## JOSHIAH

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Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.

## **January 2, 2005**

**Joshiah:** ... and, once again, we would remind [you] before we begin that the opportunity exists for you to be involved in that silent communication should you choose to allow your consciousness to shift and to interact with the other entities that would be with us on this afternoon. As always, the choice is yours.

Now. You create this reality. That seems like such a simple explanation for the experiences that you are involved in. But nonetheless, an accurate description. You create your reality. Absolutely. Many individuals are involved in reality creation processes and do so from the position of believing that they are not responsible. And the irony of it is that you create the reality to support the belief. And if you desire to have a reality that it seems like you are not in control, then you can create that reality. Not only can create that reality, but will create that reality. You create your reality.

For many individuals involved in the reality creation process, they have chosen to erect a veil that not only limits their understanding of who and what they truly are but limits any type of conscious connection with that portion of their subconsciousness that creates the reality that they are experiencing in that conscious state. But nonetheless, you create your reality. And for those individuals who choose not to have that connection, indeed they create realities that support the belief. They get exactly what it is that they desire.

Now. It becomes a difficult concept to believe that you have within you the capacity to create all of the realities that you experience. But when you begin to understand that you create not only your day-to-day activities but you create as a human consciousness group, if you wish, this entire universe, then it becomes indeed a very, very small step to understanding that you have the capacity to create whatever it is that you desire. Absolutely.

The energy that was seemingly released in your socalled natural disaster that recently occurred [Boxing Day Tsunami] is minute in comparison to the energy that you use as collective entities to create this entire universe, this entire vibrational level. And that energy is available to each and every individual. And not only is it available, but you utilize it daily in your creation process. You simply choose not to recognize that possibility and that creation process in your conscious state. Because you choose not to recognize it, does not mean it does not exist. Because you choose to put in place an electromagnetic type of energy that limits your understanding of who and what you truly are, does not mean that you are not the entities that are responsible for the creation that you experience. It simply means that you choose not to recognize it in your conscious state. And for many, that is a comforting experience. For many, that is a very desirable state to remain in. And there is nothing right or wrong with that.

If you choose to believe that you are not responsible, then you will create the realities that support that belief. If you choose to believe that there are other entities that are responsible for the creation of your reality, then you will create realities to support that belief. It doesn't matter which way you go. It is not a right or wrong concept. And it is all an illusion. Because it is an illusion does not mean or to suggest that it is not important. Whether it was an illusion or whether it wasn't an illusion would not change the significance.

You see, you create this reality, absolutely. And if it is real, and if you choose to believe that it is real, and you create it and it is real, would it have more significance than if it is illusion and you create it and it is illusionary and you can alter it? The significance doesn't change. The belief in your ability to alter changes. And you can choose to believe that it is real. And if that is what you choose to believe, it is not a right or wrong concept and you will create realities to support that belief and it will seem to be real. Absolutely.

You can choose to believe that there are other entities that are responsible for the creation of your reality and you can create realities that will support that belief system. Not only can, but will create realities that support that belief system. And for many individuals in their conscious state, that is a very comforting experience because then, you see, you don't have to accept the responsibility. And if you don't have to accept the responsibility then you don't have to like who you are. You don't have to love yourself if you are not in control. And when you don't love yourself, then you create realities to support beliefs that you are not worthy. And when you experience that in the conscious state it allows you to experience a broad range and depths of so-called negative feelings, and you can have that if that is what you desire. Absolutely.

And it is not a right or wrong. Because you choose that does not mean you have made the wrong choice. Absolutely not. That choice is as valid as any other choice. Absolutely. But you see, when you believe and when you choose to believe that this reality is real and is created by some other entity and it is beyond your control, then you will create the reality to support that belief, absolutely. But when we suggest to you that you have within you the capacity to create whatever it is that you desire, then for you that is simply a nice idea. Because you see, you believe that you don't create it. You believe that there are other entities that are influencing and creating your reality. And the two are conflicting belief systems.

To suggest for an instance that you create your reality and that you are responsible for it and that you can control it is only a valid suggestion if you believe that that is a possibility. For if you believe that it is not possible, if you believe that you are under the influence of other entities or another entity, whichever you choose, and that they create your reality for you, then you have conflicting belief systems. And one cannot exist with the other. And to alter that belief that there are other entities that create for you, to alter that belief that there is another entity that has control over your universe, for many is a scary proposition. For you see, it takes away the comfort zone. Suddenly you must be responsible. Suddenly you must assume that you are in control. And if you are in control then why are you living, in many instances, such a miserable existence? If you are in control, then why did you create this socalled disastrous natural occurrence? It is much easier to suggest in your conscious state that you are not in control, that there is some entity or entities that are controlling this universe for you and that you are here by someone else's will. That is a much easier aspect to believe in because in your conscious state you don't have to accept the responsibility. In your conscious state you don't have to look in the mirror and accept the responsibility not only for what you see, but for the entire universe. You don't have to, as a human consciousness, accept the responsibilities for the natural disasters that occur. You can blame that on a God or you can blame that on some other entities or you can blame it on Mother Nature, if you wish, or you can blame it on the Earth. It doesn't matter. You can blame all you want.

There are but three truisms that you cannot escape: you create your reality, you are that Piece of God, and you cannot fail. You create your reality. You, as individuals and as a human consciousness, create this entire vibrational level. Each and every minute aspect of it. Now. In your conscious state you can escape accepting that responsibility for that creation. And you, in your conscious state, can believe that you are not responsible. You, in your conscious state, can create whatever reality it is that you desire because, you see, it is all illusionary. Not insignificant, illusionary. And

when it is illusionary, if you wish to believe that it is beyond your control, then you can have that as easily as you can have the concept that you are in control.

When you accept the responsibility, then there is a very marvelous thing that can happen in your conscious state. Yes, you can experience that lack of self-worth that comes from discovering suddenly that all of the creations that you experience are as a result of the beliefs that you hold, but with that comes the realization that you can also have whatever it is that you desire. With it comes the realization that you have within you that capacity for absolute and unconditional self-love and that you can consciously create whatever it is that you desire. That you can accept the responsibility for the creations that you are experiencing and you can look withinside and discover what the belief systems are that you are holding that are responsible for the creation of the reality that you experience and if you don't like it, you can change it. But when you believe that you are not in control, when you believe that there is an entity or other entities that control and influence your reality, other entities that control and influence your reality and it is beyond your control, then you shall create the reality to support the belief. And this illusionary reality that you experience in your conscious state shall indeed be beyond your control. Your choice.

Your choice. It is not someone else suggesting that that is how it is. How it is, is that you create your reality, you are Piece of God, and you cannot fail. The rest is all illusionary. The rest is all up for grabs and you can have whatever it is that you desire. And there is no right or wrong. If you believe that the reality that you experience is less than desirable, well then, that is your choice to be involved in that reality and if you don't like it, you can change it. But the only way that you can change it is to accept the absolute responsibility for it. For as long as you continue to believe that there are other influences that are beyond your control, then you will create the reality to support that belief. You will create the reality to support that belief. It is an illusion.

It is important to separate and recognize the difference between illusion and something that has an importance, a significance. To suggest that something is illusionary is not to suggest that it does not [have] significance, or to suggest that something is insignificant means therefore it must be illusionary—absolutely not. The two do not necessarily go hand in hand. Because your reality is illusionary does not mean it does not have great significance.

You see, throughout all of the vibrational levels throughout all of creation, all of the realities that individual entities experience are illusions. That does not mean for an instance that they do not have significance. And if they have significance, then they are important. And if they are important, then you can spend some energy in directing this illusion to bring into your consciousness, to bring into your reality, events

that not only have significance but are important to what it is that you desire to experience, what it is that you desire to create. The key is that you create your reality and you, in order to have the capacity to consciously create, must consciously accept that it is your creation, that you are in control, that you create this illusionary reality, and you can have whatever it is that you desire. Absolutely. There is not one aspect, not one minute detail in your entire vibrational level that you as individuals or as a society or as a consensus human consciousness do not create. It is your creation. It is your vibrational level. It is your illusion and you can have whatever it is that you desire.

Now. If you have any questions for us we would be willing to attempt to answer them for you. ❖