

JOSHIAH

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Q and A

Joshiah: Well now. Well, once again, we thank you for inviting us back into your vibrational level. And we would remind you before we begin that, once again, that opportunity exists for you to be involved in that silent communication, that the entities that are accompanying us on this afternoon remain and are quite willing and indeed anxious to have the opportunity to interact with each of you should you choose to do so. And so that opportunity exists for you. You have but to express the desire.

Now. We spoke to you of understanding the belief systems that have an effect upon the creation of your reality. That is nothing new. We have been telling you that from day one, that you create your reality as a reflection of your belief systems. You exist in an illusionary reality. Not to suggest that it is not important, absolutely not. And not to suggest that it doesn't seem very real to you when you are in your conscious state. However, that does not alter the fact that you exist in an illusionary reality and you create that illusion as a reflection of the beliefs that you hold. You create that illusion. No one else. It is your creation, both as individuals and as a collective human consciousness.

Now. As you as individuals begin to consciously create your reality as you continue on this transformation into the new age and into the new energy, you shall begin to experience some rather interesting phenomena as you put in place the practices and the methods and the developments of your techniques to get a grasp of the understanding of your belief systems so that you can alter them. And as you begin to pay attention to those spontaneous intuitive reactions that you have and the intuitive suggestions that you receive, you shall also find yourself more intuitive to the thoughts and feelings of others, more able, if you wish, to get those intuitive interactions with other individuals. And as you pay attention, you shall have that opportunity to experience that consciously.

You see, that occurs in your subconscious now. You intuitively interact with others, and when you are in your dream state you absolutely interact with others to set in place the agreements and the contracts to perpetuate the illusion that you experience in your conscious state. As you continue this transformation into the new age

and the new energy and as you develop your methods and techniques then you shall begin to experience more of that intuitive interaction consciously. And you will begin to get more in tune not only with more individuals surrounding you but with that portion of your reality that you refer to as nature.

You see, you create it all, you don't just create the parts that you experience in your day-to-day activities. You create it all. You, as individuals and as a human consciousness, create this entire vibrational level including this very Earth that you exist upon. As you continue this transference into this new age and new energy and as you begin to get more of an understanding of the reality creation process and as you begin to get more of the changing it consciously by altering your beliefs that are the reflection of your reality, then you shall indeed begin as well to get a grasp of that concept that you as a human consciousness create the entire vibrational level and you as the human consciousness have an effect upon the entire vibrational level.

And you as individuals and as a human consciousness affect all the aspects of your environment. You create the weather that you experience. It is not a haphazard thing. Absolutely not. It is your creation based upon the beliefs that you hold, based upon the choices and decisions that you make, based upon the contracts and the agreements that you put in place in your altered state of consciousness, in your dream states, and in your in between incarnation periods. You put in place those agreements and those belief systems, that human consciousness consensus to create various aspects of this reality as a group. And then as a group, as you continue this transference into the new age and the new energy you shall have the opportunity to consciously affect various things such as your weather, to have the effect of altering the very environment that you exist in.

As you begin to, as individuals, get a grasp of the methods and techniques that you develop to alter your individual and personal realities you shall also almost unconsciously begin to as well get a grasp of the belief systems and the concepts that you hold that creates the environment, if you wish, this atmosphere, this entire galaxy that you exist in. And you can as individuals in a collective manner affect that environment that you exist in. You not only can, you do.

You see, that is the irony. That is the irony of the whole process. We are suggesting to you that you can do it consciously. You already do it subconsciously. What is new is not that you create it. What is new is not that you can have an influence upon it. What is new is not that it is beyond your conscious control. What is new is that you can consciously alter your reality. That is what is new. You already create it all anyway. You already influence your weather systems. You already influence your weather systems. You already create your entire universe. You do that. It is an illusion. It is an illusion that you put in place in order to validate this reality. But nonetheless, you do create it. You do it subconsciously.

So, what is new is not that you are creating it. What is new is that you can have an effect on the creation from the conscious state. And as you practice, if you wish, your various methods and techniques to adapt your creation process to your conscious thought process you can almost without effort, almost as a by-product of your creation for your individual reality, begin to get grasps of the concept of creation through the human consciousness process and consensus that is responsible for your entire universe, and about the societal belief systems and consensus that has an impact upon and is responsible for the creation of your weather systems, for the creation of the particular environment that you exist in in your conscious state.

So, what is new is not that you create it but rather that you can begin, once again, almost as a by-product of understanding your individual conscious creation process, begin to understand the collective conscious creation process that you as individuals and as a human consciousness are involved in, and you can alter it all consciously. It will no longer seem like such a twist of fate that you are involved in these rather undesirable weather systems, but rather you will understand that it is your creation and if you don't like it you can change it. If you do not like it you can alter it. And when you as a collective group understand that process and put in place as a collective group that conscious desire, that conscious alteration in your belief systems, you will have an effect upon the very environment that you exist in.

That portion of your energy that we suggest surrounds your DNA is also an energy that exists in each and every atom of your entire universe. And when you affect one, you affect it all. As your scientists begin to understand the impact that various beliefs can have upon altering your physical DNA and thereby altering the physical attributes in their body they will nonetheless have difficulty in understanding the concept that that very thought process and alteration of belief systems can and does affect your entire universe.

You exist in an illusion. It is your creation. It always has been. There is absolutely nothing new to this creation

process other than the fact that you are developing the capabilities to do it consciously. You have always created it. You have always been in absolute control. It has always been based upon your beliefs. It is a reflection of your beliefs, of your choices, of your attitudes, of the decisions that you make, of that which you desire to experience. It always has. There is nothing new about that.

So, many times when individuals are involved in this introduction to this new age and new energy, into this so-called new age society, they feel that it is something new. That, "Wow, look at this. We can suddenly do all of this creation process and we can be involved in all of these methods and techniques and we can have an impact upon our reality and we can really change things." Well, that is not new at all. You always could. You as individuals are your higher self. You as individuals are that Piece of the One, that god source that you seek. It is who and what you are. You create your reality. You always have. You exist in an illusion.

You are in this vibrational level by choice. And the entire, absolute entire reality that you experience is your creation, both as individuals and as a human consciousness. And as you continue this choice that you have made to transfer into this new age and new energy you shall now have the opportunity to do it consciously. It is not something that you are new at. Absolutely not. It is not something that within yourself you don't understand the process for. Absolutely not. It is not some source of knowledge that is not available to you. It exists within each and every one of you. What is new, once again, is that you shall have the capacity to alter your beliefs to create your reality consciously. That is what is new.

The creation process is as it always has been—a reflection of your beliefs based upon what it is that you desire, based upon beliefs that you put in place in your subconsciousness, in your consciousness, and in your between incarnation state. It always has been that way. And you, somewhere within yourself, have an absolute understanding of that process. It is available to each of you should you choose to look within and to bring it into your consciousness so that you can own it, so that you can continue this transformation into the new age and into the new energy with the understanding that you create it all, that you are that Piece of the One, that you cannot fail. Absolutely. It is yours to have. You have but to believe, to desire, to express the intent.

Now, if you have any questions for us we would be willing to attempt to answer them for you.

Questioner: I have a question here from (*name of person not attending*) that he asked me to ask. I am going to read it.

He says, "I have a sense that even though this reality appears to be composed of various forms of energy

and can be manipulated by various ways, some by obeying the so-called ever changing laws of physics and otherwise by occult or magical ways. But my sense is that even these types of manipulations are not necessary, but rather to simply 'hold the understanding' I can alter this illusionary reality without any action being required at all and it will be so. Is this true?"

Joshiah: We have suggested many times that this vibrational level, this reality that you are experiencing is an illusion. If it is an illusion then you can alter it.

Now. It is an illusion that is a reflection of your beliefs. If you wish to alter the reality then you must alter your beliefs. If you hold a belief that is creating any reality that you are experiencing and if you wish to create a different reality then you must first alter the belief. We have suggested many times that the key to alteration of the reality is an alteration, first of all, of the beliefs. For your reality is a reflection of the belief systems.

And so, to suggest that you can alter your reality by doing nothing at all is to suggest that you do not have to alter your belief system. If you do not alter your belief system you will not alter your reality. The reality is a reflection of the belief. You can choose to alter the reality and not alter the belief and you will not be successful. You will at best have limited success. As we have suggested, and we suggested earlier this afternoon, if you hold a belief that you are not absolutely in control, that you must ask for assistance and were to create a reality that you desire, then you shall at times ask for that assistance and receive it and you shall create that which you desire and you shall indeed be quite satisfied with the creation process that you are involved in at that particular instant. But because you hold this belief that you are not absolutely in control, that you must ask for assistance, then you shall perhaps the next time that you ask not receive that assistance because to receive it every time would not validate that belief that you must have assistance.

And so, while you may at times receive that which you ask for, at other times you will validate that reality that "you are not in control" by not getting that what you ask for. And similarly when you hold the belief that you must do nothing in order to change your reality, you will at times have that seemingly successful transformation of your reality by doing nothing. But as we have suggested many times, you create your reality. You create your reality. It doesn't just create itself. And you create it based upon your belief systems.

And so, if you don't alter that belief system you may experience some success, once again, by doing nothing, to validate this concept, "Well, I really don't have to do anything to alter my reality." But it is a contradiction. It is a paradox because you will, once again, create a reality based upon a belief system and if you haven't changed that belief the success that you experience will be temporary, conflicting belief

systems, which we have talked about many times before.

If you wish to alter your reality, first alter the belief system. Understand what the first belief system is. To simply put in place another belief without altering the original belief system will give you conflicting attitudes and conflicting realities. There could be an individual, for example, who believes that they cannot be successful in any type of personal relationships. And so they hold that belief but they don't necessarily alter it but create another belief that, "Oh, I have met this individual and now this is different. With this individual I can have a very fulfilling relationship." But this other belief that was originally there, that "relationships don't last," will eventually destroy the first relationship that you are involved in because, once again, your reality is a reflection of your beliefs.

And so, you have the conflicting realities where you create something based upon a desire but you have not altered a conflicting belief system and that conflicting belief system will validate itself by destroying this new relationship, this new reality that you have created based upon this new belief which is not necessarily replacing the first one but simply in opposition to it.

Similarly, to suggest that you can alter your reality by doing absolutely nothing, if you wish to hold that belief you may experience some alterations in your reality by doing absolutely nothing but if you are not doing it then we would ask the question, "Who is?" If you are not doing anything, then what are you doing? You are creating through default. And we have talked about that many times as well.

To choose to do nothing is to also make a choice. And it is to create through default. And when you create through default you will always have these belief systems that create the opposing realities to support the belief system and you will not feel that you are in control. So, to do nothing is to make a choice and it is to create through default. But you still create based upon what it is that you believe. Absolutely. You cannot alter that particular element of creation process. It exists throughout all of the vibrational levels throughout all of creation. It is not unique to yours.

You create from a position of love and your creation is a reflection of what it is that you believe. Absolutely. And if you choose to believe that you are not in control, if you choose to do nothing, then you choose to create through default. And you will create your reality absolutely, but you will do it from a subconscious point and you will not feel that you are in control while you are in your conscious state. And you will validate that belief that, "If you do nothing your reality will change." But in order for it to change to what it is that you desire then you must have a desire. And if you have a desire then you must have a belief that affects that desire. And so to express a desire, to use your imagination, is

to make a choice. And to make a choice is to influence an attitude and a belief system, and your reality is a reflection of that.

Does that answer your question?

Questioner: I am just wondering in the reality where you are experiencing your reality, your life, do you hold the idea of planets at all?

Joshiah: We exist in a vibrational level similar to many other vibrational levels, where we understand the reality creation process. When you understand the reality creation process you understand that what is important, what is real, are the thoughts and the feelings. The rest is illusionary, and you can create whatever it is that you desire. As we have suggested so many times, when you have an understanding, an absolute understanding of that concept, suddenly the reality creation process is similar to the reality creation process that you experience when you sit in a movie.

We know that it is an absolute illusion and we can create whatever it is that we desire. And when you have that understanding you begin to create in a different manner. You begin to create based upon that understanding and expressing that concept of love and self-love; of interacting with other individuals in other vibrational levels and within the vibrational level that we exist at through a transference of thoughts and feelings, through a transference of emotions as opposed to attempting to create these illusionary galaxies such as the one that you experience while you are in your conscious state.

To give you an example which is closer to your conscious understanding of our vibrational level, it is similar to what you experience when you are in your very deepest dream state. We do interact with individuals in that particular state of your consciousness but when you are in that state of your consciousness you are much nearer to the understanding of who and what you truly are and much nearer to the understanding of the creation process in the other vibrational levels than what you are when you are in your conscious state.

Now. When you as an individual are involved in that dream state and you are involved in a lucid dreaming interaction you understand how illusionary that reality is, how you can manipulate it, how you can make it go whichever direction you wish, how if you don't particularly like an element you just simply change it. And it doesn't take a time or space. It is instantaneous because you understand that it is an illusion. And it is based upon your thoughts and feelings. It is based upon your belief systems. It is based upon what it is that you desire to experience. The difference between that particular state of your consciousness and this particular state of your consciousness is that when you are in that altered state of consciousness it is much more real. It is much more in tune with the vibrational

level that you came from and similar to the one that we exist at.

Similarly to your so-called lucid dreaming, we are aware of the process of our creation and we are aware that we exist in the now, that time is not a reality—it is an illusion unique to this vibrational level. And we understand that we can create whatever it is that we desire, but it is all an illusion and so the emphasis becomes much more important on the understanding and transference of feelings, the concept of love and self-love.

Does that answer your question?

Questioner: Yes it does. I was just curious because I have heard in number of channeled material that the entity is saying that they are from a certain star system or planetary system and I was wondering if that is the belief system of the channel at that point or are there still some entities channeling through that are still inside our veil and are on another star system or planetary system?

Joshiah: We have in the past talked about various types of channeling that occurs. There are individuals who channel other entities who exist within your vibrational level and there are as well individuals who channel the so-called higher self, and there are individuals who channel entities that exist outside of your vibrational level.

Now. Regardless of the source, if you wish, of the channeling, of that entity, the information that you receive is information that is contained within your vibrational level. There are individuals who are involved in this so-called channeling process who have a desire to retain, if you wish, the comfort of believing that there are other entities existing on other so-called planetary systems that are having an effect upon your reality, having an effect upon your Earth, having an effect upon your creation process. If that is what you believe, you create the illusion to support the belief. Those individuals involved in that channeling experience are hearing exactly what it is that they desire to hear.

When you receive information that is channeled from the higher self or from entities that exist outside of your vibrational level the information is accurate within the concept of what it is that the entities that are involved in that particular activity wish to hear. It is never misinformation, if you wish. It is, however, based upon the belief systems that are being held. You have individuals who believe that they are not in control. They don't wish to hear that message and so they channel, if you wish, information that fits their belief systems.

But there is, once again, a truth, if you wish, that runs through the channeled information. And while they may be given information that supports that which they wish to hear, if you are persistent in filtering through the channeled information you will receive those grains of

truth. For somewhere in there will be the words, “you create your reality.” And somewhere within there will be the words that you are a Piece of the One. That is rather unique. That is the information that individuals desire to hear. It can be sugar-coated, if you wish, in all of the other various belief systems, but nonetheless, it consistently is given that you create your reality, that you are Piece of the One, that you are the god that you search for.

Now. There may be other aspects to the channeled information, once again, based upon the belief systems of those individuals that are requesting the information, but it will ring true to support the beliefs that they hold and it will contain those bits of information. We have suggested to you many, many times that there are but three things that are beyond your control: you create it all, you are a Piece of the One, and you cannot fail. All the rest is up for grabs. All the rest is an illusion and you can have whatever it is that you desire.

If you desire to have entities channeling that exist on other planetary systems, you can have that. It is an illusion. If you desire to have entities channeling that exist from other vibrational levels, you can have that as well. For those are, as well, in terms of your consciousness understanding, illusions. We just understand that our creation is an illusion and we understand that, as an illusion, we can alter it instantly—the main difference between ours and yours.

What is real is that we are a Piece of the One. What is real is that we create our reality. And what is real is that we cannot fail. Exactly the same as it is for each individual that exists not only within your vibrational level but in all of the other [levels] throughout all of creation. The rest is illusion. Absolutely.

Does that answer your question?

Questioner: I sometimes wonder if we have a conscious fear of things being just too easy. If it is that easy, if you follow that through—and that is because we are not experiencing who we really are at this level, I know—but I would think if it got too easy some of us might think that might be kind of boring (*Joshiah chuckles*) and yet it wouldn't be boring if we remembered who we were, I suppose. I was just musing, I guess.

Joshiah: As individuals existing within your conscious state, it is much more real if it is complicated.

(Group laughter.)

It is much more easy to validate it if it is complicated. And yet you can take the most complicated activity, if you wish, within your consciousness state in this vibrational level and you can break it down to simplicity.

You have, for example, the capacity that you use within your scientific knowledge to propel yourself forth upon your so-called Earth, upon your water, through your air. And you can make it as complicated as you want but

the basic thing [is] that [if] you break it down to simplicity is that you have combustion. And that combustion is the basis that expands upon all of your systems of travel at the present time within your vibrational level. And based upon that simple concept that something will burn, you had that capacity to create travel. You just make it more and more complicated and more and more sophisticated until you get beyond that understanding that the basic concept, the basic underlying concept to your ability to travel is that concept of combustion. And you can apply that concept to whatever example you wish throughout all of the entire creation.

It is rather ironic that in this particular so-called incarnational period in this particular society, if you wish, you use that concept of combustion and the so-called internal combustion engine to facilitate so much of your so-called amenities, of your so-called luxuries, that in other times of your so-called history you used other sources of energy that were much purer, if you wish, much cleaner, if you wish to believe that such a thing occurs, but much cleaner in terms of your present understanding of pollution, that were much less invasive, if you wish, upon your nature.

And at that time of your understanding you could break down as well this concept of travel and this concept of so-called luxuries of your existence to the understanding that through the use of various magnetic and crystal-like systems you could create a much cleaner energy. Very simple. As simple as the understanding of combustion that drives your present systems of travel and of necessities.

Does that answer your question?

(End of questions and we thank Joshiah and the others.)

We would like, once again, to thank each of you. And as always, it has been a very enjoyable experience to have this opportunity to interact with each of you.

Now, we would remind you, once again, that we are not separated by time or space, for they are illusions—your illusions that exist in your conscious state. But rather we are separated only by a vibrational level, and should you choose to interact with us you have but to express the intent and we would welcome the opportunity to interact and to share with each of you.

And so, until the next time that you invite us back into your vibrational level, we would bid each of you farewell, with love and with peace. ☸