

JOSHIAH

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Joshiah: Once again, allow us to express our greetings to each of you and to express our gratitude for your, once again, inviting us back into your vibrational level and offering us this opportunity to interact with each of you in your reality.

Now. As is our custom, we would ask, once again, if you choose to express the intent to allow for a further thinning of the veil and to allow for other entities that would be with us on this afternoon to also have that opportunity to enter into your vibrational level and, if you choose, to interact and to share with each of you. As always, that choice is yours. And if you would allow us but a moment, we would adjust the energy within this sacred place that you have created and we would as well fine-tune our connection with our friend Elias (*the channel*). And so we would return in a moment.

(Pause)

Well now. We thank you for that moment and we, once again, would remind you that there exists the possibility for each of you to be involved in what we have referred to as the silent communication, a telepathic exchange of information with other entities that are with us on this afternoon, or indeed with that portion that you might refer to as your higher self, or with us, if that is your choice. You will find that as a result of the energy that you have created within this sacred place that it would be very easy for you to shift your consciousness should you choose to do so. And as you shift your consciousness and express the intent, you can have a telepathic exchange of information that many times is much more pertinent, much more individual, than is the information that we express through this use of the vocabulary. And so, should you choose to be involved in that silent communication, the choice is yours.

Once again, you will find that as you close your eyes and express the intent, it would be very easy for you to shift your consciousness and enter into what you might refer to as a meditative state. And although you may not have a total recall of the information that we express through our friend, it doesn't really matter. You will absolutely receive that message within your subconsciousness, and perhaps other information that you desire to hear. And so the choice is yours. Absolutely.

Now. We continuously suggest to you that you create your reality. And as we have said before, it seems like such an easy phrase to simply say, "Well yes, I can accept that I create my reality. Certainly." And then as you go about your day-to-day activities and you become involved in situations that you don't seem to be in control of, then it becomes difficult to understand that you do create your reality. It becomes difficult to hold that as a belief system that you are indeed the creator of that experience that you are participating in.

We have also suggested to you that your reality is an illusion. Now, there are those who would question this reality creation process because you see, it seems real. And if it seems real, then how on Earth can it be an illusion? And if it is real then it is difficult to change. If it is real then it is beyond the capacity for you, as individuals, to change. And so we suggest to you that it is an illusion. That does not mean that it is insignificant. Absolutely not. And it certainly does not mean for an instant that it is not something that is having an important impact upon the creation process. Absolutely not. It simply means that while you are in your conscious state, this reality that you are experiencing and that you believe is real is an illusion. It is a projection of your subconsciousness. An illusion that you choose, while you are in your conscious state, to have no comprehension or recollection of the process that you devised to create it. But nonetheless, an illusion. It is an illusion.

Now. As we continue to give you our simple message we purposely attempt to stay away from the very complicated belief systems and techniques and the methods that you can use to manipulate this illusion, and that you use indeed to create this illusion, because each individual can develop their own methods and techniques and belief systems. Not only can, but does. Creates through different belief systems, different methods and techniques that you employ many times in your conscious state that work for individuals, that work for you, and that may not work for others. The important thing, once again, is the belief system. However, the simplicity of your creation process that you create this illusion from can be broken down into some very simple and very specific building blocks.

You, as individuals, understand absolutely that there are in your mathematical processes and in your mathematical calculations nine simple primary digits

and a zero. That is it. You have ten building blocks, if you wish, that you manipulate, that you develop through various calculations into some complicated mathematical formulas that many of your so-called mathematicians could use to give you explanations for all types of experiences and existences within your vibrational level. Complicated mathematical formulas that can take up entire volumes and yet, if you were to break them down, are based upon ten simple basic primary digits. That is all there is.

Similarly, you create this reality from very basic primary substances that are illusionary. The key is to remember that it is illusionary. You create this reality, this illusion, from an energy that exists within each and every atom of your entire universe. Similar to the mathematical complicated formulas that you can break down to the primary, so you can break down every so-called creation within your vibrational level to the basis of the atom. And the very basic makeup within that atom is similar throughout all of your creation. Even your most doubting scientists of your scientific community, who have absolutely no belief that this is an illusion—certainly don't believe that it is an individual's creation—would nonetheless agree that all of the material that exists within your vibrational level is composed of atoms.

The difficulty in getting a grasp and an understanding of the creation process is that as individuals you believe in time and space. And here you have these atoms that exist within your vibrational level that are your creation and that we say to you many times, "You exist within each and every atom." You exist within each and every atom of your entire creation, of this entire illusion in your vibrational level. Once again, there is a limitation to an understanding that is translated by attempting to give an explanation through the use of the vocabulary. It is also affected by that belief system that there is indeed space. For how can each individual exist within each and every atom? And yet you do. Each and every atom that you perceive is your creation. It is your creation as a human consciousness and it is your creation as an individual and you, therefore, exist within each and every atom. That energy that you are, that spark of consciousness, exists within each and every atom.

So, then you would have those who would say, "Well now, if that is the case, then everything that I see, including the other individuals, is my creation." Well, you can believe that if you wish, but then as well if you wish to take that type of logic a step further, it would mean that you are the creation of each and every individual that observes you. And in a sense, that is true. Because you see, you are a Piece of the One. And again, that is a phrase that has limitations because it infers that there is this huge piece and you are but a smaller piece of it. That is not how it is at all. You are indeed equal to, no more and no less than any other individual existing not only in your vibrational level but

in all of the other vibrational levels throughout all of creation. And you are indeed connected. You are indeed each other, if you wish. For in that single atom that exists within your vibrational level that you perceive in your conscious state, each and every other individual that participates in that creation also has a connection to that atom. You exist throughout each and every atom in your entire universe. It is your creation.

The key to getting even a glimpse of that understanding is to, once again, get a grasp of the understanding that you exist in an illusion. What you experience in your conscious state is an illusion. Absolutely. It doesn't mean it is not important. It doesn't mean you should disregard it. Absolutely not. We are not inferring that, once again. We are suggesting that it is an illusion and that it is your illusion and that it is your creation, and that you participate in the creation of that illusion along with all of the other entities that choose to be involved in this vibrational level in this particular incarnational period.

What you experience in your conscious state in this incarnational period is but a pinprick of who and what you truly are. It doesn't mean, again, that it is insignificant. Absolutely not. But rather that is an attempt to give you a type of an analogy so that you can get a grasp of what you truly are. You are so much more than what you perceive in your conscious state. You are the creators of this vibrational level. You are the creators of this reality and, as such, you exist throughout the entire reality. You exist in each and every atom of the entire vibrational level of the entire illusion.

Now. As such, you as well are involved in the creation of other illusions in your reality that others perceive, and therefore, they as well are involved in participating in a piece of each and every atom that exists in your entire vibrational level. The physical body that you experience in your conscious state is an illusion. So many individuals would desire to separate, to believe that there are your organic and your inorganic matter and that it is completely separate. We would suggest that that is not the case at all. And if you go back to the simple building blocks you will discover that there are indeed very distinct similarities between the building blocks of the inorganic as well as the organic. It is an illusion whether it is something that you believe lives or something that you believe has never had that capacity to live. You exist in it all.

So, therefore, the physical body that you experience is also an illusion. It is an illusion and it is that part that you desire to experience in your conscious state. In your subconscious state you exist in each and every atom in your entire vibrational level. You simply limit your connection to that particular atom, if you wish, that exists in those items that you feel are disconnected from you.

You have in your so called history—and we use that term history in order to facilitate your belief in this illusion of time—but you have in your so called history had individuals existing within your vibrational level who, in their conscious state, had an understanding of the creation process. And as a result of having that understanding consciously and of believing consciously that they had the capacity to exist in any of the atoms that are throughout your entire vibrational level, then they had as well the capacity to consciously change those particular items, if you wish. And when they did so, many of the individuals existing around them would have called it a miracle, would have said that it was not physically possible. But it is only not physical possible because you don't believe that it is physically possible. You only believe that you are existing within your physical body because that is a choice that you have made. You do not understand in your conscious state that you exist in each and every atom in your entire universe. Each of you exist within each and every atom of your entire universe. It is your creation and it is an illusion and you experience it in your conscious state.

When you are in your altered state of consciousness, when you are in your dream states, you are not aware of this illusion. Oh you can, if you wish, allow your consciousness to bounce back and forth between your conscious state and your dream states and actually many times be quite aware of that conscious state while you are in your dream state. Many even have developed the capacity to consciously participate in that dream state, in the activities and in the creations of your dream state. And we have at many times suggested that you develop that capacity to take pieces of your consciousness into your dream state in order to get an understanding of the illusion, in order to bring back into your consciousness the understanding of how illusionary this reality is and therefore how you could manipulate it and change it. If you can understand that you exist within each and every atom then you can also begin to get a grasp of an understanding that you can change it. It is an illusion.

When you were—and, once again, we use the term were in order to facilitate your belief in this passage of time, in your belief in evolution and in history—when you were in what we have referred to as the Lemurian time frame, the Lemurian era, you had that understanding of the creation process and you as individuals created realities where you could experience existence in all, in all of the creation in this vibrational level. You could, if you desired, become consciously aware of existing within what you would now refer to as organic material. And you did so, as you do now, for the purposes of creating and experiencing the feelings that are associated with that creation. And you chose, you chose to limit your understanding of your conscious participation in order to validate this reality, in order to seemingly make it real so that there was a greater intensity, so that there

was this conscious belief that you do not have control, this conscious belief that it is real and therefore the ability to consciously experience a much deeper and broader range of feelings. But it is your choice. It is your choice to be in this vibrational level and it is your choice to limit that understanding of the creation process.

You also have the capacity to step into the belief system that it is an illusion. You have the capacity to do as others have done in your so-called history and that you have put up as some type of gods and placed upon pedestals because of their ability to manipulate their reality, their ability to understand that it was an illusion, their ability to seemingly make solid objects very fluid and fluid objects very solid. It is an illusion.

Once again, even your scientists will tell you that there is not a huge difference between that which is fluid and that which is solid. And yet, in your conscious state you have great difficulty in altering one or the other. And you only have that difficulty because you believe that it is difficult. You believe that it is real and you believe that it is beyond your capacity. And you really have a difficult time in grasping that the energy that you use to create this reality exists within each and every atom and it is your energy. And if it is your energy and it is in each and every atom, then you can change it. Absolutely.

Individuals who would like to view the very complicated creation process have difficulty in grasping that simple concept that you exist in each and every atom. It is like desiring to understand that very complicated mathematical formula without ever wishing to understand or have any knowledge about the primary digits and their use and their manipulation in order to create that complicated mathematical formula. Similarly, in this reality many individuals look at the complicated results and lose track of the basics that it is all created as an illusion. It is all created by each individual. It is that simple. If you wish to make it complicated, you can. But it is that simple.

You create your reality. You are that Piece of God that exists within each and every atom of your entire universe. You choose to only believe that that consciousness that you are exists within your physical body. You choose to believe that you are somehow separate from the inanimate objects that exists throughout your entire universe. You have difficulty in grasping the concept that you exist within your heavenly spaces. And all of the particular stars and the atoms, and all of the planets that you can observe, they are your creation. You exist within each of it. That spark of consciousness that you are exists within each and every atom of your entire universe. And if that is the case, then you can change it. If that is the case, then you can control it. Absolutely. Not only can, but do.

You see, that is the irony. That is the irony of this whole creation process that when you are in your conscious state you choose to believe that you are not in control and yet you absolutely are. The irony of it is that you do control your stars and your planets. The irony of it is that you do control this Earth that you exist upon. The irony of it is that you do control the weather systems that seem to have such an impact upon your existence. The irony of it is that you already do it, you just don't do it consciously. You do it in your subconsciousness and then you choose to believe that you are not in control, that you don't do it while you are in your conscious state so that it can be real.

And so, once again, the basics are that it is not real, it is an illusion. That you create your reality absolutely. That you are that Piece of God. And that you absolutely cannot fail. We continuously come back to this simplicity because that is what is important. It is the simplicity that is important, not all the complications. It is like, once again, looking at the complicated mathematical formula and trying to figure out without ever beginning to get a grasp of the understanding of how you manipulate the basic nine or ten digits that make up that complicated mathematical formula.

You create your reality, you are a Piece of God, and you cannot fail. If you can grasp that, if you can own those particular three belief systems then you will develop the capacity to consciously create your reality. You will develop the capacity to consciously, absolutely, love who you are and what you are. You will develop the capacity to connect with that portion of yourself that you refer to as your higher self. The answers that you seek regarding your creation process, regarding who and what you truly are, exist withinside each of you. If you can but believe that you create it all and that you are a Piece of the One, then you can have those answers. It is absolutely information that is available to each and every one of you. It is not something that is separate from you, but exists withinside of each of you. And each of you can have it. And you can have that understanding of the creation process. You have but to believe.

You create your reality based upon your belief systems. The reality that you experience is a reflection of your belief systems. Absolutely. And if you choose to believe that you are not in control then you will have that. If you choose to believe that the rocks and the trees and the universe and this Earth that you exist on is something that is separate from you then you can have that. If you choose to believe, however, that you exist within each and every atom of your entire universe, you can have that as well. And when you have that, when you own that, then you can get the understanding of the creation process consciously and you can begin to manipulate your reality. You can begin to do what many have referred to as the miraculous things.

You can indeed begin to understand the very complex creations that you experience by breaking them down to those basic belief systems, by understanding that you exist within each and every aspect of your entire universe including, including the other individuals that you observe. And understanding as well that they exist withinside each and every atom of your illusionary physical being. You are a Piece of the One. A difficult concept to grasp, but nonetheless you are all one. You are all connected as we are connected with you as well and with each and every spark of consciousness that creates throughout all of the vibrational levels. You cannot lose that connection. You absolutely cannot fail. You cannot lose it. It is who and what you truly are. When you get a grasp of that understanding, when you can truly believe that this is an illusion, when you can truly believe that you exist within each and every atom of your entire illusion, when you begin to understand that the energy that you are exists not only withinside your physical being but in every atom that you perceive in your illusionary reality, then you begin to get a grasp of the understanding of the creation process, of how limitless you truly are and how to manipulate this reality and how to receive the answers that you desire, how to break down the seemingly complicated process so that you can understand what the belief systems are that you hold that is responsible for what it is that you are experiencing in your conscious state.

The choice is yours. You are here by choice. You create your reality by your choice. You exist within this particular incarnational period by your own personal choice. And you can believe whatever it is that you desire to believe and therefore to create by choice. The choice is yours.

Now. We would break for a moment or two and if you have any questions for us we would be willing to return and attempt to answer them for you. In the meantime we would remind you that we do not leave this particular place, this sacred place that you have created, and should you choose to interact with us you have but to express the intent. For we are not separated by time or space but rather by a vibrational level. We exist within the same time and space, within the now that you exist in. And we welcome the opportunity to interact with you and to share with each of you. And we offer you, once again, our unending support and our unconditional love.

We would leave you now for a moment or two and if you wish, we would return, with love and with peace. ☸