JOSHIAH

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Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.

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Joshiah: Well now, once again, we would like to express our greetings, and our gratitude to each of you for inviting us into your vibrational level and into your reality, and for presenting us with this opportunity to interact and to share with each of you once again. Now, as usual, we would ask you, if you choose, to express the intent to allow for further a thinning of the veil so that those entities that would be with us on this afternoon also have the opportunity to enter into your vibrational level and have the opportunity to interact and to share with each of you. Now, if you would open that area of your heart chakra and allow the intents to be that there be a further thinning of the veil and that the energy may intensify within this sacred space that you have created. And if you would allow us a moment of silence, we would use that moment to once again adjust the energy and to fine-tune our connection with our friend Elias (the channel).

(Pause)

Well, once again, we thank you for allowing us that moment. We would remind you, should you choose, that there exists the opportunity to have what we refer to as the silent communication, that telepathic exchange of information, with entities that are with us again on this afternoon and who are quite willing and quite anxious to share with you, to interact with you.

While the information you receive is not new to each of you but is information which is contained within you and which each of you have access to, nonetheless, your choice to establish that electromagnetic type of energy we refer to as the veil prevents you from directly accessing that information. It makes it difficult to bring that information into your consciousness. When you become involved in and participate in that silent communication, in that telepathic exchange of information, the information you receive is information that comes from that portion of you which you have difficulty accessing because of your choice to establish a veil.

The entities that are with us this afternoon will assist you in bringing that information into your consciousness, and making that information available and accessible to you when it is most pertinent, when it can have the most effect, if you wish, upon your reality creation process. Now, in exchange, those entities

interact with you, share feelings with you, offer you their unending support and their unconditional love. The choice to interact is yours. But, once again, the information you receive telepathically in that silent communication many times is more pertinent than the information we express through the rather limited use of our vocabulary. And at times, indeed the answers to your questions—the answers to most unresolved issues that you seem to have difficulty with—are yours and will be presented to you at an opportune time in the form of intuitive suggestions. Some of you may experience it in the form of a sudden suggestion, or the sounding of a voice within your head, some seemingly outside source speaking to you. We assure you, however, that that source is your multidimensional personality that you are, and that information is accessible to you and contained within each of you.

The difficulty is bringing it into your consciousness. This activity you are involved in and participation in that silent communication will assist you in accessing that information that you desire. So we encourage you, if you choose, to close your eyes and to allow your consciousness to shift even ever so slightly, and you will find that as a result of the energy that exists within this sacred space you have created, that that shift in consciousness is very easily achieved. And while you may not recall the words we speak through our friend this afternoon, nonetheless, the information you receive will be very pertinent to each individual, and many times it is much more accurate than the information you receive through this rather limited use of a vocabulary.

The information we give to each of you is not new. It is information that, if you wish to use the linear time frame, you have been experiencing and involved in since the time of Lemuria, since the Atlantean periods, and on down through your so-called history. The information is the same information which has been given over and over by many of your so-called prophets, and by many different avenues of channeling, and through many sources throughout your entire history.

Many times, once the message has been received within your human consciousness within your society, the message has become distorted. Many times the message has become distorted to the point where those who are delivering the message, or supposedly interpreting the message, have altered it for the

purposes of manipulating and controlling masses of people. And there are those within your human consciousness who wish to believe they are not responsible for their reality creation process, and they look for some type of leadership, so to speak. So you have these two forces who have similar ideas of reality creation process: the one who would desire to be the manipulator and the leader, and those that would desire to be led. So the belief systems are very similar, and as a result the message becomes distorted. It becomes distorted, and it becomes perpetuated, and it becomes accepted in that distorted fashion by both the leaders and the followers. You can find examples of that particular activity throughout all of your religions throughout all of your entire Earth system. While the message is similar, and while the various religions may seem to have different views on many subjects, nonetheless that belief system that we spoke of—of those wishing to be leaders, and of those wishing to be the followers—is consistent throughout all of the religious systems.

Ironically, those who presented that message—be they what you refer to as the prophets, or be they what you refer to as channelers, and any other particular type of medium—were not presenting the message that was intended to set some up as leaders and some as followers. The message has been consistent, and it is the simple message that we bring to you time and again: you create your reality. Bottom line. Period. There is no other way to create your reality. You, as individuals and as a group human consciousness, are responsible for the realities that you experience and for all that you can perceive. That is one of the simple truths, if you wish, that has been presented, has been given as a message throughout your entire history.

The second truism is that you are a Piece of God. You see, so often entities within your vibrational level and within your human consciousness have looked upon a messenger as being some type of superior entity or being. And we suggest to you that not only is that not the case, but it was not the intention of the messenger. It is, once again, the interpretation of individuals while in the human consciousness form, while in your consciousness state. It is based primarily upon the belief system that you as individuals are not in control of your reality creation process but, rather, believe that there is an entity or entities existing outside of your vibrational level who create your reality for you. And based upon that belief, there has been the tendency throughout your history to put messengers up as being some type of superior individuals, and in some cases even holding them up as being a God who does have the possibility and the opportunity and the power to control your reality. And we would suggest to you that is simply not the case.

The second truism is that you are a Piece of God, that you are a Piece of the One, that you are a piece of consciousness that has within it the capacities to create

your reality. Whatever label you wish to term that piece of consciousness is your choice. Whether you wish to call it your higher self, or God, or Piece of the One, it makes no difference. It is a spark of consciousness that is capable of creating, and not only is capable of creating, but does create the reality that you experience. You, as individuals, are a Piece of the One. You are a Piece of God, if that is a term that you would choose, that is equal to each and every other Piece of God. There is no greater, and there is no less. All are equal. All of the entities, all of the multidimensional personalities that exist within your vibrational level and throughout all of the other vibrational levels throughout all of creation are equal Pieces of the One, are equal sparks of consciousness that have the capacity to create realities.

And of course, the third truism that has been presented throughout your entire history is that you cannot fail. Now again, we do not speak of the failure that you have the capacity to create and to experience in your day-to-day activities. That is your choice. If you wish to set up circumstances that allow you to experience the feelings that are associated with failure within your human consciousness, that is your choice. You can do that. There is absolutely no judgment placed upon that type of activity or the reality creation process. What we are referring to is that you cannot fail to return to the understanding of who and what you truly are. You cannot fail, as a multidimensional personality, to experience reality creation process in other vibrational levels outside of the vibrational level that you exist in at this time. You cannot fail.

You see, within your religious belief systems—that are, once again, a distortion of the message that has been presented throughout history—there is incorporated a concept of failure. There is incorporated the possibility that you may not return to that understanding of who and what you are. There is incorporated into that belief system, for the purposes of manipulating and controlling, the threat that you may experience an eternity in some abomination, which your particular religion refers to as hell. Well, once again, we suggest that is an idea and a belief system that has been incorporated for the purposes of manipulation and control. Each of you—each of you, not only within your group here on this afternoon, but each of you that will eventually hear and read this message—cannot fail to understand at some time who and what you truly are. You cannot fail to return to a vibrational level where you have absolute total and complete consciousness understanding of who and what you are and of the reality creation process that you are involved in. It is an absolute. It is a given.

Eternal damnations that your religions speak about are misinterpretations and manipulations of the original message for the purposes of controlling entities through fear. You see, it is always much easier to control and to lead through fear than it is to control and

to lead though enlightenment. Fear is a much more controlling and a much more compelling type of manipulation. It is indeed a much more powerful emotion than to suggest to someone that they have the capacity to create their own reality and they need fear nothing. For you see, to suggest that someone does not have to fear, to suggest that they have the capacity to create their realities in an enlightening type of experience that frees them from being in any position where they can be manipulated or controlled, they no longer need to be led. They understand then that they are equal to, and that there is nothing to fear, for you cannot fail. You cannot fail to return to the understanding of who and what you truly are.

Now, much of this reality creation process is, once again, one that has been explained and given in different forms throughout your entire history, but the reality is that it is really very simple. Like so many things, when you begin to dissect them and get them down to their simplest form, they are quite easy to understand. It is when you begin to lump things together that they become complicated. You create your reality through your belief systems. Now again, that is rather an oversimplification of the process, but nonetheless, when you reduce it down to its absolute simplest form, you create through your belief systems.

You see, you create based upon what it is that you believe. So many times, for those who do not wish to accept the responsibility for their reality creation, it is much easier to believe that a situation or an event occurs within your day-to-day activities, and as a result of that situation or event you form a belief system, and as that event or as that situation repeats itself, you intensify the belief system. Well, to a point that is true. But it is absolutely opposite. You see, first of all you hold the belief system, and then you create the reality to support the belief system. And as a result of the creation of that reality, you can reinforce that belief system and thereby intensify and duplicate that reality creation process so that you can reexperience that phenomenon if you wish. And if you don't like what you are experiencing, then we suggest that you attempt to understand what the belief is that is responsible for the reality you are experiencing and then you can alter the belief, and thereby alter the reality, and thereby create whatever it is that you desire.

Now, for those who do not wish to accept the responsibility for the reality creation process, it is much easier to believe that there is an entity, or a group of entities, or a God—whatever belief system they hold—that is responsible for creating their reality, and then as a result of that reality they believe that they form their belief systems. Well, it doesn't quite work that way. But ironically, if you hold that belief in the first place—the belief that there is an entity existing outside of your vibrational level who creates for you—then you shall create circumstances that support that belief system.

But the key to understand is that you held that belief system first.

You see, this entire reality that you experience is an illusion. It is the most illusionary reality of all that you shall experience throughout all of your layers or areas of consciousness. This reality is the most illusionary, and this reality is easily changed. While you are conscious—through your choice to establish that electromagnetic type of energy system that exists throughout your vibrational level—you limit your understanding of how illusionary this reality is, and it seems quite real. It seems quite solid, quite rigid. But it is not really. It is not at all, actually. It is quite illusionary, and you can change it. Not only can you change it, but you do change it. You do create it.

You see, even for those who do not consciously believe that they create it, it doesn't matter. You create it anyway. Because you don't believe that you create it, you begin to create through default. Ironically, you still create whatever it is that you believe. It is rather interesting that there are individuals within your acquaintances who would continuously feel that somehow they are a victim, to continuously put forth that attitude and that belief system that they are a victim, that they have no control over their reality, that it just happens to them. And ironically, they experience a reality that supports that belief system. Now, in that same circle of acquaintances you have other individuals who are quite positive, if you wish to use that type of a term, but individuals who feel that they are in control. Individuals who believe that they have the capacity to create whatever it is they desire. And ironically, they too experience what it is that they believe.

Now, what is the difference? Is it because one individual has some type of entity existing outside of their vibrational level that directs their reality, but this other individual who seems to be experiencing, in your terms, a much more positive reality has a different entity creating his reality? I don't think so. The difference is that they hold different beliefs. That is the key. That is the key. You see, you create your reality based upon your belief systems. What you believe, you shall experience, absolutely.

Now, again, as we suggested earlier, that is rather an oversimplification. It is like suggesting that each item within your entire Earth system is composed of atoms and molecules. Well, it is, absolutely. When you break it down to the basis, it is composed of atoms and of molecules. There is no doubt. Your scientists can even prove that one. However, when you combine those atoms and molecules and you begin to get hundreds and thousands and millions of them in various forms, all combined and seemingly stuck together, you come up with quite different items in your Earth system. Well, it is similar with belief systems.

You see, we have broken it down to suggesting that your belief precedes your reality. And that is absolutely true. Just as each item in your Earth system is composed of atoms, so your reality is composed of belief systems. But similarly to an item that is composed of a multitude of atoms in order to solidify that particular item in your consciousness reality, so it is that your reality that you experience, your day-to-day activities, are composed of a combination of a multitude of beliefs, or belief systems as we like to call them. So, it becomes difficult to simply suggest that there is one belief that affects your entire reality and your entire experience. And therein comes the difficulty.

Now, we have suggested to you many times that you are entering into a new age and into a new energy where it shall become possible for you to create your reality consciously, where you shall have the capacity to consciously understand what the belief system is at the time when you are experiencing a particular reality or a particular activity in your day-to-day experiences, and to understand what the belief systems are that are responsible for that reality. And if you don't like what you are experiencing, you shall have the opportunity to consciously alter the belief system. Or conversely, if you like what you are experiencing, then you can indeed intensify the belief system in order to duplicate or intensify [the] experience. The choice is yours. The key is accepting the responsibility for your reality creation. The key is to believe that you have within you the capacity to alter whatever it is that you desire to bring into your reality. Now again, that particular explanation of your reality creation process is very simple.

There is one other element which we have not spoken of today, and that is that you can only create from a position of love. Love is the key. So many of your religions preach that you should love each other. Well, they also preach that you should love your enemies. The only way that you can have an enemy is if you don't love them in the first place. You see, when you love yourself enough that you begin to love others, you will find that others will love you as well, and you will find that you will not have enemies. Love is the key. And once again, love is a state of being and a state of doing. And the key is self-love. Love yourself. Not only that portion of yourself that you are guite willing to put out into the public, but the portion of yourself that you wish everyone else didn't know about. Love that part as well. Love yourself absolutely, entirely and unconditionally.

As we have suggested before, when you are involved in a relationship and you express love, providing that there are certain conditions met, then you are not expressing unconditional love at all. You are forming a contract. Now, contracts are fine. And in your day-to-day activities as you continue on your transformation into this new age and into this new energy, you will

make contracts constantly on a daily basis, and that is fine. There is nothing wrong with contracts. But understand that when you are involved in a relationship and you put conditions upon that relationship, you are indeed forming a contract. You are not offering unconditional love. Unconditional love is exactly that. It is love without contracts. It is love without the conditions. And when you learn to love yourself completely, without conditions, without contracts, then you will have the capacity to begin to love others in that fashion. And you will begin to have the capacity to love those involved in your relationships, and expand to those you meet on a day-to-day basis, and eventually, as you expand the love for yourself, you shall have the capacity to love others—even those that you have never met.

Once again, you can only create from a position of love. You see, there are so many entities within your vibrational level who feel and would suggest to you that they don't know how to love. Well, that is only a belief system, and it is a belief system that is held within their consciousness. We absolutely assure you that at some level within their subconsciousness, at some level within the multidimensional personalities that each of you are, you absolutely know how to love unconditionally. You do it all the time. The only way that you can create is from a position of absolute and unconditional love. Even those particular realities you experience that you feel are less than desirable are realities that are created from a position of love. It is the only way to create.

You see, even your religions would suggest to you that God is the creator of all, that God is absolute love. Well, we are suggesting to you that you are God. We are suggesting to you that that piece of creative consciousness—which so many would like to believe exists outside your vibrational level and is responsible for the reality that you experience—does not exist outside of your vibrational level at all, but exists within each and every cell of your being. It is who and what you truly are. And you, at some level within your subconsciousness, within that multidimensional personality that you are, know exactly what it is to experience unconditional love for yourself and for others.

So, the key to your reality creation process and the key to this transformation into the new age and into the new energy is to learn to love yourself, to love yourself absolutely and unconditionally. If there are some portions of your personality that you find less than desirable, that you have difficulty loving, (inaudible) them. We have suggested to you many times that this reality is an illusion. There are but three things that you cannot change. Three things—that you are indeed responsible for the creation of your reality, that you are a Piece of God, and that you cannot fail. You can change anything else within your perception that you desire. You have but to change your belief systems.

And if there are portions of your character or of your personality that you have difficulty accepting or loving, and parts that you wish you didn't have, then change them. It is that simple. It is not complicated at all. You have but to believe. You have but to have a desire. Based upon that desire and based upon your belief systems, you can create whatever it is that you desire. Whatever it is—and if that means the creation of an entirely different set of principles that you have within your character, that is entirely up to you. You can do that. Absolutely. It is not hard at all. You have but to believe.

For those who feel that they are victims, change the belief. For those who feel that they are not worthy of love, change the belief. And we guarantee you, absolutely, you can change your reality. And as you continue on this transformation into the new age and into the new energy, you will find that type of transformation and that type of change to be much easier. You are, once again, well past the halfway point of this transformation period that you have established, and as a result these changes that we refer to and these alterations of your reality are becoming much easier. Not only much easier, but you have the opportunity to experience that change and that transformation much faster than what was possible before.

Now, ironically, there is also a flip-side to that much faster phenomena, because not only can you create a reality that you feel is a very joyful type of reality much faster, but you can also create those realities that you don't think are so joyful. You see, your higher self, that multidimensional personality that you are, that Piece of the One, that spark of creative consciousness that you are, does not judge what reality it is that you desire to create, and it will create whatever it is that you feel or believe or desire to have into your reality in your dayto-day activities. And as you continue on this transformation into the new age and into the new energy, your higher self, or that spark of consciousness that you are, shall create equally as fast any type of reality that you desire, that you believe you wish to bring into your day-to-day activities. There is no judgment outside of your human consciousness. Human consciousness sets the judgment. Your spark of consciousness, the Piece of God that you are, your higher self, does not judge you but rather creates indiscriminately whatever it is that you desire based upon your belief systems and your choices and your decisions, based upon your desires, based upon how much you love yourself, based upon your belief systems. And it does so, indiscriminately. It does not judge.

So while this transformation into the new age and into the new energy is an exciting period within your human consciousness within your history, it does not mean that while you are in your human consciousness that all of the realities you create shall be realities that you would be joyful about. But your higher self will create any type of reality that you desire, based upon your belief systems. And as it creates these so-called joyful realities in a much more instantaneous manner than what was possible in the old age and in the old energy, rest assured that it shall create all realities equally as fast. And as you hold within your consciousness that desire and as you hold within your consciousness the belief systems and as you develop the various methods and techniques that work for each of you, understand that it will consciously create whatever reality it is that you desire.

Understand that as you attempt to return to a position of what we refer to as the old energy, where you seemingly attempt to hide from that understanding and you wish to set aside that responsibility and you wish to go back into that sometimes comfortable feeling of being able to blame someone else, that you shall experience in a much more instant fashion the dis-ease and the discomfort in your consciousness state. For you cannot go back. Once you understand the reality creation process and once you believe it, you cannot go back to a point where you can blame someone else for what it is you are experiencing. It is like we have said so many times, when you understand the process that is used in developing the motion picture that you view in your theaters, you can no longer go back to believing that what you are experiencing and viewing upon that screen is real. You understand that it is a manipulation. You understand indeed that there are producers and technicians who are responsible for manipulating what you experience upon that screen and it is not real. Similarly, when you understand the reality creation process within your consciousness state, you cannot go back to believing that there is someone else who is responsible. You are responsible. and you will experience dis-ease and discomfort should you try to return to that state of blaming someone else for whatever it is that you are experiencing.

Now, we have touched upon most of the highlights of our message this afternoon, and for many of you this has been a repetition. But as you continue in your transcriptions, there are those who will hear this message for the first time who will find it indeed very interesting, although within your subconsciousness, within the Piece of One that you are, this message is not new at all. And for those who are open to listen, for those who desire this transformation into the new age and into the new energy, it shall ring true, and there shall be information that they shall be able to glean from it and use in their transformation process into the new age and into the new energy.

Now, we would break for a moment or two, and if you have any questions for us we would be willing to return and attempt to answer them for you. We remind you that while we are on our intermission that the entities and the energy that are with us this afternoon would remain within this sacred space if you desire, and if you

express the intent and desire to have that interaction, that telepathic exchange of information, then that is possible. And indeed, while you may not consciously be aware of it, we assure you that telepathic exchange of information most certainly does occur. Now, we would break for a moment or two, and we would return, with love and with peace. \$