter that consciousness, you do not step outside of the veil, most certainly not. You still exist within this vibrational level, but nonetheless you thin the veil, so to speak, and you begin to get a glimpse of who and what you truly are, and you begin to get a glimpse of what this reality is truly all about, and you begin to get a conscious understanding of what this reality is about.

When you alter your consciousness, as you have been experiencing during the last few hours, you are in a sense altering your consciousness for the purposes of

getting that understanding of what seems to be the imaginary, illusionary reality, and retaining memories of that activity and bringing them back into your consciousness. You are attempting to have your consciousness interacting with your subconsciousness so that you can remember it. But there is a reason why you can't do that and there's a reason why you find it so interesting, why it has such an attraction to you. Because you see, when you are attempting to alter that consciousness, at the same time maintaining your consciousness, you are attempting to validate what you know to be true—that you are much more than what you appear to be when you are in your consciousness state. None of you doubt that. None of you doubt that, but you want to have it validated. You wish to have a concrete piece of evidence that you can hold.

You see, it's very easy to suggest who and what you truly are. The words just come, and it flows. It's very simple to say to you that you are a Piece of God, that you are a Piece of the One. But you see, to say the words and to hold them at the conscious level, and to believe—to truly believe—is difficult. It's difficult for you because you have established that electromagnetic type of energy that exists throughout your entire vibrational level that limits the understanding of who and what you truly are. It's a very effective type of veil that not only limits your understanding of who and what you truly are, but it limits the entities that exist outside of your vibrational level from interfering, from communicating with you at the conscious level, from having the capacity to interfere in this vibrational level in this reality that you exist in.

As you attempt to alter your consciousness through the particular activities that you were involved in today, you are attempting to consciously validate that there is more, that there is indeed a higher self that exists within you. Now, we could tell you all to our heart's content that there is a higher self. We can tell you indeed that you are a Piece of the One, but for us to tell you has absolutely no validity. You must believe that. You must own that. And when you begin to own that, then there are other belief systems that also become very easy for you to own.

You see, we've said many, many times that there are but three belief systems you established when you came into this vibrational level, that you cannot alter. Indeed they are belief systems that exist throughout all of creation. They are not unique to each of you, any more than they are unique to the entities who exist outside of your vibrational level.

One of those belief systems is that you are indeed a Piece of the One. That seems like such an easy phrase to say, but there are actually no words which can accurately describe that particular belief system. For you see, when we suggest that you are a Piece of the One, we are not suggesting that there is a larger One and you are a tiny spark of that larger One and

somehow you are not equal to or that somehow you are inferior to that larger One. Not at all. What we're suggesting is that you are an equal part of the One. You are an equal Piece of the One. That is the belief system that is held throughout all of the vibrational levels, throughout all of what you would refer to as creation. It is an understanding that exists outside of the vibrational level that you exist at.

This vibrational level that you exist at is unique. It is not duplicated throughout all of the other vibrational levels. Now, that is not to suggest that all of the other vibrational levels do not have their own little peculiarities, their idiosyncrasies, and their (*inaudible*). Not at all. But your vibrational level is the only one where the entities choose to exist behind a veil that limits that understanding of who and what they truly are. And when we suggest to you that you are a Piece of the One, we are suggesting that you are equal to each and every Piece of the One that exists throughout all of the vibrational levels. There is no bigger Piece of the One, so to speak, that is superior to who and what you are. You are a Piece of the One. You are a Piece of what you would refer to as God. That is one of the belief systems that you cannot alter. It's a belief system that is a truism. It's who and what you are. You can't change that.

There is another belief system that it would benefit for you to hold. It's a truism that you cannot alter. You see, if you are an equal Piece of the One, and you have within you the same capacity to create throughout all of the vibrational levels as the capacity within each and every other Piece of the One that exists, then it follows that you have the capacity to create your own reality. And that is the second belief system that we would suggest is beneficial for you to hold. You create your own reality.

Now, it's very easy to accept responsibility for your reality when everything is just rolling along really nice, and you are having a great day, and you're finding the parking spots and the green lights are happening, and you suddenly discover that when you go to the bank that there is more money in your bank account than what you thought was there. Those are all great types of realities to accept the responsibilities for. It's a little more difficult when you skin your knee because you fall. It's a little more difficult when one that you thought was your everlasting mate decides to end the relationship. Suddenly it's not such a nice feeling to accept your responsibility for your reality any more. We would suggest to you, however, that you create your reality, absolutely. Not just some of it, but each and every moment that you exist in, you create the reality. You create your reality, based upon your belief systems.

Now, that's a difficult one for some to comprehend because there will be some who will suggest, "Well, I don't believe that. I don't believe I create my reality. My

neighbor is the one to blame for the problems that I have with the dandelions that are growing on my lawn. That's not my problem at all. That's as a result of my neighbor influencing my reality." Well, we're suggesting to you that if you allow the neighbor to have the influence over the dandelions that are growing in your lawn, that you are also allowing that neighbor to have power over your reality creation, and you are, in a sense, admitting that you do not have control. And where do you stop? Where do you draw the line?

You see, if you believe for an instant that you have the capacity to alter and to control any part of your reality, then you must believe that you have the capacity to control it all. It's very difficult to draw the line. It's very difficult to say, "I did not desire that." We're not saying that you necessarily consciously desired it. What we're suggesting is that at some level you hold a belief system that brought forth the opportunities to make the choices and the decisions to imagine what it was like to experience that reality. And that portion of who and what you truly are creates the reality you desire, without judgment as to whether it's right or wrong. It creates the reality that you desire, based upon the belief systems you hold and the choices and the decisions you make and the feelings you are experiencing. That's a truism, one which you cannot alter. You create your own reality and you have the opportunity to create it consciously, or you have the opportunity to create it through default. The choice is yours. There is no judgment on that choice. You can do it whichever way you choose, but you do do it. Absolutely. You do create your reality.

Now, the third belief system we suggest that you hold is the one that we feel is the most enlightening. You see, the third belief system is the one that is quite often put off by entities who first hear our message, because it seems so simple. It seems like such an insignificant belief system. But it's the key to the belief systems. And that belief system is that you cannot fail.

Now, when we suggest to you that you cannot fail, we are not talking about failing in a relationship; we are not talking about failing in your businesses; we are not talking about that type of failure. Those are illusionary things. They are not real. You think they are real. They appear real, and we are not belittling them at all by suggesting that the feelings that they create are not real. Most certainly you experience those feelings, but those particular interactions, this reality that you experience, is not real. And so when we say that you cannot fail, we are not referring to that type of failure.

What we are referring to is that you cannot fail to return to the vibrational level that you came from, or to a vibrational level of your choice that may be similar to the one that you came from. You cannot fail to return to the understanding of who and what you truly are. Now, when you can grasp the true meaning of that particular belief system, then you begin to understand how

illusionary this reality is and you can begin to put it into perspective. You can begin to alter your feelings surrounding the circumstances that you are experiencing. And when you alter your feelings surrounding the circumstances, you begin to alter the choices and decisions that you make, and you begin to alter the belief systems, and lo and behold, you begin to alter the reality. And you have the opportunity, then, to create the reality that you desire.

You see, when we suggest that you cannot fail, we are suggesting from a position of understanding who and what we truly are. We exist outside of the veil. We do not have those limitations that you have chosen to put upon yourselves. We have not experienced your type of reality, and we have no desire to do so. And as we have said before, we sometimes wonder why you would choose to do so. (*Chuckles*) It is certainly not our desire, although we are quite anxious to interact with you for the opportunity to experience the feeling, to experience without the necessity of stepping into your vibrational level.

Now, when you chose to enter into this vibrational level, you established all types of guidelines and rules and what we call the human consciousness belief systems, and as you come into what you feel is your area of consciousness—when you are in your awake state—at that time you feel that you are in the most real reality that you can experience, and you feel that you are in the most control of your reality. This is real. This is solid. You can reach out and touch things in this reality and they seem to be real.

From the position of who and what you truly are, you understand that this reality is illusionary and that the most difficult state for you to maintain is the conscious state. Now, while you seem to have difficulty at times maintaining that consciousness while you enter back into the other states—the meditative states, and the dream state, and the between incarnation state—nonetheless, we would suggest to you that from the position of who and what you truly are, from what we would call your higher self, that the consciousness level you exist in in your day-to-day activities is the hardest level of consciousness for you to maintain.

You understand that when you awaken into what you call your consciousness state you will not remain conscious for extended periods of time. You will understand and believe most certainly that you will sleep; you will enter back into that dream state. In fact, you are more certain that you will enter back into that dream state than you are certain that you will remain in the consciousness state. There isn't one of you sitting here today who would tell me that you can continuously maintain the consciousness state. You understand that you will enter back into that dream state.

Well, the next step, of course, beyond that dream state, is that you understand at some level that some time within your linear time frame you will die, so to speak.

You will enter into that between incarnation state. You see, you never really die. You simply alter your consciousness state, and you enter into that between incarnation state.

Well, there is sometimes within your consciousness, within that human ego, a desire to label things and to get an understanding of what is occurring, and what you can expect to occur, in what you would refer to as the afterlife. The perception that when you enter into that between incarnation state you are completely out of this vibrational level, we would suggest that that's not quite true. You are into the between incarnation state, most certainly, and you believe you are going to get there, most certainly. You understand that you are going to physically die within this incarnational period. You accept that as an absolute given. Well, when you are in that between incarnation state, we would suggest to you that it's an absolute given that you will leave this particular vibrational level at some time, and you will return to who and what you truly were, to that consciousness understanding of who and what you truly are. You cannot fail. You cannot fail to return to that understanding. It's a given. It's an absolute.

So there are the three belief systems: you are a Piece of God—you are a Piece of the One; you create your reality, not only some of it, but each and every moment of your reality; and you cannot fail, you cannot fail to return to the vibrational level, or a similar vibrational level, that you came from. Those are given. And when you begin to understand that, when you begin to hold that concept, then you begin to realize that this reality is illusionary, and you can alter it. You see, you don't just create the interactions that you have with other entities, although that seems to be the easiest perception to have for suggesting that you, as a group human consciousness and as individual Pieces of the One, create all that you can perceive. You are the creators of this reality.

Those seem like very simple belief systems, and they are ones which we have given many, many times, and are the ones which we keep coming back to because you can take this reality, you can take any of your particular interactions within this linear time frame that you call this incarnational period, and you can break it down to those belief systems—you are a Piece of the One, and you do create your reality, and you do it based upon the belief systems and the choices and decisions that you make. If you believe it, if you actually and truly believe it, then you shall create and experience the reality to support the belief. That's a given. It's an absolute and you cannot alter it. When you begin to accept that belief as a truism, you begin to get unlimited power, and you begin to transform into what we have referred to as the new age and the new energy, where you shall have the capacity to create your reality consciously.

Now, we would break for a few moments, and we would return, and we understand that you may have some questions for us. And if there are no questions, we would be quite willing to continue to communicate with you if you so desire. When we break for our communication, we would like to remind each of you of the entities that are with us in this sacred place and in this sacred time that you have created, and that should you choose to interact and to express the intent for that silent communication to continue, that those entities are quite anxious for that opportunity.

For you see, these entities are anxious to share with you, to share in your experiences and in your feelings. For indeed you create in a rather unique vibrational level, and the entities that are with us are quite anxious not only to offer to you their unending support and their unconditional love, but to have the opportunity to learn, for you are, within your own rights, teachers. You are creating in a rather unique manner that is not duplicated throughout all of creation, and there are many who are genuinely interested in your creation. Now, we would break for a few moments, and if you desire, we would be grateful for the opportunity to return once more and have an interaction and a personal exchange with you. And we would leave you for a few moments, with love and with peace. ✨