

JOSHIAH

www.joshiah.com

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January 6, 2002

Q and A

Joshiah: ... express our gratitude for your inviting us back into your reality and back into your vibrational level and thank you for this opportunity that you present to us. And we remind you that the entities that have been with us this afternoon remain with us, and should you choose to interact on that telepathic exchange of information, that opportunity exists for you and you have but to express the intent.

It's rather interesting, isn't it, that you exist in a vibrational level that seems to be all that there is. While you are in the consciousness state, you have difficulty in perceiving all that it is that you create, all that you are, and indeed the multidimensional personality that you are, and all of the other incarnational periods you are actively involved in in this now, in this time of the now. You exist, while in your consciousness state, in what you feel is a linear time frame, that there is a beginning and an end, when actually you exist in the now, and you create your reality from that position of the now. You have the capacity to alter your reality, not only your future—which you can get a grasp of and understand that that's possible—but what becomes more difficult for you to accept is that you also have the capacity to alter your past, that all exists in the now and all can be altered.

This reality is illusory. You are as far removed from the understanding of who and what you truly are and from the real reality as is possible for you to be. It takes a tremendous effort, so to speak, a tremendous amount of energy on your behalf in order to maintain this illusory conscious reality that you are experiencing. It takes an even greater amount of energy for you to maintain the veil that lends credibility to this reality, and to maintain this illusory linear time frame that you feel you exist in in order to give credibility to the reality that you are experiencing.

Yet you choose, on a continual basis, to remain in this reality and this illusion. And you choose to continue to believe that there is a linear time frame. At least if you can get a concept of the now, and at some level you understand—if only briefly, and if only get glimpses of it for an instant that indeed you exist in the now—you nonetheless have difficulty applying that concept to this vibrational level and to this conscious experience you

are involved in creating and in experiencing. And the concept of the now becomes one which is a very nice idea, but not something that you can really grasp while you are in your consciousness state.

And yet to remain in this consciousness state, you [expend] tremendous amounts of energy. It's very difficult for you to maintain this state, in terms of [the] creation process. It's much easier to be in what you refer to as your dream state, and indeed it would be easier to be beyond that state back into the vibrational state where you have the full understanding of who and what you truly are. This illusory reality you are experiencing requires a tremendous amount of concentration on your behalf. You feel at times that it is difficult for you to come in contact with that dream state or with that spirituality that seems to exist outside of who and what you are, and yet it is exactly the opposite. It's much more difficult for you to maintain this consciousness state and to maintain the separation from that understanding of who and what you truly are.

Now, when you—and we will speak in terms of your linear time frame, although, again, it's through the use of a vocabulary and operating within concepts that you can grasp and understand that we attempt to give explanations that don't really fit, that cannot be accurate because there is no linear time frame—however, when you chose to become involved in this reality creation process and to create this vibrational level for the purposes of separating yourself from that understanding of who and what you truly are, for the purposes of lending legitimacy to this illusory reality that you are experiencing, for the purposes of making it real so that you can get a grasp of the feelings and the intensity of the feelings that it's possible for you to experience while you are in this illusory reality, you, at that time, expended tremendous amounts of energy to create a vibrational level and to establish what we have referred to as an electromagnetic type of energy that exists and permeates through each and every atom of your entire universe, that separates you from the understanding of who and what you truly are, that allows you to hide behind what we term the veil, and allows you to feel that you are somehow separate from that spirit that you truly are.

So, you created this reality, and you do it in the now. But you lend to it the belief, the concept, of a linear time frame so that you can, while you are in the

consciousness state, give validity to your past and to your present and to your future. You feel that you are somehow in control of your future, that you can make decisions which will influence your future, most certainly. However, the past you feel is written in stone, that that you can't alter. Well, it's not that way at all, and that's why it becomes very difficult, especially in this new age and new energy that you are transforming into and you that are creating, to give a prediction. It is virtually impossible to predict the future when you are now entering into this new age and this new energy where you shall have the capacity to consciously alter your future.

You see—again, we refer to your linear time frame which doesn't really exist, but nonetheless—we refer to what you would call your history, where you established the agreements, so to speak, the rules of your consciousness creation and of your human consciousness creation, that you would experience certain events and that you would line them up while you are in your consciousness state and experience them in this linear time frame, in this illusion you are creating. And in that old energy in that past, as a human consciousness, you agreed to enter into this vibrational level and to experience those events. And you agreed, while you are in your dream states and while you were in your in between incarnation states, to set in place this linear time frame and this progression of events. And it was possible for various entities within your vibrational level to get an intuitive grasp of those agreements, of those contracts, of that human consciousness agreement to experience those events in the linear time frame. And as those particular individuals had that intuitive ability to tap into those agreements, so they could predict your future, and quite accurately predict your future.

Now, there were those existing in your consciousness who could not get a grasp of that understanding and who felt that those individuals who were having that intuitive bleed-through, those intuitive suggestions of your future, were somehow prophets, that they somehow had a special ability, that they were indeed at times representatives of God, so to speak. Well, it wasn't really that way at all. It's simply that they had the ability, while in the consciousness state or many times in an altered consciousness state of meditation or whatever other type of terminology you wish to apply to that state of altered consciousness, to tap into the human consciousness agreements and thereby forecast a future that was predetermined, that each of you had agreed to and that each of you within some level of your consciousness, within some level of your understanding, knew of those agreements and had previously agreed to be involved in those particular experiences and in the creation of those experiences.

So while those various entities who were labeled as prophets most certainly could prophesize and most certainly could predict your future quite accurately, they

were nonetheless no more spiritual than any other entity existing within your vibrational level or in any other vibrational level, as far as that goes. They simply had a capacity to remember at the conscious level what those agreements were, and to express that agreed upon contract, and to consequently forecast your future. Ironically, each and every individual within your vibrational level already contained within them that knowledge. It was not a secret, other than you chose to hide from it. You chose to make it a secret.

Well, now you have passed the time frame you had established whereby those particular human consciousness agreements have ceased to be in effect. You are now entering into a time which was not supposed to exist. You are entering into what we have termed the new age and the new energy. The new age because you are not supposed to be here; the new energy because most certainly there is a new energy being experienced within your vibrational level. You are developing the capacity to bring more into your consciousness the understanding of the energy, so to speak, that you use to create this illusionary reality that you are experiencing.

As you continue on this transformation you shall, based upon your present understandings and belief systems, have the capacity to create your reality consciously, to get a grasp consciously of the reality creation process, of the beliefs that you hold that are indeed having an influence on the reality you are experiencing. And as you get a glimpse of those belief systems from the conscious state, so you shall also begin to have the capacity to alter those belief systems consciously. That process is possible for you now, and even has been possible in that old energy, although the process was much more difficult because you did not believe that you had the capacity to control your reality, but, rather, you brought into each incarnational period the belief systems and the contracts and the agreements that would predetermine what you were to experience within that particular incarnational period, especially the major events that you were to create within that incarnational period.

Now, you always had the choice to alter them, most certainly. But, you see, you chose to hide from that. You chose to leave that part of your reality creation in your subconsciousness. You chose to maintain this veil that limited you from understanding the reality creation process.

Well, as you enter into this new age and into this new energy, you are indeed creating a reality where it's possible for you to bring more of that energy that you use for the reality creation process into your consciousness state. And as that occurs, it shall become more and more difficult for anyone to predict your future because, ironically, as you begin to understand the reality creation process and you begin then to also understand the illusionary reality that you

are experiencing, you shall also have the capacity to understand that you create this reality from the now.

While you may maintain this illusionary reality in your consciousness state, you nonetheless shall, again based upon your belief systems and based upon your present understanding, have the capacity to get glimpses of the multidimensional personality that you are and of the other simultaneous incarnation periods that you are experiencing, that you are creating in the now. And as you get a grasp of that understanding, then there also exists the very strong possibility that you shall have a grasp of the capacity to alter your past as well as your present and your future. And many of the concepts that you have such difficulty with now, such as allowing your consciousness to transport into other areas, to project your consciousness into other areas of your creation process, shall become much more of a concept that you can believe in, that you can understand and that you can experience. And so you shall have the capacity to consciously alter your reality.

And, once again, as you understand the reality creation process and as you get a glimpse of who and what you truly are, then you shall also have the capacity to bring more of that spirituality into this consciousness, to thin the veil as some would say, to unite this consciousness with this spirituality, the quest that each of you desire to do so much. The opportunities are there. You are creating an alteration in the very energy in the makeup of this vibrational level that you exist in.

Once again, you have chosen to establish a linear time frame. You have, as a human consciousness, this desire to experience evolution, to be able to validate a progression, to be able to validate a linear time frame and thereby validate this very reality that you are experiencing. And so you have established a linear time frame for this transference into the new age and the new energy. You make the choice to make the limitations. You choose to hold the belief that it is necessary to go through this transformation over a period of time rather than have the opportunity to experience it in the now. You choose to maintain that linear time frame in order to continue to lend credibility to this reality and thereby validate the feelings that you are experiencing to make it real. And so as you continue on this transformation into the new age and into the new energy, understand that it is not only difficult, but becoming more and more impossible for anyone to predict your future, as is it ironically becoming more and more difficult for anyone to predict your past.

You are entering into an era where it shall be possible for you to develop individual and unique techniques and methods for your reality creation process, and for your grasping and understanding of what your future and what your past is, and for bringing into your consciousness level the understanding of this reality creation process and the understanding of your belief

systems. And for each of you the process will be different. There will be little methods, or techniques, or nuances that work for one that do not work for the other. It does not make one right or one wrong. It is simply that you have the choice to believe whatever it is that you would believe. You have the choice to use whatever technique you believe will work for you, and thereby create your reality on an individual basis.

You see, you now hold beliefs that are rather unique to each individual. We would use an analogy, although again we suggest to you that analogies are poor at best, but it is one which you can identify with and one which you can have indeed conversed amongst yourselves on this afternoon. You see, you hold a belief now that when you become ill that there are various methods that are available to each of you in order to end that illness, in order to overcome that illness. Now, we're not going to get into the belief systems that you hold that are responsible for the illnesses that you experience, most certainly not. But we are going to talk to you about altering those illnesses. We are going to use that as an analogy for comparing what it is like as you hold belief systems that are going to be responsible for your consciously creating your reality in this new age and in this new energy.

You see, now when you are ill, for some of you there are various methods that you believe can cure that illness. For the majority of the entities existing in your vibrational level, and especially in this particular society, there is the belief that if you were to visit with and explain to a physician what your ailment is, that that physician has the capacity and the power to prescribe to you various medications or methods or techniques that will cure your illness. For others, there is the belief that if they have an illness, that if they were to alter their diets and to participate in various activities, that that is the solution, that that will cure their illness. And for others indeed there is the belief that if they but alter their beliefs and their understandings of the illness, that they can cure themselves. Well, ironically, each individual cures themselves.

You see, it is the individual who goes to the physician, who makes that choice, who holds the belief that the physician can be the answer to the cure in their ailment. But, nonetheless, they are the ones who make the choice. They are the ones who hold the belief. If they did not believe in that physician, then it would not work for them. And so for them, the method for curing the illness is to attend to the physician and to follow religiously every suggestion that the physician prescribes to them. And it works. It doesn't work because the physician said it would work, it works because the individual involved in that particular scenario believes that it will work. And as we have said so many times, as you hold the belief you shall create the reality to support the belief.

Similarly, when the individual believes that it is only necessary to alter their diet and to be involved in various types of activities and exercises, and so they enter into that regimen and they begin to follow that dietary prescriptions that they believe will cure them, and they begin to actively participate in whatever types of activities it is that will cure them, then they begin to experience a cure. And it works. Most certainly it works because they believe it will work. And, again, as you hold the belief, so you will create the reality.

There are others who believe in various other techniques such as personally healing themselves, or being involved in rituals that will remove the illnesses and remove the spirits that are responsible for the illness, or whatever other type of belief system that you wish to hold or use as an example. And it works. Ironically, they all work. None of them are wrong. They all work. They all achieve the same result. It's possible to achieve that cure through any of the various techniques and beliefs that you hold.

But, you see, the important thing for you to understand is that it is the belief that begins before the reality is experienced. It's not the other way around. And so whatever belief you hold, you shall create the reality to support the belief. If you believe that the physician is the road to your cure, then so be it. There is nothing wrong with that, it will work fine. If you believe that you can go through a holistic type of medical relief from your illness, that is fine as well, that will work. And if you believe that it is possible for you to cure yourself, that's fine, and it will work also. Because ultimately, in all three instances, you do cure yourself. No one else can create your reality for you. The doctor cannot cure you if you do not decide first of all that you can be cured by the doctor. The holistic approach cannot cure you if you do not hold the belief that it is possible. And most certainly you cannot cure yourself if you do not believe that it is possible to cure yourself without assistance from others.

Well, similarly, as you are entering into this new age and this new energy, and you are attempting at the conscious level to get a grasp of the understanding of the process necessary to create your reality, so it is that each of you has the capacity and the ability to develop your own techniques. It doesn't alter the bottom line that you are ultimately responsible, but rather it leaves it open for you to develop your own methods and your own techniques. You don't have to follow any set regimen of methods or techniques, similarly as you don't have to follow the belief system that you must attend to a physician in order to heal yourself, or that you must follow the holistic approach in order to heal yourself, or that you must indeed believe that you can heal yourself without assistance. All of those can be legitimate beliefs. It's not necessary that you follow any of them.

Similarly, in this reality creation process in the new age and in the new energy, you have the capacity to develop your own techniques, to hold your own beliefs. And as you continue to enter into this transformation into the new age and the new energy, then it shall become ever more possible for you to get a grasp of what those beliefs are in your consciousness state, instead of just working on them as you do in the past in your dream state or in your altered states of consciousness. You shall—should you continue on this transformation, based upon your present understanding and belief systems—have the capacity while in the consciousness state to get a grasp of what the belief is, to get glimpses of it and to alter it if you so desire, consciously, and thereby alter your belief systems, alter your choices, and ultimately alter your reality.

Now, if you have any questions for us we would be more than willing to attempt to answer them for you.

Questioner: I was wondering if the presence of angels on this side of the veil is a real presence, and if, in fact, angels do exist? Or are we aware of them under a different terminology than angels on your side of the veil?

Joshiah: Now, there are several areas of your question that we would address. First of all, the terminology of angels can have various meanings within your vocabulary, the most common one being that somehow angels are the representatives of a God. Again, based upon your society and upon the majority of the religious belief systems that are held within your society, that is the general concept of what an angel is, that it is somehow a messenger from what you would refer to as a God, some superior entity that exists outside of your vibrational level. From that context we would suggest to you that there is no God in that sense, that there is no superior being, that the God that your religions refer to indeed exists within each of you.

Now, we have also suggested to you many times that as you hold a belief, so you shall create the reality to support the belief. And it doesn't matter how bizarre that belief system is. For you see, this reality is illusionary. You can alter it and you can change it. Now, entities hold this belief system that there are angels that somehow interact with them and that somehow create their reality for them, and so they create that illusionary reality. And they do most certainly experience angels, so to speak. They create the angels that they experience from the concept that those angels have the capacity to create this reality or improve this reality for them. So, from that concept of your question, the angels that are experienced within this side of the veil within your consciousness can many times be that type of a perception. They are as real as anything else that you are experiencing within your consciousness and within this vibrational level.

Now, from the concept of understanding that there are indeed a multitude of vibrational levels that exist in the same space and in the same time as this vibrational level that you are experiencing, and within those vibrational levels there a multitude of entities, and many of those entities interact with each of you in various states of your consciousness as you express the intent, as you allow for that interaction, for indeed, entities cannot interact or interfere within your vibrational level without your permission. And even with your permission, that veil still limits their interference, their altering your reality. That's your responsibility.

However, those entities most certainly are quite willing to interact with you at various levels of your consciousness, to share with you, if you wish, to experience that which you experience. Those entities are quite anxious, in fact, for that opportunity to learn from each of you. And from that sense, should you believe and hold within you the belief system that you can experience the interaction with those entities, and if you wish to apply the term of angels to that entity or to that interaction with those entities, then indeed we would suggest that there are angels from that descriptive context. There are indeed many entities existing not only within your vibrational level in various altered states of their consciousness, but existing in other vibrational levels that are interacting with each of you on an ongoing basis, at your request, at your choice. And if you wish, you could use the terminology to call them angels. They are, however, no more of an angel than what you are.

Does that answer your question?

Questioner: My question is I am feeling kind of stuck. I have carried this belief system for fifteen years that I am a healer of some sorts, or I am in the healing, or my personality wants to heal, and I am not sure I know exactly what that means. And I have wanted to connect with my higher self, or my real self, because I have a lot of questions, but I think there is a fear there of the unknown, or what I think is the unknown. So I guess I am feeling stuck now, because I am feeling like a change is coming, but I am not sure how to bring about the change.

Joshiah: Now, first of all we will address your feelings of being a healer. You see, we have said many times that you create your own reality, most certainly, and each individual is responsible for their belief systems and the choices that they make to create their reality. That does not mean that you cannot assist someone within your vibrational level in the process of healing, should each of you, at various levels of your consciousness, agree to have that interaction and to have that assistance. So when we suggest to you that an entity is responsible for the healing of themselves, most certainly that is so. But that does not necessarily suggest that it is impossible for you to assist them, should they agree and hold the belief that your

assistance would be beneficial to them. It is that very interaction and connection that exists between physicians and their patients. It is an agreement. At some level the agreements and the contracts are made, and the physician indeed presents themselves as offering that assistance in order to support the other's belief system so that the other may heal themselves.

So, as a healer now, we would suggest that you, should you choose [to] have that capacity to interact with others, and should they hold the belief and at some level you make that agreement that your interaction with them would assist in their healing or in their achieving the state of health that they desire, then most certainly it's possible for you to have that communication and that interaction and to be of assistance to support that other person's belief system and to have that other person support your belief system. So, should you choose to be involved in that area of what you would call a healer, then we suggest that there are indeed a multitude of entities existing within your vibrational level that are willing to interact with you to create the scenarios and to create the realities in order to experience the feelings associated with those type of reality creations. And you would indeed be of assistance to those particular entities and those individuals.

Now, with regards to your connecting with your higher self, we would suggest to you that we are entering into a new age and a new energy where that type of interaction shall be much easier than what it has been in what we term the old age and the old energy. However, within this transformation period there still exists that possibility to interact with your higher self, you have but to express the intent. You have but to alter your consciousness even ever so slightly, and we would suggest that you, as we have suggested to so many others, pay attention to those intuitive nudges. Work on the hunches. Do not set them aside as your imagination, but rather pay attention to those intuitive nudges. When you feel the urge to respond or to act in a certain way, then we would suggest that, unless it seems like a rather ridiculous type of action to take, but if it seems like a truism to you, if it rings true, and if it gives you a feeling of well-being and of connecting with yourself and of understanding, then we would suggest that you react on those intuitive suggestions.

Now, many entities within your vibrational level who are operating and continue to operate in that old age and in that old energy and who continue to hold what we term as limiting belief systems, continuously believe that there are other entities existing outside of their vibrational level that make suggestions to them. We would suggest that in some instances that is your higher self. And in some instances where there is a very strong veil maintained, that it is your ego, that it is that part of your consciousness that holds you within this vibrational level, that is attempting to manipulate

your connection with that part of yourself that you refer to as your higher self, with the Piece of the One that you are.

Now, it is very easy for you to distinguish between one and the other, and one of the primary techniques or methods, if you wish—and we hate to give you techniques or methods—but one of the primary methods or techniques is to believe that you are in connection with your higher self and to hold the belief that you shall indeed have these intuitive nudges and suggestions come from within, that they come from your higher self. And indeed to hold the belief that as you act upon those intuitive suggestions and hunches that you shall reap the rewards by creating the reality that you desire, and you shall receive, as you desire, the necessary hunches and information and intuitive suggestions that will assist you in this reality creation process. This will guide you to create consciously that reality that you desire, based upon the belief systems that you hold. And that you shall, once again, as you continue on this transformation into the new age and into the new energy, develop that capacity to consciously get a grasp of what the belief system is that you are holding, and get the intuitive nudges and suggestions that will assist you in altering that belief system if you so desire, or reinforcing it if it is one that you desire to reinforce.

So, we would suggest that you do continuously interact with that portion that you refer to as your higher self. And that the answer to your question is to pay attention to the intuitive suggestions, the hunches, the coincidences that occur, and to express the intent—if at this time by slightly altering your consciousness—to be in contact with that portion of yourself which you refer to as your higher self, and to have those intuitive suggestions come into your consciousness when they would be most effective in assisting you in creating the reality that you desire.

Does that answer your question?

Questioner: Are there many levels of reality that you are not familiar with?

Joshiah: Within our vibrational level, and, as well, within your vibrational level at various altered states of your consciousness, you have the capacity to become aware of all of the levels of creation and of all of the vibrational levels that exist. However, we, as you, do not necessarily desire to be in connection with all of the vibrational levels that exist. So, while we, as you, have that capacity, we do not necessarily exercise that ability. We choose to remain focused, so to speak, upon the areas of creation that interest us the most. And it does not make our areas of creation any more valid than any others. Simply that is our choice, similarly as it [is] your choice ...

(Tape ends.) ✨