

# JOSHIAH

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*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

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**Joshiah:** ... to enter into and to interact with you in your reality and, once again, we are truly grateful for these precious moments [of] time and space that you present and create for us to have this opportunity to interact and to share with each of you. Now, as is our custom, we would ask you if you choose to express the intent to have an even further thinning of the veil to allow for other entities that would be with us to also have the opportunity to enter into this sacred space, and to have that opportunity to interact with each of you. Now, we would ask for a moment's silence, and, once again, if you choose to express the intent, we would be grateful for that expression and we would use a moment in order to adjust the energy within this sacred space that you have created, and to fine-tune our connection with our friend.

*(Pause)*

Well now, we thank you once again for allowing us that moment and we again express our gratitude for your creating these opportunities for us to interact with each of you, to enter into your vibrational level and to share in your reality and to share in your experiences and in your feelings. We would remind you that should you choose to alter your consciousness ever so slightly, and should you choose to express the intent, that there exists the possibility for you to have that silent communication that we speak of, that telepathic interaction with other entities who are with us at this time. There are indeed many entities who are quite anxious for that opportunity to interact with you telepathically, to share with you, to learn from each of you, and to express to you their unending support and their unconditional love.

Once again, we suggest that the information you receive on that silent level, many times is much more pertinent to your individual desires than the information we express through our friend, and the information that you receive on that telepathic level quite often is much more complete than the information we express through this rather limited use of the vocabulary. And so, should you choose, we would encourage you to be involved in and to participate in and to use that opportunity to receive that exchange of information at the telepathic level—that information which is contained within each of you, which you desire to bring into your consciousness so that you can use it to assist

you in this reality creation process you are involved in at your consciousness level.

Now, when we were last with you we spoke to you of being involved in this consciousness creation process, of attempting to understand the conscious creation process as a reality that you chose to create and not necessarily one you should attempt to escape from. You see, you chose to be involved in this vibrational level and in this reality that you are experiencing. You create this reality, most certainly.

There are those who would suggest if you create this reality, then indeed you create it all, and you do it individually. Well, in a sense that is true. In a sense, you do create all that you perceive. But there are many things that you create as a collective consciousness, so to speak, in agreement with the other entities and with the other energies that are involved in this vibrational level and in this reality that you are experiencing. There are certain rules or certain belief systems that you agreed to be involved in and to support in order to sustain this reality, in order to turn this illusionary reality into a real reality. It's like being involved in a game where you all agree to the rules. However, within that game you have the opportunity to make various moves and manipulations and you have a game within a game. It is in that smaller game that you have the opportunity to create your individual realities.

So, it is within this vibrational level that you most certainly do create your realities. You create it all. And some of the human consciousness types of belief systems that you are involved in you agreed to be involved in before you entered into this vibrational level. It was a consensus that each entity within this vibrational level agreed to support and agreed to hold those belief systems, and many of those belief systems create the stability within your universe. They are the belief systems that create what your scientists would refer to as the laws of physics, for example.

Now, simply because there is the human consensus to establish and to maintain those particular belief systems in order to lend validity to this reality does not mean that you can't change them. You can and you do change them, and you have changed them, and you will continue to change them. Some of those changes you can refer back to in what you would refer to as your history, and realize that what was once held as an absolute has now been discovered to be not quite so

absolute; and indeed has been altered rather significantly.

It's not that in the past history, as you refer to it, that those particular entities were wrong. Not at all. It's simply that they held a different belief system and they created the reality to support the belief system. That's how it works. That's how you create this reality. So as they altered the belief systems, they altered the reality to support the belief systems. You do that on a continual basis, as both an individual and as a human consciousness concept and belief system. As we have suggested before, it's much harder to change the human consciousness belief system than it is to alter the individual belief system, but nonetheless, it's not impossible, only much more difficult.

There are those who would suggest that if you were to follow that rationale that you were the ones that were responsible for and indeed [created] your entire universe and all that you can perceive, then indeed there is no others other than the individual—that the other individuals that you perceive are your own creations and therefore are not real. Well, we've spoken to you of this before and suggested that's a rather limiting type of belief system. But, rather, each of you has the capacity to alter your own reality, most certainly, and as a collective consciousness, create this reality that you perceive. Each entity existing within your vibrational level is as legitimate and as real as the next one, and each has the capacity to alter and to control their own reality. When you begin to understand and to get a grasp of that concept, then you begin to get a grasp of how illusory this reality is. Yet you have made the choice to enter into this vibrational level and to participate in this illusion for a purpose.

You are a Piece of God. You are the Piece of the One, if you wish to use that term. When we attempt to explain that concept to you through the use of a vocabulary, it always falls short. We use the term "a Piece of God," but it implies that there is indeed a God that exists outside of you somewhere that you are a piece of. And that's not the case. When we suggest that you are a Piece of the One, again it implies that there is a One, that there is something, there is a unit, that you are a piece of. And that's not the case. But rather, you are indeed an equal part of the consciousness that is responsible for all of the creation throughout all of the vibrational levels. You are the God; you are the One; you are inseparable; it is who and what you truly are.

You see, so often when entities who are in the consciousness state in your vibrational level attempt to connect with their spirituality, they attempt to connect with something that is separate from them, that is outside of them. And it's not that way. So they experience frustration, and they experience failure at times. They feel like they are not being successful in this spiritual quest because they are feeling that that

spirituality exists somewhere outside of who and what they truly are.

And it doesn't. It doesn't. The spirituality that you search for exists within each of you. It's inseparable from you. It exists within each and every cell of your being. You are, once again, the God that you search for. It is inseparable from you. You cannot discover it by attempting to contact some spiritual being that exists outside of who and what you are. By continuously attempting to contact some entity or some spirit that exists outside of who and what you are, you become frustrated. You never achieve that which you are trying to bring into your reality, because it doesn't exist.

Now, you can hold that belief, most certainly, and you will create some circumstances that will support the belief, most certainly. But they continuously fall short of giving you that Piece that you search for, that understanding that you search for. For you see, you are the Piece of God that you search for. You are the Piece of the One that you search for. It exists within you. It's who and what you are. It's inseparable from who and what you are. And so when you create realities to support belief systems that are allowing you to give away your power, allowing you to reach outside of yourself to search for that spirituality and you feel an emptiness; you feel unsuccessful; you don't feel fulfilled in your quest.

Now, there is one other belief system that we speak of so often, and that is that you cannot fail. We're not saying that you can't fail in some type of endeavor you may attempt to be involved in in this illusory reality you are creating and experiencing. Not at all. You may wish to desire to experience failure of some type on this consciousness level that you exist at. That's not the type of failure that we are referring to. When we suggest to you that you cannot fail, we are suggesting that you cannot fail to return to the understanding of who and what you truly are. You cannot fail to return to a vibrational level that exists outside of this vibrational level—outside of where you exist within the confines of the veil. You cannot fail to return to the vibrational level that you came from, or one very similar to the one that you came from, whatever your choice may be. You cannot fail, at some point, to come back to the understanding of who and what you truly are. That's a given.

Now, ironically many entities within your vibrational level choose to enter into this vibrational level for the purposes of creating these illusory experiences that you lend credibility to by the establishment of the veil. Entities choose to be involved in all of these interactions that you do on a day-to-day basis as you create this reality for the purposes of experiencing the feelings that are associated with this reality creation process. Then when they are successful at entering into this vibrational level, rather than accepting the fact that they are a Piece of God and that they cannot fail,

while they are in the consciousness state, they suddenly attempt to get back to that spirituality side of who and what they truly are. They attempt to escape from this reality that they have chosen to be involved in and that they are creating through their belief systems and through their choices. They desire to escape it.

Well, they desire to escape it to a point, now don't they? Because you see, you can escape it quite easily. So they desire to escape it, but not really leave it. They desire to be and exist in that spiritual state, but they have made the choice to enter into this vibrational level, and at some level they also desire to stay in this consciousness state, in this reality creation process. So it becomes rather a conflict. On one hand, they are attempting to attain that spirituality and attempting to make contact with some entity that exists outside of who and what they are because they have erected this veil that limits the understanding that that spirit exists within each of them; and then on the other hand, they desire to stay [in] this vibrational level that they have made the choice to be in in the first place.

And it becomes rather a conflict. It becomes very difficult to balance the two, and so you begin to come up with all of these belief systems, "If I could just contact my spirituality and bring it into this vibrational level, bring it into my consciousness, then I could have better understanding of this reality that I am experiencing. Then I could have some answers to the questions as to why I'm experiencing this reality." Ironically, attempting to escape from this reality and attempting to discover the answers within some spiritual entity that exists outside of your vibrational level does not give you the answers that you seek, but, rather, adds confusion.

You see, if there was an entity existing outside of this vibrational level that loved you unconditionally, then why on earth would they grant to you and create for you these circumstances that you don't find particularly desirable? So, by attempting to project your ability to create and the responsibility for your creation onto some entity that exists outside of your vibrational level, and attempting to connect with that particular spirit is in a sense giving away your power; and you begin to create through what we call default.

You see, you can't escape that reality creation process. Ironically, you can hold the belief that there exists an entity outside of your vibrational level that is creating this reality you are experiencing, and then you can continue to create all types of reality to support that belief. But it does not change that one basic truism that we have suggested to you from the very beginning—that you create your reality, whether you consciously choose to or not. Whether you consciously decide, "Yes, I'm going to accept the responsibility for my reality creation," it doesn't matter, you will create your reality anyway. And you will do it through making the choices and the decisions based upon the belief

systems that you hold, and you shall experience the reality that you desire, based upon those belief systems. That's an absolute.

So, when you attempt to contact that spirituality as an entity that exists outside of your vibrational level, you, in a sense, begin to give away your power, and you begin to put the emphasis on something that you can't lose. You are trying to connect with an entity, so to speak, that exists within each and every one of you. It's who and what you are. You are, while you are in the consciousness state, attempting to escape back to that spiritual state. You are attempting to escape back to the vibrational level that you came from. Well, you see, you can't fail to return to that vibrational level that you came from. That's a given.

You have made the choice to enter into and to experience this reality, this vibrational level. Ironically, that which you seek, that connection to your spirituality, that peacefulness and joy that you can experience in this consciousness state, is enhanced when you accept responsibility for this consciousness state you are experiencing, when you accept the responsibility for your reality creation process. And instead of trying to escape from it by projecting your consciousness into your spirituality, you will find that if you concentrate on bringing into your consciousness the understanding of the belief systems you hold that are responsible for the reality you are experiencing, and as you arise each day and approach each moment with gusto, with the understanding that it's your choice, that you can alter it, that you can create whatever it is that you desire, then you will find that by applying your efforts towards the consciousness state, as opposed to applying them to that unconsciousness state or to that spiritual part, that you will, while you are in the consciousness state, begin to get a grasp of who and what you truly are. You will begin to get conscious glimpses of who and what you truly are, and will begin to experience consciously what it is that you believe that is responsible for this reality you are experiencing, and will begin to consciously alter your reality by altering your belief systems, by altering your choices and your decisions.

And, ironically, that spirituality that you attempt to reach by escaping this consciousness will come into your consciousness, and that which you desire to connect with that exists outside of you, you will discover exists within you, and you will bring it into your consciousness. And that concept of having your mind and your spirituality combined will become a reality and not just a concept. You will, as you begin to accept the responsibility for your reality creation process and begin to get these glimpses of these belief systems that you hold and begin to get a full grasp of the truism of your reality creation process and it becomes with you more than just a nice phrase and it becomes a belief that you hold, then you shall find the true meaning of connecting with your spirituality. You shall find what true power is.

You see, so many believe that power is having financial abundance, or power is being in a position where you can control others, or where power is where you have unlimited resources at your fingertips. And yet power, true power, comes only when you accept responsibility—responsibility not only for those particular events that you experience that you find have been desirable and enjoyable, but indeed responsibility for those particular events that you find less than desirable. True power comes when you accept responsibility for the reality that you are experiencing. Because when you begin to accept the responsibility for the reality that you are experiencing, then you also begin to understand that you can alter it. And you shall begin to get these glimpses of who and what you are, insights into the true being of what you truly are, insights into that spirituality that you search for that exists within each of you.

You shall have the opportunity to bring more of that spirituality that you now experience in your dream state and in your between incarnation states into your consciousness. And as you continue on this transformation into this new age and into this new energy, and as you begin to focus, while you are in a consciousness state, on this reality that you are experiencing and on altering the belief systems to alter the reality if you don't like it, then you shall experience that spirituality that you search for. You shall find and discover the true meaning of power. You shall feel comforted in the understanding that you cannot fail. It shall become an absolute, and you shall be able to set it aside and get on with this reality that you choose to experience. And, ironically, when you reach that point, then you shall also begin to understand how illusory this reality is, and that very spirituality that you search for shall come forth into your consciousness.

Now, we understand that we have been expressing this same message to you in various scenarios since the very first time that we interacted with you, and that is because it is the message that we bring. It is the key, if you wish to use that term, to your connecting with your spirituality, to your being able to create the reality that you desire and to your understanding that you are in control, that you are the ones responsible, that you have the ability to assume that power, that true power, that you are a Piece of the One. That's the important message. You are a Piece of the One and you cannot fail. It's a given. It's an absolute. You can file it away, and get on with this reality creation process so that you can create the reality you desire, so that you can experience the joy and the peacefulness and the understanding you search for; that it is within each of you; that the answers to your quests are within each of you; that each of you has access to all of the knowledge that you desire.

You shall begin to get an understanding that this reality is illusory and therefore it can be altered. Not only is it illusory, it's the most illusory of all of the

realities that you shall experience. It's as far removed from who and what you truly are as it is possible for you to get. And you put in a very sustained effort in order to maintain this illusory reality and to give it credibility, to legitimize it so that you can experience the intense feelings that are associated with that legitimization of this illusory reality. That's why you are here. That's why you chose to be involved in this vibrational level. And that's why you can leave it any time you choose. But you cannot fail.

Now, before we break for a few moments, we would remind you that during that intermission that we have, should you choose to express the intent and to be involved in that silent communication, that there are, once again, a multitude of entities that remain within this sacred space. They do not leave. And if you express the intent for that telepathic exchange of information to continue, most certainly it does. Once again, while you may not feel at this time that you are experiencing an exchange of information, we assure you that at times in your consciousness activities there will be those intuitive nudges, those coincidences that arise to assist you in creating this reality that you desire, and to make no mistake that they are real and that they come from within you. They come from what you would call your higher self at times. They come from the Piece of the One, they come from the Piece of the God that you are. They are not intuitive suggestions from some entities existing outside of your vibrational level who somehow have the capacity to look down upon you and suggest to you, "Oh, well, you should try this or this," or "We will create this reality for you, or that reality for you." Not at all.

Those intuitive suggestions are coming from your subconsciousness, if you wish, from your higher self, from the Piece of the One that you are—whatever terminology you wish to use to define the God that you are. And you, as a God that you are, are communicating between this consciousness and that portion of your higher self that you hide from through the erection of a veil. And so those intuitive nudges are information which is being presented into your consciousness and you choose to express the desire to bring it forward.

The telepathic exchange of information that we refer to is indeed a reflection back to you of your own belief systems and your own choices and your own understandings. It is information and knowledge which is contained within each of you. And when you express that intent for that silent communication, you are indeed expressing the intent to bring forth into your consciousness that message and that knowledge which is contained within you. It is not that there are entities existing outside of your vibrational level that somehow have access to information that is not available to you. Most certainly not.

So once again, should you choose, we assure you that there are entities that are quite anxious to interact with you, that are anxious to learn from each of you, and are anxious to assist you in transmitting that information from your Piece of the One into your consciousness at times when it becomes pertinent, at times when it can assist you in this reality creation process.

Now, we would break for a few moments and if you have questions for us, we would return and be quite willing to attempt to answer them for you, for that is for us a very enjoyable and entertaining part of our interactions with each of you. And so now we would break for a moment and we would return, with love and with peace. ✨