

JOSHIAH

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Joshiah: Well, now. Well, once again, it is indeed a pleasure to be invited back into your vibrational level, and we would like to take this opportunity to express our greetings to each of you (*inaudible*) express as well our gratitude for your, once again, offering us this opportunity to enter into your vibrational level, this opportunity to interact and to share with each of you.

Now. Once again, before we begin we would suggest that there exists for each of you the possibility to be involved in what we refer to as a telepathic exchange of information, a silent communication, if you wish, with other entities that would be with us on this afternoon, the opportunity for you to alter your consciousness and to enter into what you must refer to as a meditative state. And in that altered state of consciousness receive and interact with other entities various types of information that may indeed be much more pertinent to your individual needs and desires than is the information that we express through our friend, Elias.

And once again, as a result of the energy that you have created in this sacred space you would find it quite easy to alter your consciousness and to enter into that meditative state. You have but to close your eyes and express the intent. And that opportunity for you most certainly exists. And as always, the choice is yours.

Now. We've suggested to you many, many times that this reality that you experience in your conscious awake state is a reality that's a reflection of your beliefs. And for many that can be a very difficult concept to grasp, absolutely. There are but few things within this vibrational level and within this reality that you experience that you cannot alter. One of them is that you create the reality that you experience, and the reality that you experience is a reflection of the beliefs that you hold. Now, that doesn't mean that you have to accept the responsibility for creating your reality. Absolutely not. You see, you can hold a belief that you're not responsible. You can hold a belief that it's not your creation. That's a belief, that's a choice that you make. And regardless of what the choice is and what the belief is, the reality that you experience in your conscious state will be a reflection of that belief. And so, if you choose to believe that you're not in control, then that's a choice, that's a belief that you choose to hold.

And many times those beliefs are beliefs that you make consciously in your awake state, that you make in various other levels of your consciousness, and indeed beliefs that you choose to bring into a particular incarnational state from that what we refer to as the between incarnational state, that portion of your consciousness that you experience when you are in that what you refer to as a death state or a passed-over state or whatever terminology you desire to use to give an expression that has some meaning to you.

You see, you have, once again, several layers of consciousness that you experience. And you choose to limit your capacity to retain interactions in those altered levels of consciousness while you are in your awake state. You choose, you put in place the electromagnetic type of energy that limits you from understanding who and what you truly are when you are in your awake conscious state.

Once again, it's a type of energy that exists throughout your entire vibrational level throughout all of the levels of consciousness that you experience. Even in that in between incarnational state, to some extent, you are influenced by this electromagnetic type of energy that limits the understanding of who and what you truly are, limits the understanding but does not indeed destroy that concept of who and what you truly are. But since it limits you holding an understanding of that capacity in any consciousness while you exist in this vibrational level. And so you choose at various levels of your consciousness to hold certain beliefs that reflect in the reality that you experience.

And none of the beliefs that you hold are right or wrong. And, once again, the right or wrong concept is one that you hold in your awake state. It's not a right or wrong concept that exists in your so-called altered levels of consciousness, in that level of consciousness [that are] responsible for creating your reality that you experience. [At] that level of your consciousness, once again, creates the reality that you desire based upon the beliefs that you hold, and it does so without judgment as to whether it's right or wrong. The right or wrong concept exists in your conscious state. And so, you choose in your conscious state to hold various beliefs. They are indeed only judged as being right or wrong, or good or evil in your conscious state, not in the other levels of your consciousness.

And so, you in your conscious state many times hold beliefs that are in conflict with the understanding that you created the reality that you experience. And they, once again, are not right or wrong, and in certain aspects they even can have what we refer to as tradeoffs, benefits, if you wish. You see, if you believe that you're not in control, then you don't have to accept the responsibility for the reality that you experience. If you believe that you're not in control, then this allows you that comfort zone of suggesting that there are other entities, either other entities existing within your vibrational level, even other entities existing within this incarnational period experiencing similar paths of consciousness as you experience that have the capacity to influence your reality. Or you can have other entities that you believe are in other levels of consciousness, other entities that you might refer to as guides or angels or whatever terminology you wish to apply. Or even entities that are what you refer to as god entities that have that capacity to create your reality for you.

There are even entities that exist within your conscious state that have achieved various levels of understanding of the creation process and when you look upon those particular creation process and those individuals involved in that type of creation, you begin to believe at some level that perhaps these individuals are superior. And you put them on a pedestal, and you refer to them as being god-like. Well, that's not entirely wrong because they are god-like. But they're no more god-like than any other individual existing in your vibrational level, including yourselves. That's the irony. You are the god that you search for. It existed withinside of you. It's not something that's outside of you. However, if you choose to believe that it's outside of you, there's nothing wrong with that. That's a choice that you can have. That's a belief that you can hold. And you can have some comforting benefits. For, once again, you don't have to accept the responsibility for the reality that you experience.

In many instances, however, it leaves you questioning, it leaves you feeling that there's something missing that it's not quite fulfilling. You see individuals involved in certain activities, and if the activity goes their way, they may look at that particular activity and they give thanks to their "creator" of that reality that they experience. But if it doesn't go that way, then they question whether or not they did things right. Many individuals even question whether or not their belief is strong enough in this reality that creates for them, in this entity that has the capacity to create for them. They question whether or not they're doing it right, or perhaps they're being punished.

You see, while there are benefits, there are as well shortcomings to that type of belief system. And the shortcoming is that you create realities that validate that you're not in control. You create realities that validate that other entities are creating this reality for

you or are influencing this reality. You create realities that many times are not realities that you believe you desire in your conscious state. However, if one belief system that you are not in control is much more entrenched, if you wish, than the belief system that you have the capacity to create what you desire, then one will counteract the other.

You may achieve success at times of creating what it is that you desire, but to sustain that creation becomes very difficult because you have made a choice to believe that another entity has the capacity to create for you. It will create for you. And, therefore, you may lose that reality that you desire to experience to validate the belief that you hold that you're not really in control. To validate the belief that there are other entities and spirits that are in control and are creating this reality and have that capacity to influence for you.

And that's the tradeoff. That's what you give up, if you wish. It's not a right or wrong; it's a choice that you make and many individuals make the choice without the realization of the consequences of the choice, without thinking through what may occur if you validate and sustain that belief that you're not in control. And again, it's not right or wrong, it's a choice that you make.

You see, you create this reality whether you desire to believe it or not. You can create it through default. You can accept that you're not responsible for the creation of this reality, and nonetheless you will create it, you will create realities that validate that belief that you're not in control. That can be quite comforting at times because when you experience a reality that's less than desirable, and you can question someone else's reasoning as to why you had to experience that reality, you don't have to accept the responsibility for it.

You see, many times when individuals begin this quest of understanding who and what they truly are, and to bring into their consciousness the understanding of the creation process and they continue to experience realities that are less than desirable, they don't go to the source of attempting to understand what the belief is that's responsible for the realities that they are experiencing but rather they look at it as, "Well, I must not be very good at this creation process. I must be a failure." And it becomes difficult to believe and to hold the belief that you are the creator. But it's your reality that the reality that you experience in your conscious state is a reflection of the beliefs that you hold.

And so, if you accept that belief system, you will begin to [employ] it. It still has its tradeoffs, if you wish, and downfalls. And that is, once again, you create a reality that is less than desirable, and you begin to feel that you're a failure. You begin to feel that you can't get a grasp on this reality creation concept in your conscious state. You begin to feel indeed that it's very difficult to create this reality.

The irony of it is that it's no more difficult to create what you might refer to as a very desirable reality than it is to create a less than desirable reality. The irony of it is that the individuals that you see experiencing a reality that you might be envious of use exactly the same methods to create their reality that you use to create your reality. The reality that you experience in your conscious state is a reflection of the beliefs that you hold. Absolutely.

Now. Many individuals would hold that there is one entity that creates their reality. That there's one entity that's responsible for the reality creation process that exists outside of your vibrational level. And you can talk to different entities in different societies, and you would find indeed that many entities hold similar beliefs, similar beliefs that they're not in control; similar beliefs that there is some entity that is influencing the reality that they experience. The irony of it is that many times they don't believe it's the same entity. They don't believe that each one entity that creates this entire reality that's the same entity that's creating someone else's reality in a belief that they hold, be it a religious belief or be it a cult belief, it makes absolutely no difference.

You see, there are those individuals who would worship that which you refer to as the devil. You see, in your conscious state you like to have this right or wrong, this good or bad. You like to have this evil aspect that's countered by the good aspect. And from the evil aspect, then there must be someone that has the ability to rule over that particular element of your creation. And there are individuals in their conscious state, entities existing within your vibrational level who would indeed believe that there's more beneficial to worship that so-called negative aspect of your creation, that evil aspect, than it is to worship what you might refer to as the good aspect.

The irony of it is that they're as successful in creating their reality as the individual who worships the good aspect. That's the irony because you see the right or wrong only exists, once again, in your conscious state. It does not exist in your subconsciousness. Your subconsciousness, your subconsciousness creates whatever it is that you desire. Not someone else's subconsciousness. Not some entity existing outside of your vibrational level. You, you are the creators. You create what it is that you desire. Absolutely. And so if you hold that concept and you begin to believe that you are the creator, then some of the tradeoffs, if you wish, are that you accept the responsibility for realities that you experience. You accept the responsibility. You begin to like who you are.

The difficulty, once again, is expecting to accept the responsibility for those realities that you don't really believe that you desire in your conscious state. And yet somewhere within your consciousness you absolutely hold the belief that is reflected in that reality that you

experience. Absolutely. It becomes difficult to grasp what those beliefs are. For many times those beliefs are put in place in your so-called between incarnational states or in your deep levels of consciousness when you are in your so-called dream states. Absolutely. And it's difficult, once again, because of your choice to put in place that electromagnetic energy that limits your understanding of who and what you truly are, to bring those beliefs into your consciousness so that you can deal with them, so that you can change them. Difficult but not impossible. You have that capacity to alter them. Absolutely.

And when you believe that there is this entity that creates the reality, then, once again, it becomes difficult to accept the realities that are less than desirable. And when you accept the responsibility for the realities that you experience, then it really becomes difficult to accept the responsibility for those negative parts of realities that you experience in your conscious state. And the tradeoff when you believe that another entity creates the reality for you, then you can blame someone else. It's a comfort zone. You don't have to accept the responsibility. When you believe that you are creating this reality and it's less than desirable, now you (*inaudible*) accept the responsibility and [it] can indeed believe that one is a failure. It can indeed lead one to believe that you don't have the capacity to create that which you desire. The irony of it is that you do create that which you desire. Absolutely.

Now. We have suggested many times that the information that you desire, that the information that you wish to understand in your conscious state exists within. And we hesitate always to give you methods or techniques that you can employ to alter your consciousness, to alter your belief systems, to alter your reality, for indeed the most important part of any method or technique that you employ is your belief that it will work.

We've used the analogy many times that individuals perceive that they have a body of water to cross and they end up coming down to the shore and the shore is lined with a multitude of vessels. And some individuals run up and down the shore and have difficulty choosing which vessel will be the one that will safely carry them across the water. And there is this bank of fog that's just offshore and they don't realize how far it is that they must travel in order to cross the water. And so, they spend their time running up and down the shore searching for the various vessels. And they look for the ones that are going to be the most seaworthy and the ones that have all the bells and whistles and the ones that they believe will take them across the water, but they never make the choice. They continuously go from vessel to vessel, always having the doubt that it's within their capacity to complete the journey. And so, they never make the journey. They get hung up on the techniques and the methods.

And there are the other individuals who simply choose a method or technique. They choose a vessel, and they get on the vessel. They cross the water, and they find out it's not a difficult journey at all. They find out indeed that they don't really need a vessel; they could have walked there. The method or technique is not nearly as important as the belief that it will work.

Many individuals continuously run from seminar to seminar searching for an answer, reading multitudes of books searching for an answer. The answers are withinside. Some individuals believe that it's necessary for them to spend years of studying in order to achieve some type of enlightenment. Well, if that's what you believe, you can have that. Absolutely. And it will take you years if that's what you believe. But it's not necessary. It's only there because you believe it is necessary. It's not necessary. The answers exist withinside and it's very easy for you to discover those answers.

The difficulty comes when you believe that it's not easy. The difficulty comes when you believe that you're not in control. The difficulty comes when you believe that it's not within your capacity to choose a method or a technique that will work for you. And you continuously try. You run up and down the shore checking out the vessels, afraid to make the journey. But it's a journey for which you have absolutely nothing to fear. For you cannot fail. You absolutely cannot fail to come to the understanding of who and what you truly are. That's a given. There are no lessons that you must learn. There is no technique that's better than the other. Absolutely not. You absolutely cannot fail to come to the understanding of who and what you truly are. And the answers are withinside. You are the god that you search for, and you create the reality that you experience. It's a reflection of the beliefs that you hold. If you wish to make that discovery, then choose a method or a technique. And believe that it will work.

The books can all give you hints, and all of the seminars can suggest to you that it's within your capacity to have the understanding, but you must make the journey. You must go withinside. You must choose what it is that you desire. Absolutely.

What you experience in your conscious state is a reflection of the belief that you hold. You create the reality based upon your desires, your imagination, and your expectation. Absolutely, without exception. There are no realities that you experience that are not a reflection of the beliefs that you hold. And it's not a right or wrong.

If you are comfortable believing that another entity creates your reality for you, then go for it. You can't fail. This is not something that you must complete certain types of lessons or certain steps in order to achieve some path of enlightenment. Absolutely not. You exist in this vibrational level in a conscious state because you choose to come into this vibrational level for the

opportunity of experiencing the intensity of the emotions and feelings that are associated with the reality that you create when you believe you're not in control. It's really that simple. You make it more complicated if you desire, that's entirely up to you. If you believe that it's more complicated, then it will be more complicated. If you believe that it's not within your capacity to create your reality then it won't be within your capacity to consciously create your reality. You will, however, still have made a choice to believe that you're not in control. You will believe that you're not in control, and the reality that you create and experience in your conscious state will validate the belief. It's really that simple.

It's rather ironic when you see individuals involved in certain competitions in your conscious state. And each individual involved in a competition, be it in an individual competition or in your group or team competitions, will pray to some entity that they can be the ones who are triumphant on that day. Now, this entity that creates this entire reality must make a choice. You see, when you love someone with absolute unconditional love, you don't make a choice, you just grant them what they desire, absolutely, without limitations to the other. However, when individuals believe that there must be one who is triumphant and the other one does not succeed, then there must be a choice, then. And so they believe that this entity makes the choice. And when the competition is complete and there has been this triumphant winner, the triumphant winner always looks up and says, "Well, I suppose that God chose us today to be the winners, and we give our thanks to God. For without God's assistance, we could have never won." And the other individuals never blame God and say, "Well I guess God didn't want us to win today." No, they look at it and say, "Well, I guess we didn't perform up to our level today. We just weren't meant to win today."

Well, we would suggest that at some level of their consciousness the individuals agreed already who was about to be the victor in that particular interaction in that competition, to allow each to experience the certain feelings and emotions that you feel when you are indeed what you might refer to as the victor or you might refer to as the one who is the loser. And ironically, neither one is a victor or loser. They have simply put in place choices and agreements to validate the beliefs that they hold that allow them to experience the emotions and feelings of that particular interaction. They agree to participate, they agree to participate, and they agreed at some level of their consciousness on the outcome of that interaction.

And if they choose in their conscious state to believe that they're not in control, that's fine as well. It's not a right or wrong. Absolutely not. It's a choice that they make. And, once again, if they hold that belief in their [consciousness] belief system, then indeed they don't have to accept the responsibility for the fact that they put

in place the choices and agreements to be involved in a failure, to be the losing entity, and yet it allows them to experience the emotions and feelings of that particular reality without accepting the responsibility.

It becomes rather ironic that when you accept the responsibility for that interaction, then the intense desire to be competitive dissipates. And one begins to accept that it's within their capacity to win or lose, whichever they choose, and it's not really important. What's important is that you understand that you are the creator of your reality. That you are the god that you search for and you cannot fail. You begin to understand that what you experience in your conscious state is an illusion. And if it's an illusion, you can change it. And whether you win or lose has absolutely no bearing in terms of your outcome from your experience in this vibrational level. Whether you win or lose is simply a creation process that you agree to become involved in so that you can experience the intensity of the emotions and feelings that are involved in either the winning or losing of a particular competition. And when you understand that, then it begins to lose its effectiveness in terms of your really, really consciously caring whether you win or lose.

We've suggested many times that when you begin to understand the concept of creation, when you begin to accept the responsibility, when you begin to bring it into your consciousness and to have that capacity to create consciously, that you should not be surprised if your values change. That you should not be surprised if your interactions with others change. That you should not be surprised if what you once believed to be important and valuable no longer has the same importance.

But the importance shifts into other areas of creation. The importance shifts into liking who you are. The importance shifts into self love, and from self love to capacity to love others. The importance shifts to understanding that you create this reality from a position of absolute love, and you desire to bring that absolute unconditional love into your conscious state so that you can experience it consciously. And from that position you can consciously begin to create the reality that you desire. And while the reality that you experience in your day-to-day activities may not necessarily go through any type of dramatic changes, your perception of that reality can have dramatic changes.

And from your changing of your perception of that reality, you can experience what you might refer to in your conscious state as a much more desirable reality, a much more desirable experience, a much more desirable understanding of a similar interaction that at one time perhaps may have caused you to experience tremendous anger. And when you understand that it's within your capacity to create it, that you're responsible for that creation, then the anger changes indeed to compassion and to understanding and to forgiveness,

both for yourself and for others, and you begin to like who you are. And you begin to experience self love. And through experiencing self love, you experience love for others. And you indeed begin to like this creation, to like who you are.

You understand as well that you can create whatever it is that you desire. You have but to be quite specific in what that desire is. Use your imagination and expect it. To have an expectation that it will indeed come into your reality. Understand what your choices are, what your decisions are. Pay attention to your attitudes as they are a reflection of the beliefs that you hold. And it will be reflected as well in your thoughts and your feelings, and the whole reality creation process becomes quite clear and you begin to like yourself, to love yourself consciously and to love others unconditionally. The choice is yours. It's not a right or wrong. It's a choice that you can make. It's a choice that you do make on a continual basis.

You can choose to believe that you're in control. You can choose to believe that it's your creation and you can have what you desire, or you can choose to believe that you're not in control, and you can create from a position of default. It really is not right or wrong, it's a choice that you make. It's a choice that you make, that no other individual can make for you. And as a result of that being a choice that you make and no one else can make it for you, similarly the answers that you seek are within and no one else can give them to you. You must discover them. You must go within. You must indeed develop the method or the technique that you believe will work for you and apply it. Apply it! With that intensity. With that will, that indeed you can create this reality. Use your imagination and have the expectation that it will occur. That's the key. Absolutely. And once again, it's not a right or wrong. You can have whatever it is that you desire. For indeed you are the god that creates the reality that you experience and you absolutely cannot fail. The rest is an illusion. The rest is a reflection of the beliefs that you hold, and you can change your beliefs. Absolutely. It's your choice.

Now. We would like for a moment or two and if you have any questions, we would be willing to return and attempt to answer them for you. And we would remind you that we are not separated by time or space but rather by a vibrational level. And should you choose to interact with us, you have but to express the intent, and we would welcome that opportunity to interact and to share with each of you. And for a moment or two we would bid you farewell, with love and [with peace.] ❀