

JOSHIAH

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Joshiah: Well, now. It is indeed a pleasure to be with you, once again, on this afternoon we would like to take the opportunity to express our greetings to each of you and to express as well our gratitude for your, once again, inviting us into your vibrational level. Now. Before we begin we would like to remind you that there exists the opportunity for each of you to be involved in what we refer to as a silent communication, a telepathic exchange of information, if you wish, with other entities that would be with us on this afternoon as well as the opportunity for you to interact with that portion that you refer to as your higher self or that spark of consciousness that you are.

You will find as a result of the energy that you have created in this sacred space that it would be quite easy for you to alter your consciousness. You have but to close your eyes and express the intent and you can easily enter into what you might refer to as a meditative state, and in that altered state of consciousness have that opportunity to have a telepathic interaction with other entities. And indeed many times the information received in that interaction is that more pertinent to your individual needs and desires than is the information that we express through our friend Elias in this rather limited use of the vocabulary. But as always, the choice is yours.

Now. We have suggested many, many times that you as entities existing within this vibrational level are the creators of the reality that you experience in your day-to-day activities. Suggested that the reality that you experience is indeed a reflection of the beliefs that you hold withinside. That the reality that you experience is illusory. Not to suggest that it's not important but rather that it's an illusion, and as an illusion, you can change it. You can alter it and you can create whatever it is that you desire.

Again, that becomes a very difficult concept to grasp in your conscious state. In your altered state of consciousness, in a meditative state, or in a dream state you can indeed get grasps of the concept of the reality creation process but to bring that back into the conscious state and to have a conscious awareness of that particular activity or of that creation process is very difficult indeed. You [get caught] because of choices that you have made to make it difficult. It's not difficult because some other entities have decided that you

must enter into your vibrational level and experience some type of existence on this so called Earth, absolutely not.

You are here because it's your choice and it's difficult to recall or to hold in your consciousness the understanding of your reality creation process because you choose to make it difficult not because some other entity on some other level decides that it must be difficult for you. And it becomes even more difficult when you're experiencing realities that you believe are less than desirable realities in your conscious state.

Once again, this reality, this experience that you have in your conscious state is an illusory creation that's a reflection of the beliefs that you hold withinside. And if you wish to change your reality, you change the belief. And that seems like such a simple statement, and yet we understand the complication of the process in your conscious state, complication because you choose to make it complicated, because you choose to put in place that electromagnetic type of energy that you refer to as a veil that limits that understanding of the creation process in your conscious state, limits the understanding of the illusion that you exist in in your conscious state.

And so, when you limit that understanding, when you limit your consciousness capacity to create your reality then it becomes very difficult indeed, many times, to get a grasp of what the beliefs are that you hold that are responsible for the reality that you experience in your conscious state.

You see, many times it's a combination of beliefs. And that becomes difficult to grasp as well. An individual in your conscious state may be experiencing a reality that you find less than desirable and you have difficulty in getting a grasp of what the belief system is that's responsible for that reality. Well, it's not necessarily just one belief but it's a combination of beliefs. A combination of beliefs that create your entire existence. And the beliefs overlap into different areas of your creation process, absolutely.

It also becomes difficult to get a grasp of the understanding in your conscious state, because of the emotions that you experience. You see, you create the reality for the purpose of experiencing emotions. When you create the reality that allows you to experience what you might refer to in your conscious state as a

desirable emotion, and you never question, "What did I do wrong, to have this type of reality?" You very seldom question, "What is the belief that I hold that's responsible for this reality?" You simply accept it. You accept it.

And it's rather ironic that for many who are involved in your so-called spiritual quests will look at these so-called positive creations and accept that belief and accept that reality and not feel any type of guilt or any type of emotion other than what you might refer to as a joyous or indeed even a loving type of emotion regarding that particular reality. [They'd] be quite willing in many instances to accept the responsibility, [at least] to some extent accept the responsibility for that reality that they are experiencing. But, however, when it becomes a reality that is less than desirable, when it becomes a reality that one wishes they didn't have to experience, then for many involved in that so called religious or that spiritual quest will question what did they do wrong to deserve it or will question that, "Perhaps some other entity decided that I had to experience this." We would assure you that there is absolutely no experience in your particular vibrational level in your conscious state that some other entity decided that you have to experience. Absolutely none.

What you experience in your conscious state in this vibrational level is a reflection of the beliefs that you hold based upon the desires that you hold based upon choices and decisions that you make. Indeed they are based upon the imagination that you hold. You see, many who are experiencing these less than desirable realities also experience certain emotions that go with them. And one of the emotions is fear. Now, there are various types of fear and we've spoken of this before. You can have a fear that allows you to have a response to a particular interaction in your day-to-day activities that indeed can be a type of fear that allows you to exist and to function and it can be quite beneficial at times to experience certain types of fears, certain fears that allow you to have certain reactions so that you can survive.

There are, however, other types of fears. And one of the more common other types of fears is fear of the unknown. And so, you have a fear of the unknown because you're afraid of what it is that you might experience. And that fear of the unknown conjures up all types of images in your imagination. And once again, this reality that you experience is a reflection of your belief, and the way that you create it is through your desire, your imagination, and your expectation.

And so, you have this fear, you spend your time conjuring up all of these imaginations, and you expect that to occur—you have completed the majority of the formula for the creation process. And you begin to hold the belief that [this] will occur, you begin to hold the belief that you don't deserve any other type of reality. You begin to believe that it [about to be that]

experience that you're going to have to go through ... then guess what? You can have it, because that portion of your creation process, that spark of consciousness that you are creates whatever it is that you desire. And it does so joyously. And it does so without judgment about what is right or wrong but rather simply does so because of what you desire or what you imagine and what you expect, the choices and decisions that you make, the beliefs that you hold.

And so, if you choose to believe that you have these terrible experiences based upon the fears, the fears, the emotions that you are experiencing as a result of the reality that you are creating based upon the beliefs that you hold, then you can have it all. Absolutely. And it's not right or wrong and it's not good or bad. You see, that's the irony. That spark of consciousness that you are that creates your reality creates it all joyously and whether in your conscious state you believe that it is a desirable reality or not has absolutely no effect upon that subconsciousness part that creates the reality. The only effect that it has, once again, is it allows you to experience the intense feelings, and that's what you're here for, is to experience those intense feelings. And if you wish to have them, simply dwell on it, dwell on the fear and you can create it. Absolutely.

And then there's the guilt. Another emotion that you can experience if you wish to, the guilt. "What did I do to deserve this reality? What's wrong with me?" You can have that if you wish, as well. Guilt is a very easy thing for you to conjure up in your consciousness state. You simply have to, once again, use your imagination and have the expectations and you can experience the guilt, absolutely. Make the choices and decisions, allow your consciousness to dwell upon whatever it is that you are imagining, and you can conjure up the guilt and you can create the reality, absolutely, if you can hold the belief that you deserve some type of experience that you somehow must have done something wrong.

Right or wrong, once again, only exists in your consciousness state. Right or wrong does not exist within your subconsciousness. Many times when one begins to hold those feelings of guilt, and those emotions of fear, they are, once again, feeling the very beliefs that you hold, the imagination, the desire, and the expectations all being met quite well. And that spark of consciousness that you are rejoices at the intensity of this reality that you believe is beyond your control. You're doing a very good job of putting it beyond your control.

Now, when you entered into this vibrational level, you chose to be involved in a reality creation process that allows you to experience those types of realities. You chose to put in place the belief systems, many times belief systems that are put in place in what we refer to as the between incarnational state and brought into this particular vibrational level in the incarnational period so that you can have that opportunity, the opportunity to

have that experience. It's an opportunity, it's not a necessity, it's not an absolute, it's an opportunity. It's a possibility.

And when you begin to believe that it's a probability, well, you bring it into existence. You actually alter the energy that surrounds the DNA that carries the potential, that carries the possibility and turns it into a probability by altering the physical makeup of your DNA and bringing into your experience that particular event that you may, in your conscious state, believe is less than desirable and yet at some level in your consciousness, perhaps even in what we refer to as the between incarnational state, you put in place the certain belief systems that are carried within your DNA that allowed you the opportunity to potentially have that experience, should you choose to have it.

And we're not saying that you necessarily make a conscious choice to have that experience. But you make conscious choices that allow that experience to occur. You hold, once again, belief systems that are a combination of a multitude of beliefs that allow for that particular experience to occur. And you imagine it, and you expect it, and you create it. Absolutely.

And so, what's the answer? You see, that's the difficult part. What's the solution? Well, the solution is, once again, to pay attention to the attitudes, the spontaneous attitudes that you experience when you are involved in a day-to-day activity, when you're involved in this creation process. For you see, it's that spontaneous attitude that's a reflection of the belief that you hold. Pay attention so that you can get a grasp of the beliefs, absolutely. Understand the creation process. Your desire, your imagination, and your expectation will create whatever it is that you wish to bring into your conscious state.

Whether it's good or bad, once again, is only a conscious grasp of an understanding. It's not indeed anything to do with your subconsciousness. Whether it's right or wrong or good or bad or evil is a consciousness belief system, a consciousness choice that you make. It does not come from withinside. That spark of consciousness that you are creates whatever it is that you desire, whatever you imagine, whatever you believe, you can experience in this particular conscious state, and it does so joyously. Whether you believe consciously it's right or wrong makes absolutely no difference.

And so, pay attention to the attitudes that are a reflection of the beliefs. Pay attention to your thoughts and feelings. Your thoughts and feelings, many times, are directly associated to the attitudes. And when you pay attention to how you truly feel and think about certain particular realities that you're experiencing, you can get a glimpse, once again, of the beliefs that you hold.

Be careful of the choices and decisions that you make, for the choices and decisions indeed will have a reflection on what it is that you desire. And what you desire and what you imagine, what you expect, will come into your reality.

Now. What you refer to in your conscious state as negative creation, negative reality, negative day-to-day experiences will occur. They will occur because you as individuals chose to enter into this vibrational level, and you exist in a vibrational level, [the whole] what we refer to as human consciousness belief systems that indeed grasp and embrace these so-called negative realities. That's what you came here for is to have those total experiences, not just some of them.

And so the key is not to believe that you will never ever have any type of negative experience, for many of you in your conscious state even believe that to die is a negative experience. It's one of those things that conjure up all types of fears, and all feelings of guilt that one is going to die. Well, you chose to enter into a vibrational level and put into place, once again, those so-called human consciousness belief systems that you agreed to participate in, and one of them is that your existence would be very limited within this incarnational period and you will, at some time, die, absolutely. It's a given, it's a guarantee.

Now, the key is not to fear, but the key is to understand who and what you truly are. And the key to that understanding is to go withinside. You see, there is absolutely nothing that you create in this vibrational level that you have to fear. There is absolutely nothing that you create in this vibrational level that you have to feel guilt about. The key to being at peace with the reality that you create is not necessarily to always change the reality, but rather to go withinside and understand who and what you truly are. To go withinside and to make that connection with that spark of consciousness that you are that creates this reality. You see, it's not something that you are separate from, it's not something that you've lost, it's not something that you have to search for. It's simply something that you have to go withinside to experience.

You will not experience it very easily in your conscious state. And we stress, easily in your conscious state. It's not an impossibility. You see, there are no impossibilities in your vibrational level in your conscious state. The only limitation to the reality that you can create and experience is your imagination. But once again, you made a choice to be involved in a vibrational level creation process where you limit the understanding of who and what you truly are in your conscious state and you agree to participate in these so-called human consciousness belief systems. And therefore, it becomes very difficult to consciously make that connection with that portion of your so-called consciousness that has the capacity to create.

But when you go withinside and you make that connection then you can be at peace with this reality that you experience in your conscious state. You can sidestep the feelings of guilt, and you can eliminate the fear. You can eliminate the fear of the unknown. You can eliminate, absolutely, any fear of ending your existence in this particular incarnational period.

You see, once again, there are but three things that you need to hold as truisms that you cannot alter. You create your reality, absolutely. You are the God that you search for, that spark of consciousness that has the capacity to create, no more no less than any other spark of consciousness that exists, not only within your vibrational level but in any other vibrational level throughout all of creation. And you absolutely cannot fail to come to the understanding of who and what you truly are.

You can experience, if you wish, in your conscious state all of the emotions of anger and all of the emotions of fear and all of those emotions of guilt. Absolutely. But they are indeed simply emotions. There are emotions that you experience in your conscious state only. There are emotions that we absolutely guarantee will fade. You came to this vibrational level for the purpose of having the opportunity to experience the intensity of those emotions. For you see, once you understand the creation process, once you absolutely understand that you are the Creator, once you absolutely understand the whole of this is an illusion, and it's only there because you desire to make it seem real in your conscious state, then indeed the illusion disappears, and the emotions do not have their intensity.

It's like sitting in a movie theater and watching a projection upon a screen, and experiencing the emotions that are portrayed by the actors that are portrayed on that screen. But you understand, absolutely, that that's someone else's projection of a reality and that that's an illusionary, particular environment. You understand that it's a trick of light, if you wish, and you understand as well that no matter what the intensity of the emotions that are portrayed upon the screen and no matter what the intensity of the emotions that you experience while you are participating in watching that particular portrayal upon the screen, you still understand it's an illusion and therefore the emotions have nowhere near the intensity of the emotions that you feel in this "real" world, that you create in your conscious state, that's every bit as illusionary as what you experience on the screen. And when you, once again, go withinside and touch that spark of consciousness that you are, you can be at peace with this creation, for you begin to understand the illusionary prospect. You begin to understand the illusionary creation that you exist in. And you begin to understand as well that you absolutely cannot fail. And if you absolutely cannot fail then there is nothing to fear. Absolutely nothing.

Now. We would break for a moment or two and if you have any questions we would be willing to return and attempt to answer them for you. And we would remind you that we are not separated by time or space but rather by a vibrational level and should you wish to interact with us you have but to express the intent and we would welcome the opportunity indeed to learn from you, to share with you, and to offer you our unending support and our absolute unconditional love. And we would bid you farewell for a moment, with love and with peace. ❄