JOSHIAH

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Joshiah: Well, now. It is indeed a pleasure to be with you once again on this afternoon and we would like to express to each of you our gratitude for you inviting us back into your vibrational level and our gratitude for you offering us this opportunity to interact and to share with each of you.

And we would remind you, once again, before we begin that the opportunity exists for you to be involved in what we would refer to as a silent communication, a telepathic exchange or interaction with other entities that would be with us on this afternoon as well; an opportunity for you to have that telepathic exchange which many times brings to you information which is much more pertinent and much more individualistic than is the information that we express through our friend Elias (*the channel*).

And, once again, you will find as a result of the energy that you have created in this sacred space that it's very easy for you to alter your consciousness and enter into what you might refer to as a meditative state. You have but to express the intent, [first] to close your eyes and, once again, that opportunity to be involved in that silent meditation exists for each of you. As always, the choice is yours.

Now. Many individuals involved in your conscious state in this particular incarnational period are searching for what you refer to as your spirituality. It's an interesting concept because, you see, you cannot be separated from your spirituality, it's who and what you are, but nonetheless, when you are in your conscious state and you put in place that electromagnetic type of energy, that veil that limits the understanding of who and what you are in that conscious state, you believe that there's a separation and as long as you believe the separation exists then you will in your conscious state create a reality that perpetuates the belief that's a reflection of the belief and so you will seem to be separated from your spirituality while in your conscious state. And many are involved in a quest to reconnect.

And what's important is that you exist in an illusion. And so if you believe that the separation exists then in your conscious state you will have all types of realities that validate and support the belief and make it seem to be real. When you enter into your altered state of consciousness, when you enter into what you refer to as your meditative state or dream state or even between the incarnation state you absolutely understand that there is that connection to your spirituality. It's not something that you can lose, it's not something that you can be separated from, but nonetheless, in your conscious state you experience situations, for many, that validate that the separation exists, and therefore, if the separation exists it validates the belief that you should be on a quest to maintain or to establish that connection once again.

And so many spend much of their time attempting to make that connection with your spirituality. And many look to others to help them establish that connection. And many believe that there are certain individuals who can be leaders, who can show them the way, who can lead them in the direction of a connection to that spirituality.

Well, what is leadership? You see, as long as you believe that there's a connection, as long as you believe that there is a search that must be accomplished, and as long as you believe that there must be a leadership or there's a possibility of someone having the capacity to lead you to that connection then it's important to understand what leadership is, it's important to understand what it is that you're attempting to accomplish and who it is that you're attempting to allow you, and to assist you, in accomplishing that connection to that spirituality.

Because if you're going to choose a leader, that it's beneficial to understand what a leader is. It's beneficial to understand the concept of leadership. Now, in your day-to-day activities, in your social commitments and activities you have all types of leaders, [you don't know who,] you have all types of situations where it appears that if [you] have a better *(inaudible)* [you believe] there was someone who had the capacity to be a leader or to be in that position of leadership. And so, what is leadership, and what is necessary in order to facilitate one, to be a leader?

Well, first of all, those who are successful in leading do so by [stewing] in appealing to certain emotions. For you see, the underlying reason why you're in this particular vibrational level is for the experience of emotions. And so if one can appeal to those emotions and allow you to feel the intensity of the emotions through some type of leadership then they can be much more successful at that type of leadership, if they can invoke some very strong emotions. And so there are various emotions that can be invoked to lead or to attempt to lead or to display that type of leadership.

So when one shows you leadership by example or by suggestion, they can invoke [in] you that anticipation that it's possible for you to achieve whatever it is that they're attempting to lead you to.

Now. One of the most difficult parts of leadership is to lead by example. For you see, to lead by example means that you must have a very strong personal commitment to who you are as a leader in a various group or various groups of individuals. And in order to have a strong character you must have very specific characteristics that you desire to display. Characteristics based upon the principles that you would choose. And so to be one who is a leader by example, in order to invoke that feeling of anticipation in others by viewing the success that you achieved through your path of leadership you must be then committed to, once again, certain principles and character in order to maintain and to perpetuate the example in whatever field it is that you desire to be a leader.

There are others who will lead by suggestion. And in those various types of situations you, each of you, give [several] types of examples of individuals who lead by suggestion rather than by example. Individuals who would suggest that you should or should not do certain or various things but do not follow the rules or the principles or the characteristics of their suggestions themselves. Individuals who had that charisma, if you wish, that ability to, once again, invoke the emotions of anticipation and to establish a certain type, if you wish, of leadership based upon suggestion, not necessarily based upon their own convictions or by their own personality traits, by their own characteristics or by their own particular principles but rather by particular characteristics of principles that they would suggest would be best for you to follow, the best examples for you to display in your day-to-day activities. And through that suggestion invoke, once again, the emotions of anticipation, of expectation, indeed, of deservability, for many.

And so there is leaderships, once again, and leaders who use certain expressions and examples to invoke that expectation. Individuals who lead by suggestion and can be very successful, indeed, at the invoking of the emotions in order to have individuals participate in various activities that they would desire the individuals be involved in.

Now, it's important to realize that you exist in an illusion. You must not lose your perspective of that illusionary reality that you create. For you see, in order for a leader to be successful those that are participating in that particular activity must have agreed at some level to be followers of the leader, and the other has agreed to be the leader. And it begs the question, who is truly in control?

A very difficult concept to grasp in your conscious state, but it's the followers who are in control, not the leader. You see, when you refuse to follow, the leader cannot be a leader. And so at some level within your conscious state you have agreed to put in place the contracts, to participate in the reality creation process, to allow individuals to be followers and others to be leaders. But nonetheless, it's an agreement, it's an illusion, and it's important that you never lose sight of the fact that you exist in an illusion.

And so even when individuals invoke within you the various emotions in order to facilitate the participation in this illusion, while they appear to be leaders it only succeeds because individuals, at some level, have agreed to participate.

And then there are those who would lead by invoking hatred within others. And you've all seen examples of that, particularly in your various religious and [race's] conflicts that exist, not only throughout your past but, indeed, in your present history within your total vibrational level within your total Earth system. Individuals who would be leaders by invoking others to experience the emotion of hatred, hatred towards another individual or, indeed, hatred towards an idea or a concept. It doesn't matter which, it's the emotion that's important in order to facilitate that type of leadership. And for many it can be very successful, absolutely.

And it can appear, once again, that there are those individuals who are following another based upon that other's ability to invoke within them the emotions of hatred. And once again, we emphasize and stress that you must understand you exist in an illusion. You exist in an illusionary reality and the only way that that particular type of activity can continue and be perpetuated is because individuals believe this is possible, that it's necessary, and they agree at some level of their consciousness to participate, to put in place the contracts to facilitate that particular interaction and that activity.

And so, you can lead by invoking that emotion of hatred, absolutely. And then there's fear. One of the primary aspects of leadership is through fear. Whether it's fear that is invoked consciously or fear that is invoked because of a particular or potential loss, nonetheless, much of the leadership that exists in your conscious state is based upon fear.

You are involved in your day-to-day activities, and your social activities, even when you are in your employment, many of your so-called employers would use fear, the fear of your termination in order to facilitate some type of leadership. The fear of being demoted. The fear, indeed, of being ostracized within your particular space of employment, all can invoke the emotion of fear, and through the invoking of that emotion of fear be in a position of leadership. And each of you can find examples of that particular interaction throughout your entire day-to-day activities, absolutely.

And then there is indeed many who are involved in what you refer to as the spiritual quest who look toward leadership that is based upon fear. It is rather ironic that you're searching for something that you believe is so precious, that you believe is indeed the secret to happiness within this existence, within your conscious state, and yet the leaders that you follow are leading by fear.

You see, each of your so-called religions that exist in your conscious state that are established religions are based on fear. You see, it's much easier to lead by fear than it is to lead by example. It's much easier to lead by fear than it is to lead by reasoning. You see, if you can invoke within an individual that fear, then it's possible to give them all types of suggestions that they will follow based upon the belief that something will occur that is very fearful.

And, once again, your basic religions throughout your entire existence in your conscious state primarily are based on fear. If you don't follow the rules what will happen? You will be condemned. A condemnation for eternity that's worse than you can even comprehend, that you can even imagine in your conscious state.

Well, how can that be a connection to spirituality if the opposite is, indeed, some type of eternal damnation? Leading by fear can be very effective in controlling others. Absolutely.

Now. When you as individuals look at a particular activity that's occurring within an interaction between two individuals and one individual is holding fear over the other in order to dominate that individual you look upon that as being an abusive situation. We've suggested many times that it's the victim that's in control, not the aggressor, but nonetheless, you as a society look upon that situation and believe that it's an abusive situation and that the abuser's the one that's at fault. That the abuser is the one that's causing the other to be [regressed.] And many times it's through the use of fear. Many times it's not a physical abuse at all but a mental abuse, a threatening of a potential disaster that could occur, and you call that abuse. Absolutely.

And you call that an abusive situation where the victim is the one that is suffering, absolutely. And we're not suggesting for an instant that they aren't. We're suggesting they're in control, not necessarily that they're not suffering, absolutely not. But you as a society look upon that situation and you condemn it. You condemn it, absolutely. Because, you see, it's a domination of a one over another through the concept and the use of fear. And you would go to all lengths in order to terminate that aggression in order to allow the victim to be free from the aggressor. You've even set up all types of your court systems and you've spent entire amounts of, huge amounts of money in order to facilitate the termination of that type of domination over another individual.

It doesn't matter whether we suggest to you that they're there by choice. If you don't believe that in your conscious state it's all an illusion anyway and it doesn't matter what we suggest, it's what you believe. It's what you believe in your conscious state that you facilitate and that you experience in your conscious state. And many times it's what you believe in your subconsciousness and you don't even have a conscious concept of that you perpetuate and you experience in your conscious state.

But nonetheless, it's what you believe that's important, not what we suggest is actually happening. That only facilitates and assists you, many times, in your altered state of consciousness. But if you don't believe it in your conscious state, you won't experience it, absolutely not. What you believe in your conscious state and even in your subconscious state will be reflected in the reality that you experience in your dayto-day activities. And if you believe that there is an aggressor that has the capacity to dominate over another and that the individual that's the victim is not in control, then you will create the reality to facilitate and to validate that belief in your conscious state. It's an illusion; it's all an illusion. You can have whatever it is you desire based upon what it is that you believe, absolutely.

But it's rather interesting, when you as a society look upon that particular activity that you would take the aggressor as being the one that's the wrongdoer. You would be—take the aggressor as being the one that needs to be punished, if you wish, because they dominate through the use of fear. And many times, once again, that fear is expressed mentally and not physically. An individual, many of them have, any type of physical abuse would be subjected to mental abuse and you would call that an abusive situation.

And yet you have religions where you have a gentleman who stands up before you once a week and verbally tells you that you will be condemned to an existence that's far worse than anything that you can imagine in your conscious state in order to invoke a fear to follow certain rules and regulations that have been established by that individual or by that organization, and you don't call that abuse at all, you call it religion and you follow it faithfully. And not only do you not call it abuse, you take the individual that's being the abuser in this situation and you put him on a pedestal and you call them some type of god.

There's something wrong with that type of thinking in your conscious state. It's rather ironic that in that particular instance and in that type of situation the individual who is, what we would call, the aggressor is doing so from what they suggest is a position of love. Isn't it ironic that when you look at a situation that you refer to as a domestic abusive situation that the one [that is the] aggressor will say to you many times they do it because they love you. And yet, when an individual does that from your position of what you refer to as a religion, you not only accept it, you embrace it, and you hold that person up as being an individual who's giving you that message from a position of love. But when it's in a domestic situation of one on one, where one's being the aggressor over the other and he's actually doing it from a position of love, you don't call that love at all, absolutely not. You call that a twisted form of a mentality but you don't apply that same logic to [be with] all of your interactions with other individuals.

And so they lead by fear. It's much easier to lead by fear, once again, than it is to lead by example or by reasoning or even by hatred. Fear can be the most successful emotion to invoke by an individual who would be in a position of desiring to dominate others and call it leadership. But it's very ironic that through all of these examples that we've given of leadership and of the emotions that are invoked in order to facilitate that leadership, there's one emotion that is not invoked. That is the emotion of love. You see, love is a state of being and a state of doing. Love is done so unconditionally. And you can't be a leader without conditions. And if you attempt to invoke love in someone then you cannot lead them.

It's rather ironic that in your interactions, once again, your leaders would perpetually express love for others, and yet, once again, that emotion is not invoked by one who attempts to lead another. For, you see, when loves exists between two individuals leadership does not exist. It becomes an equal interaction without conditions and when there are no conditions there is no leadership.

And it's rather ironic that the only way that you can consciously realize that you are not separated from your spirituality is through love. All of the other elements will not do it. You can search through all of the various types of leaderships, you can attend all of the churches you wish that are based upon the concept of spirituality and you will not connect with your spirituality. The only connection with your spirituality is through love. And it's love for yourself. You see, you can't love another if you don't love yourself anyway, and that's the irony of it. Many individuals who'd like to love the entire universe, who'd like to love the world, and, indeed, would like to love, most certainly, those that surround them, but that's only possible if you love yourself.

And if you believe, once again, that there is this concept that you must follow then you will not be successful in consciously recognizing that you are not separated from your spirituality. There's a very peculiar thing begins to happen when you begin to love yourself, and when you begin to experience that connection, when you begin to go withinside, when you begin to find the answers, you can no longer be led by fear. You can no longer have that emotion invoked within you, that someone threatening that you will suffer certain consequences if you don't abide by certain rules and regulations.

You see, when you love yourself absolutely and you begin to understand that you exist in an illusion and you begin to understand that you absolutely cannot fail, when you begin to understand that this is your creation, you create it all, and you are the god that you search for, and you have nothing to fear, you exist in an illusion, and you understand that you have nothing to fear, then you cannot be led by fear. Absolutely not.

And you cannot be led by hatred. For to love yourself absolutely and unconditionally—and when you begin to make that connection consciously with the understanding of who and what you truly are—then hatred becomes an emotion that's very difficult to invoke. Oh, you can feel passions and anger and other emotions, but hatred becomes a very difficult one for you to perpetuate.

And when you begin to understand and to make that connection, once again, consciously with the understanding of who and what you truly are, you begin to love yourself absolutely and unconditionally and it's also very difficult to lead you by suggestion or by example. For you see, in order to love yourself absolutely and unconditionally you must like who you are. And in order to like who you are you establish the image that you would like to project and you choose the particular principles that you would apply to that image and to that personality and you perpetuate the image, you reinforce the character by applying the principles. And you become the individual that you wish to be. You begin to love yourself more and more, and you begin to understand who and what you truly are. And, once again, you begin to understand that you exist in an illusion, that it's your creation, that you are the god, it's not something else that's separate from you, or that you must search for.

And when that occurs, you become a very difficult individual to lead, absolutely. Be it by example or suggestion or whatever, you understand that it's your creation. If you wish to be involved in an interaction with another it's because you as an individual have chosen to be involved at some level. If you choose to be involved in some type of situation where you are, indeed, one of the followers you understand that it's an illusion, that it's your choice, that you're only there because you agreed.

And so it becomes difficult to lead you anywhere. And you begin to understand, as well, that you cannot lead someone else into their quest for spirituality. And that becomes the most important concept for individuals to grasp, that the journey to understand the connection with who and what you truly are, it's a journey that is individual and it is withinside, and that you cannot be led. And that you can only discover it yourself. That it's a journey that you need only make if you believe that it's necessary.

You see, you can't fail. This is not a win or lose situation, you can't fail. You absolutely cannot fail to come to the understanding of who and what you truly are. You are here by choice. Your choice. There are no lessons that you must learn other than those that you set in place for yourself. You are the creators of your reality. You are the Piece of the One, if you wish, the spark of consciousness that has the capacity to create, and you absolutely cannot fail. When you can grasp those three simple concepts and they become absolutes, well, you can go withinside and make that connection with that portion that you refer to as your Higher Self, then you will understand that it's not only not necessary for you to lead others into some type of spiritual discovery but it's not possible. They create their reality as well, and if they wish to have that connection with the understanding of who and what they truly are in their conscious state then they have to make the journey withinside.

And we've suggested many times and used the analogy that there are those who are running up and down the shore of what seems to be an expanse of water that they must cross and they look at various vessels to decide which vessel will assist them and facilitate the best crossing. And many individuals get caught up in the searching for the vessel and they never make the journey.

And, ironically, it doesn't matter what the vessel is. What's important is that you believe the vessel will get you there. For the journey is a very safe, a very harmless, and an absolute cannot fail journey.

It's simply going withinside. It's beginning to understand who and what you truly are. It's putting in place, once again, the various traits, the various principles that you, that you, would like to hold as your own in order to establish the image and the character that you, that you, would like to be, so that you can like who you are. So that you can learn to love yourself. So that you can have that connection.

It's about you, it's not about others leading you. It's not about some god that has the capacity to create your reality for you. It's not about some entity existing outside of your vibrational level that's going to condemn you to some type of terrible existence if you don't follow the rules. Absolutely not. It's about you. You are in this vibrational level because you chose to be here for the capacity and the possibilities of experiencing the very intense emotions and feelings. You choose to be here. You cannot fail. You create the reality. You are the Piece of God that you search for. And if you wish to experience that consciously then love is the answer. Love is the one emotion that will not be led. Love is the one emotion that allows you the capacity to look withinside and understand who you are, to give you that trust, to give you that sense of intimacy, that sense of joy, that sense of security that can only come from love. And it must begin with selflove. And it's a journey that is withinside.

You'll not find it in some book. And you will not find it while sitting and listening to others. Indeed, you must go withinside.

Now. We would like for a moment or two, and if you wish we will return and attempt to answer any questions that you have for us. And we would remind you that we are not separated by time or space but rather by a vibrational level, and should you wish to interact with us you have but to express the intent and we would welcome that opportunity to offer to you, once again, our unending support and our absolute and unconditional love. And we would bid you farewell for a moment, with love and with peace. \$