

JOSHIAH

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Joshiah: Well now, once again, we would like to express our gratitude to each of you for inviting us back into your vibrational level, back into your reality, and express to you our greetings on this afternoon.

Now, as always, we would ask if you would choose to express the intent to further thin the veil to allow for others that would be with us on this afternoon to also have the opportunity to enter into your vibrational level and to interact with each of you in your reality. We would remind you that there exists a multitude of entities that are quite anxious for the opportunity to share in your vibrational level and are willing to enter into this sacred space that you have created on this afternoon and to have the opportunity to share with each of you, to interact with each of you, to offer that unconditional love and that unending support for each of you.

Now, we would ask for a moment's silence, and if you would express that intent to allow for that thinning of the veil we would use that moment to adjust the energy and to, once again, fine-tune our connection with our friend Elias (*the channel*).

(Pause)

Well, we thank you for that moment and, once again, we thank you for this opportunity to interact and to share with each of you in your vibrational level and in your reality. Now, before we begin we would remind you, once again, that there exists for you on this afternoon the opportunity for each of you to become involved in what we refer to as the silent communication; an opportunity for each of you to interact with that portion which you refer to as your higher self, that Piece of the One that you are, or with other entities that are with us on this afternoon; an opportunity for you to alter your consciousness and to receive that information which you desire. And once again, information many more times that is much more pertinent to your individual needs and desires than the information that we give through our friend Elias.

As well, we would suggest to you that you have created an energy on this afternoon, a synergy if you wish, that will assist in you in altering your consciousness. And if you would but express the intent and close your eyes, you will find that it is very easy for you to shift your

consciousness, to enter into that meditative state, if you wish, or that altered state of consciousness or whatever it is that you wish to refer to it as, and to be involved in that silent communication. And once again, though you may not recall that interaction—in fact, you may have difficulty in recalling any type of interaction or receiving or exchanging of messages or feelings—we assure you that that interaction most certainly does occur and that the interaction will assist you in bringing into your consciousness state that information which you desire to have. And many times, once again, it will appear at a time when it is the most beneficial and the most pertinent to your desires and to your reality creation process and so we encourage you to become involved. And you can always listen to this message later on if that is what you desire to do.

Now. We spoke to you in our last gathering of individuals entering into your vibrational level and making choices to have certain physical characteristics which may or may not be limiting in terms of that which they desire to do in this particular incarnational period. Now, many individuals in your vibrational level in this particular incarnational period have a burning desire to have an answer to the question of, “When does your life really begin?” And that is a rather difficult concept to give an accurate and absolute answer to.

For you see, you exist in an illusion. That is, in itself, very difficult to comprehend while you are in your conscious state. You are involved in a reality creation process in a vibrational level that allows you to enter into a state, which you refer to as consciousness, that actually removes your consciousness from the understanding of who and what you truly are. And it allows you to function in an illusion and to feel that the illusion is everything. And so when you are in that illusion you hold beliefs that there [is] time and there is space. And you believe in evolution. And you believe that there is a beginning and an end, and a beginning and an end, and a beginning and an end, to all of the incarnational periods. And you believe that somewhere life begins and it ends.

Now. Your society, if you wish, has come to agree upon the ending, come to agree that when your body stops functioning, when your brain stops functioning, when you stop breathing and your heart stops beating in this incarnational period in this illusion that that is the end. That is the end of this life. It is the beginning that

you have more difficulty with. The irony of it is that it doesn't end simply because you stop breathing. You simply shift in your consciousness. You simply enter into a different part of your illusion. For at that state—what we refer to as the between incarnation state—when you first end at this incarnational period you are still only in an altered state of consciousness, one step beyond what you refer to as your dream state.

It is in your dream state and in that altered state of consciousness that you refer to as the between incarnation state of consciousness, when you make the choices to perpetuate your reality in this vibrational level, when you make the choices to remain in this vibrational level. And it is when you are in that between incarnation state that you make the choice to enter back into the illusion—what you would refer to as another reincarnation.

Now. The explanation becomes difficult because you exist in the now. When you are in that altered state of consciousness time does not exist. It is an illusion. This beginning and an end, this evolution, is an illusion. It is an illusion that you perpetuate based upon the belief system in order to validate this reality but nonetheless, it is an illusion. And so it becomes difficult to give you an accurate explanation.

We would refer, once again, to our analogy that we have used many times about being involved in a theater. And there are a multitude of acts going on simultaneously in your theater. And in between acts you all meet in the lobby and you plan the next play. You plan the next movement that you are going to perform when you go back on the stage. And you all agree. You all agree to the script and away you go back and you play in the illusion in the theater.

Now. All of the plays, all of the illusions, are occurring simultaneously. They are all in the now. And when you come back into the lobby you understand that concept of the now. And at that point you agree to either end your participation in an incarnational period or to begin your participation to an incarnational period. You set in place the agreements.

So where does your life begin? Well, you see, it never really ends. You exist in an illusion. You cannot die. You can end this particular incarnational period if you wish and you can alter your consciousness. And if that is what you refer to as dying, if that is what you like to call it, then you can do that; absolutely, you can alter your consciousness. But you cannot die in the sense that it all ends.

Now, we are not suggesting that [you] can't leave this vibrational level. You can do that if you wish. Absolutely. But that is still not dying. That is simply altering your consciousness to its original state. That is leaving this vibrational level by choice to enter into another one. Or you could choose to stay. It doesn't really matter. It is your choice. It is your choice.

And so, when you are involved in our analogy, in our theater, and you are in the lobby and you put in place, once again, all of those agreements then you also put in place the agreements with other individuals to be involved in and to participate in other incarnations. It occurs in the now. It occurs simultaneously. It is not something that has a beginning and an end and a beginning and an end. And as it occurs in the now, then it would follow that you are planning all of your incarnations simultaneously. You are setting in place all of the agreements to participate in all of the incarnations, in all of the illusion, at the same time. And that is what becomes difficult to grasp and to give an explanation [for] because you see, so many of our explanations are giving to you based upon this time frame, based upon this illusion that there is a beginning and an end and a beginning and an end. And many times we refer to your past or your future, when in a sense the past and future are only illusions. They do not exist. You can only exist in the now.

And so, when does your life begin and when does it end? It is all in the now. There is no beginning and an end. That is an illusion. You plan, if you wish, you put in place all of the agreements for all of the incarnations to occur simultaneously. Once again, it is a difficult concept to give an explanation for because you cannot grasp that concept of the now where the past meets the future and the future meets the past and they blend together and they give you the now, and where you can change them all. You can change your past as readily as you do your future and in fact you do so. You just don't know it. You don't comprehend it. You can't get a concept of that while you are in your conscious state. It is one of those concepts that is beyond your vocabulary in terms of giving you an accurate explanation.

And yet when you alter your consciousness, when you enter into the dream state or when you enter into a meditative state where you can alter your consciousness to the point where you can get a grasp of what it is like in the dream state and yet bring your consciousness into that state more readily so that you can retain a memory of that and bring it back with you. And when you are in that meditative state you get glimpses of what it is like to exist in the now. Time has no meaning. You can, in an instant, experience a broad range of feelings. You can, in an instant, experience a broad range of events, of happenings, of occurrences of time. And time is an illusion. And you can get a grasp of what the now is and you can bring it back. So that while you may not be able to give an accurate explanation, nonetheless, you can get a sense or feeling or an emotion of what it is all about to exist in the now, of how your entire existence is in the now in this vibrational level.

So, while you are in that lobby and that theater, you are putting in place all of the agreements and all of the contracts. You are choosing. You are choosing through

mutual consent with others to set in place the perimeters for the incarnation, for the lifetime, if you wish, that you are about to experience. You are choosing those particular—what you might refer to as inherited—features that you wish to bring into and to experience in an incarnational period in your conscious state. And you are doing it simultaneously.

Now. Once again, it gets difficult to give you an accurate explanation because we continuously flip-flop back between this now and then back to your illusion on time. But when you are in that lobby and you are setting in place the agreements and the contracts, and you go back into the play area and you go back into your act and during that particular act you may have chosen to end that incarnational period—you may have chosen to die, if you wish—and so you don't go back into that play. That is the end of it. You come back to the lobby and you say, "Well, that is it. That was a great time we had in there, wasn't it? And we did all of this stuff and we accomplished all of these feelings and emotions that we were about to experience. But you know, I really enjoyed that play. I really enjoyed that interaction and that participation and I think I would really like to go back there again." And so you can choose to enter into the same time period.

Now. Many would refer to that as overlapping incarnational periods. Two individuals, if you wish, that are pieces, if you wish, of the same multidimensional personality that you are. Pieces of your consciousness, if you wish—and that is not accurate but nonetheless it is a description. Pieces of your consciousness that are participating simultaneously in the same play as two different individuals. Is that possible? Absolutely. You see, you exist in an illusion. If you can imagine it, if you can comprehend it, you can create it. For once again, the only limitation your creation process is your imagination.

Now. Many individuals upon hearing that message will think that they are somehow a small part of a much larger piece, and again that comes back to your belief in space—that there has to be a beginning and an end, that there has to be a size. And it is not that way at all. You are a spark of consciousness no larger and no smaller than any other spark of consciousness that exists, not only in your vibrational level but throughout all of the vibrational levels. And so because you experience and have the capacity to experience multitudes of incarnations simultaneously does not mean that you are a small piece of this much larger multidimensional personality. Absolutely not. But rather that you have the capacity to experience, to be involved in creations that are far more than what you believe you are. You are so much more than what you comprehend. You are not a small piece of a multidimensional personality. You are that multidimensional personality and you can exist in a multitude of illusions simultaneously. You have that capacity. You are a spark of consciousness that has

the capacity to create your reality. You not only have the capacity to create your own reality, you absolutely do create your reality. You are, for lack [of a] better term, a piece of the One. You are the God that you search for. You create your reality. Absolutely. And you cannot fail.

And so, where does your life begin and where does it end? Well, it is all an illusion. It is an altered state of consciousness. And when you are in this conscious state you are as far removed from who and what you truly are as it is possible for you to be. Once again, you believe that you are in the conscious state, that, "That's it. We have got a handle on this stuff now. We even see what is happening. There is no illusion here. It is all real." Ironically, it is the other way around. It is when you alter your consciousness that you step back from the illusion and you can get a grasp of how it is that you create this illusion. And when you alter your consciousness even more and enter into your deep dream states, you interact with other entities on the real, in the real world, and you create contracts and the agreements and you set in place all of the necessary elements to create this illusion that you experience when you return to your conscious state.

And when you believe that you die, when you choose to end this incarnational period, you enter into an altered state of consciousness that is one step, if you wish, beyond the dream state. And in that state you can set even greater parameters for what it is you desire to do, whether you desire to remain in this particular vibrational level or if you choose to leave and enter into a vibrational level similar to the one in which you came from, or indeed the one that you did come from, if that is where you wish to be. It is your choice.

And it is when you are in that altered state of consciousness, in that deep dream state and in the in between incarnational states—which are not that far removed from each other—that you are in your real world. When you come back into the conscious state and you believe that you are in absolute control because now you are wide awake and you bring back the remembrance of memories of those interactions while you were in that altered state of consciousness, that deep dream state, you distort them. You make them so they are almost unrecognizable. You have memories alright. Sometimes quite accurate memories of happenings that are about to occur in your vibrational level in this conscious state, but nonetheless distorted.

You do that, once again, for a reason. You do that in order to perpetuate the illusion, in order to make it seem real. You do that so that you can experience the broad range and depth of feelings and emotions that is possible while you are in your conscious state when you have difficulty believing that it is your choice; when you have difficulty believing that it is your creation; and when you have difficulty believing that you are in

absolute control; and when you have difficulty in believing that you create your reality absolutely and entirely based upon your belief systems, based upon your choices, your decisions, based upon your desires. It is a very difficult concept for you to believe in when you are conscious. It is very difficult for you to get a grasp that this is an illusion.

Your scientists can prove to you that the majority of this illusion is space, that the majority of the objects that you feel around you, that the chairs that you sit in, that the objects that you feel, are mostly space. And yet they seem so solid. They seem so real. And yet they are illusions. And when you break down the particles within those elements that you feel are real and you get down to the very core of the makeup of those elements you will find that they consists of molecules. And the molecules are composed of atoms and the atoms are energy. And you as individuals are the creators of that energy. You perpetuate that energy. You as creators, as individuals in this vibrational level, are the sources of that energy. You are so much more than you can comprehend. You exist in each and every atom of your entire creation. That energy that you are is perpetuated throughout your entire vibrational level. And in conjunction with others—what you refer to as synergy—you create your reality absolutely entirely out of energy.

You are a source of energy that is far beyond your wildest imaginations. You are a spark of consciousness, you are a piece of god, if you wish, that is as small as you can possibly imagine and is larger than you can comprehend. For space is an illusion. You are, once again, individuals who have the capacity to create whatever it is that you desire. You exist in this vibrational level because you chose to create it. You are that spark of energy that perpetuates, that constantly—if you wish to use a time frame, once again—perpetuates, fluctuates, changes your vibrational level, perpetuates the illusion, makes it real, gives it that feeling of being solid when it is simply energy. Energy combined in such a way that it gives you a sense while you are in your conscious state that it is all real when it is all an illusion.

Ironically, when you are in your conscious state, this world that you exist in is the least real of all of the existences that it is possible for you to exist in. Now again, we are not suggesting for an instant that it is insignificant. We are not suggesting for an instant that it is not important. For through the creation of this vibrational level and through the perpetuation of your belief that you are not in control, you as individuals while in your conscious state have the capacity to experience a broad range of emotions and feelings that is not duplicated or possible to experience in any other vibrational level throughout all of creation. And so, once again, we are not suggesting for an instant that it is insignificant. Absolutely not. But that doesn't mean that it is not an illusion. And when you can get a grasp on

that understanding, when you can really get a grasp, when you can really own that understanding that it is an illusion and that it is your creation and that you cannot fail, then you can change it and it loses its significance and you can make it to be whatever it is that you desire.

The key to understanding your creation is that it is an illusion and that you can change it. It is an illusion that is created and perpetuated to support your belief systems, to validate beliefs that you hold in your conscious state. And if you wish to change your reality, change your beliefs. Change your desires, your attitudes, your choices, and decisions. [Then] you can create the reality that you desire. You can get a grasp of the understanding of just who and what you truly are. You can enter into a meditative state or an altered state of consciousness and get a grasp of how illusionary this conscious state is. You can get a grasp of what it is to exist in the now and you can reach out and touch that portion of the one that you are. And you can experience an overwhelming feeling of love and an overwhelming sense of self-love. And you can begin to, once again, create whatever it is you desire in your conscious state. You can have whatever it is that you desire. The only limitations are your beliefs, your choices, your decisions, your attitudes. The choice is yours.

For many entering into this new age and into this new energy they are beginning to experience phenomena that they have not experienced before. Little things to begin with. Little occurrences that gives them a glimpse of this creation process, gives them a glimpse of the illusion, gives them a glimpse of the love that it takes to create this reality. And as you continue this transference into the new age and into the new energy, you as a human consciousness group are creating that opportunity for you to consciously experience that understanding of who and what you truly are, to consciously experience the self-love that is necessary to create what it is that you desire and to understand that you create it all. It is not a gift. It is a right. It is not something that you have to ask for. It is yours for the taking. You have but to believe.

This is your creation. It is not something that someone gives to you and says, "Well, you can have this and you can have this, and we will allow you to experience a little bit of this, but this is not good for you, we are not going to allow you to have too much of that." Absolutely not. You are the only ones that create the limitations in your experience. And in this new age and in this new energy you are beginning to get a grasp of that concept that it is your right to create what you desire. That you absolutely do create your reality whether you wish to believe it or not. There is no other entity who decides what shall or shall not happen for you or to you. You decide, based upon your desires, based upon your beliefs, your choices, your attitudes. You decide.

And you can decide to, if you wish, enter into that new age and new energy and you can hold the belief and you can enter into a state where you could consciously get a grasp of the now; where you can consciously get glimpses of the magnitude of who and what you truly are. And you can consciously feel the emotions of overwhelming washes of the love that exists withinside each of you. And you can consciously desire to create the reality that you wish to experience in this illusion. The choice is yours.

Now, we would break for a moment or two and if you have any questions for us we would be willing to attempt to answer them for you. And we would remind you before we take our intermission that we do not leave this space, but rather remain. And if you wish to interact, you have but to express the intent. For we are with you always. We are with you always. We are not separated by time or space, but rather by a vibrational level. And we welcome that opportunity to offer you our unending support and our unconditional love. And we would break now for a moment or two, with love and with peace. ✨