

JOSHIAH

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Q and A

Joshiah: Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level and we would like to express our greetings to each of you and as well to express our gratitude for your once again offering us this opportunity to interact and to share in your reality and in your vibrational level.

Now, before we begin this evening, once again, we would remind you that there exists for each of you the opportunity to be involved in what we refer to as a silent communication, a telepathic interaction or exchange of information, if you wish, with other entities that would be with us on this evening, or indeed, with that portion that you refer to as your higher self or that spark of consciousness that you are. And once again, many times the information that you receive through that silent communication or that telepathic interaction and exchange of information is much more pertinent to your individual needs and desires than is the information that we express through our friend, Elias.

And as well, many times the information is much more accurate, if you wish, or complete as it is information which is given through the transference of feelings and emotions and thoughts and is not limited by the use of a vocabulary. And that thought, many times, is much more accurate and much more pertinent, once again, to your individual needs and desires.

And as always, should you choose to do so, you will, many times, not have a recollection of that interaction, but nonetheless, we assure you that it does occur. And we also assure you as well that the information that we express through our friend Elias is available as well. It's not like you're going to miss out on anything. And once again, as always, the choice is yours. Absolutely.

Now. The basis for the information and the message, if you wish, that we express is that you create your reality, that you are indeed the god that you search for or that spark of consciousness that creates or whatever terminology you wish to explain the entity that you are, and that you cannot fail to come to the understanding of who and what you truly are. The rest is illusionary. And yet, that illusionary reality that you create has significance, absolutely. And we don't mean to infer that it doesn't have significance, but rather to keep the

message rather simple so that it's easy to apply it to [other] areas of your creation process, for when we begin to delve into certain areas of creation then many times the message and the simplicity gets lost. It gets lost in the transference. Human consciousness has a tendency to dwell upon the complications as opposed to dwelling upon the simplification of the reality creation process.

And so, you create your reality and the reality that you experience is a reflection of the beliefs that you hold. It's really that simple. The desire to make it more complicated makes it more real. And when it's more real then it's beyond your control. And then it emphasizes the emotions and feelings and it, once again, completes, if you wish, the purpose for which you entered into this vibrational level.

And so, while it's illusionary we do not for an instant suggest that it's insignificant. Absolutely not. It's very significant. It's very important, if you wish, in your experiences, in your creation process. It's what you desire to do. It's what you entered into this vibrational level to do. But nonetheless, the simplicity is that the reality that you experience is a reflection of the beliefs that you hold.

Many individuals have difficulty in grasping that concept. For there's a tendency to believe that first of all you experience and as a result of the experience you form the belief and we would suggest that that's an illusion as well. That it's actually reversed. You hold the belief and you create the reality to support and to validate the belief.

And so, one of the keys to this reality creation process is to understand what the beliefs are. But again, it can become very complicated and individuals can get caught up in their dwelling upon the beliefs. For you see, the beliefs come in many forms, and many of the beliefs that you hold are beliefs that are very difficult for you to alter in your conscious state. And to dwell upon the belief that is very difficult for you to alter in your conscious state can be very frustrating. Not only that, it can be much more beneficial to dwell upon beliefs that are within your capacity to relatively easily change as opposed to dwell upon the very intense belief systems that are difficult for you to alter. Difficult, not because it's impossible, but rather because you agreed at some level of your consciousness to participate and to validate and to sustain that belief system.

And so, why would you attempt to alter something that at some level of your consciousness you have agreed to participate in, that you have agreed to make very difficult to alter? While the other belief systems, the belief systems that allow you to experience your interactions in your day-to-day activities are very easy for you to alter. Absolutely.

Now. You create this reality to support whatever it is that you desire. That, again, can be very difficult for many individuals to grasp. "How on Earth could I desire to be involved in such a complicated and difficult reality?" But at some level of your consciousness you have expressed a desire. Now, that desire may not necessarily be to experience that difficult and complicated reality, but rather the desire is to validate perhaps that one's not worthy. The desire is to validate that one's not in control. The desire is to validate that there are other entities and gods that are creating or at least influencing this reality. If you can hold that desire it becomes a belief system and you indeed create the reality to validate the belief. And it can be very complicated and it can be what you might refer to as less than desirable in terms of your conscious reaction and your conscious perception of that reality, but nonetheless, it's an expression of a desire that one holds at some level of your consciousness. Perhaps not at the conscious level, but at some level of your consciousness it validates a belief. That either one is not in control or that there are indeed other influences outside of your particular reality that have the capacity to influence your creation or that you're not worthy. There could be a multitude of other various reasons if you want to throw them in there. It really doesn't matter.

You see, you can create this reality by default. You can suggest that, "I'm not in control of anything, There's not a god that creates, it just happens. It's just there. It's just space, if you wish. It's beyond my control." If that's what you wish to believe you can have that as well. It's not a right or wrong. It's not a good or a bad. It's not something that there will be a judgment passed on because you didn't believe this or you didn't believe that. Absolutely not.

The reality that you experience is a reflection of the beliefs that you hold. And it's (*inaudible*) fulfillment of desires. Whether they are desires, indeed, to experience a particular reality or it's a desire to validate a belief that you're not in control, a desire to validate a belief that you're not worthy, a desire to validate whatever other type of beliefs you wish to put in place that allow you to experience what you might refer to in your conscious state as a less than desirable reality.

The reality that you experience is a reflection of the belief that you hold and it is your creation and the reality that you experience in your conscious state is created by your so-called subconsciousness, that spark of consciousness you are, and it's done from a position

of absolute unconditional love and it's done without judgment.

That's another difficult concept for one to grasp. That one can be in this seemingly less than desirable reality and to grasp the concept that this spark of consciousness that you are is creating that as joyously as it does any other type of reality that you might assume to be much more desirable in your conscious state. It creates only the desires from that position of absolute unconditional love and it creates the reality that validates the belief systems and it does so joyously, regardless of your concept of that reality in your conscious state. The reality that you experience is a reflection of the beliefs that you hold.

Now. The belief is tied, if you wish, with your attitudes. Now. Many individuals believe that if they hold a certain attitude that it will indeed influence beliefs. Well, you can have whatever it is you desire. If you wish to hold that belief, why not? I mean, it's within your capacity to create, to validate any belief that you hold. And once again, the technique or the method that you use is not nearly as important as your belief in that method or technique. So, if you believe you hold a certain attitude that it can influence your belief system, then absolutely, it's within your capacity to do so. The difficulty with that kind of a reality creation process is that if you happen to hold a belief that is reflected in a spontaneous attitude then one has a tendency to suppress that spontaneous attitude if it's one that you don't believe or hold the concept that it's a desirable attitude, and so you suppress it. "Well, I'm not supposed to feel that way," or, "I'm not supposed to have that particular type of attitude."

And you suppress it without paying attention to it. Without, by paying attention to it, giving your consciousness the opportunity to get a grasp of an understanding of what the belief system was or is that is responsible for, or was responsible for, that spontaneous attitude. For attitudes and beliefs go hand in hand. Difficult to separate one from the other. And it's from your attitudes and beliefs that you experience your thoughts and feelings. And your thoughts and feelings influence your choices and decisions. And your choices and decisions, indeed, have the capacity to alter your belief systems, and once again, influence your beliefs and attitudes. And it's a cycle, if you wish, while one influences and is affected by the other. And so, your thoughts and feelings can be very important.

Individuals get into this concept that, "Well, if thoughts and feelings are so important then I shouldn't have all of these thoughts, or I shouldn't express or experience these feelings." And it's not that way at all. We're not suggesting for an instant that you suppress certain thoughts or feelings, because at some level of your consciousness you believe that that's a wrong thought or that is not a proper attitude or that's not a proper feeling for you to experience. Absolutely not.

The only negative feeling or emotion is one that you don't express. One that you don't deal with. And so, don't suppress feelings and emotions. Understand that they are tied directly to your thoughts. You can't have a feeling without a thought and you can't have a thought without a feeling. You can't separate the two. There are individuals who would suggest you simply hold of your feelings. Well, how can you hold your feelings without having some kind of thought process as to what that feeling was? You simply can't suppress or separate the two. It's not possible. And from the thoughts and feelings, once again, you influence your choices and decisions, and from your choices and decisions you influence your belief systems. And you can do it consciously.

Now. It's from that concept of creation that you can have the opportunity to consciously influence your reality. And you do so whether you wish to believe it's possible or not. It doesn't really matter. You create this reality whether you choose to believe it consciously or not. You see, that's the irony of it. And from the fact of the simple basic truths that we express, that you are the god that you search for, that you create your reality, and that you cannot fail. It's really that simple. You influence the reality that you experience whether you choose to believe that you do or not. You create this reality whether you choose to believe that you do or not.

The reality that you experience will be a reflection of the belief that you hold and if you believe you're not in control you'll have all types of reality to validate the belief. Consciously, at some level, you do influence your reality. You hold that belief that, "I'm not in control." Consciously. And pretty soon it becomes a belief system and you validate it. And you can look around at all of these interactions and day-to-day activities and you can say, "See, I told you, I didn't create this reality. I wouldn't have that influence." And you validate the belief. It's really that simple.

So, it's within one's capacity, not only is it within one's capacity, but one does constantly influence the belief systems by your conscious thoughts and feelings, by your choices and decisions. And so, pay attention to them because they'll give you clues and glimpses into what it is that you believe. Don't suppress them, but pay attention to them. The spontaneous thoughts and feelings, and the choices and decisions that you would make, and what you might refer to as the dark feeling choices and decisions. For they, once again, come from that interaction of your thoughts and feelings and your attitudes and belief systems that influence your choices and decisions. And it becomes, once again, a [circle] that you exist in where your consciousness absolutely does influence the reality that you experience.

Now. In this conscious state one continuously looks for other entities or other consciousness entities existing

within various incarnational periods in your so-called awake conscious state to supply, if you wish, answers to various questions or solutions to an individual's so-called problems in your creation process. As we've suggested many times, you will not find the answers in any book, and you will not find them through any type of recording or message. The answers are withinside. Absolutely.

Now. In this conscious creation process you are, through other entities, continuously told that if the balance and harmony between your so-called spirituality and your physical being and your mental attitude, and that the key to so-called happiness, if you wish, and to a desirable health situation is through some type of a balance of your body and your mind and your spirituality. And we hesitate to suggest that there is a perfect health state. You see, the health that you experience is a reflection of the beliefs that you hold, it's what you desire. And that becomes difficult to grasp, but nonetheless, it's a very accurate explanation for the reality that you experience in your conscious state. It's a reflection of the beliefs that you hold. It's a reflection of what it is that you desire, at some level of your consciousness influenced by your thoughts and feelings. And it's not right or wrong.

You see, that's the difficult part that individuals have in your so-called awake consciousness state. That this is a better state of health than this particular state of health, and it's not really that way at all. You can't fail. This is not a win or lose situation. Absolutely not.

And then you'll have individuals who would suggest, "Well, I didn't realize how valuable my health was until I didn't have it." Well, we would suggest that you didn't experience the feelings of having ill health until you experienced it and created it. It's not right or wrong, it's what you choose to experience. It's really that simple. And so, if you don't wish to experience it, if you wish to alter the experience, then you alter the belief.

And so, you have this concept that it's a balance between your so-called physical and mental and spiritual that gives you a so-called balance of harmony in your health system. Well, we would suggest to you first of all that in your spiritual situation you cannot fail. You cannot fail. This is not a win or lose situation. You cannot be separated from who and what you truly are. You can hide from it. And you not only can, but do. Every individual existing within your conscious state does a very good job of hiding from their spirituality, from who and what they truly are. But you can't lose it. It's not something you have to search for.

If you wish to become in contact with it, if you wish to have a so-called consciousness interaction with your spirituality that's within your capacity to do so, but it isn't necessary. It's only necessary if you believe it's necessary. You can't fail. You cannot lose. You don't have to pass a test. There are no lessons that must be learned. If you wish to believe there are lessons that

must be learned, if you wish to believe that you have to pass some test or if you must somehow go through some type of evolvment or some type of enlightenment, then you can have that. Absolutely. It's not right or wrong, but it can make it much more difficult to create in your so-called consciousness state if you believe that first of all you must reach some point of enlightenment.

It's not right or wrong, once again, it's a choice that you make. It's like believing that some other entity has the capacity to influence your reality. Who's to say whether you're enlightened or not enlightened? What's enlightenment? What's the explanation? Is the individual who creates what you might refer to as some type of negative reality less enlightened than the person who creates what you might refer to as the desirable reality?

You're an equal part of the One. You absolutely guaranteed cannot fail. There is no more and no less. There is not one individual who is greater or less than any other individual or entity, not only in your vibrational level but in all of the vibrational levels throughout all of creation. You cannot fail. Enlightenment is a human consciousness concept, does not exist at that so-called level of consciousness from where you create your reality. That spark of consciousness that you are or that higher self, whatever it is you wish to use to give an explanation for that creator that you are. You are equal. You cannot fail. You don't have to become enlightened, you're already enlightened. You are already all that there is to be. You can't be more. You can't be more than everything.

And so, when you hold that concept in your conscious state that in order to achieve some type of conscious creation you must reach some point of enlightenment, it's not right or wrong. You can have that, absolutely. But it's like believing that there is, once again, some entity that creates for you. It's not right or wrong, but you create realities to validate the belief system and if you believe that you must become somehow enlightened or somehow evolved then you will perpetually create realities to validate the belief that you're not there. It's really that simple. You can make it more complicated if you wish, but you create the reality to validate the belief that you hold.

And so, worrying about spirituality can be, if you wish to use the terminology, a rather negative type of belief system to hold from your conscious state, not from your sub-consciousness. You cannot be separated from your spirituality. You cannot lose who and what you truly are.

And so, you accept who you are in terms of your spirituality. You wish to be become in touch with it? There are many ways to accomplish that particular interaction.

Other individuals existing in your so-called history and indeed in your present incarnational state perform many methods or techniques in order to consciously have a connection with that so-called spirituality and to retain the interaction or connection with that spirituality and to bring it into their conscious state as a memory so that you can get a glimpse or at least a grasp of the concept of who and what you truly are. When you have that interaction and that connection, you will understand why we suggest many, many times that you do not find a description or an accurate explanation written in a book. When someone tries to give you an explanation, it will always fall short. You must go within to discover that.

There are, once again, many ways that have been employed throughout your so-called history and in this present incarnational state. Take your choice. It's really that simple. Which one captures your imagination? Which one appeals to you the most? For once again, the method or the technique is not nearly as important as your belief in the method or the technique.

There are individuals who enter into a meditative state and have that opportunity to interact with that so-called higher self, to feel that connection, to understand, to get a glimpse of who and what they truly are. There are other individuals who may be involved in some type of physical activity that allows their mind to become concentrated on one aspect of creation, on one aspect of a thought, if you wish, and through that concentration on one aspect of their reality, they get glimpses of who and what they truly are. Insights, that they cannot give an explanation for. [You don't] explain it, you can only grasp the understanding and somehow bring into your consciousness that you have experienced that connection. And when you experience that connection then you realize that it's impossible to express it to someone else. The words always fall short. [You always] seem like you're missing something in the explanation.

And you can experience all type of individuals who have attempted throughout your so-called history to give some type of an explanation and have used various techniques to make that connection with their so-called higher self. All of your so-called societies have developed different methods. You can even go back into your so-called biblical times where individuals would enter into some type of a experience of fasting in order to have that so-called vision, that interaction, that connection with their so-called higher self. You don't have to go to that extreme. You can if you wish, but it's not necessary. You can simply sit and close your eyes and express the intent and experience the interaction. You have difficulty in your conscious state believing that it's that easy. Because if it's that easy, then why on Earth are you having such a difficult time in connecting with your so-called higher self? And yet, it really is that easy. The method or the technique is not nearly as important as the belief that you have in the method or

the technique. It's really that simple. It's not difficult at all.

And so, making that connection with your spirituality and retaining that connection or at least retaining the concept of that connection in your conscious state is well within one's capacity. Absolutely. Your consciousness, and what you express in your consciousness, indeed, can have an effect upon your physical being. You see, this concept that it's the spirituality and the body and the mind that must be in harmony, and we would suggest, once again, that you can't lose the spirituality. If you wish to connect with it and bring it into your conscious state, you can assist you in feeling more at peace, if you wish, then you can have that. It's really quite simple.

But the consciousness can affect the so-called physical being. You see, your consciousness in your so-called awake state you believe exists within your so-called brain area, within your mind, if you wish. We would suggest that that consciousness exists throughout each and every cell of your entire being. It's not just in your so-called mind or in your brain or in that conscious capacity that you believe you use to think with. It exists throughout each and every cell of your entire body.

If you wish to experience some type of connection you have but to believe. You have but to allow your consciousness to experience interactions in other cells of your body other than the so-called mind. It's really that simple, don't make it complicated. You see, the difficulty, once again, is that through the sheer simplicity that one can't believe it's really that easy, because if it's that easy how come I haven't done it all along? If it's that easy how come I have certain difficulty in accomplishing that type of interaction?

It's really not difficult at all. It's allowing your consciousness to experience interactions with other parts of your being other than your so-called mind. It's not difficult. When you sit and close your eyes and you allow yourself to begin to relax and you allow yourself to experience a suggestion that your consciousness will travel throughout your body and you allow yourself to experience the tension and the negative thoughts, if you wish to use that particular phrase, to dissipate from your body your opinion that consciousness within the various cells of your body explaining where the difficulties are. Explaining, if you wish, that there is indeed what you might refer to as in your conscious state a less than desirable interaction, a less than desirable creation, any experience in certain areas of your body.

Understand and accept, first of all, that it's your creation. It's your creation and you can change it. Absolutely. And it's not right or wrong. That's only in a human consciousness concept. In your so-called higher self or that spark of consciousness that you are that creates your reality creates it all from a position of absolute unconditional love and it does so joyously.

Including what you, once again, in your conscious state might refer to as some type of a negative creation or a negative day-to-day activity or experience or a negative physical attribute. It's your creation. [It's] not right or wrong.

Rather than looking at it as something that's negative look upon it as something that it's your creation and therefore is within your capacity to either perpetuate or to alter, whichever it is that you desire. Absolutely.

And so, your consciousness can have a tremendous impact upon your physical being. Your consciousness, not only existing within your mind but throughout your entire being, in each and every cell. And so, pay attention to the consciousness throughout your entire being. Pay attention to the consciousness that exists within all of the cells and simply allow the alteration to occur. Pay attention to the spontaneous reactions. And pay attention, once again, in a very quiet situation, in a very quiet environment, to be physical consciousness. And you will have the capacity to achieve that balance between your physical and your mental and your spiritual, which you can never, ever separate.

It's not something that you have to worry about. It's not something that you have to work at, unless you believe, but rather it's there all the time. You simply choose to hide from one particular element or from other particular element of those [flavors of] interactions. But it's within your capacity to alter. Absolutely. Completely. Allow the consciousness to travel throughout the body.

Now. In this particular incarnational state it's not necessary for you to go to these very difficult and elaborate ceremonies and techniques in order to achieve some type of interaction with the spiritual and the physical and the mental. It's not necessary at all. You don't have to lock yourself away in some cave for twenty years in order to achieve some type of enlightenment. You don't have to go through a fasting. You don't have to stare at the sun until it feels like your eyeballs are being burned out. It's not necessary. Absolutely not. You can simply sit and quietly meditate and allow your consciousness to go within.

You see, meditation is a very simple process of altering your consciousness and in that altered state of consciousness maintaining your awareness and then focusing that awareness on the inner world and the inner reality as opposed to your outer conscious reality. It's really that simple. Don't make it more complicated. The more complicated, the more difficult it is to achieve. And it's really not difficult.

When one achieves that so-called balance, and it's not necessarily achieving it as much as it is recognizing and allowing it. It's not something that you have to, once again, go through these elaborate methods and techniques, you must follow these rituals in order to achieve some type of enlightenment or in order to achieve the balance, absolutely not. It's recognizing

that the balance exists. It's recognizing that you're creating whatever it is that you desire. It's there. You simply have to recognize it. And as you allow yourself to enter into some type of an altered consciousness state, a meditative state will, once again, you maintain your awareness in an altered state of consciousness and you simply focus that awareness on your inner world as opposed to your outer world. And you can achieve the understanding that the balance is there. What's important is that one begins the process.

Now. So many times individuals would suggest, "Well, I can't do that. I don't have the time. I'm too busy. I can't get that done. I can never have a quiet time." Well, we would suggest, once again, that that's simply postponing. That's simply putting it off because you don't have the desire to do it. Absolutely everyone existing in your so-called human consciousness state can find a few moments to enter into a very quiet meditative state. Without the purpose of having to achieve some type of a ... this enormous interaction and to have these images come before them. Absolutely not. Simply be quiet. And once again, maintain your awareness. Focus the awareness of the inner consciousness as opposed to the outer consciousness. It's really that simple.

And pay attention to the consciousness that exists throughout one's entire being. It doesn't just exist in your so-called mind. And in that altered state of consciousness allow yourself to pay attention to the spontaneous attitudes. Allow yourself to pay attention to the spontaneous thoughts and feelings. And bring them back into your conscious state, so that you can consciously influence your choices and decisions and create the reality that you desire. And understand, once again, that there is no such thing as a healthy situation as opposed to an unhealthy situation. That's a human consciousness concept. The spark of consciousness that you are creates the reality that you desire and it does so joyously. It's only in your human consciousness state that you believe one is superior to the other.

Now, we're not suggesting that you don't continue to believe that one is superior to the other. You can have whatever it is that you desire. But when you understand that they are your creations and that the right or wrong concept is only a human consciousness concept then it becomes much easier to alter and to accept that it's your creation and to create whatever it is that you desire, to alter the creation if you wish. To go in a different direction, to change one's situation of one's health into a different situation of one's health. Not a better or not a worse. But a different.

It becomes important to understand that it's different. It becomes important to understand that one is not superior to the other, but rather different. For you see, when you believe that one is superior to the other then the superior can, many times, be much more difficult to

accomplish. It can be beyond one's capacity. It can be something that one may not have control over. And it's not that way at all.

And so, once again, pay attention to the spontaneous attitudes. Understand that the thoughts and feelings indeed influence the choices and decisions and allow the consciousness to understand that it exists throughout the entire physical being, and pay attention to the conscious thoughts. Pay attention to the spontaneous attitudes. Pay attention to the so-called gut feelings, if you wish, and allow one to experience an alteration of one's reality, of one's experience in this reality, and don't judge one as being better than the other, they're a reflection of beliefs. One's more desirable in your conscious state. Then understand that it's within the capacity to have that which is desirable. It's simply a matter of altering what it is that one believes by paying attention to the spontaneous attitudes, the spontaneous thoughts and feelings, and influencing the choices and decisions to consciously create what it is that one desires.

You do that anyway. It's simply a matter of taking what you've been doing and what other individuals in your conscious state do spontaneously without any type of conscious thought and paying attention to the conscious thought so that you can control it, so that you can be more consciously in control of this reality creation process. It's absolutely within each and every individual's capacity within your so-called conscious reality to do that. It's not a difficult concept. It's only difficult, once again, because you believe that it's difficult. It's not difficult at all. You do it continuously. You do it whether you wish to believe that you do it or not. You create this reality. You are the spark of consciousness that you search for and you cannot fail. The rest is illusory. And you can have whatever it is that you desire.

Now. You as a human consciousness and as a society and as individuals are entering into what we have referred to many times as the new age and new energy. And we use that particular phrase simply because it's one that fits within your so-called New Age concept. It doesn't matter what terminology you wish to apply, it's really not important. What's important is to understand that the individuals existing within your so-called incarnational state have chosen to alter the energy that you use to create and sustain this vibrational level that you exist in. It's really that simple. In order to validate your concept of time and space you've allowed for there to be a passage of time in order to accomplish that feat of the transfer to the alteration of the energy in this vibrational level. It's really that simple. And we've called it the new age and new energy because it's a phrase that's quite catchy. And individuals in your conscious state like those catchy phrases.

And so, you're entering into this so-called new age and new energy and you're altering your so-called energy, electromagnetic type of energy, that you use not only to create and to sustain your vibrational level but also to limit your capacity to consciously understand who and what you truly are and to limit "interfluence" or other entities existing outside of your vibrational level the capacity to interfere or to influence your creation within your vibrational level. You're altering that energy.

And now. If you complete this alteration it will be very difficult for one to so-called prophesize as to what it is that will occur, because you see, the reality that you experience is a reflection of the beliefs that you hold. It's really that simple. The reality that you experience as a human consciousness is a reflection of beliefs that you have agreed to participate in at a human conscious level and similarly there are beliefs held at your societal level that are, once again, are as a result of individuals within that society at some level of their consciousness agreed to participate and to validate in various belief systems. It's really that simple. You can make it more complicated if you want, but it's not complicated. It's really that simple.

Now. You believe in time and space. You believe that there's this passage [into a] future and that it's within your capacity from your so-called past to predict what's about to occur in your future. Time and space are illusions. It's absolutely impossible for any individual existing in your conscious state to predict your future. You can predict your future based upon a particular belief that you hold at this instant. And again, to give you any type of an explanation allows the validation or at least refers to some type of a validation in your belief in time and space. For to suggest even at this instant is to validate that there is time and space and there really isn't. And so, individuals attempt to prophesize based upon various beliefs that are held at certain levels of your consciousness. Either at the so-called human consciousness level or the societal level, or indeed even at the individual level of consciousness. When that belief is in place you can, indeed, if you wish, have some type of accuracy in so-called predicting your future, based upon a current belief system.

Now. You believe in time and space. You believe that it's possible to have a passage into a future and that the past is set in stone. Well, we would suggest that it's not that way at all. You alter your past as readily as you alter your future and that becomes a difficult concept for one to grasp. But consider the implications of that statement. When you're experiencing a reality in your so-called present your past can be influenced. And so, if you wish to have a prediction that's going to be validated in your so-called present, it comes from the past, you simply alter the past and you make the prediction and you do it continuously. You do it constantly. And so, predictions indeed can be influenced by the reality that you're experiencing. Not the other way around. And that becomes a difficult

concept to grasp. But when one grasps that concept then one begins to understand as well that it's impossible to give an accurate prediction of your so-called future.

Many individuals existing in your so-called past made what you refer to as predictions. And again, it becomes very difficult to give an explanation because the past only exists in your illusionary conscious reality, it's not really there. And so, when you in so-called in your altered state of consciousness agree as a human consciousness that [you're] going to have this experience and, "Oh, by the way, I think we should also agree that back there three or four centuries ago someone decided that they could predict the future and so we're go back and we'll allow that to happen as well." So that individual who is existing in that incarnational period at the same time that you're existing in this incarnational period says, "Oh yeah, by the way, three thousand years from now this is going to happen." And here we are three thousand years from now looking back and saying, "Oh yeah, well, maybe we better let that guy make that prediction so that we can have that experience."

It can't be done in terms of someone making a prediction. You need to come up with a difficult concept to grasp when you understand that it all occurred simultaneously.

And so, you experience a prediction and a validation of a prediction, understand that many times it's a human consciousness concept, an agreement at some level of consciousness.

Now, that becomes difficult as well to grasp. That there can be a multitude of individuals who have agreed to participate in some type of creation so that they can experience certain emotions and feelings that are surrounded in that particular experience. But though they're interesting, it's when you look at that experience and when you talk to the individuals that are involved in that experience the emotions and feelings can be varied from one end of the spectrum to the other, from the same experience.

You see, you create the reality to experience the emotions and feelings. And the emotions and feelings that you experience are a reflection of the beliefs that you hold.

And so, when you have this so-called minor tragedy or very joyous experience you will, in the tragedy, have individuals who have experienced some phenomenal, what you might call to, miraculous experiences. They will come away from that so-called tragedy with a greater feeling of joy and experience of connecting, if you wish, with their higher self or that spark of consciousness that they are and that so-called tragedy can be the most valuable experience to that individual that can occur throughout an entire incarnational period.

And yet, you can on the opposite end of the spectrum have a so-called joyous and very desirable creation, a [phenomenal one occur,] and yet there can be individuals who experience some of the most negative feelings and emotions, if you wish. Feelings of anger or feelings of jealousy or any of the other so-called negative emotions and feelings that should be not experienced at all in some type of a joyous creation or a joyous phenomenon.

And so, it's interesting that these so-called negative experiences are only negative to the individual who experience a reality that reflects the beliefs that they hold. And the same experience for another can be a very joyous type of creation and experience.

And so, it becomes important to understand, once again, that the prediction is simply a creation and a reflection of beliefs that are held. Many beliefs as a human consciousness or it may be beliefs as a society or beliefs as individuals.

And once again, you exist in the now. The predictions that you seemingly had been recorded from the so-called history are well within your capacity to influence and to alter. Not only within your capacity as a human consciousness to influence and alter or as a society to influence and alter but you do it on a regular basis. You do it constantly. It validates this reality. It validates the concept of time and space. It validates that there are indeed other influences outside of your reality. It validates the illusion that you're not in control. It validates, indeed, that which you came here for, is to experience a reality where you believe it's beyond your capacity to control the creation process.

And yet, it comes back to the simplicity that you are the god that you search for, that you create this reality, and that you cannot fail. The rest is illusionary. You can have whatever it is that you desire and the only limitation to your creation process is your imagination. And so, if you wish to believe that there are entities existing in your so-called past that can influence this reality then you can have that. Absolutely. They can make the predictions and the predictions can come true.

Now. There are other individuals existing within your vibrational level who would suggest, "Well, those predictions don't always come true. There're all types of predictions that don't bear any type of fruit. They don't come into existence." Well, you see, you create that reality as well. And so, these individuals in your so-called past that are existing in an incarnational period at the same time that you exist in this incarnational period make those predictions to validate the beliefs that you hold in this incarnational period. And in this incarnational period you hold those beliefs that validate that individual existing three thousand years ago that is trying to predict what's about to occur in the future.

A very complicated process to grasp in your consciousness state, we understand absolutely. But nonetheless, all of the incarnational periods exist simultaneously in the now. And you influence your past as readily as you do your future. Constantly. Always continuously altering, not only your past, but also your future. But they're illusions, they don't really exist. And yet, for us to attempt to give an explanation we continuously refer to the illusion.

Once again, we would suggest if one were to go withinside and to get a glimpse of who and what you truly are and to retain the concept of that interaction and to bring it back into your conscious state you can get glimpses of the perception of existing in a reality where there is no concept of time and space. In a reality where you understand that it's within your capacity to alter your past as well as it is to alter your future. Not only to alter your past, but that you do alter your past as readily as you alter your future. And you can bring that concept of the now back into your conscious state and it can begin to make sense. It can begin to give you the opportunity, if not to fully understand and to be able to give an explanation, at least to grasp the concept and to be at peace with the concept and to get on with existing in this particular incarnational state. To get on with that harmony, if you wish, between so-called spiritual and physical and mental existence that allows one to experience the type of reality that you consciously would desire to experience based upon the choices and decisions that one would make that are influenced by the beliefs, by the thoughts and feelings.

Now. It has indeed been a pleasure to interact with you this evening and we would like to express our gratitude to each of you for allowing us this opportunity to interact and to share with you. And not only to interact and to share, but indeed for our opportunity to learn from you. And to have this opportunity to experience that broad range of emotions and feelings that does not exist within our vibrational level.

And so we, once again, are very grateful for the opportunity and we would remind you that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with you. To offer you, once again, our absolute unconditional love and our unending support. And we would bid each of you farewell with love and with peace. ❀