

JOSHIAH

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Joshiah: ... for presenting this opportunity for us to, once again, enter into your vibrational level and into your reality. Once again, [we] would welcome each of you to interact with the entities that would be with us on this afternoon, and we invite each of you, if you choose, to express the intent to allow for a further thinning of the veil to allow for those entities to enter into your sacred space and to offer to each of you that opportunity to interact and exchange with you on that telepathic communication that we speak of so often. Now, we would ask, if you choose, to express a moment's silence and to allow us to adjust the energy and to allow for us to fine-tune our connection with Elias (*the channel*).

(Pause)

Well now, we thank you for allowing us these opportunities, once again, and for granting us that moment's silence. We would remind each of you that if you choose to express the intent and to alter your consciousness ever so slightly, there are a multitude of entities who are quite anxious and willing to interact with you on that silent level, to have that telepathic exchange of information. And we remind you as well that many times that information you receive telepathically is much more pertinent to your individual requests and desires than the information that we express through our friend. And it is many times much more accurate because it is an exchange of information that is telepathic, based upon an exchange of feelings and of expressions, as opposed to an exchange through the rather limited use of a vocabulary.

And so should you choose to close your eyes and express that intent to shift, you will find that due to the energy within this place and due to the assistance of those entities who are with us, that it would be quite easily accomplished for you to enter into that meditative state, however slight the shift may be, and to have that silent communication, to have that telepathic exchange of information and interaction with other entities and with that portion which you refer to as your higher self, or your subconsciousness, or the Piece of the One, whatever label it is that you wish to apply to that creative spark of consciousness, that multi-dimensional personality that each of you are.

The entities who are with us interact with you for the opportunity to share with you those feelings, to offer you their unending support and their unconditional love. Once again, there can be no interference. There can be no entities that have the potential or use the opportunity to give you any information that you do not desire to hear. And there are absolutely no so-called evil type of entities existing that would use that opportunity to interact with you in any negative form, but rather they are entities who are loving entities—entities who understand that creation is only possible through the position of love. These entities offer you unconditional love and unending support, and are grateful for these opportunities to share with you and indeed to learn from each of you.

So, should you choose to participate in that silent communication, we assure you that that participation most certainly does occur, and the results of that interaction are positive types of results. The information that you receive, while it may not be accessible to you immediately in your consciousness, nonetheless comes forward to you in your consciousness at times when it has the potential to be the most beneficial to you in assisting in understanding the reality creation process and assisting you in getting a glimpse of what the beliefs are that you hold, in order to assist you to either enhance your reality and perpetuate it, or if you wish, to change it.

The choice is yours. The influence is never to direct you in a manner that somehow influences your choices, but rather allows you the opportunity to have, at the consciousness level, the understanding of the reality creation process and of the beliefs that you hold, so that you have the opportunity to consciously create your reality. You have the opportunity to understand what the belief systems are, and you bring into your consciousness that information which is already contained within each of you. So, that silent communication that we refer to is an exercise in bringing into your consciousness information that you desire to hear and have access to, information that exists within each and every one of you. For you do, absolutely, have within you the capacity to access all information. You have but to believe and express the desire.

We have been speaking to you over the past few interactions about existing in the now, a very difficult

concept for you to grasp. And within that concept lie all of the subjects that you have been expressing an interest in this afternoon (*Referring to a discussion before the channeling about psychics who seem to contact the dead, and also a discussion about our multidimensional selves.*)—communication with those who have altered their consciousness to the state where they have, as you refer to it, died or passed over. Also your interacting with that multidimensional personality that you are, who exists in the other incarnational periods in what we refer to as the now.

So many times when we express information to you we use terms and phrases that are limiting, terms and phrases that are the best that we can find within your vocabulary. Yet the limitations of that vocabulary indeed lead to limitations upon the presentation of the idea or the concept, and it becomes very difficult, at times almost impossible, to give you an accurate description, for you do not have phrases, but rather it is a sense of a feeling as opposed to a phrase. And we transmit through the feelings and attempt to have those feelings transmitted into phrases. That interaction and that process quite often falls short of being completely accurate in terms of expressing what it is that we feel that we desire, of expressing the concepts that we desire to transmit to you.

Even the concept of the now is very difficult to transmit to you. The very use of the terminology of the now implies there must be a linear time frame where you have a present, which is the now, and a past and a future. So by using that term now, we are, in a sense, attempting to give you a description within the understanding of a linear time frame, and the two do not fit. You can't use one when you are referring to the other. It just doesn't fit. It doesn't work that way. When you have these desires to understand what occurs when you pass over, when you alter your consciousness to the state where you are in what you refer to as the between incarnation states, it becomes a very difficult concept for you to get a grasp of. For you feel that somehow you have indeed died. And that does not occur. You simply alter your states of consciousness.

There are those who, within the consciousness state, desire to contact and to interact with those that are in those altered states of consciousness. Now, is that possible? Absolutely. We are not going to suggest to you for a minute that it's not possible. You see, what's not possible is only what you don't imagine. What is not possible is only what you believe is not possible. However, is it difficult? Well, absolutely. That is a whole different concept. You see, it is difficult because you, as a human consciousness and as individuals, have established, and continue to maintain, that veil that we refer to so often. That electromagnetic type of energy that exists throughout your entire vibrational level that limits your understanding of who and what you are, and limits that interaction with that portion which we refer to

as your higher self, or your Piece of the One, or the Piece of the God that you are. The veil is your choice. You established that barrier.

When you are in the consciousness state, it is very difficult for you to interact with that portion of your higher self that you interact with when you are in your sleep state. When you bring back into your consciousness memories of that interaction, they are distorted, absolutely. It becomes very difficult for you to get a concrete meaning or a conscious understanding of what that dream state was about.

Well, we have suggested that when you enter into your between incarnation state, you have simply altered your consciousness a step further. And it becomes even more difficult to connect with that particular state of consciousness while you are in the consciousness state. And many times the images that come back are very distorted, absolutely. Now, we didn't say it is impossible, and we continue to impress upon you that the concept is not impossible, but rather very difficult.

When you are in your dream state, and you are in your what your scientists would refer to as your most altered states of consciousness, you interact with your higher self; you interact with the higher selves of others, and you interact at that time with entities that are in the between incarnation states. And indeed you have the capacity at that time to interact with entities such as ourselves, who do not and have not existed within your vibrational level. Those interactions do occur on a daily basis, if you wish to use your linear time frame. Those interactions absolutely are in place as you determine and manipulate and create this reality that you experience within your consciousness state. However, when one entity is in the consciousness state, it is very difficult for them to interact with and communicate telepathically with that entity who is in that altered state of consciousness which you may refer to as the dream state.

Now, when you are in your consciousness state it is quite possible and frequently happens that you have telepathic exchanges of information. There are even entities who exist in other societies within your world system who practice that type of telecommunication, of interacting telepathically; of transmitting thoughts and feelings telepathically. Ironically, you do it as well, quite frequently. But within your society, many times it is not recognized. It is not accepted that it is possible for one to read another's mind, so to speak. Well, it is very difficult for you to read another's mind—it is instead rather a transference of thoughts. Let us attempt to give you some description of that.

When someone else speaks to you and you communicate verbally, there is an exchange of information, there is a communication that occurs, and one speaks the words and the other hears. But you see, the other can't hear if the one that is expressing the words chooses not to give that expression. You can

only perceive in your ears, at that consciousness level, at that physical level, that exchange of information if both parties are willing to participate. If one has within them a thought or an idea but refuses to express that thought physically, then on the physical level the other entity cannot receive it. It is a two-way communication process with both in agreement.

And we suggest both in agreement because you do have instances within your consciousness level where there is one who expresses phrases and words to another, and the other does not hear it. Or what the other is hearing, they are not perceiving the same idea that is being expressed. So, even when it is a physical transfer of information through the uses of your vocabularies, it is a process that involves the agreement of both parties that are active in that interaction.

Now, when you exchange information telepathically, it is a similar process. It is very difficult for an entity to receive information from another entity if at some level both entities do not agree. You can't just simply invade someone else's privacy. We are not saying that it is impossible to do that anymore than it is impossible for you to eavesdrop on someone else's conversations. But it is much more difficult for you to interact with someone telepathically without their agreement than it is to eavesdrop.

However, when you interact telepathically, the communication is much more enhanced and you get a much more accurate transference of information when both entities are actively and willingly participating in that transaction of information. When you telepathically tap into and receive information from another who is on the same consciousness level as you are, and that other is not willing, then it is like eavesdropping, and quite often the information that you receive is very distorted or very general and not very accurate at all.

Again, it is like eavesdropping physically. You can sit at a table, for example, and you can get bits and pieces of someone's conversation, and you can, through those bits and pieces, attempt to make some sense of it. Ironically, quite often you are wrong, and you know that. You know that from experience that you thought, "Oh, they are talking about this," and it wasn't that at all. In fact, people who are paranoid quite often sit and hear someone say a phrase and think, "Oh, they must be talking about me," when actually they are not at all. You find out later that they weren't, and you feel rather ridiculous that you even held that thought. But nonetheless, that is an example of your hearing information that you are eavesdropping on, and attempting to take bits and pieces of that information and to make sense of it and to analyze it and to come up with some idea of the concept of their conversation, and you find out you are wrong. It is very distorted, it is not accurate at all. Well, similarly when you attempt to tap into someone telepathically and they are not willing

participants in that transmission of information, you can receive bits and pieces, absolutely, but it is like you are invading their privacy. And many times the information that you get is not accurate when you attempt to make some sense of it and to assemble it.

Well now, when you are in your consciousness state in this level of consciousness that you are in when you are walking around in your day-to-day activities and you are not in a sleep state or in a meditative state, and you are trying to interact with someone who is in a dream state or in a meditative state, it becomes very difficult because you now have in place some form of a veil. Even between your consciousness state and your meditative state there exists to some extent a veil that prevents you many times from bringing back into your consciousness an accurate understanding of what it is that you are actively participating in in that dream state or in that meditative state. And so it becomes difficult for one who is in the consciousness state to telepathically interact with one who is in that altered state of consciousness in the dream state.

When you alter that state further and you enter into what you call the between incarnation state, or what you refer to as the passed over [state], it is even more difficult to have that type of interaction and bring back information that is accurate. Now, we are not saying that you can't get bits and pieces, but you have created and maintained that veil which prevents you from understanding who and what you truly are. And that entity who is in that altered state of consciousness, that is in that between incarnation state, is much closer to the understanding of who and what they are, and much further removed from your state of consciousness. And once again, that veil exists, that electromagnetic type of energy that you have created for the purposes of limiting that connection not only with your higher self, but with the higher selves of others and with those who are in those more altered states of consciousness, in that between incarnation state.

So what happens when you have these entities who claim to have that interaction? Well, it is absolutely possible. Indeed those interactions do occur at some level within your consciousness. When you alter your states of consciousness and you are in your dream states or your meditative states, you do, at that level, have the capacity to interact with and you do, at that level, interact with entities that are in an altered state of consciousness, that are in that between incarnation state. Now, you bring back into this consciousness state memories of those interactions. But those memories are very distorted. When you remember your dreams, you remember them based upon actions and interactions that make sense to you consciously that you can apply to your day-to-day activities, even if many of those interactions are with entities that have so-called passed over, or with entities of your multidimensional self that are existing in other incarnational periods or with entities you interact with

and create your reality with on a day-to-day basis that you also interact with in other incarnational periods, and as well may be in between incarnation states. When you are in your dream state, you interact with each and every one of those facets, not only of your multidimensional personality, but with other multidimensional personalities that you interact with as you are in your consciousness state in this incarnation period. So it should come as no surprise that when you are in your consciousness state, you bring with you memories, although distorted, of those interactions.

When you, in your consciousness state, give permission to telepathically interact with someone who believes and understands and has that capacity, then it is absolutely and completely within the capacity of that person to telepathically exchange and receive information from you and to verbally express that information to you, based upon your interactions with entities that you have interacted with while you are in your dream state—be [them] those entities who exist in this incarnation period, in other incarnation periods, or as you believe are, based upon your linear time frame, in that between incarnation state. And not only is that telepathic exchange of information between two entities in the same consciousness indeed possible, but in your altered states of consciousness it is an absolute occurrence that you participate in fully and understand that that interaction occurs. So it should come as no surprise when you have your so-called readings, when you have your psychic exchanges of information, that the so-called psychic is reflecting back to you information which you already contain within yourselves.

You see, to believe that it is possible for a psychic to have the capacity to interact with others and bring that information back and give it to you is to suggest that the psychic is somehow superior to who and what you are. And that is absolutely not the case. As we have suggested so many times, you are an equal Piece of the One; you create your own reality, absolutely. To continuously feel that there are others who have within them some type of ability that is not inherent within each of you is to suggest that you are somehow inferior. And that is absolutely not the case. You are an equal Piece of the One.

Now, because someone else within your vibrational level and within this consciousness has chosen to believe that they have [the] capacity to interact, they shall most certainly create the reality to support the belief system. However, once again, the ability for you, while in your consciousness state, to interact with others who are in that altered state of consciousness, in what you would refer to as [the] passed over or the between incarnation states, is very difficult. Not impossible. And indeed there are channelings occurring within your vibrational level where there are entities who are in that altered state of consciousness who are transmitting information back to you similar to

the type of experience that you are actively involved in at this time.

However, it is not, and we emphasize that it is not, any type of ability or experience that is not available to each of you. It simply becomes very difficult for you to have that type of interaction while you are in the consciousness state because when you are in the consciousness state, you, as a human consciousness and as an individual, maintain that veil, that electromagnetic system, that you choose to interfere with that type of transaction.

When we interact with you at this time and at this period, we suggest to you many times that should you choose to alter your consciousness, that that type of interaction would be much more pertinent to each of you and much more complete and much more accurate. Because you see, once again, as you alter your consciousness, while you may not retain the memories of that interaction, nonetheless that interaction does occur. And it is almost like when you are in your dream state and those interactions occur and you don't remember them. However, because you do not remember them consciously does not necessarily mean that they are not valid.

Our interaction with you as we express to you these words and as we communicate with you, is enhanced by the fact that Elias (*the channel*) is willing to alter his consciousness to that state where he is in indeed a very deep meditative state or in a very deep dream state, so to speak. Consciously, he is gone, and that allows us to interact, to express to you, and to communicate with each of you. Understand however, that that is done at a consciousness level that is comparable to your dream state, and does not occur when Elias is in his consciousness state. And in fact, when his consciousness attempts to be involved in the process, the process becomes very limited. For we are subject to his analytical consciousness mind. The transference becomes inaccurate. It becomes less complete. It becomes more influenced by his understanding and by his belief systems. Whereas when he is willing to step aside, the interaction that you are experiencing is an interaction with someone who is in that dream state. And when you express the intent to alter your consciousness even ever so slightly, that interaction becomes much more enhanced, much more accurate, and much more complete.

When you have someone who is in their consciousness state attempting to have this type of interaction, this type of communication, it is very difficult. We didn't say impossible, but it is very, very difficult because, once again, while you are in that consciousness state, you maintain a very strong veil, an electromagnetic type of energy that restricts your communicating with others who are outside of your consciousness, who are outside of your vibrational level that you are actively experiencing at that moment. And so, many times

when you are interacting with psychics, you are expressing the intent to have a telepathic exchange of information, and that psychic is interacting with you and communicating with you on that same consciousness level, at that same vibrational level, and is expressing back to you information which you contain within yourselves; information that you interact with while you are in your altered states of consciousness, and interact with those entities who are in other altered states of consciousness, and it gives you the opportunity to give you the bits and pieces of that interaction. Although, once again, it is bits and pieces of an interaction—it is like sitting at that table in a restaurant and hearing bits and pieces of conversation of entities that are across the room, and attempting to make sense of it when you do not have the capacity to have the full benefit of the conversation that is being carried on.

Now, we hope that that gives you some explanation not only for some of the questions that you have had, but also about our particular interaction and association with each of you. And we hope it further assists you in understanding why it is that we suggest that should you choose to express the intent, the interaction you experience and the information you receive shall be much more complete and much more accurate and much more pertinent to each of you, should you choose to alter your consciousness even ever so slightly and allow for that interaction, that telepathic exchange of information to occur in an altered state of consciousness. And should you express the feelings and express the belief and have the understanding, that it is possible for you bring that information into your consciousness level when you decide that it would be the most benefit to you in creating your reality, allowing you to be more in control, allowing you to reach out and grasp that responsibility for what it is that you are experiencing, so that you can create the reality that you desire, so that you can get glimpses of who and what you truly are.

Now, we would break for a few moments, and if you have any questions for us we would be willing to attempt to answer them for you. Before we have our brief intermission, we would remind you that the energy and the entities that are with us this afternoon remain in this sacred space you have created, and should you choose to continue on that silent communication, you have but to express the intent and those entities are quite willing to facilitate that type of interaction.

Now, we would leave you for a moment or two, and if you have questions we would be willing to return and attempt to answer them for you. And until then, we would leave you, with love and with peace. ❀