

# JOSHIAH

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*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

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**Joshiah:** ... space and allowing us to enter into and to share with you in your vibrational level and to interact in your reality. Now, as is our custom, we would ask, if you choose to express the intent to allow for a further thinning of the veil and to allow for the energy and the entities that would be with us this afternoon, to have this opportunity to enter into your reality and to interact with you and to share with you. We assure you there are a multitude of entities who are quite anxious to have that opportunity and, should you choose to express the intent, are quite willing to share, to interact with you, to communicate with you telepathically on what we have termed the silent level. If you would be so kind as to give us a moment's silence, and if you choose to express that intent, we would use that moment to allow those entities to assemble and to adjust and fine-tune the energy within the room and within our connection with Elias (*the channel*).

(Pause)

Well now, once again, we wish to extend to you our gratitude for your creating and presenting to us this opportunity to interact with you, to enter into your vibrational level. As always, should you choose to alter your consciousness and to express the intent to have that silent communication occur, that telepathic exchange of information and of feelings with those entities that are accompanying us on this afternoon, we assure you that transference of information, that telepathic exchange of information, most certainly does and shall occur.

Once again, we remind you that the information that is transmitted through the use of the vocabulary can be rather limited, and the information that you have the opportunity to exchange and receive through the use of that telepathic exchange of information is much more accurate, and at times much more pertinent to the individual questions and desires that you have within each of you. As we have suggested so many times, that exchange of information most certainly does occur, and if you choose, it gives you the opportunity to interact with other entities who are not only outside of the vibrational level that you exist at, but also are outside of the vibrational level that we exist at. It also gives you that opportunity to interact with many facets of this multidimensional personality that you are—that portion which you refer to as your higher self, or your

subconscious, or whatever other name you wish to attach to it—what we would refer to as the Piece of the One. So, should you choose to alter your consciousness and express that intent, you do have that opportunity and you shall most certainly experience an exchange of information and an interaction between other entities that are with us at this time.

Once again, we suggest that you are, within your own rights, teachers. You are creating a reality in a situation in a vibrational level that is not duplicated outside of your reality. Nowhere throughout all of creation is there a duplication or a similar type of vibrational level where entities choose to create their reality with the limited understanding of who and what they truly are; where entities choose to create a reality where they do not fully accept responsibility for that creation while they are in the consciousness state. And it's rather unique. And it's rather interesting and, from our perspective, rather exciting. What's even more exciting is this evolution, this transformation, that you are presently involved in as you move into the new age and into the new energy.

Now, from your particular consciousness state there are some rather exciting events that have been occurring throughout your vibrational level. Many of those events we have talked about and we have suggested would occur. You are presently, in various parts of your reality, for example, experiencing some very extreme weather and climatic conditions. Now, many of these climatic conditions have not been brought to the forefront of your broadcasting, your presentation of your day-to-day news, in your day-to-day activities. But that does not mean that they are not occurring. It's rather interesting that while they are occurring, they are not receiving that publicity because the loss of life has been very limited.

You have had earthquakes. You have had torrential type of flooding and rains, and yet there has been very little loss of life. Although most certainly in some areas there has been a loss of property, but very little loss of life. And compared to some of the other events that you have created that are occurring within your vibrational level, these climatic conditions seem to be rather insignificant. They don't seem to have the importance they once had. However, we suggest if you were to compare them to similar types of climatic activities that

were occurring as little as fifty of your years ago, you would discover that the loss of life is very small in comparison to the loss of life that was happening in those events as little as fifty years ago.

We have suggested that you shall continue to see alterations of your climatic conditions, and various parts of the world will have very dramatic changes in their total climatic conditions. Areas that have been deserts for centuries shall gradually begin to receive seasonal type of rains and the moisture shall transform those areas, and indeed you shall witness a transformation, which up to this time and within your scientific understanding, would be impossible. Again, that's as the result of your altering the very energy that makes up each and every molecule of your entire vibrational level. As that continues, you shall indeed alter the magnetic type of energy that exists and surrounds your Earth's systems, and that shall have an effect upon your weather systems. Your scientists shall use each and every one of those particular activities to prove the evolution of the other. And of course we do not in any way condemn that. That's a perfectly legitimate type of reality creation, if that's what you choose to do. There is absolutely no judgment in it.

However, as we have suggested, it's possible for you to continue and to complete this transformation into the new age and into the new energy without experiencing those climatic changes, and most certainly without experiencing those extreme climatic conditions that are causing turmoil and the loss of lives and property throughout your vibrational level. Those realities are not necessary. They are there because within your vibrational level the human consciousness still holds onto those belief systems that it's necessary to have scientific proof, and that it's necessary to have that linear time frame and that evolutionary process occur. Again, there is no judgment. But those beliefs are within your capacity to alter, if you choose.

There have also been scientific discoveries that are now beginning to be presented in some of your health areas, that are seemingly very evolutionary. There are indeed some scientific discoveries being made in the areas of your health services and of your scientific advancements in areas of disease control that are, from your consciousness point, almost miraculous. Diseases which were once thought to be inherited diseases, and therefore incurable, are suddenly being cured. Diseases that were once thought to be as a result of the genetic makeup of the individual are suddenly being cured.

We suggested to you that as you continue this transformation into the new age and into the new energy, you shall indeed alter the very DNA makeup of your physical body. There shall be alterations in what you call the energy sources and the chakras throughout your entire body. And as you begin to hold within you, at the conscious level, the understanding of

who and what you are, and as you begin to alter that very makeup of the energy of who and what you are, you will indeed alter the very DNA of each and every cell within your body. And you are beginning to see some of the results of that type of alteration.

There are scientific types of experiments and of understanding and of proof to support the type of progress that is being made. And again, there is no judgment. That is simply your human ego, so to speak, that consciousness part of you that believes that there must be a progression from a point "A" to a point "B," and that there must be scientific proof in order for certain phenomena to exist—in order to alter the DNA or to the very genetic makeup of individuals, then there must be a method that supports that type of alteration.

We have suggested to you many, many times that as you continue on this transformation into the new age and into the new energy, that portion of your human consciousness, that portion of your ego, if you wish to call it that, which demands and requires scientific proof, shall create the circumstances to support the belief. There shall be the scientific proof, most certainly, and that is what's occurring now. Now, many of these cures you are beginning to witness that seem to be so revolutionary, that seem to be almost beyond the scope of understanding, are but a glimpse of what potential exists as you continue this transformation into the new age and into the new energy.

Again, we suggest that we have been very careful not to give you guidelines as to what to expect in this transformation into the new age and into the new energy, and what to expect in terms of your abilities to alter your physical being and to solve these so-called health problems and challenges that you are experiencing. We've been very careful not to give you indicators, for many times those indicators can be limiting rather than liberating. They can instill in you an idea that when you achieve that particular phenomenon, that you have indeed reached what we projected what was possible for you, and you would have a tendency then to look for more indicators in order to advance.

And that's the problem when entities begin to give you information which is seemingly enlightening at one point; but when you reach that point and the enlightenment becomes a reality, suddenly you begin to look back to that entity for more predictions of your future. And, in a sense, you are looking to that entity to lead you, and then, in a sense, you are giving up your potential. You are, in a sense, giving up your ability to make your own choices, and you are, in a sense, giving up the ability to create the reality that you desire, to create the reality that you can imagine. And so many of those so-called predictions as to what you have the potential to bring into your reality are limiting, not liberating.

We would caution you not to be limited, but to allow your imagination to run freely. For, once again, if you can perceive it, if you can imagine it, then you can create it. The only limitations upon this reality you are experiencing are the limitations that you place upon it. For, once again, this reality is illusionary. It's an imaginary reality, and you can alter it. You can do whatever it is you please with it. And when you get a grasp of that meaning, when you get a grasp of that truism, so to speak, then you can understand that there are no limitations. You can understand that you have within you the capacity to alter any of the physical limitations you are experiencing.

Now, once again, you have set in place a time frame. You like to operate within these limitations. You like to put in place a linear time frame that has a beginning and has an end. You like to create a beginning and an end to your spaces. You like to have these walls so that you can understand where the edge is. And you have done similar types of creations for entering into this new age and into this new energy—you've put in place a linear time frame. So when we suggest to you that it is possible for you to create whatever it is you desire, understand that the limitations upon those possibilities are limitations that you put in place as you established this linear time frame for the possibility of the transference being complete into the new age and into the new energy. And as a result, until you reach either the end of that linear time frame, [approximately 2012], or you remove the limitations that you have put in place, then we would suggest that you have a ways to go yet before you can fully understand and get a grasp of what it is that we're trying to present to you.

Some of those health challenges shall remain in place for awhile yet within your linear time frame. However, we suggest that you do have the capacity to alter and to heal any health challenge or any health problem that you create and that you have the capacity to experience. You can alter it. You can change it. There is no such thing as an incurable disease. There is no such thing as being unable to alter your physical makeup. The only reason that you have those limitations at this point is because you believe that there are those limitations.

And, once again, within what you would call your leading edge of science technology, there are being experiments completed that are proving that it's possible to alter the genetic makeup of individuals. We would suggest, as well, that you are experiencing in those certain areas of scientific experimentation, successes in altering the very DNA makeup of individuals. Again, we are not suggesting for an instant that that is the ultimate goal in your health quest, but rather we're suggesting that those are the limitations within your reality that you have put on—they are the maximum of the imaginary processes that you are experimenting with and attempting to achieve. And the only limitations to your ability to advance beyond those

particular achievements, is the limitation that you put on by the limiting your imagination and holding the current and present belief systems that you hold.

We spoke to you some months ago of the importance of understanding what it is that you wish to have in your reality—having a definite goal, so to speak. We suggested at that time if you could not envision your desire, then it would be very difficult for you to create that reality. If you didn't know what it is you desired, or if you were very vague about what it is you desire, then you shall have difficulty in creating the reality to support that desire, most certainly. So we would once again emphasize that it is important that you understand what it is you desire. And it's also important that you don't put limitations upon that desire; that you don't put limitations upon your imagination, that you do not put limitations upon your belief systems. For, again, this reality is illusionary and you create this reality from your belief systems, and your belief systems will reflect what your desires are. And when you have an understanding of what your desires are, you can create the belief system that will support the reality you are experiencing and you can make the choices that are necessary to create the reality that you desire, that you wish to experience. So, once again, it's very important that you understand and that you get a grasp of what it is that you truly desire.

We're not suggesting that because you have set a particular desire in place that it is written in stone and you can't alter it. Not at all. That would be a limiting. That would put you in a state where you would feel that once you achieve that desire, "Well, now what do I do? I've got what I want." Or suddenly you wake up one morning, you have altered your belief systems and you've altered your understanding, but you have set in place this desire and you don't really desire that anymore. Well, alter the desire. Again, this reality is illusionary. As you begin to get a grasp of an understanding and as you begin to understand the belief systems, suddenly those belief systems are much easier to alter. And suddenly what you may have felt what was desirable is no longer so desirable to you. And you shall have the capacity to alter and to grow, if you wish to use that term. We would rather use the term that you have the ability to transform. You have the ability to change your mind, and you have the ability to change your belief systems. And when you alter your belief systems, you have the ability to alter your reality.

Again, we caution you that being very rigid in your belief systems and being very rigid in your desires can create realities that you seem to feel are impossible for you to alter. You see, there are those who desire to have very challenging realities in terms of abundance; for others it may be in terms of relationships; for others it may be in terms of their own personal feelings of deservability, of self-worth; and they unknowingly hold desires to create those types of realities. They

continuously suggest to their subconsciousness, to their higher self, that they are not worthy, that they do not deserve, that they do not have the capacity to love themselves, let alone love others. So they continuously reinforce a desire. A desire, which if they were to attempt to understand it, they may suggest to you that, "No, I don't desire that at all, most certainly not. Why would I desire that?" But then each morning when they wake up they suggest to themselves, "Ah, I just do not feel very well today. This is such a terrible reality that I'm experiencing. I'm just not worthy. I just do not feel self-love." And so they have expressed a desire to their higher self.

You see, the higher self does not judge whether this is what you would call a desirable or an undesirable type of reality. Your higher self creates for you, based upon your belief systems, based upon your desires. And it does not judge. Your higher self does not say, "Oh well, if you want that desire to be [an] abundance, then we will give you abundance. But if you want that desire to be in self-pity, well, we won't give you self-pity because that's not good for you." Not at all. Your higher self creates for you and with you, based upon the belief systems that you hold, based upon the desires that you hold, based upon your imagination and your choices. That's how your higher self creates for you and with you.

So when you reinforce your feelings of self-worth, when you reinforce those feelings of lack of deservability and of lack of love and of self-love, and you hold those belief systems, then you shall create the reality to support the belief systems. Ironically, it's just as easy to create other types of realities which in your consciousness state you may find to be more desirable. You have but to understand what it is that you desire, and hold the belief system to support the reality.

Now, in some of our past interactions we have also suggested various emotions that you can use as keys to understanding what it is that you truly believe regarding circumstances. For when you get a grasp of what the true belief is, then it becomes much easier to alter that belief system, to change it, to create what you may feel is a more desirable belief system, to create the reality that you find to be more attractive than the one you are presently experiencing. We won't go into the detail on those particular emotions at this time, but that information is available to you—information regarding emotions of anger, fear and other emotions—that can be used to give you a grasp of what belief system you are holding as you create the reality that you are experiencing. As you alter the belief system, you shall alter your perception of the reality, and it shall have the capacity indeed to create the reality that you desire.

So, once again, it becomes important to understand what it is that you desire so that you can create the

belief system to support that reality and to support that desire, so that you can have what it is that you want.

We have spoken to you of the concept of the now, and how difficult it is to express to you this idea that there is not a linear time frame. And one of the most complicated concepts to give to you and to explain to you is the concept that all of your incarnations are being experienced in the now. All are simultaneous, all are occurring at this particular instant, so to speak. Although even the phrase "instant" implies that there is time. And there is no time, it all exists in the now. There is not a linear time frame.

Now, what we are suggesting is that all of the incarnations are occurring simultaneously, and that's a difficult concept to grasp when you feel that your entire attention is focused upon this incarnation, upon this consciousness period. Well, it's similar to the body that you are creating and maintaining within this particular incarnational period. You see, throughout your body, each and every cell has a spark of that consciousness of who and what you truly are, and each and every cell exists simultaneously in the same space. Now you, as a conscious individual, are not aware of the activities that are occurring throughout your body. Each cell is aware of what the other cell is doing, most certainly, and yet each carries on its own particular activity separately, and yet all are tied together, all are connected to the One, to the consciousness, to the understanding of who and what you are within your consciousness level.

You have within your physical body a multitude of variety of cells, and some of them act in a cooperative manner and perform various functions throughout your entire body, functions that you do not comprehend in your consciousness state. You have a multitude of organs within your body that never rest, that continuously function, and yet they do so seemingly without you being aware. You have the capacity at times to focus your consciousness upon various organs within your body, and to perceive what they're doing, to perceive what the function is, and yet, even when you do not focus that consciousness, they continue to operate. They continue to carry out, they continue to exist simultaneously, each doing individual activities, each aware of the other, and yet each individual functioning without the direct interaction of others. Yet all form the complex system of your body. All participate in creating the whole.

So you have, as well, a multidimensional personality that exists throughout all of the incarnational periods that are indeed connected and interacting with each other, and are influencing each other. When you are in your dream states and in your altered states of consciousness, you have the capacity to focus your attention in various other areas of those incarnational periods. As this incarnational period that you are experiencing consciously has an effect on those other

incarnational periods, so those other incarnational periods also have an effect upon this incarnational period. And as a result, you have experiences sometimes that you can't seem to get a grasp of, you can't seem to get an understanding of why certain things are occurring within this vibrational level, within this consciousness period you are experiencing, and that at times is as a result of the other incarnational periods that you are experiencing in this multidimensional personality that you are. And it's not haphazard. It's not something that you do not have an interaction with and a control over. When you are in your dream states and in your in between incarnation states, you are interacting with those other facets of your personality and you are influencing all of your incarnational periods as well as this one.

So, they all interact with each other and they all exist simultaneously. And similar to your physical body, the activity of one has an influence and a direct connection to the activities of the others. And so, for example in your physical body, when you experience an illness within one of your organs such as your kidneys, then most certainly the rest of your body feels and understands and feels the repercussions of that particular dis-ease, of that conflict that's occurring within your kidneys. Similarly, when there are these other realities you are experiencing, and where you make the choices and you hold the belief systems to create what you may feel is an undesirable type of reality, then it has an influence upon this reality and upon all of your other incarnational periods. And not only do you have within you the capacity, but you do alter and control and make the choices and you do hold the belief systems that influence all of those incarnational periods, that influence all of the multidimensional facets of who and what you truly are.

So you exist in the now. And as you continue on this transformation into the new age and into the new energy, you shall have the capacity to have that understanding at the conscious level. And we suggest you shall have that capacity for experiencing—and some of you now are experiencing—bleed-throughs, for lack of a better term, from those incarnational periods that are other than the one that you are experiencing at this time within this linear time frame. So while you are in your consciousness state, or in your slightly altered consciousness state, you are beginning to get glimpses or bleed-throughs of the belief systems and of the other realities that you are experiencing. That particular phenomenon which you refer to as *déjà-vu* is becoming more prevalent. And in your dream states, in particular, you are having the capacity to bring back—although greatly distorted, nonetheless—memories and understandings of those other incarnational periods. And as you continue on to this transformation into the new age and into the new energy, that interaction shall become much more

frequent, should you choose to believe and to hold that concept within your consciousness.

So when we gave you that metaphor that it was possible for you, should you choose, to allow for your contracts to fall away, to allow for what you have referred to as karma to fall away, you must understand that as you continue this transformation into the new age and into the new energy, it's not that you are allowing those contracts to fall away, you are actually altering the experiences, you are altering the realities that you are existing in in those other incarnational periods. As you alter that reality, as you alter the agreements, then you most certainly alter the contracts, and the so-called karma no longer has an effect upon you.

So, again, when we suggest to you that you hold the belief system that the karma and the contracts can fall away, it is through holding that belief system that you create the reality to support the belief system, and you create that reality in your dream states, in your subconsciousness states, in your between incarnations states, and you literally alter your entire multidimensional personality and the influence that each of those incarnational periods have upon not only this one, but each other. Again, from our particular perspective, the results of that particular interaction and of that belief system are very interesting, the results where you are beginning to create consciously, while at the same time maintaining in place a rather rigid veil, a rather strong electromagnetic type of energy field, so to speak, that limits your understanding of who and what you truly are. Again, that's a rather exciting phenomenon, and the results are indeed beyond your wildest imaginations.

Now, we would break for a few moments if you wish, and if you have any questions for us, we would be quite willing to return, and we are quite anxious to have that opportunity to interact with you on an individual basis and to have that one-on-one exchange of information with each of you. We remind you that as we break for a few moments, the energy and the entities that are within this sacred space you have created do not leave. Should you choose to alter your consciousness ever so slightly and should you choose to express the intent, that that silent interaction, that exchange of telepathic information most certainly does occur.

Now, we would break for a moment to allow you to arrange any questions that you may have, and to allow Elias (*the channel*) to catch his breath. And we would return, with love and with peace. ✨