

# JOSHIAH

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*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

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## **Q and A**

**Joshiah:** Well, now. Well, once again allow us to express our greetings to each of you and we would remind you once again that there exists for you that opportunity to be involved in that silent communication, that the entities that would be with us this afternoon would welcome that opportunity for you to interact and to share. And once again, the information that you receive in that interaction is much more pertinent, many times much more accurate, to your individual needs and desires than is the information that we express through our friend Elias and through the rather limited use of a vocabulary. As always, the choice to be involved in that telepathic exchange is entirely up to you. Absolutely.

Now. This reality that you experience in this vibrational level is unique, unique in that when you are in your conscious state you are indeed in a state of consciousness and in a method of creation that is not duplicated throughout all of the vibrational levels throughout all of creation. In your conscious state, you believe that this is it. You believe that this is the most important aspect of your creation and of your consciousness. The irony of it is that in your conscious state, you are as far removed from who and what you truly are as is possible for you to be.

It's very difficult for you to maintain your conscious state. It requires an expenditure of energy. Indeed, the greatest expenditure of energy that you use in the creation of this vibrational level is in your efforts to maintain your so-called awake state, your consciousness state, in which you put in place that energy, the electro-magnetic type of energy that limits the understanding of who and what you truly are. And that type of energy, once again, is not duplicated throughout all of creation.

Not only does that energy limit the understanding of who and what you truly are, it also limits the capacity of entities existing outside of your vibrational level to create this reality that you experience in your conscious state. Now, you can believe that there are entities existing outside of your vibrational level that create this reality, absolutely. There's nothing wrong with that, that's a choice that you make. And when you hold that belief, indeed, you create the realities to support the

belief. You can believe in your conscious state that you're not in control, that indeed this whole reality is simply an occurrence by chance, if that's what you wish to believe. And you will create that as well. It really doesn't matter. It's not a right or wrong. It's what you choose to believe. It's what you choose to believe. Absolutely.

Now, this electromagnetic energy that limits your understanding of who and what you truly are in your conscious state, it also limits the interference of other entities existing outside of your vibrational level, makes this a rather unique experience that, once again, is not duplicated throughout all of creation in all of the other vibrational levels. The entities existing outside of your vibrational level cannot only not interfere with your creation, but have absolutely no desire to interfere with your creation. Interested perhaps, but not from the point of view where they believe that they have the capacity to influence your creation. That's your choice, that's your belief.

Other entities existing outside of your vibrational level understand the process of creation and understand as well that they have absolutely no power to create for another entity. You can interact with other entities, absolutely, and you can experience certain reality creation aspects interacting with other entities, and we do so on other vibrational levels, but we do not believe that we have the capacity to influence or to create for another. Absolutely not. It's only in your vibrational level, in your conscious state that you hold that belief system, if you wish. It's a belief system that, once again, validates that you're not in control. Validates indeed that this reality is real, that this reality is not an illusion, that it's beyond your capacity to alter it consciously.

You as entities choose to interact in this vibrational level and you as entities somewhere, if you wish to use the term of space and time, hold within your capacity the understanding of the creation process, not only in this vibrational level but in all of the vibrational levels throughout all of creation. And to believe that some entity existing outside of your vibrational level somehow has the ability to have access to knowledge which is beyond your capacity to access in terms of the process that you choose to create this reality in this vibrational level is rather ludicrous indeed. It's like suggesting that your neighbour understands what

occurs within your household better than you understand what occurs within your household. It's just simply not that way. You choose not to have that understanding in your conscious state in order to validate it, in order to make it real. But you do nonetheless understand the creation process that you utilize to create this reality to make it seem real. Absolutely. At some level of your consciousness, you not only understand the process you employed, you create this reality.

The information that we express to you is simply information that you desire to receive. [When] you look for the information and the answer to your question from some other entity, you will not find them. You can find, if you wish, indications. You can find hints and glimpses of what it is that you desire to experience. But you will not find the answers. You choose to not have that capacity. When you look at other sources of information for the answers, they always fall short.

If you look at your religious aspects, you follow a certain type of religion, it doesn't matter. We challenge anyone involved in any type of belief system that at some point you don't wake up at 2:00 AM in the morning and you question, "Is it really true? Is it really true?" And it doesn't matter whether it's a religion or whether you believe in some type of occult system. It doesn't matter if you read all of the information in all of the books and you listen to all of the recordings and you search for those answers. They give you glimpses and the ones who are the best at giving you the glimpses, the ones who would lay out the procedures are the ones that you begin to look upon as being somehow superior.

And you forget about the message and you begin to dwell upon the messenger and you begin to look at the messenger as somehow being an entity that you would like to duplicate. And you never get there. It's not that you can't get there, it's that the answers are withinside. The answers are withinside each individual and you must discover them from withinside. You will not find them in any book. You will not find them in any other's belief system. You must search within yourselves. And when you will find the answers, you will know. You will no longer fear what you don't understand but you will rather understand that there is nothing to fear. You will no longer experience comprehension and wonderment at what the other levels of consciousness are, for you understand in your conscious state that you have the capacity to go there, should you choose.

You see, you don't have to die to understand and to have the connection to who and what you truly are. You don't have to go through that belief system that it's necessary for you to pass on before you can get that glimpse. Absolutely not. It's possible for you to get that glimpse if you go withinside. And it doesn't matter the method or the technique that you use to go withinside. What's important is that you desire to have that

connection. What's important is that you use your imagination and that you expect to have that connection. What's important is that you do indeed believe that it's withinside and that you can do it. You see, if you don't believe that it's possible, then it won't be possible in your conscious state. For what you experience in your consciousness is a reflection of what you believe. You will not find it, once again, in someone else's message.

The information that we express is information that you desire to hear. It's information that you indeed contain withinside each and every one of you. It's not information that we somehow have, some exclusive access to, that's not available to you. Absolutely not. We have absolutely no knowledge that is not available to you. And in fact in the creation process of your reality, you have access to the methods that you create this reality from that are far more pertinent and far more accessible to you than they are to us.

We simply utilize our connection through our friend Elias to bring to you the information that you desire to hear, and in exchange we get the ability, if you wish, to share in the experience of this reality creation of the intense feelings and emotions that our friend Elias experiences without having to enter into your vibrational level to have that experience. That's the trade-off. That's what we receive. That's why we come. We come to interact. We come for the capacity to share. We come indeed to allow Elias to have that connection, to connect indeed to that understanding of who and what he truly is, to have that experience.

Many times, when we're involved in these interactions, you will hear Elias say other things that are not indeed expressed in our voice, or you might see tears or you might see different emotions on his face that don't seem to apply to what it is that we're expressing. You see, we simply utilize, through a transmission of, if you wish, of feelings and emotions the message that you desire to hear. And in return, Elias allows his consciousness to step aside and in exchange with our particular interaction with Elias, then we have that opportunity to share in those emotions and feelings. He gets the opportunity, if you wish, to have that connection with who and what he truly is and to bring back into his consciousness the memory of that connection. He will not share it with you because it's a difficult concept to share.

You see, when you understand and get a glimpse of who and what you truly are, you understand that in your conscious state, there are no terminology within your vocabulary that will give you that explanation. It's similar to you looking into your books and looking into your recordings and looking into any other method of exploration that you attempt to do outside and have another individual give you an explanation of what it is that you're supposed to experience. It's not possible. You must go withinside.

You must attain that experience yourself. You must make that connection yourself, and when you do, you begin to believe, absolutely, that you are so much more than you perceive in your so-called consciousness state.

You have the capacity, many times, to get the understanding of what the now is. You get the understanding that you exist in multitudes of incarnations at the same time. You get the understanding of what it is to experience the others' genders, feelings and belief systems. Absolutely. That's within your capacity. You have but to believe. You have but to choose the method and technique. You have but to go withinside. We cannot give it to you. We can simply suggest that it's available. You must make the choice.

The reality that you experience in your conscious state is a reflection of the beliefs that you hold. The reality that you experience in your conscious state is a reflection of your desires and your imagination and your expectation. If you wish to make it complicated, you can make it complicated. It's not a right or wrong. It's a trust if you like. If you wish to make it simple, you can do that as well. It's like, once again, running down the edge of the water trying to choose the vessel that will give you that which you desire. And you can make it as complicated or as simple as you want. The irony of it is that the journey is so simple, and the journey is so safe that you absolutely cannot fail. It's not a dangerous passage at all. It's simply a choice that you must make. And it must be a choice to go withinside and not to look for others to give you [the] answer, for it can only be discovered withinside.

The use of a vocabulary and the expressions that you receive through any type of book or, once again, any type of [medium] that you choose to attempt to find the answers will always be short. You must go withinside. It's a personal journey, and one which you are quite capable of making, absolutely. For you absolutely cannot fail to come to the understanding of who and what you truly are. It's not a right or wrong, it's a guarantee. You cannot fail. This is not a right or wrong concept. This is not a good or evil. It's a choice that you make.

The information that you desire is withinside. It will not be given by someone existing outside of your vibrational level and indeed other entities that exist within your vibrational level, but are in other levels of consciousness as well, can only give you indications. You must make the journey. You must discover it yourself in order to get the true concept of who and what you truly are and to bring into your consciousness the remembering of that interaction and of that connection and your whole outlook, if you wish, on this vibrational level, on this reality (*inaudible*).

You will begin indeed to understand that another's belief is their belief, it's not right or wrong. You will

begin to understand indeed that if one loves themselves that that's their choice. And if they choose not to love themselves consciously, that's their choice as well. It's not a right or wrong, it's a choice that you make that validates the reality that you experience that makes it real. It's really that simple. It's your choice to make it complicated. It's your choice to make the journey. Absolutely. This is your reality, this is your creation. The answer to the questions that you desire, the information that you seek, is withinside. The choice is yours. Absolutely.

Now, if you have any questions, we would be willing to attempt to answer them for you.

**Questioner:** R, do you have any questions? You don't? (*Inaudible*). R, you have one?

**Questioner:** Do you have such a thing as mind in the level of consciousness where you exist?

**Joshiah:** What is mind? A very interesting question. You see, your scientists would suggest that your mind, indeed, is simply a complex interaction of matter within your brain, that it's the interaction of the electrical impulses that create your perception of this reality that you're experiencing. And from that interaction within your so-called brain, you develop a mind, that the mind is a reflection of the so-called experiences that you have in the past. And that when one enters into this particular reality, they bring with them very little in terms of a perception or an understanding of this reality and that the mind, if you wish, develops.

Now. In the vibrational level that we exist within, the use of a vocabulary is non-existent. The use of certain terminology such as a mind is non-existent but rather it's an understanding of emotions and feelings, a transition and an understanding of the creation process. And so a mind becomes indeed within the capacity and understanding in your vibrational level, in your conscious concept, a very distinctive and materialistic type of concept.

What we suggest and what we refer to are levels of consciousness. You see, once again, your scientists believe that when your physical existence ceases that the mind ceases as well, that that terminates. That it is indeed, once again, simply a complex arrangement of electrical impulses that exist within your brain and when you stop that, then the mind ceases to exist. And yet the spark of consciousness that you are, that creates this reality, absolutely does not cease to exist but rather becomes, if you wish, more aware of who and what you truly are. Is that a mind? It depends upon how you look upon it. Is it capable of thought? Absolutely. Is it capable of apprehension? Absolutely. Is it capable of experiencing feelings and emotions? Absolutely. Is it capable of creation? Absolutely. Is it capable of understanding indeed that the entire creation is an illusion? Absolutely. And if it's an illusion,

then is it capable of understanding as well that the mind as well is an illusion?

It becomes a very difficult concept to grasp. It's like trying to give an explanation that there is no such thing as time. And you can't give that explanation because every type of phrase that one attempts to use to define the explanation refers back to the belief in time. It's like suggesting that you exist in the now, where the now is based upon a concept and a belief in time. The now is this instant, if you wish, and it's not really it at all. The concept of no existence of time means that it is all-encompassing. And so it is with the mind, very difficult to give an explanation. If you wish to use the scientific explanation based upon the energy that exists within your so-called brain and the interactions of the electrical impulses that allow your mind to function, you can use that particular concept. If you attempt to use your mind as an explanation of the unlimited capacity of who and what you truly are, then once again, the explanation falls quite short of giving an explanation, a description of who and what you truly are.

For you see, you exist in a multitude of vibrational levels, if you wish, in a multitude of incarnational periods. And in each of those incarnational periods, you have a mind. And that mind can be quite different than the mind that you experience in your conscious state in this incarnational experience. You can for example be involved in another incarnational experience where you are of the opposite gender and perhaps even of the opposite race and of an entirely different mindset, if you wish. And so, you have a multitude of minds that are occurring within various incarnational periods and yet they are all one. They are all a spark of consciousness, a multidimensional personality.

You are so much more than what you perceive to be in this particular incarnational period in your conscious state, so much more that it's difficult to give an explanation. And so, to suggest that you don't have a mind or that the mind is all-encompassing is limiting. You are, once again, the god that you search for and does that god have a mind? Well, it's like asking is it all-encompassing? Is there this one mind that directs it all? And it's not really that way at all.

You are indeed all of the incarnational periods. You are so much more than you perceive. And yet, when you put it all together it is but a spark, if you wish, and even to use that terminology to suggest that there is more and there is not more. You are all that is and yet you are nothing. A very difficult concept to grasp, we understand, but nonetheless as accurate as it can come from attempting to give an explanation through the use of a vocabulary.

When an individual makes the choice to go withinside, makes that connection and becomes overwhelmed with that absolute, unconditional love that you are, then the answer is there. You will begin to understand indeed

the limitless capacity of who and what you truly are. And it does not become limited by a concept that the mind, if you wish, is the spark of consciousness that you are, that the mind is what exists. From the scientific point of view, the mind ceases. From the spiritual point of view, if you wish, from that spark of consciousness that you are, there is no such thing as ceasing or beginning, for time is an illusion. It only exists in your conscious state.

The experiences that you have in this vibrational level are experiences that are combined in the multitude of who and what you truly are, similar to the experiences that your body goes through. To suggest that your mind exists simply within your brain is a very limited concept, for you do indeed have the capacity to influence the interaction towards the rest of your body. And, if you believe, if you believe that you have that capacity, then your consciousness can exist in any area of your body and you can indeed function from that particular area of your body. And individuals who become adept at that particular activity are quite adept as well at solving what seem to be very difficult medical problems by allowing their consciousness to not be limited to the belief system that it all exists within the mind and within the brain, but rather that the spark of consciousness that you are exists within each and every cell of your entire physical being.

That spark of consciousness that you are is indeed enhancing each and every cell that exists influencing [it] based upon the beliefs that you hold. Beliefs, once again, that many times are brought into this particular incarnational period from a choice that you make in your altered states of consciousness that you refer to as the between incarnational period. And in order to validate it so that you can do it scientifically, you encode it in your so-called DNA. What's not understood is that that spark of consciousness that you are, that mind if you wish that you all are, the energy that you are that surrounds the DNA influences the activation or deactivation of various parts of the DNA so that the experience can be brought from the DNA into your cellular level and from your cellular level you can experience it consciously. And you can experience the emotions and the feelings that surround that particular activity, that particular creation. It also then stands to reason that the mind which can exist within each and every cell has the capacity to alter that DNA to experience whatever it is that you desire. You have but to believe. The choice is yours, absolutely.

So, do you have a mind? A very difficult concept to give an accurate answer for. It's like trying to give an explanation for the now which is based upon a belief in time. And so, an explanation for your mind is based upon a belief that you have a brain that functions, that controls your entire physical being. If that's what you choose to believe, it can be that way but it doesn't have to be that way. Your consciousness can experience existing in each and every cell. It can indeed include



that energy that surrounds the DNA to activate or deactivate.

You see, the choices that you put in place based upon the beliefs that you hold can be altered. You bring into this particular incarnational period certain beliefs that are recorded in that DNA, and the potential for that belief to be activated depends upon the choices and decisions that you make within this particular incarnational period. You don't have to make that choice. You can alter it if you wish. And you can, if you wish, use that spark of consciousness that you are to enter into the particular area that you would wish to alter and to literally change the DNA, to literally have the DNA become active or to deactivate depending on the choice that you make.

And so, the mind indeed in terms of your scientific definition is simply an interaction between the so-called electrical impulses in your brain. But if you wish, [one] can suggest that the mind is a part of that multidimensional personality that you have and you have many minds. You are experiencing many incarnational periods and they are all a piece of the spark of consciousness that you are, so much more than you can envision in your conscious state. Absolutely.

Does that answer your question?

**Questioner:** *(Inaudible)*.

**Questioner:** The beliefs that we hold ... you can look around and you can see beliefs that you know you don't really buy into and yet you understand the belief and why people buy into it, and yet you know that you don't really hold that belief yourself. And yet, it seems so difficult to understand those beliefs that you do hold that are creating the reality and then to change those ones it seems like that can be so difficult. And yet, a person can look and you can see beliefs that you don't hold, like I don't hold that belief.

**Joshiah:** You see, two individuals involved in a relationship, it's very simple to stand back and look at that relationship and say, "Well, if they did this or they do this, indeed, that would solve the problem, if they're having a problem." Or, you can look at it and say, "Oh, that's a very desirable relationship. They're doing things right." It's very easy for you to look at that and say, well, that's a particular interaction that's very easy for you to figure out. But when you're in a relationship, ha ha, now that's a whole different story. Because, you see, when you're removed, it's very easy to look at it and be judgmental and say, "Well, if I did this or if I did that and that's how it would work," and they're doing a very good job or not a very good job, depending.

But it's very easy to see where the mistakes are or whether they're doing it right. But to apply it to your reality, ahh now, that's a different story because you see, when you entered into this vibrational level you chose to put in place a type of energy, once again, that

limits the understanding of who and what you truly are and limits the understanding of the beliefs that you hold in your conscious state that are responsible for the experiences that you experience in that conscious state.

And so, it's much easier for you to look at another's beliefs and say, "Well, I can understand why they're having such a good time or such a rotten time because they hold that belief," and it's very easy to see that belief because it's not you. But when you apply your particular perspective to that belief, then all of the emotions and feelings come into play. Then all of the so-called societal belief systems and the human conscious belief systems that you agreed to participate in come into play, including that difficulty in understanding who and what you truly are in your conscious state and including the belief that it's difficult to control your reality. You can see it in another; but ah, for you to be in that position, now that's really difficult.

And so it is that you look upon another and say, "Well, that's rather a ridiculous belief," or, "I like that belief, and look at how it influences their reality. Now I wish I could get a glimpse of what my beliefs are so that I could change them." You can. But it's not always an easy process especially when one looks upon another and desires their belief systems. For once again, the answers are withinside.

The answers are to understand who and what you truly are. And then the answers are to use your imagination, and your expectation and your desire. Your answers are to pay attention to the attitudes so that you can get a glimpse of what your beliefs are that are responsible for the reality that you're experiencing. And many times, once again, the beliefs are beliefs that are within your subconsciousness, if you wish, that you chose in your so-called between incarnational states and that you chose to make it difficult to understand consciously.

You chose, you put in place the energy that limits the understanding. And so you, as a result of that choice, have a difficulty in stepping back from your reality and determining what the belief systems are that are responsible for your reality. And yet for you to look at another, it seems very easy to see what the beliefs are that they are holding, because it's not your reality, because that's their reality. Like looking at the two in a relationship and understanding what it is that they're doing to make the relationship either function or not function but then to applying it to your own relationships can become rather difficult.

Does that answer your question?

**Questioner:** Yes.

**Questioner:** I have a question. Where does a person draw the line between their own creation and other people interacting? Like, there is this world where it seems that every other human we interact with is

somebody else and then there's the spiritual world where, I don't know, it's pretty much everyone thinks about whatever they want to.

**Joshiah:** In this particular conscious state, you choose, once again, to limit the understanding of who and what you truly are. And you choose as well to believe that you're not in control. In spite all of the beliefs that you wish to hold and to bring into place, that's a difficult one to put aside. You can get glimpses of who and what you truly are, but to continuously hold that glimpse in your conscious state is difficult because you choose to make it difficult, because you choose to put in place that energy, that electromagnetic type of energy that you refer to as the veil that limits your capacity to hold in your consciousness that understanding of who and what you truly are.

And so, in your conscious state, you have these limited interactions with other entities that are experiencing this so-called incarnational state that buy into, if you wish, the belief that this is it, that this is the one, that this is the experience that's most important. And so, in that altered state of consciousness, you interact with a multitude of entities in other incarnational periods, absolutely.

You put in place the agreement not only for this incarnational period but all the other incarnational periods that you're experiencing and indeed many times the influences from those other incarnational periods that you choose to participate in can, through your so-called dream state, influence this reality through your choice. And it's from that interaction that many developed a belief in karma, a belief that other incarnational periods indeed influence this one and [that] this one influences other incarnational periods and that can be an absolute truth, absolutely, if that's what you choose to believe it can occur. But in your conscious state, in this incarnational period, you choose to believe that you're not in control at some level.

You choose to believe indeed that the interactions that you have with others can be spontaneous. However, as you alter your consciousness, and you enter into your meditational states and into your dream states, you most certainly do interact with other entities in other incarnational periods, and if you wish, you can even interact with other entities in other vibrational levels. The choice is yours, absolutely.

However, to retain that memory and to bring it back into your conscious state, as we have suggested many times, would not be possible. It would destroy the illusion. You would see through the illusion and [it] would not be possible for your so-called conscious brain to hold the concept of who and what you truly are. You would not be able to hold the concept of who and what you truly are in the limited capacity of the consciousness that you hold in your awake state. For once again, that's a very difficult aspect for you to

create and to maintain in this awake state of consciousness.

And so, were you to attempt to bring into this conscious state the understanding of who and what you truly are and of all the interactions that you have, not only in this vibrational level in this particular incarnational period but in all of the other incarnational periods, you would indeed be what your so-called fellow entities that are experiencing this incarnational period might refer to as someone who is insane. You just would not function. You could not function.

And so, you choose to limit your capacity to interact with entities who also agree to limit their capacity to interact with other entities while in their so-called awake, consciousness state. And you can see that as being all that there really is, and perceive that other existences are somehow separated by time or by space. But ironically, it's only separated by your belief in time and space, by your belief that this is all that there truly is, by the energy that you put in place that limits your capacity to interact with those other so-called incarnational periods in order to validate this incarnational period, in order to make it real, so that you can experience the emotions and feelings that are a result of your belief in this incarnational period.

Does that answer your question?

**Questioner:** Thank you.

**Questioner:** I have a question. If we're, if I'm omnipresent, then I'm experiencing everything, my energy is everywhere, given there's no time. I must be also on the same vibrational level as you, experiencing what you're experiencing and vice versa. Therefore, you have experienced the Earth plane, this vibrational level, 'cause we're all one, right. And we've all experienced everything.

**Joshiah:** We suggest many times that you are indeed a spark of consciousness, that you are involved in the creation of this reality, then you exist in each and every atom that you perceive.

Now, it becomes very simple then to suggest that all that you perceive then must be your creation, that other individuals do not have the capacity to create their reality, they are simply a reflection of your reality. And if that's the case, then you must experience all of reality and all of reality indeed must be within your experience.

That's a limiting capacity. It's a limitation that comes when one attempts to put a description through the limited use of a vocabulary on who and what you truly are, on trying to give you an explanation that's beyond explanation. That answer can only come when one goes within and makes that connection.

You understand indeed that they are interacting with all that you experience in this incarnational period, that you exist in each and every atom. Because you see,

it's an illusion. But to suggest indeed that others do not have the capacity to have their illusion is a limiting aspect. It's to suggest that there is only one. It's to suggest that all [this] in this creation is only one, not only in this creation but in all of the other vibrational levels throughout all of creation. And it's like suggesting that individuals in your so-called incarnational period in this conscious state don't have the capacity to have their reality, don't have the individuality to have their experiences, to make their choices, to make their decisions. You're all separate entities.

You choose to exist in this vibrational level in order to experience indeed the multitude of feelings and emotions that are available in this vibrational level. But we would assure you that there are a multitude of vibrational levels and there are a limited amount of energies existing outside of your vibrational level that have no desire to be involved in this particular type of experience. There are many entities existing outside of your vibrational level that have absolutely no interest in your creation and what it is that you're experiencing in this vibrational level. We as an entity existing outside of your vibrational level have an interest but we have only that interest from the perspective of interacting to various entities in your vibrational level. We have no interest to actually enter into your vibrational level to have the experience, if you wish, of existing in your so-called limitlessness and existing within the limitations that you put upon your so-called physical existence in this vibrational level.

And so, once again, to express that you are a portion of the all and to suggest that indeed you are not a separate entity is a very limiting aspect. It's a very limiting belief system. It allows you then to, once again, not accept the responsibility. It allows you to believe that if that's the case then [if this is] all indeed self-encompassing, then everyone must be involved in this and you don't have the capacity to not be involved. It's not that way at all.

Each entity has a choice You are here by choice. Your choice to be involved this vibrational level. There are multitudes of entities who have chosen other particular types of creation, in other vibrational levels, and have, once again, no desire to be involved in your vibrational level. You are no more and no less than any other entity. The key is, "any other entity." It is a multitude of entities who are, if you wish, connected and yet are all separate. A very difficult explanation because [it attempts to be] given, be given with the limitless of a use of a vocabulary. And it can only be experienced by going withinside with the understanding of who and what you truly are. And that you have that capacity to be a separate entity, that you have that capacity to choose your experiences, that no one else chooses them for you. That no one else must be a part of you, that other individuals have that choice as well.

Once again, to give an explanation always falls short and it always leads one to believe, "Well, if it's all an imaginary creation and I create it all, then the others must not exist. They're only here because I chose them to be here." Well, conversely then, you are only here because others choose to be here, and that's a limiting belief system. It takes away your power. It does not allow you the ability to grasp who and what you truly are. It does not allow you to understand that you create your reality and another interacts with you through choice, not because they have to. And you don't interact with another except through your choice. Absolutely. You are a spark of consciousness that has the capacity to create, no more and no less than any other spark of consciousness that exists throughout all of creation, and you are a separate entity. Absolutely.

Does that answer your question?

**Questioner:** I'm just wondering if I've ever been in your vibrational level. If I've ever experienced that level.

**Joshiah:** You believe that there is time and space. That's a human consciousness concept. You believe that there is separation. We've suggested many times that the only separation is one that's through choice. For you to experience a vibrational level is simply your choice. You choose to be involved in this vibrational level to have this experience and you believe in time and space. You believe that there's going to take a certain time for you to complete whatever it is that you're put on this particular Earth to do and that upon the completion you will indeed move on. And we use that reference many times simply so that you can get a grasp of the understanding of what it is that the message we're trying to explain encompasses.

However, time and space are illusions. You exist in this vibrational level in your conscious state because you choose to believe that that's the existence that's the most important. You have the capacity to be involved in and to experience existence on any other vibrational level that you desire. Absolutely. To ask have you ever experienced an existence on our vibrational level is to ask were you there before and that refers to time and space that do not exist. It's an answer that cannot be explained or given because you believe, once again, in time and space and they are illusions. They do not really exist. If you wish to exist in our vibrational level, that's within your capacity to do so, absolutely.

If you ever existed in our vibrational level, that's within your capacity to believe whether you have or not as well. Absolutely. In your altered state of consciousness, you can have the experience of existing in our vibrational level. Absolutely. That's your choice. As it is our choice to choose whether or not to exist in your vibrational level. It's your choice. It's not something that we can influence and it's something that we have absolutely no desire to influence. It's your choice. To ask if you ever existed within our vibrational level is to validate your belief in time and space and they really

don't exist. They're only an illusion that you experience in your awake and consciousness state.

Does that answer your question?

**Questioner:** Yes.

**Joshiah:** Well now, this has been a very enjoyable interaction once again and we would like to express our gratitude to each of you for allowing us this opportunity to interact and to share with you in your vibrational level. And we would remind you, once again, that we are not separated by time or space and should you choose to interact with us you have but to express the intent and we would welcome that opportunity and we would offer to you, once again, our absolute unconditional love and our unending support. And until you invite us back into your vibrational level once again, we would bid each of you farewell, with love and with peace. ✨