

JOSHIAH

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Q and A

Joshiah: Allow us to express our gratitude for your inviting us back into your vibrational level and interacting with each of you in your realities. As always, it is indeed an honor for us to have these opportunities and to share in this creation that you are participating in.

Now. We would remind you, once again, that the entities that are with us this afternoon remain in this sacred space and should you choose to be involved in that silent communication, to have that telepathic interaction with those entities, that opportunity exists for you. You have but to express the intent.

Now. We spoke to you of the predetermined possibilities that exist within the DNA, the predetermined tendencies to have various experience throughout this incarnational period that you chose while you were in that in between incarnational state, in that altered state of consciousness, that you chose to put in place that are indeed traceable throughout your DNA. Tendencies that you can activate or deactivate, depending upon your belief systems, depending upon your attitudes, choices and decisions. The predetermined tendencies that you agreed to participate in in the human consciousness belief system, the ones that are the most difficult for you to alter or to change.

However, you have other interactions with other individuals on a day-to-day basis in your day-to-day activities that are also based upon your choices, based upon your belief systems and your attitudes. Situations that you agreed to, that you willingly participate in that are determined in your altered state of consciousness in what you refer to as a dream state.

Now. Again, you exist in the now and you have this illusion of a linear time frame. But through that concept of existing in the now, your past and your present and your future are all occurring simultaneously and so when you reflect upon your reality you can alter it all. But nonetheless, in your conscious state you believe that there is this reality of linear time and based upon that, you have the tomorrows and the tomorrows and the tomorrows, and you believe entirely that the decisions that you make at this instant on this day have

an impact upon the reality that you will experience in your so-called future.

You also believe that the past is set in stone and you can't change that. That perpetuates the illusion in the linear time frame. You not only can, but you do alter your entire existence on a continual basis. However, to give you an explanation, once again, that falls within that linear time frame belief system, then you believe that what you create and participate in on this particular day will have an impact on what it is that you will experience on your tomorrow. So, as long as you follow that concept, as long as you follow that line of reasoning, then you can understand that the beliefs and the choices and the decisions and the imagination and the attitudes that you hold at this present instant can have an effect upon your future. And so, if you desire to change your future—similarly to activating or deactivating various aspects of your DNA—you can alter and affect your so called future and the interactions that you will have with other individuals in your future.

You make those choices. Absolutely. Primarily you do that in your dream state. As we have suggested before, you don't sleep because you require sleep for your physical body. Absolutely not. You sleep to rebuild your reality. You sleep to set in place the agreements and the contracts. You enter into that altered state of consciousness to perpetuate the illusion.

We have suggested to you many times we absolutely guaranteed that you will sleep. We cannot absolutely guarantee that you will awake. We absolutely guarantee that from the sleep you have another altered state of consciousness that you refer to as the between incarnation state, or for lack of a better term, when you die. And when you leave this incarnational period you have that altered state of consciousness that is only one step beyond your so-called deep dream state. And in that deep dream state you put in place the agreements and the contracts that will perpetuate your illusion and continue your participation in this incarnational period. You put in place those agreements and you put in place those contracts based upon what it is that you desire, based upon what it is that you believe, based upon the attitudes that you hold, based upon what it is that you believe you can bring into your reality and experience.

And so, you have in your conscious state, particularly as you continue this transformation into the new age and into the new energy, the capacity to have an effect upon what it is that you shall create and experience in your so-called future. You can make the choices, you can alter the beliefs, and you can create the reality that you desire. You must believe that you have that capacity. If you don't believe it then you will create a reality to support that belief that it is not possible. You create it anyway. You see, that is the irony. You create it regardless of whether you wish to accept the responsibility or not. It takes a choice and you make that choice. You make it on a regular basis. And you either perpetuate the choices that you have made in the past or you alter your choices, but you still make the choice. You can't escape that.

You create the reality. You create it based upon what it is that you believe and what it is that you desire and what you imagine and what it is that you reflect in your attitude, what you feel about who and what you truly are. You can't escape that. And if you wish not to accept the responsibility consciously, if you wish to believe that there are other entities that are having an impact upon your reality and there is absolutely nothing you can do about it, then you can create that. And you will enter into that dream state and you will put in place the agreements and the contracts with other individuals that you participate in your day-to-day activities that will come along and meet you in your future and absolutely validate that belief that you can't control it. You will meet the individuals that will cause you the hardships, absolutely, if that is what you desire.

You can create whatever it is that you desire. And you do that in your so-called dream state. And so you have that opportunity while you are in your conscious state to begin to get a perception of what it is that you believe, to pay attention to the intuitive suggestions, the reactions that you have when you are involved in your day-to-day activities, the impulses. Analyzing, if you wish, and determining what the belief is that's responsible for the reality you are experiencing. Paying attention to your attitudes. Paying attention to how you feel about yourself. Paying attention to what it is that you would change within yourself and then change it if you wish. That opportunity is yours. For once again, you create from a position of love. You cannot create from any other position. You do it from a position of love.

Deep within yourself, if you wish, that portion that you are that creates this reality that you are experiencing, creates it absolutely from a position of love. And you have the opportunity. The choice is yours to bring that love, that self-love into your consciousness and to consciously make the decisions to alter your reality by altering your belief systems.

Many are afraid to accept the responsibility that they create their reality. You see, it is quite comfortable to

be able to blame someone else. It is quite comfortable to be able to sit back and say, "Well, so-and-so did this," or, "That was God's choice for me," or, "My neighbor was the one that was responsible." Well, if you wish to believe that the neighbor was the one that was responsible or that it was God's choice that that is what you experience, then you can create the reality to support that belief, but you create it nonetheless. You have the opportunity to accept the responsibility for it and say, "Somewhere withinside myself I hold a belief that is being reflected in the reality that I am experiencing and I don't like this reality so I am going to change that belief. I am going to find out what that belief is and I am going to sit down and use whatever technique works for me and I am going to change the belief." The techniques will all work.

Once again, you have but to believe. The key is to understand that you exist in an illusion, that this reality that you are experiencing is an illusion and you can change it. When you watch an illusionist performing an act upon a stage you understand that it is a trick of the eye, that there is somehow a sleight of hand and that sleight of hand is giving and creating the illusion that something real is occurring. And yet you know it is not real. You know that it is an illusion. This reality that you experience in your day-to-day activities is similar. It is an illusion. When you understand that, it becomes much easier to alter it and you can create whatever it is that you desire. Absolutely.

As you begin to believe that and as you begin to accept that responsibility and you begin to pay attention to the attitudes, you begin to understand what it is that you desire and you begin to change the belief systems by, once again, using whatever technique you desire. They all work. You have but to believe. If you believe that meditation will work to alter your beliefs, then do that. Because if you believe it, it will work. If you believe that giving yourself a suggestion before you go to sleep will have an effect upon you in your dream state and assist you in understanding what your beliefs are, then that will work as well. There is absolutely no technique that will not work. They will all work. You have but to believe. And when you find one, believe in it because it is yours.

You see, there are as many techniques as there are individuals. You have but to believe. And you can create whatever it is that you desire. And if you believe in a technique that will assist you in bringing into your consciousness what it is that is causing you the difficulties in your day-to-day activities, to bring into your consciousness whatever beliefs or whatever attitudes that it is so that you can change them, then that technique will work. Absolutely.

The key is to accept the responsibility for the creation of your reality, to understand that it is an illusion, that you create from a position of love, and when you can love yourself unconditionally and completely in your

conscious state then you can create whatever it is that you desire consciously. You can consciously get a grasp of the illusion and of the beliefs that you hold to alter the illusion. The techniques are not nearly as important as your belief in the technique. When you are presented with a technique and it rings true to you and you think, "Ah yes! That I can believe in. I think that will work," and if you believe it will work, then absolutely it will work. On the other hand, if you are exposed to a technique and there is something within your consciousness that says, "Oh, well, I don't believe that," then there is no sense trying that because it is not going to work for you.

You create the reality that you experience based upon the beliefs that you hold, based upon your attitudes, based upon the choices that you make, based upon what it is that you desire. And you can do it consciously. And if you don't accept the responsibility for it, if you wish to allow someone else to have an effect upon your reality, then you can have that as well and you will do it more subconsciously. But you will do it, regardless. You will create your reality absolutely. And you can create it through choice—and you can create it through conscious choice or you can create it through default. The choice is yours. But it is a choice and it is a choice that you make on a continual basis.

Whether you like to believe it or not, you absolutely create everything that you experience in your conscious state, in your subconscious state, and in any altered state of consciousness that you desire to be in or to choose as an example. You create it all. Absolutely. You are that spark of consciousness that is responsible for the creation that you experience and you absolutely cannot fail at some time to return to the understanding of who and what you truly are—the three things that are absolutes. The rest is all up for grabs. The rest is an illusion and you can have whatever it is that you desire. Absolutely.

Now, if you wish to have us answer any questions we would be willing to attempt that for you.

Questioner: Yes, thank you. I know this is kind of stuck in time and space and all that, but the yogis will say different things like, "When the fruit is ripe, God will pick it," and enlightenment is, say, a hundred and one steps, and you move from a hundred to a hundred and one and so, of course, enlightenment or transcendence or self-realization happens in an instant. And you have mentioned that when we do that in an instant we would probably leave and yet the yogis seem to stay, at least for their lifetime. And some of them, like Babaji, can seem to stay here for extended periods. Are they different? Why do they stay?

Joshiah: First, we would ask the question, "What is enlightenment?" What is that perception? What is that individual experiencing?

You see, an individual who is involved in so-called processes that will lead to enlightenment is following what they believe will give them that enlightenment. And they believe that if they follow the circumstances that eventually they will receive and achieve enlightenment. Because they believe it. Because they absolutely believe it, and for them it is absolutely necessary to follow the steps to achieve that enlightenment.

Now. We would question, when a child who is a very young child, walks along and experiences, what seems to be for them and what seems to be particularly for the adults that are observing them, interactions with nature, and with that interaction with nature they share it with other individuals that don't exist in this particular vibrational level. And that sharing is absolutely real. And if you talk to that child and say, "What are you sharing with? Who is this individual?" they will tell you, give you an absolute accurate description, of other individuals that exist outside of your vibrational level. And then we would question who is the most enlightened? The child who chooses not only to stay but has made a very recent choice to reincarnate for the purposes of experiencing the feelings associated, or that particular yogi who has spent many, many years attempting to rediscover what they experienced as a child?

So what is enlightenment? Each individual existing within your vibrational level is here by choice. We have suggested many times that you can be whatever you wish. There is absolutely nothing nor anyone that is forcing any entity to remain within your vibrational level. It is a choice. It is a personal choice. And even the yogis who are spending so much time searching for that enlightenment absolutely cannot fail to achieve it at some time anymore than the individual who has absolutely no desire to find enlightenment but is more interested, if you wish, in the so-called worldly goods, will eventually as well find enlightenment.

You see, you cannot escape from who and what you truly are. To search for something that you have never lost is almost, for some, a waste of time. You cannot lose enlightenment. You do not have to achieve enlightenment. It exists within each and every individual. It is the spirituality of who and what you truly are. You don't search for your spirituality somewhere else—you can never lose it. It is not something that you must find. It is who and what you truly are. It exists within each and every individual.

When you accept that, when an individual begins to accept that that source of spirituality is within them, they can't lose it. They can attempt to bring it to the surface more so that they can love themselves more perhaps, but they can't lose it. They cannot be separated from it. When they get a grasp of that understanding that you can't lose it and you cannot be separated from it then you begin to lose the desire to

search for something that you can't lose in the first place. You can't lose enlightenment and so once you understand that concept then there is no need to search for it anymore, for it is who and what you are.

You, as individuals existing within your entire Earth system, enter into a dream state each and every day of your existence where you, in that dream state, are in contact with that portion that we refer to as your higher self, the spark of consciousness that you are, the multidimensional personality that each of you are. And you understand absolutely at that point who and what you truly are. You get glimpses of that and as you come back into this consciousness state you put in place, once again, that electromagnetic type of energy that limits that understanding. Time is an illusion. Existing within an incarnational period is an illusion. Enlightenment that individuals attempt to experience at the so-called end of that incarnational period is an enlightenment that they had an absolute control and understanding of when they entered into the incarnational period. It is not something that they lost. It is something that they choose to suppress withinside.

You cannot lose your spirituality. You cannot be separated. And an individual who chooses to remain in this particular incarnational period does so because of a choice, not because of a necessity. An individual who believes that they have somehow achieved enlightenment has achieved something that they never really lost. We suggested that were you to remove that electromagnetic type of energy, what we refer to as the veil, that the chances of your staying within the illusion would not be that great. You see, you create the illusion for the purposes of experiencing the feelings that are possible to achieve only when you lack the understanding of who and what you truly are. And as long as you remain within this incarnational period and within this vibrational level there is that strong possibility that you will, while in conscious state, not have that connection, not have that understanding on a continual basis.

The so-called yogis that you refer to achieve conscious understanding only through meditative states, alternate consciousness, which is what each of you do on a daily basis when you enter into a deep dream state. And many of you are quite adept in bringing back particular memories, although distorted, nonetheless, particular memories of that interaction in that dream state. Bringing back the understanding of the illusion of time. Bringing back the understanding that you can indeed manipulate that reality while you are in that dream state. Bringing back the understanding that when you are in that dream state you have the capacity to take part of your consciousness into the dream state and be active in what we refer to as lucid dreaming. The same type of reaction and interaction that the so-called yogis do, and yet when the yogis can recall it consciously they somehow feel that they have achieved some type of masterful enlightenment that is not available to the

masses. And yet the most seemingly unspiritual individual existing within your incarnational period accomplishes the same feat on a regular basis day-to-day as they enter into their dream states.

You cannot be separated from who and what you truly are. Your spirituality exists withinside each of you. You are enlightened individuals. Some just choose to recall more in the conscious state than others. Some are much better at creating the illusion than others.

Does that answer your question?

Questioner: I would like to ask a question about babies that cross over. Do they remain as babies? Are they nurtured on the other side? Or is that just one phase of their whole series of reincarnations.

Joshiah: When we were speaking with you in the past we suggested that when an individual dies, that you enter into that altered state of consciousness, many times you perpetuate the illusion. For example, an individual may feel when they enter into that altered state of consciousness that they are interacting with some of their past deceased relatives and they will see the images of that so-called deceased relative as it was in this incarnation period. And yet, we would suggest to you that that individual that has so-called deceased is a multidimensional personality that is existing in several incarnational periods simultaneously and you as an individual are interacting with that other entity in a multitude of incarnational periods that are occurring simultaneously. And yet when you first enter into that in between incarnation state you recognize that individual or that multidimensional personality as the individual that you existed in within this incarnational period.

And so, when an individual enters into that altered state of consciousness, many times they enter into it in the context of believing that they are similar to what they were while conscious in this state. You have simply altered your consciousness one step further but you have not necessarily altered your belief systems. And so a so-called baby that enters into that state is only a baby in this particular conscious state. That so-called baby is a multidimensional personality that is existing in several incarnational periods at the same time and in some other incarnational period may be a ninety-year old grandmother. And that particular baby that has died in this incarnational period may be experiencing an incarnational period at some other time whereby its mother has a reversed role and is now the child. And yet when that first so-called crossover occurs they would recognize each other from this incarnational period because of the attempt to perpetuate the illusion. We would assure you that eventually they would come to recognize the multidimensional personality that they are, that they would recognize that what they are in this particular conscious state is an illusion.

Your entire physical existence is an illusion. Your physical body is an illusion. What you perpetuate in that altered state of consciousness is the spark of consciousness that you are, the Piece of God that you are, the multidimensional individual and entity that you are. And the child is but one small portion of that multidimensional personality.

Does that answer your question?

(End of questions.)

Well, if you have no further questions for us we would like to bid you farewell and we would like as well to, once again, express our gratitude for your inviting us into your vibrational level. And we would remind you, once again, that we are not separated by time or space but rather by a vibrational level, and should you choose to interact with us you have but to express the intent and we would be more than willing and quite welcome of that opportunity to interact with each of you. And so, until the next time that you present this opportunity we would bid each of you farewell, with love and with peace. ✨